



ABNORMAL PREGNANCIES



RECOGNIZE THE SIGNS OF ABNORMALITY

Being familiar with the signs of pregnancy complications can allow you to catch diseases in the early stages, which can help improve your outcome. Here is an overview of common and/or severe pregnancy complications, their symptoms, and screening and treatment procedures available.

Typical experiences in pregnancy include:

- ◇ Nausea
- ◇ Vomiting
- ◇ Dizziness

If you are experiencing the following, however, you should take note and speak to a doctor as soon as you can.

- ◇ Bleeding/leaking vaginal fluid
- ◇ Blurred vision or seeing flashes/spots of light
- ◇ Unusual or severe abdominal pain or backaches
- ◇ Strong cramps

- ◇ Frequent, severe, or continuous headaches
- ◇ Contractions
- ◇ Decrease in your baby's movements
- ◇ Fainting
- ◇ Excessive vomiting or diarrhea
- ◇ Fever at or above 100 F/38 C
- ◇ Pain or burning during urination
- ◇ Inability to urinate
- ◇ Chills

- ◇ Severe or sudden swelling of your hands, face, or feet
- ◇ Inability to tolerate food or liquid
- ◇ Muscular convulsions

For specific pregnancy complications, you should reference the “Gestational Diabetes,” “Premature Birth,” and “Pre-eclampsia” sections in the app.