

Natural Planning Model

1. defining purpose and principles

- ask "why" question
- principles

2. outcome visioning

- provides the actual blueprint of the final result
- focus
- clarifying outcomes - creating clear outcomes

3. brainstorming

- capturing ideas
- mind mapping
- distributed cognition

brainstorming keys:

- * don't judge, challenge, evaluate or criticize
- * go for quantity
- * put analysis and organization in the background

4. organizing

- identify the significant pieces
- sort by components/sequences/priorities
- detail to the required degree

5. next actions

- what is the next action?
- decide on next actions for each of the current "moving parts" of the project
- decide on the next action in the planning process, if necessary

* do as much planning as you need to get the project off your mind
* need more clarity? → more brainstorming / shift back to the vision of the outcome / return to a clean analysis of why your' re engaged in the situation in the first place
* need more to be happening? → move down the model / more brainstorming..