

UPDATED HMO DETAILS

S/N	HMO CODE	NAME OF HMO	ADDRESSES	HMO OFFICIAL EMAIL	CALL CENTRE NUMBERS
1	01	Hygeia HMO Ltd.	Elephant House Floor 6-8, 214 Broad Street, Lagos Island, Lagos State, Nigeria	hycare@hygeiahmo.com, nhisdesk@hygeiahmo.com	070049434266, 014488300
2	02	Total Health Trust Ltd.	2 Marconi Road, Palmgrove Estate Mushin, Lagos	info@totalhealthtrust.com	07080687600 014482105
3	03	Clearline International Ltd.	290 Ikorodu Road Anthony Village Lagos	info@clearlinehmo.net clearline_int@yahoo.com	08076490111, 08076490101, 014482520
4	04	Healthcare International Nigeria Ltd.	308A Murtala Muhammed Way, Yaba, Lagos State	info@healthcare-ng.com	08052099069 (Abuja) 08052099099 (Lagos), 014489820, 08052099094
5	05	Mediplan Healthcare Limited	154 Murtala Muhammed Way Yaba Lagos	mediplan@mediplanhealthcare.com	08159093838, 07084068760, 01- 4485390, 07066401413, 09036058822
6	06	Aiico Multishield Ltd.	322 Ikorodu Road Anthony Village Lagos	info@aiicomultishield.com loshunniyi@aiicomultishield.com	07026744353 08056744353
7	07	United Healthcare International Limited	7, Jaba Close. Opp. FCDA Minister's Gate Area 11, Garki	info@unitedhealthcare-ng.com <u>contact@unitedhealthcare_ng.com</u> , uhiabuja@unitedhealtlhcare-ng.com	07088485894 08164582835 094611600
8	10	Ronsberger Nigeria Limited	No. 30 Ubiaja Street, Garki, Abuja	info@ronsbergerhmo.org	08021811800 , 092902975, 08103247680, 092903430
9	11	International Health Management Services	2 Joseph Street, Off Broad Street, Marina Lagos	info@ihmsnigeria.com	08085861299, 07041446622, 07004467466
10	13	Songhai Health Trust Limited	3rd Floor Nigeria Re-Insurance Building Plot 784a Herbert Macaulay Way Central Area Wuse Abuja (old address) New Address: Tsukunda House, Suite B11 and B12, Plot 1446 Constitution Avenue, Central Business Districet, Abuja	info@songhaihealthtrust.com	07000303030
11	14	Integrated Health Care Limited	No 19 Jos Street Area 3 Garki Abuja	info@integratedhealthcareltd.com	08051322662, 08146120236, 08097236759, 09020008294
12	16	Sunu Health Nigeria Ltd. (formerly Managed	MHS Centre, 16 Obokun Street Off Coker Road Illupeju Lagos Relocated to 174B Murtala	nigeria.health@sunu-group.com, info@mhshmo.com	070010008000, 08003425647

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		Healthcare Services Limited)	Muhammed Way, Ebute meta, by Adekunle Bus Stop, Oyingbo, Lagos		
13	1.7	Princeton Health Limited	25 Mogaji Are Road, Ring Road Ibadan, Nigeria	info@princetonhmo.net	08151205555, 081859555555, 09060005654, 09060005674, 07064489783
14	21	Venus Medicare Limited	Plot 472 Cadastral Zone A8, (Opposite Ascon Filling Station) Wuse 2, Abuja, FCT	info@venusmedicare.com	070033330000, 07046090877, 07046090878
15	')')	Defence Health Maintenace Limited	Plot 1323, Adesoji Aderemi Street, Gudu District, Abuja	info@dhmlnigeria.com	07037921025, 08069305886
16		United Comprehensive Health Managers	Plot C-1 Rumuogba Estate Port Harcourt (Inside Rivon Clinic Compound) Rivers State	info@uchm.net unichm2013@gmail.com	08158393328, 07033683712
17		Veritas Healthcare Ltd. (formerly Healthcare Security Limited)	3rd Floor, Unity Kapital PLC Building Plot 497 Abogolargema Street Off Constitution Avenue Central Business District Abuja	info@healthcaresecurity.com	07067880493 08137895669 08137967923
18		Royal Health Maintenance Services	24 Wetheral Road Owerri Imo State.	royalhealthmaintenanceservices@yahoo.com	08037956689
19	28	Zuma Health Trust	Plot 856 Olu Awotesu Street Off Idris Ibrahim Crescent Jabi Abuja	zumahmo28@gmail.com	07062236824, 09055958534, 08094872221,
20		Markfema Nigeria Limited	4A Gurara (Lumsar) Street. Ibrahim Abacha Estate, Wuse Zone 4 Abuja	info@markfema.com	08077456035, 08034935832
21		Prepaid Medicare Services Limited	Suite F6 3rd Floor Wing C ABM Plaza Opp Utako Market Abuja Nigeria (Plot No 23 Ekukinam Street Off Obafemi Awolowo Way Utako District)	hr@prepaidmedicareng.com	08085927262, 08091116207, 08035777338, 08076688032
22	34	Sterling Health Manged Care Services Limited	Valley View Plaza 99 Opebi Road Ikeja Lagos Nigeria	info@sterlinghealth-mcs.com	07009110911, 07014184367
23	35	Health Partners Limited	23 Ribadu Road Off Awolowo Way South West Ikoyi Lago	hmo@healthpartnersng.org	08077140844, 08077140855, 08077140688
24		Precious Healthcare Limited	8 Lungi Street Off Cairo Street Off Adetokunbo Ademola Crescent Wuse II Abuja.	info@precioushmo.com	08067456841
25	20	Oceanic Health Management Limited	266 MURITALA MUHAMMED WAY YABA LAGOS	hmo@oceanichealthng.com	016330300, 012806399,08085897999
26	41	Wellness Health Management Services Limited	No 9 Jogunomi Street Gbagada Phase 1 Gbagada Lagos	callcenter@wellnesshmo.com info@wellnesshmo.com	070093556377, 08098726196, 08184742564

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27	43	Greenbay Healthcare Services Limited	1 Odunuga Street, Ikeja, Lagos	info@greenbayhmo.com	070047336229
28	44	Medexia Limited	221 Ikorodu Road Illupeju	okuribido@medexia.com	08134224609, 09051991430, 014537588
29	/1 🗙		No. 5, Abeo Street, Off Western Avenue, Surulere, Lagos.	info@marinamedicalhmo.ng	08144814021, 08182318170,08022598259
30	51	Nonsuch Medicare Limited	Lafia Hospital Complex Plot 1 Abimbola Estate Opposite NNPC Abeokuta Road Apata Ibadan	nonsuchmedicare@gmail.com	08078392043, 08078391607, 08097541194
31	54	Salus Trust Limited	Catholic Secretariat Building, 7 Force Road, Opposite Tafawa Balewa Square, Lagos Island, Lagos State	salustrustgte@yahoo.com	08052272587, 01-3428992
32	5.7	Pro Health HMO Limited	Bassan Plaza, Block D, First Floor, Plot 759, Independent Avenue, Central Business District Abuja	info@prohealthhmo.com	070776432584
33		Axa Mansard Healthcare Limited	177 Ikorodu Road Onipanu Lagos	healthcare@axamansard.com	0700AXAMANSARD
34		GNI Healthcare Nigeria Limited	GNI House, 28 Afolabi Aina Street Off Awolowo Way, Ikeja, Lagos	gnihealthcare@greatnigeriaplc.com	07043051516, 07046251142
35	61	Ultimate Health management Services Limited	Wema Bank Complex 4th Floor, Plot 464 Constitution Avenue, Airport Return Road, Central Business District Abuja	info@ultimatehealthhmo.com	070085846283, 08179948153
36	63	Avon Healthcare Limited	29 Rumens Road, Ikoyi, Lagos	info@avonhealthcare.com	08102659972, 07002779800
37		Regenix Health Services Limited	Regenix Plaza, KLM 13 MelfordOkilo Road Akenfa-Epie, Yenagoa, Bayelsa State	info@regenixhealthcare.com	
38	65	Redcare Health Service Limited	41 GboladeAdebanjo Street, Off Coker Road Illupeju, Lagos.	info@redcarehmo.com	012772020, 07700REDCARE
39		Well Health Network Limited	15 Ibusa Avenue, Independent Layout, Enugu	info@wellhealthnetwork.com	08086250004
40	69	Ives Medicare	2 Osho Street, Opebi Ikeja-Lagos	info@ivesmedicare.com	08032639058, 09085187582, 08092165592
41	70	Lifecare Partners	123A, Bisi Obadina Street, Omole Phase 1, Ikeja, Lagos.	info@lifecarepartnershmo.com	08134975325, 08115767602, 08173206254, 08086110862
42	71	Medicare Alliance Limited (formerly Doma Healthcare Limited)	Suite 9-12, 2nd Floor, Adamu Fura House Adjacent ECOBANK, Biu Road, Gombe	domahealthcare@gmail.com	07065645662 08063545370
43	1.7	Police Health Maintenance Limited	No. 517 Sylvester Ugoh Crescent, Jabi, Abuja	info@phlnigeria.com	08132529114, 08174210057, 090552293969

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44	74	Novo Health Africa Limited	1, AdekolaBalogun Street, Off Remi Olowude Street, Lekki Phase I, Lagos	info@novohealthafrica.org	09092139552, 07037602736, 09082914217
45	76	Anchor HMO International Company Limited	Goldcrest Mall Building Km 23 Lekki-Epe Express way, Lagos	info@anchorhmo.com	08031230306, 07058890062, 07080601192
46	77	Metro Health HMOLmited	14th Floor, St. Nicholas House, 26, Catholic Mission Street, Lagos	info@metrohealthhmo.com	08090235478, 01-6310038
47	78	Greenfield Health Management Limited	5B, Ihiala street, Independence Layout, Enugu.	info@greenfieldhmo.com hodaccounts@greenfieldhmo.com ezealaelizabeth@greenfieldhmo.com	09091910003, 09091909993
48	79	Lifeworth Medicare Limited	13, Bishop Street, Off Coker Roundabout Ilupeju, Lagos State	info@lifeworthhmo.com	08091111760
49	86	NNPC Health Maintenance	NNPC Pension Fund Complex, Plot 1534, Ibi Close, Off Gwandu Crescent, Area 11, Garki, Abuja.	nnpchmo@nnpcgroup.com	08022200180 08097777689 08058866690 08036950614 09-460- 85500, 0803-695-0614, 0809-777- 7689
50	87	Health Assur Limited	1 Ramat Crescent, Ogudu GRA, Kosofe, Lagos	info@healthassur.com	01-3422321, 08026547348, 0700 HEALTH ASSUR (07004325427787)
51	88	Phillips Health Management Services Limited	70B Lanre Awolokun Street, Gbagada Phase 2 Estate, Lagos	info@philipshmo.net	016339122-3
52	89	Ashmed Integrated Health Services	RE 013, Zungeru Close by Bima road, Nitel Quarters, Kaduna, Kaduna State	info@ashmedintegratedhealthservices.com	07036035182
53	90	Leadway Health Limited (Formerly Ankara Services Ltd.)	121-123 Funsho Williams Avenue, Iponri, Surulere	healthcare@leadway.com	012801051, 08139862271
54	91	Synergy Wellcare Medicaid Limited	13, Precision school Road, , Elelenwo, Port- Harcourt, Rivers State	synergywellcare@gmail.com, info@synergywellcare.com	08099992825, 08098862873, 09081777726,09081888837
55	92	Reliance HMO Ltd.	32 , Lare Awolokun Street, Gbagada Phase 2, Lagos	hello@reliancehmo.com	070073542623, 017001580
56	93	Roding Healthcare Ltd.	No. 4 Makoko Road, Adekunle, Yaba, Lagos	rodinghealthcare@gmail.com, info@rodingheatlhcareltd.com	070 CALL RODING (07002255763464)
57	94	Fountain Healthcare Limited	All Seasons Place, 74, Ogunnusi Road, Ojodu- Owole, Ikeja, Lagos	info@fountainhealthcareng.com	0700FOUNTAIN, 08077705100, 08077705200
58	102	A&M Healthcare Trust Limited	Plot Ubekaji Road, Opposite Bekaji Jumma'at Mosque, Jimeta, Yola, Adamawa State	info@amhmo.com	08033646497, 09162788582, 08024143666

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59	103	Masslife Healthcare Limited	No. 7 Kwa Falls Street, Maitama, Abuja	info@masslifehealthcare.com	234(0)92918962, 234(0)9039887632
60	104	Skyda Health Limited	856 Olu Awotesu Street Jabi Abuja Abuja	skydahealthng@gmail.com	09012171717,
61	105	Peramare Health Management Company Limited	Hall 1, 6th Floor, Tsukunda House Opposite World Trade Centre, CBD, Abuja	hmo@peramare.ng	09128007005,
62	106	Springtide Healthcare services Ltd.	3 Iriebe Street, D'Line Port Harcourt	info@sprintidehmo.com	08183099999,
63	107	Seraph HMO Limited	Kilometer 7, Gboko Road, Makurdi Benue State	seraphnigltd@yahoo.com	08061136674,
64	108	Grooming Health Management Limited	3, Tina Chris Street, By Ejigbo Mini Stadium, Ejigbo, Lagos	info@groominghm.com	07080631850, 09087966270
65	109	Kenedia HMO Limited	14B, Kingsley Emu Street, Off Chris Efuyemi Onanuga Street, Lekki Phase 1, Lagos	info@kennediahmo.com	070030306060, 017002018, 09120351385
66	110	MB & O Healthcare Services Limited	30 Bassie Ogumba Street, off Adeniran Ogunsaya Street, Surulere, Lagos	info@mbandohmo.com	08139952126,
67	111	Alleanza Health Management Limited	18B Robert Street, Magodo Estate, Phase 2. Shangisha, Lagos	info@alleanzahealth.com	09088991897, 07039164090
68	112	Gorah Healthcare Ltd.	322A Ikorodu Road, Lagos	info@gorahhmo.com	08132783427, 07031870956