قال تعالى: ﴿ وَ اللَّهُ يَدْعُو إِلَىٰ دَارِ السَّلَامِ وَ يَهْدِي مَن يَشَاءُ إِلَىٰ حِرَاطٍ مُّسْتَقِيمٍ (25) ﴾ {يونس}

# **ULCERS:** *MANAGEMENT*

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# "For the things we have to learn before we can do them, we learn by doing them"

Aristotle (384-322 BC)

### **OBJECTIVES**

Overview.

Definition.

Anatomy of ulcer.

Classification.

Ulcer healing.

Management.

Complications.

# OVERVIEW

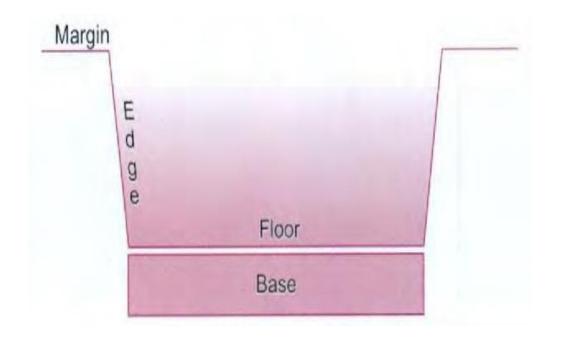
# DEFINITION

# **DEFINITION**

Ulcer is disruption or break in the continuity of lining epithelium, either skin or mucous membrane.

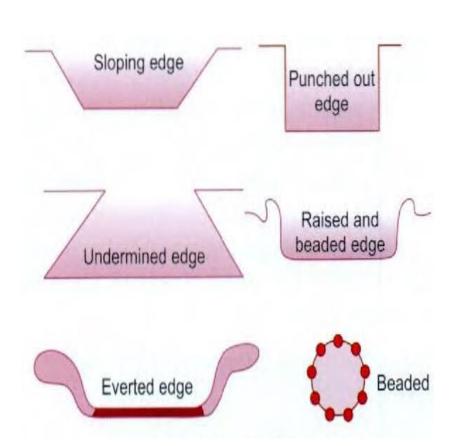
#### Parts of ulcer:

- Margin.
- Edge.
- Floor.
- Base.



#### Edge:

- Sloping.
- Undermined.
- Punched out.
- Raised.
- Everted or rolled out.



#### Induration:

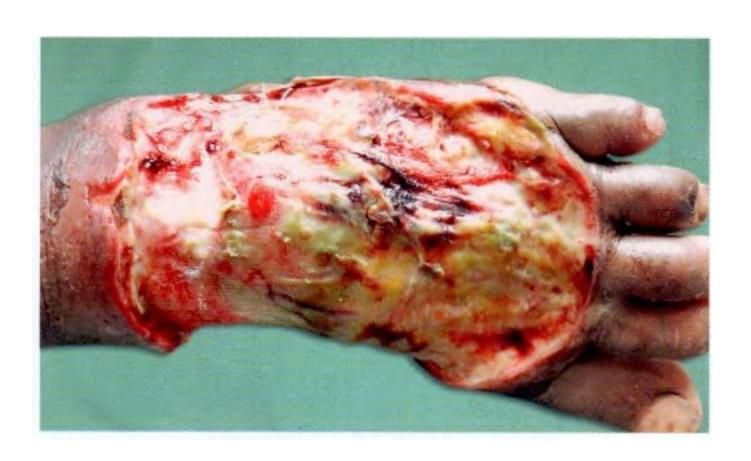
Induration is a clinical palpatory sign which means there is a specific type of hardness in the diseased tissue.

#### Discharge:

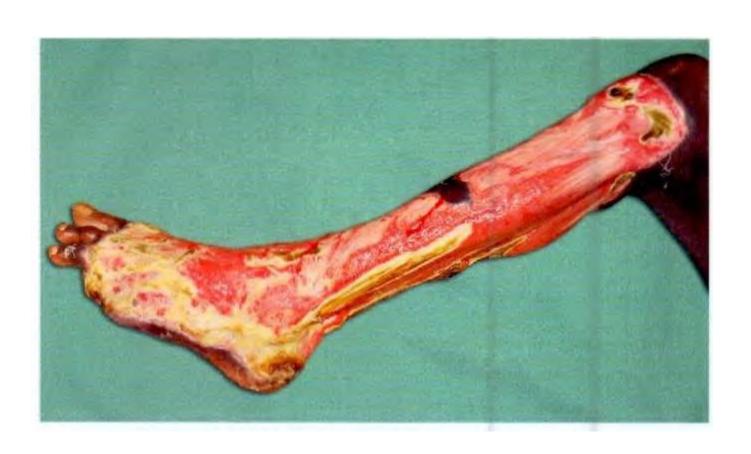
- Serous.
- Purulent.
- Seropurulent.
- Bloody.
- Serosanguineous.
- Serous with sulphur granules.
- Yellowish.

### Clinical classification:

- Spreading ulcer.
- Healing ulcer.
- Non- healing ulcer.
- Callous ulcer.









- Based on time:
- Acute.
- · Chronic.

Pathological classification:

Trauma:

- Injury.
- Burn.
- Pressure.



Pathological classification:

Vascular:

- Arterial.
- Venous.
- Mixed.





Pathological classification:

Neuropathic:

- Diabetes.
- Tabes.
- Syringomyelia.

Pathological classification:

• Infection:

- Bacterial.
- Fungal.
- Protozoal.





Pathological classification:

Neoplastic:

- BCC.
- SCC.
- Melanoma.







Pathological classification:

Metabolic:

- Diabetes.
- o Gout.



Pathological classification:

Haematological:

- Sickle cell disease.
- Cryoglobulinemia.

Pathological classification:

Panniculitis:

- Necrobiosis lipoidica.
- Fat necrosis.
- Pyoderma gangrenosum.



## WOUND HEALING

#### **WOUND HEALING**

Stages of ulcer healing:

Extension.

Transition.

Healing.

#### **WOUND HEALING**

#### Factors affecting ulcer healing:

Local factors.

(trauma, infection, ischemia, irradiation, mobilization, FB)

General factors.

(age, smoking, co-morbidities, medications, malnutrition, malignancy)

Clinical presentation:

- Symptoms.
- Signs.
- Investigations, (tissue biopsy).

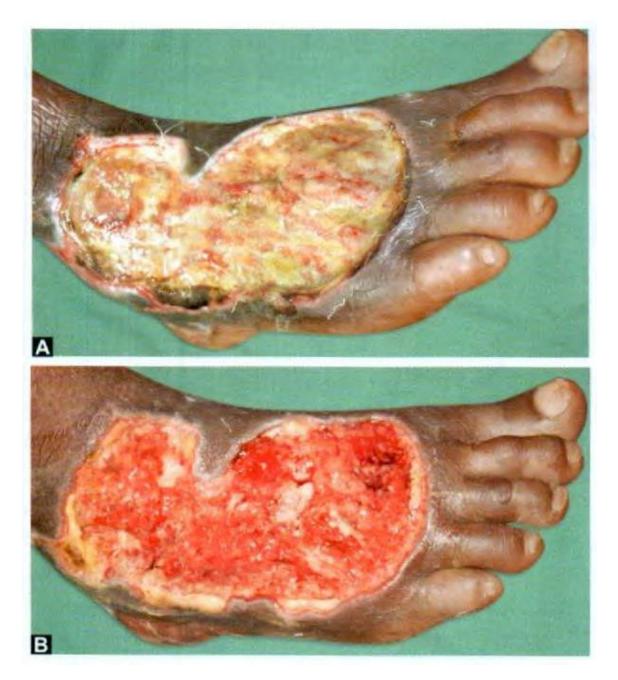
• Treatment :

General care.

- Local care
- Assessmnet.
- Cleaning.
- Specific treatment.

#### Specific treatment:

- Debridement.
- Dressing.
- Antiseptics.
- Vacuum assisted closure (VAC) therapy.
- Grafting.







## COMPLICATIONS

#### **COMPLICATIONS**

- General complications:
- Sepsis.

- Local complications:
- Scars.
- Delayed and non- healing.
- Infection.
- Malignant transformation.

#### TAKE HOME MESSAGE

Anatomy of ulcers

Stages of ulcer healing

Take home message

Management of ulcers

Complications of ulcers

#### **DISCUSSION**



# Thank you