



# WOMEN, INFANTS, & CHILDREN (WIC)

## ABOUT WIC

South Dakota WIC is a public health nutrition program that provides information on healthy eating and breastfeeding, referrals to healthcare and other services, and nutritious foods to supplement diets for income-eligible, women who are pregnant or post-partum, infants and children up to

age five. Provided through Roberts County Community Health.

**ELIGIBILITY:** Pregnant women, Postpartum women (up to 6 months) and breastfeeding women up to 1 year, children aged 0-5

**PHONE:** 605-698-4183

**ADDRESS:** 10 Hickory St. E.

## MORE INFORMATION

**SERVICES:** The WIC program offers services to increase the health of women, infants, and children, including:

◇ *Nutrition education to help South Dakotans*



make healthy eating choices

- ◇ *Breastfeeding education* for expectant and new mothers looking to learn more about their infant nutrition options
- ◇ *Referrals* to set low-income families up with quality medical care
- ◇ *Food benefits* to help budget-constrained families purchase nutritious groceries at nearly 200 participating businesses statewide

**AVAILABILITY:** No slot limits