Oncology

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Outlines:

- Oncology and terminology
- Benign and malignant neoplasm
- Different types of cancer
- Common investigation
- Signs and symptoms of cancer
- Cancer treatment
- Who is the Caregiver
- Tips for Being a Successful Caregiver
- Prevention and management of cancer

Definition

• Tumor

It is the formation of abnormal mass of tissue caused by local uncontrolled multiplication of cells

• Benign Tumor

A tumor that is not cancerous. The tumor does not invade nearby tissue or spread to other parts of the body.

• Malignant

A tumor that is cancerous. The tumor may invade nearby healthy tissue or spread to other parts of the body.

Metastasis

The spread of cancer from where the cancer began to another part of the body.

Microscopic Appearance of Cancer Cells

microscopic appearance of Cancer Cens				
Normal	Cancer			
		Large number of irregularly shaped dividing cells		
	2	Large, variably shaped nuclei		
	2	Small cytoplasmic volume relative to nuclei		
	82	Variation in cell size and shape		
	7	Loss of normal specialized cell features		
		Disorganized arrangement of cells		
		Poorly defined tumor boundary		

Difference between benign and&malignant

	Benign	Malignant
1-Tumour cells:	Highly differentiated i.e:	Well or poorly differentiated i.e. doesn't
	resemble cell of origin.	resemble cell of origin.
2- Rate of growth :	slow	Rapid
3- Capsule:	present	Absent
4- Size :	small	Large
5- Mode of growth:	Expansion or compression of	Infiltration.
	surrounding tissue.	
6- Necrosis:	Absent	Present
7- Recurrence:	Absent	Present (need safety margin)
8- Metastasis:	Absent	Present
9- Danger:	Not dangerous except in vital	Fatal
	organ ex: brain	
10- Blood vessels:	well formed	Poorly formed, multiple → hemorrhage

Different types of cancer

1-Solid cancer

It include all cancers at any parts of body except blood.

- brain cancer
- esophagus cancer
- lung cancer
- breast cancer
- stomach cancer

Different types of cancer (Cont,...)

2-Haematological cancers

It includes all cancers in blood

- Acute and chronic lymphocytic leukemia
- Acute and chronic myloid leukemia

Common investigation to diagnose cancer

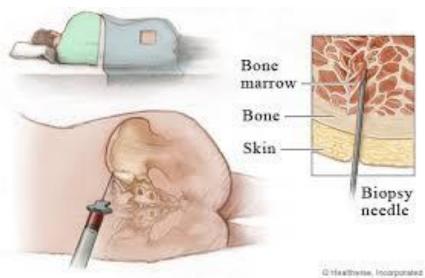
Tumor Marker Tests

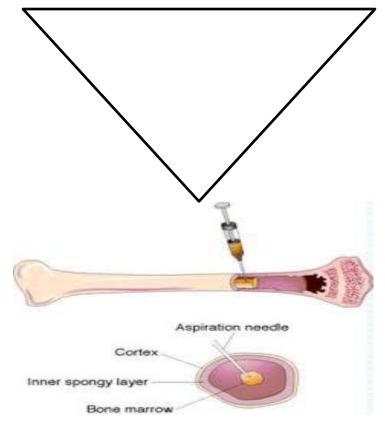
Tumor markers (also known as biomarkers) are substances found at higher than normal levels in the blood, urine, or body tissue of some people with cancer.

Ultrasound

- Biopsy
- Endoscopy
- Bone Marrow Aspiration and Biopsy (is a diagnostic examination of the bonmarrow that can provide information about the development and function of blood cells.







Causes of cancer(risk factor)

- genetic factors
- smoking and tobacco
- diet
- sun exposure
- radiation exposure
- infection
- pollution
- hormonal factors

Sings & symptoms of cancer

C: Change in bowel or bladder habits

A: A sore that does not heal

U: Unusual bleeding or discharge

T: Thickening or lump in the breast or elsewhere

I: Indigestion or difficulty in swallowing

O: Obvious changes in warts or moles

N: Nagging cough or hoarseness

Cancer treatment

Chemotherapy

It is a cancer treatment that uses chemical substances. Chemotherapy may be given with a curative intent, or it may aim to prolong life or to reduce symptoms.

Surgery

- 1- Radical surgery
- 2- Laser surgery
- 3- Electro surgery (A high-frequency electrical current can be used to destroy cells. This may be done for some cancers of the skin and mouth.

Radiotherapy

Is therapy using ionizing radiation, generally as part of cancer treatment to control or kill malignant cells.



Who is the Caregiver

Family caregivers may be spouses, partners, relatives, or friends who help the patient with activities of daily living and health care needs at home.

