




MEDICATIONS DURING PREGNANCY

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Reviewed on 11/20/2019
Valid through November 2020



While these medications/procedures
outlined below are generally considered
safe in pregnancy, it is important to discuss
them with your OB/GYN doctor before
taking them. And even then, always follow
the guidelines on the label. Be sure you

don't have an allergy to the medication and only take them in the prescribed quantities.

◇ Antacids:

- Maalox
- Mylanta
- Nexium
- Pepcid
- Prevacid
- Prilosec OTC
- Rolaids
- Tums
- Zantac

◇ Antibiotics:

- Amoxicillin
- Ampicillin
- Augmentin
- Biaxin
- Ceclor
- E-Mycin

- Macrobid (Macrochantin)
- Metronidazole (Flagyl)
- Penicillin
- Zithromax

◇ Anti-yeast:

- Gynelotrimin
- Monistat
- Mycelex
- Terazol

◇ Cold & Allergy:

- Afrin nasal spray (saline only)
- Allegra
- Benadryl
- Chlortrimetron
- Claritin, Claritin D
- Dimetapp
- Flonase/Beconase
- Mucinex
- Robitussin Cough Syrup – DM

- Throat Lozenges
- Zyrtec

◇ Constipation

- Citrucil
- Colace (Docusate)
- Fibercon Tablet
- Metamucil
- Milk of Magnesia
- Miralax

◇ Diarrhea

- Imodium
- Kaopectate
- Lomotil

◇ Hemorrhoids

- Anusol
- Preparation H
- Tucks



Pain

- Tylenol
- Tylenol Extra Strength
- Tylenol Sinus
- Tylenol #3



Sleep

- Ambien
- Tylenol PM
- Unisom



Topical Agents

- Calamine Lotion
- Cortaid Cream
- Hydrocortisone Cream
- Neosporin Ointment



Miscellaneous

- Bug Spray w/ DEET
- Emetrol
- Flu Shot

- Hair Color
- Manicures
- Pedicures
- Perms
- Unisom w/ B6 for nausea
- Sunscreen
- TB Skin Test