UNIVERSITY OF CALIFORNIA

Los Angeles

Discovering Data-Driven Actionable Intelligence for Clinical Decision Support

A dissertation submitted in partial satisfaction ${\rm of\ the\ requirements\ for\ the\ degree}$ Doctor of Philosophy in Electrical and Computer Engineering

by

Ahmed M. Alaa H. H. Ibrahim

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ABSTRACT OF THE DISSERTATION

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Doctor of Philosophy in Electrical and Computer Engineering

University of California, Los Angeles, 2019

Professor Mihaela van der Schaar, Chair

The rapid digitization of healthcare has led to a proliferation of clinical data, manifesting through electronic health records, biorepositories, and disease registries. This dissertation addresses the question of how machine learning (ML) techniques can capitalize on these data resources to assist clinicians in predicting, preventing and treating illness. To this end, we develop a set of ML-based, data-driven models of patient outcomes that we envision to be embedded within systems of decision support deployed at different stages of patient care.

We focus on two broad setups for analyzing clinical data: (1) the cross-sectional setup wherein data is collected by observing many patients at a particular point of time, and (2) the longitudinal setup in which repeated observations of the same patient are collected over time. In both setups, we develop models that are: (a) capable of answering counter-factual questions, i.e., can predict outcomes under alternative treatment scenarios, (b) interpretable in the sense that clinicians can understand how the model predictions for individual patients are issued, and (c) automated in the sense that they adaptively tune their modeling choices for the dataset at hand, with little or no need for expert intervention. Models satisfying these three requirements would enable the realization of actionable, transparent and automated decision support systems that operate symbiotically within existing clinical workflows.

Our technical contributions are multi-faceted. In the cross-sectional data setup, we develop ML models that fulfill the aforementioned requirements (a)-(c) as follows. We start by

developing a comprehensive theoretical framework for causal inference, whereby we quantify the limits to how well ML models can recover the causal effects of counter-factual treatment decisions on individual patients using observational (retrospective) data, and we build ML models — based on Gaussian processes — that achieve these limits. Next, we develop a novel symbolic meta-modeling approach for interpreting the predictions of any ML-based prognostic model by converting the "black-box" model into an understandable symbolic equation that relates patients' features to their predicted outcomes. Finally, we develop a model selection approach based on Bayesian optimization that enables the automation of predictive and causal modeling. In the longitudinal data setup, we develop a novel deep probabilistic model for sequential clinical data that satisfies requirements (a)-(c) by capitalizing on the strengths of both state-space models and deep recurrent neural networks.

To demonstrate the utility of our models, we evaluate their performance on various real-world datasets for cohorts of breast cancer, cardiovascular disease and cystic fibrosis patients. We show that, compared to existing clinical scorers, our ML-based models can improve the accuracy of predicting individual-level prognoses, guide treatment decisions for individual patients, and provide insights into underlying disease mechanisms.

The dissertation of Ahmed M. Alaa H. H. Ibrahim is approved.

Greg Pottie

Yahya Rahmat-Samii

Patricia Ganz

Douglas Bell

Mihaela van der Schaar, Committee Chair

University of California, Los Angeles 2019

To my parents and my brothers.

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VITA

2011	Bachelor in Communications and Computer Engineering,
	Cairo University, Cairo, Egypt
2011-2014	Teaching Assistant, Communications Engineering Department,
	Cairo University, Cairo, Egypt
2014	Master of Science in Electronics and Communications Engineering,
	Cairo University, Cairo, Egypt
2014	Graduate Division Fellowship, Electrical Engineering,
	University of California, Los Angeles.
2014-2019	Research Assistant,
	University of California, Los Angeles.
2017-2018	Recognized PhD Student,
	University of Oxford, United Kingdom.

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Introduction

Current advances in health information technology — including digital patient records and data management tools, wearable devices, efficient methods for genomic sequencing — are expected to drastically increase the amount of data collected for individual patients through electronic health records (EHR), biorepositories, and disease registries. The proliferation of health data is evident by the dramatic increase in the rate of adoption of EHR technologies in healthcare facilities all over the developed world; in 2015, 84% of hospitals in the US adopted an EHR system, which represents a 9-fold increase since 2008 [1].

The availability of large-scale data resources that keep track of patients' features and health outcomes paves the way for more *individualized* approaches to patient care, whereby examples and experiences encoded in data for previous patients are used to unravel disease phenotypic diversity. To achieve this, data by itself is not sufficient — we need *models* that learn from this data how prognoses would vary among future patients based on their individual traits. In this dissertation, we use machine learning (ML) to develop such models — we envision our models to be embedded within systems of decision support deployed at different stages of patient care to assist clinicians in predicting, preventing and treating illness.

1.1 Machine Learning for Individualized Medicine

By machine learning (ML) we mean the process by which computer systems can learn directly from data, examples and experience, rather than being taught on the basis of predetermined rules. The purpose of this chapter is to illustrate some of the progress ML has already made in healthcare and to suggest some of the progress it might make — and ought to make — in

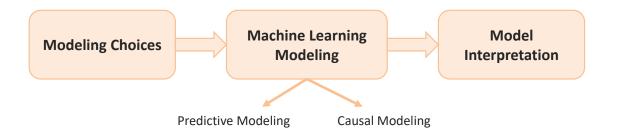


Figure 1.1: Illustration for the typical machine learning modeling pipeline.

the near future. The view presented here is deliberately optimistic; for ML to have a chance to achieve this potential — as we believe it does — there must first be a vision of what is possible. Topol has discussed at length the potential of accumulating more data; our focus here is on extracting more information from that data.

Our biggest challenge now is not whether we have enough data but whether we can combine the limitless potential of machines and the perennially limited potential of human judgement and decision making to use the oceans of data in which we are already swimming. And we should be careful to call out different dimensions of data. It covers electronic medical records, the collection and use of phenotypic and genetic data, data around performance and outcomes at an individual and population level and so on. And further, it will engage a wider range of data about the social determinants of health — in areas like housing employment, retail patterns, income and inequality data — whose impact on health intervention and outcomes will be increasingly critical.

The rapid digitization of healthcare has led to a proliferation of clinical data, manifesting through electronic health records, biorepositories, and disease registries. This dissertation addresses the question of how machine learning (ML) techniques can capitalize on these data resources to assist clinicians in predicting, preventing and treating illness. To this end, we develop a set of ML-based, data-driven models of patient outcomes that we envision to be embedded within systems of decision support deployed at different stages of patient care.

We are in the midst of a revolution in the amount of data being generated. There are many uses for this data; it can be analyzed and interpreted, often through powerful machine learning algorithms, edited, manipulated, distilled or reconstructed, and synchronized. In all cases the data must also be stored. All of these tasks must be performed in an environment of uncertainty; the underlying data operated on is never guaranteed to be reliable. The data may have been changed or edited knowingly or unknowingly, and is always subject to corruption from transmission and storage noise.

1.1.1 Models for Cross-sectional Data

1.1.2 Models for Longitudinal Data

1.2 Outline of Contributions

Chapter 2 Contributions

Chapter 3 Contributions

Chapter 4 Contributions

Chapter 5 Contributions

Chapter 6 Contributions

Estimating Treatment Effects from Observational Data

For text, let's use the first words out of the ispell dictionary.

Symbolic Approaches to Prognostic Model Interpretability

Automated Prognostic Modeling

Deep Probabilistic Modeling of Longitudinal Data

For text, let's use the first words out of the ispell dictionary.

Clinical Application

Conclusions

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