

■ MASALENDAR BRACHIAL PLEXUS – Ultimate Tadka Version ■

Imagine your neck and shoulder area as a busy Indian spice market. And right in the center of it is our hero — the **Brachial Plexus**, the power-house network of nerves that supplies your entire upper limb. Yeh hi sab kuch control karta hai — shoulder ki shaan, elbow ka action, wrist ki flexibility, aur fingers ka swag!

■ Origin (Where the masala starts)

Brachial plexus starts from the spinal nerves of: **C5, C6, C7, C8, and T1** — yaani **5 spicy roots!**

■ ROOTS → TRUNKS → DIVISIONS → CORDS → BRANCHES

Is pure recipe ka sequence yaad rakho: “**RAVI TANDOORI DELUXE COOKING BIRYANI**”

1■■ ROOTS (5)

C5, C6, C7, C8, T1 — ye sab back-end kitchen workers hain jo sab flavour supply karte hain.

2■■ TRUNKS (3)

- C5 + C6 → **Upper Trunk**

- C7 → **Middle Trunk**

- C8 + T1 → **Lower Trunk**

Trunks are like big masala containers — sab mix yahan se hota hai.

3■■ DIVISIONS (6)

Har trunk gives: **anterior division** (front-wali action) + **posterior division** (back-wali control).

Total = 6 divisions.

4■■ CORDS (3)

Yahan se asli gravy banti hai! They are named according to axillary artery:

- **Lateral Cord** (anterior divisions of upper + middle trunks)

- **Posterior Cord** (all posterior divisions) — sabka boss!

- **Medial Cord** (anterior division of lower trunk)

5■■ TERMINAL BRANCHES (5)

Ye final dish ke main flavors hain:

■ **Musculocutaneous Nerve** — biceps ka gym trainer, flexion master.

■ **Axillary Nerve** — deltoid ko superstar banata hai.

■ **Radial Nerve** — extension ka king: elbow, wrist, fingers — sab extend.

■ **Median Nerve** — fine movements, sensations, “lady finger touch nerve”.

■ **Ulnar Nerve** — funny bone wali tingling feeling + hand muscles ka artist.

■ Quick Masala Trick to Remember Cords & Branches

“**L M U – A R M**” (Lateral → Musculocutaneous, Medial → Ulnar, Posterior → Axillary + Radial + Median part shared)

■ Clinical Masala

- **Erb's Palsy** (C5–C6 injury) → Waiter's tip position.

- **Klumpke Palsy** (C8–T1 injury) → Claw hand.

Final Tadka: Brachial plexus = Ek dum Bollywood-level complex network. Agar yeh samajh liya toh upper limb anatomy toh chutkiyon mein samajh aa jayega!

– Siya ♥■

