



For preserving & freezing vegetables & fruits

Abu al-matamir kafr el-dawar road, kom al-berka, behera, Egypt.

M.: (+2) 0122 1818 783 - (+2) 0121 0440 450

(+2) 0106 4040 098 - (+2) 0111 3999 150

T.&F.: +20 045 2594 011

www.agrogreenalex.com Mail: info@agrogreenalex.com





FOOD PROCESSING







Agro Green is the land of Artichokes as we are one of the Egyptian biggest artichokes growers and we have a factory located in the middle of the only area which specialized in processing artichokes.

Our processed fresh artichokes for export are characterized by their long shelf life and highest quality as we process artichokes from our farms and trusted farmers with no preservatives or Chemical additives .

Our Artichoke is produced by the Egyptian method, in which the color of the artichoke is white.

Manufacturing is carried out in two methods IQF Artichokes .

Artichokes In Brine .





# IQF ARTICHOKES

**IQF ARTICHOKES QUARTER:** 

Extra (Small) & Standard. **IQF ARTICHOKES BOTTOMS:** 

Small (3:5)cm, Medium (5:7)cm, Large (7:9)cm

**IQF ARTICHOKES HEARTS:** 

French Artichoke available in (35:55),(25:35),(20:25).

IQF ARTICHOKES WITH STEM ( ICE CREAM ):

available in (13 pieces/kg),(15 pieces/kg).

**IQF ARTICHOKES SLICE:** 

tender and tasty for pizza and salad in diameter 2 mm.

**IQF ARTICHOKES HALF:** 

available in (50 halves)/kg.

IQF ARTICHOKES CUBES :

available in two sizes (10 x 10 mm) and (20 x 20 mm).

### PRODUCTION SEASON

DECEMBER - MAY





PACKS SIZES



### ARTICHOKES IN BRINE

Agro Green is generally specialized in processing artichokes, but also it is very distinctive in processing artichokes in Brine, we pick fresh artichokes from our farms and within three to five hours we process it in our factory.

It goes through several stages: Peeling, Cutting, Washing, Blanching, cooling, sorting, packing in drums with cover closure after mesh & Adding the appropriate salt, citric acid and ascorbic acid to get a perfect PH (3.7 3.4),

We offer it in variety as follows:

-1 Artichokes Quarter in Brine. Net weight: 150kg / Drum -2 Artichokes Bottoms in Brine. Net weight: 125kg / Drum -3 Artichokes Hearts in Brine. Net weight: 150kg / Drum

-4 Artichokes with Stem in Brine. Net weight: 130kg / Drum

**NUTRITION FACTS** 

CALORIES	42 Kcal
FAT	0.02g
CARBOHYDRATE	8.1g
FIBER	2.7g
PROTEIN	4g
SODIUM	14mg
VITAMIN C	0.65mg
VITAMIN A	263 IU
CALCIUM	115mg
IRON	1.9mg



# IQF STRAWBERRY

Dark red, firm and fully ripe Strawberries are processed by our factory with Higher Brix up to 11.

whole & halves to suit your needs .

Which are properly frozen to retain most of their marvelous taste and nutritional value.

Our strawberries are free from pesticides. Moreover, all analysis operations are carried out regularly over all phases of production.

Sizes Available: (15-25), (25-35).

PACKS SIZES



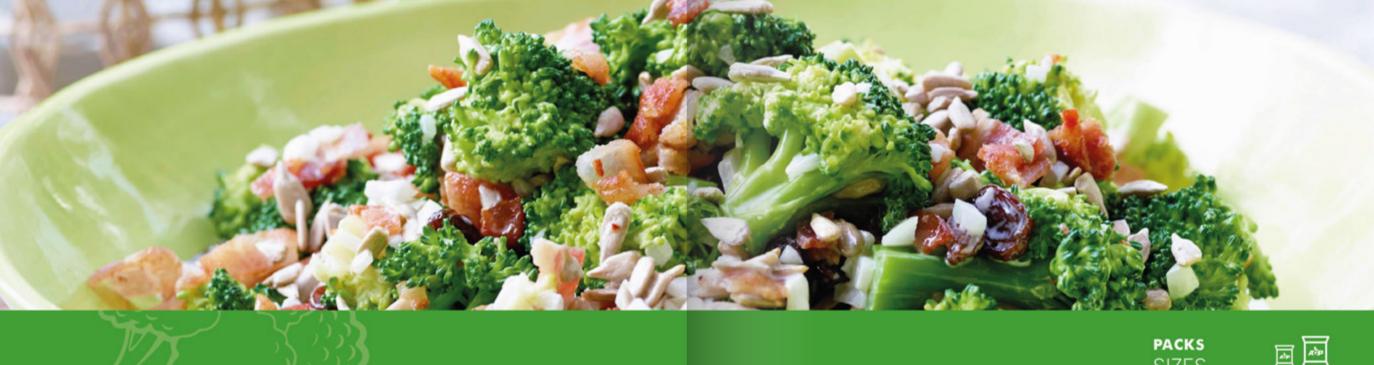




### PRODUCTION SEASON

FEBRUARY - MAY





SIZES



**PRODUCTION SEASON** 

DECEMBER - FEBRUARY

CONTRACTING PERIOD SEPTEMBER - DECEMBER

# **BROCCOLI**

Agro Green cultivates pre-selected broccoli seeds from the best quality worldwide. It is directly transported to the production lines to guarantee maintaining all its nutritional properties.

Agro Green has recently introduced Broccoli to the market with diameters : 20-40 mm , 40-60 mm .

Processing is being executed using the most modern techniques to preserve its good shape, stem length, taste, color and nutrients.

Broccoli proved to be high acceptable due to its nutritional



CALORIES	28 Kcal
FAT	0.1g
CARBOHYDRATE	5.3g
RBER	0.3g
PROTEIN	3.1g
SODIUM	24mg
VITAMIN C	40.1mg
VITAMIN A	1118IU
CALCIUM	51mg
SUGARS	1.4g

# IQF CAULIFLOWER

Agro Green provides fresh Cauliflower all year long with the pure white color identified due to pre-selection of the seeds cultivated guarantee the best, high quality Cauliflower with the full nutritional characteristics.

Agro Green has recently introduced Cauliflower to the market with diameters : 20-40 mm , 40-60 mm .



NUTRITION FACTS PER 100G SERVING

CALORIES	89 Kcal
FAT	0.03g
CARBOHYDRATE	17g
FIBER	5.2g
PROTEIN	5.3g
SODIUM	7mg
VITAMIN C	0.7mg
SUGARS	1.5g

**PACKS** SIZES





**PRODUCTION SEASON** 

**CONTRACTING PERIOD** 





# **IQF OKRA**

Our product is individually, manually trimmed in a conical form and is not cut. Thus the okra keeps its freshness, high quality and free of any filaments or big seeds.

This operation requires special, accurate care during the sorting and processing in order to guarantee the homogeneity of each of these respective sizes.

### **OKRA CATEGORIZED AS:**

-1 Fine Extra: Up to 2.5 cm.

-2 Zero: Diameter is between 2.5cm and 3.5cm.

-3 Excellent: Diameter is between 3.5cm and 4.5cm.

-4 Lady Finger: Diameter is between 4.5cm and 5.5cm.

### **PACKS**

SIZES





### PRODUCTION SEASON

MAY - SEPTEMBER

CALORIES	44 Kcal
FAT	0.25g
CARBOHYDRATE	6.63g
ABER	2.2g
PROTEIN	1.69g
SODIUM	3mg
VITAMIN A	350 IU
IRON	0.57mg
CALCIUM	81mg
SUGARS	2.97g
VITAMIN C	12.4mg









PACKS SIZES



PRODUCTION SEASON

APRIL – MAY

OCTOBER – NOVEMBER

# **IQF GREEN BEANS**

Agro Green provides Green Beans that is fresh, tender ,especially tasty and completely rounded over its entire length. Moreover, it must be free of any filaments, parasites or insect damage.

### **TYPES OF BEANS:**

-1 Whole Green Beans : Diameter ( 70-90 ) mm .

-2 Cut Green Beans : Diameter ( 20-40 ) mm .



CALORIES	89 Kca
FAT	0.03g
CARBOHYDRATE	17g
RBER	5.2g
PROTEIN	5.3g
SODIUM	7mg
VITAMIN A	385 IU
SUGARS	1.5g
VITAMIN C	0.7mg

# **IQF GREEN PEAS**

Agro Green implements the peas production process with the beginning of its season when they are fresh, tender and having high sugar concentration.

A careful sorting process is carried out in our factory in order to remove the starch and yellow peas to ensure the best product.

### TYPES OF PEAS:

- -1 Plain green Peas.
- -2 Peas with carrots.
- -3 Mixed vegetables.(green peas, carrots and green beans).
- -4 Mixed vegetables with sweet corn. (peas, carrots, green peas and sweet corn).

### **PACKS** SIZES









PRODUCTION SEASON

JANUARY - MARCH





CALORIES	65 Kcal
FAT	0.09g
CARBOHYDRATE	9.8g
FIBER	5.1g
PROTEIN	0.6g
SODIUM	3mg
VITAMIN A	540 IU
IRON	1.8mg
CALCIUM	23mg
SUGARS	3.5g



# IQF COLCASIA / TARO-ROOTS

Agro Green selects the fresh big Taro-roots , then cuts it and washes it carefully to keep the taste of the cooked product.

Each Colcasia pack contains a small bag of green leaves to make cooking quick , easy and flavored.



NUTRITION FACTS PER 100G SERVING

CALORIES	12 Kcal
FAT	0.2g
CARBOHYDRATE	3g
FIBER	11g
PROTEIN	1.4g
SODIUM	2mg
VITAMIN C	0.4mg
SUGARS	0.3g
CALCIUM	17mg
IRON	0.21mg



**PACKS** SIZES







**PRODUCTION SEASON** FEBRUARY - APRIL





### IQF BROAD BEANS - FAVA BEANS (FOUL)

Agro Green provides high quality fresh Egyptian Broad Beans (Foul) with a high quality standard maintain the shiny green color and smooth texture.

### MANUFACTURING IS CARRIED OUT IN TWO METHODS:

- -1 Non Peeled Broad Beans .
- -2 Peeled Broad Beans .

**PACKS** 









### PRODUCTION SEASON

JANUARY - MARCH





**PACKS** SIZES





PRODUCTION SEASON JULY - AUGUST

# **IQF SWEET CORN**

Agro Green cultivates its own sweet corn from the best quality seeds harvesting, and processing are being supervised by experts as they are very sensitive processes. The corn reaches the factory in an extremely matured state. Afterwards, it is peeled, blanched and immediately frozen in order to preserve all natural nutritive and tasty characteristics.

### **SWEET CORN IS PRODUCED IN TWO FORMS:**

- -1 Sweet Corn ( Kernel ).
- -2 Sweet Corn (On Cob).



N	UTR	OITIS	N	<b>FACTS</b>	
	PER	100G	SE	RVING	

CALORIES	86 KCAL
FAT	1.2G
CARBOHYDRATE	19G
RBER	2.7G
PROTEIN	3.2G
SODIUM	15MG
IRON	3MG
SUGARS	3.2G



## IQF MOLOKHIA

Agro Green produces lively green leaves that are free from any additives or chemicals. The molokhia's leaves are treated in a particular way to preserve their high quality and the high level of sweetness that characterizes this product. The short time between harvests and processing guarantees its top quality.

Our Minced Molokhia's texture what makes it unique is very slimy when cooked which makes an ideal soup. The fresh leaves are refinery pulled and cut in a manner that preserves its natural shape.

# MANUFACTURING IS CARRIED OUT IN TWO METHODS:

- -1 Whole Leaves .
- -2 Minced Leaves .

**PACKS** 

SIZES

PRODUCTION SEASON

APRIL - OCTOBER

CALORIES	42 Kcal
FAT	0.02g
CARBOHYDRATE	6.5g
FIBER	1.3g
PROTEIN	1.7g
SODIUM	45mg
VITAMIN A	12500 IU
VITAMIN C	16mg





# IQF SPINACH

We receive this fresh product with its green leaves at our factory after its picking, then it is submitted to a careful sorting operation.

We also produce Minced Spinach in a manner that preserves the natural taste and nutritive characteristics of this product that is ready for cooking. After the chopping, another sorting is carried out to grant a %100 clean product.

### MANUFACTURING IS CARRIED OUT IN TWO METHODS:

- -1 Whole Leaves .
- -2 Minced Leaves .



#### NUTRITION FACTS PER 100G SERVING

CALORIES	36 Kcal			
FAT	0.03g			
CARBOHYDRATE	7g			
FIBER	2.7g			
PROTEIN	1.3g			
SODIUM	25mg			
VITAMIN A	8000 IU			
SUGARS	0.8g			
CALCIUM	93mg			
IRON	2.2mg			
VITAMIN C	25mg			

PACKS SIZES











around the world in a short time, including: Italy, Spain , Russia , Greece .

provide packages in various sizes to meet specific requirements Our company would be delighted at all times to comply with any inquiries.

KSA, UAE, Kuwait, Turkey, Germany , UK , Australia, USA & Canada. (SOON)





	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEPT	OCT	NOV	DEC
ARTICHOKES				*								*
STRAWBERRY		•	•	•	•							
BROCCOLI	<b>@</b>											0
CAULIFLOWER	6	0										0
OKRA					A	A	A	A	1			
GREEN BEANS				-	-					-	-	
GREEN PEAS	- EUR	A STATE	* Hir									
TARO-ROOTS		0	0	0								
BROAD BEANS	海	海	*									
SWEET CORN							3	35				
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