

Welcome to the Daily Calorie Tracker!

=====

This tool helps you log your meals, calculate your total
and average calories, and check if you're within your daily limit.

How many meals would you like to take today? 2

Meal 1:

Enter meal name (e.g., Breakfast): breakfast

Enter calorie amount: 200

Meal 2:

Enter meal name (e.g., Breakfast): lunch

Enter calorie amount: 300

Enter your daily calorie limit: 2000

===== DAILY CALORIE SUMMARY =====

Meal Name	Calories
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breakfast	200.0
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lunch	300.0
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Total:	500.0
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Average:	250.00
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✅ Great job! You are within your daily calorie limit.

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Would you like to save this session to a file? (yes/no): no

Session not saved. Goodbye!



Ln 25, Col 1

Spaces: 4


UTF-8


CRLF

{ } Python

 Signed out

3.13.7

 Go Live

 Go Live



```
PS C:\Users\ishaa\.vscode> & C:/Users/ishaa/AppData/Local/Programs/Python/Python313/python.exe c:/Users/ishaa/.vscode/tracker.py
```

```
=====
Welcome to the Daily Calorie Tracker!
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```

```
This tool helps you log your meals, calculate your total
and average calories, and check if you're within your daily limit.
```

```
How many meals would you like to take today? 3
```

```
Meal 1:
Enter meal name (e.g., Breakfast): breakfast
Enter calorie amount: 100
```

```
Meal 2:
Enter meal name (e.g., Breakfast): lunch
Enter calorie amount: 200
```

```
Meal 3:
Enter meal name (e.g., Breakfast): dinner
Enter calorie amount: 300
```

```
Enter your daily calorie limit: 250
```

```
===== DAILY CALORIE SUMMARY =====
```

Meal Name	Calories

breakfast	100.0
lunch	200.0
dinner	300.0

Total:	600.0
Average:	200.00

```
⚠Warning: You have exceeded your daily calorie limit!
```

```
=====
```

```
Would you like to save this session to a file? (yes/no): no
```

```
Session not saved. Goodbye!
```

```
PS C:\Users\ishaa\.vscode> |
```