



WOMEN, INFANTS, & CHILDREN (WIC)

ABOUT WIC

South Dakota WIC is a public health nutrition program that provides information on healthy eating and breastfeeding, referrals to healthcare and other services, and nutritious foods to supplement diets for income-eligible, women who are pregnant or post-partum, infants and children up to age five. Provided through Roberts County Community Health.

ELIGIBILITY: Pregnant women,
Postpartum women (up to 6 months) and
breastfeeding women up to 1 year,
children aged 0-5

PHONE: 605-698-3103

MORE INFORMATION

SERVICES: The WIC program offers
services to increase the health of
women, infants, and children, including:

- ◇ *Nutrition education* to help South Dakotans make healthy eating choices
- ◇ *Breastfeeding education* for expectant and new mothers looking to



learn more about their infant nutrition options

- ◇ *Referrals* to set low-income families up with quality medical care
- ◇ *Food benefits* to help budget-constrained families purchase nutritious groceries at nearly 200 participating businesses statewide

AVAILABILITY: No slot limits