

CALORIE CALCULATOR

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This is the url for the narrated video walkthrough of my app:

https://youtu.be/xY12Itm_1YY

Description

When the user opens the app, they see an introductory text at the top of the app. It describes to the user main functionalities of the app. These are calculating calories burned, seeing the equivalent reps/minutes for other exercises, and calculating reps/minutes from desired calories to burn.

For the first function, the user may select the desired exercise from a spinner and enter the number of reps/minutes for the exercise. If one of these has not been done when the user clicks the “Calculate Calories” button, an appropriate message will appear telling the user such. Else, pressing the “Calculate Calories” button will tell the user how many calories they burned performing the chosen exercise for the given number of reps/minutes.

For the second function, the user may again select the desired exercise from a spinner. If this has not been done when the user clicks the “Calculate Alternative” button, a message will appear telling the user such. If the first function was not yet performed when the user clicks the “Calculate Alternative” button, a message will appear telling the user to do the previous function first. If the chosen exercise is the same as the exercise chosen for the first function when the user clicks the “Calculate Alternative” button, a message will appear telling the user to select a different exercise for this function. Else, pressing the “Calculate Alternative” button will tell the user how many reps/minutes are needed with the alternative exercise to burn the same amount of calories calculated in the previous function.

For the third function, the user may enter the desired number of calories to burn and the exercise from a spinner. If one of these has not been done when the user clicks the “Calculate Amount” button, an appropriate message will appear telling the user such. Else, pressing the “Calculate Amount” button will tell the user how many reps/minutes are needed with the desired exercise to burn the given number of calories.

Calorie Calculator

Hello and welcome to the Calorie Calculator app. Here you can calculate the number of calories you have burned doing certain exercises. You can also determine how much of an alternative exercise you need to do to burn the same number of calories. As a bonus feature, you can enter the amount of calories you want to burn and calculate how much of certain exercises you have to do to burn that many calories!

Select your exercise: ▼

Enter number of reps/minutes: reps/minutes

CALCULATE CALORIES

Ready when you are.

You could have alternatively done: ▼

CALCULATE ALTERNATIVE

Ready when you are.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

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***CLICK**

Select your exercise:

Enter number of reps

Reps/minutes

Pushups

Situps

Squats

Leg-Lifts

Planking

Jumping Jacks

Pullups

Cycling

Walking

Jogging

Swimming

CALORIES

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you are.

Enter number of calo

You need to do:

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you are.

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Select your exercise:

Enter number of reps/minutes:

CALCULATE CALORIES

Ready when you are.

You could have alternatively done:

CALCULATE ALTERNATIVE

Ready when you are.

Enter number of calories:

You need to do:

CALCULATE AMOUNT

Ready when you are.

Pushups

Situps

Squats

Leg-Lifts

Planking

Jumping Jacks

Pullups

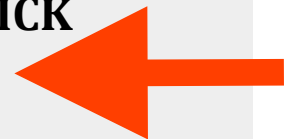
Cycling

Walking

Jogging

Swimming

***CLICK**



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Select your exercise:

Enter number of reps/minutes:

Pushups

Situps

Squats

Leg-Lifts

Planking

Jumping Jacks

Pullups

Cycling

Walking

Jogging

Swimming

Stair-Climbing

ENTER CALORIES

When you are.

one:

ENTER ALTERNATIVE

When you are.

Enter number of calories:

You need to do:

***CLICK**

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

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Select your exercise: ▼

Enter number of reps/minutes: reps/minutes

CALCULATE CALORIES

Ready when you are.

You could have alternatively done: Pushups ▼

***CLICK**

CALCULATE ALTERNATIVE

Please do the previous function first.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

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Select your exercise: ▼

Enter number of reps/minutes: reps/minutes

CALCULATE CALORIES

***CLICK**



Please select an exercise first.

You could have alternatively done: ▼

CALCULATE ALTERNATIVE

Ready when you are.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

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Select your exercise: Pushups ▼

Enter number of reps/minutes: reps/minutes

***CLICK**
CALCULATE CALORIES

Please input reps/minutes next.

You could have alternatively done: ▼

CALCULATE ALTERNATIVE

Ready when you are.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

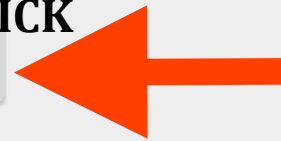
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Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

CALCULATE CALORIES

***CLICK**



You burned 28.6 calories.

You could have alternatively done: ▼

CALCULATE ALTERNATIVE

Ready when you are.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

Hello and welcome to the Calorie Calculator app. Here you can calculate the number of calories you have burned doing certain exercises. You can also determine how much of an alternative exercise you need to do to burn the same number of calories. As a bonus feature, you can enter the amount of calories you want to burn and calculate how much of certain exercises you have to do to burn that many calories!

Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

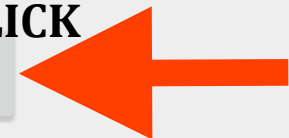
CALCULATE CALORIES

You burned 28.6 calories.

You could have alternatively done: ▼

CALCULATE ALTERNATIVE

***CLICK**



Please select an exercise first.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

Hello and welcome to the Calorie Calculator app. Here you can calculate the number of calories you have burned doing certain exercises. You can also determine how much of an alternative exercise you need to do to burn the same number of calories. As a bonus feature, you can enter the amount of calories you want to burn and calculate how much of certain exercises you have to do to burn that many calories!

Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

CALCULATE CALORIES

You burned 28.6 calories.

You could have alternatively done: Pushups ▼

***CLICK**

CALCULATE ALTERNATIVE

Please select a different exercise.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

Hello and welcome to the Calorie Calculator app. Here you can calculate the number of calories you have burned doing certain exercises. You can also determine how much of an alternative exercise you need to do to burn the same number of calories. As a bonus feature, you can enter the amount of calories you want to burn and calculate how much of certain exercises you have to do to burn that many calories!

Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

CALCULATE CALORIES

You burned 28.6 calories.

You could have alternatively done: Situps ▼

***CLICK**

CALCULATE ALTERNATIVE

for 57.2 reps.

Enter number of calories: calories

You need to do: ▼

CALCULATE AMOUNT

Ready when you are.

Calorie Calculator

Hello and welcome to the Calorie Calculator app. Here you can calculate the number of calories you have burned doing certain exercises. You can also determine how much of an alternative exercise you need to do to burn the same number of calories. As a bonus feature, you can enter the amount of calories you want to burn and calculate how much of certain exercises you have to do to burn that many calories!

Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

CALCULATE CALORIES

You burned 28.6 calories.

You could have alternatively done: Situps ▼

CALCULATE ALTERNATIVE

for 57.2 reps.

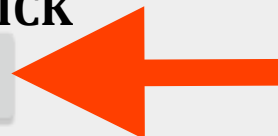
Enter number of calories: calories

You need to do: ▼

***CLICK**

CALCULATE AMOUNT

Please input calories first.



Calorie Calculator

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Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

CALCULATE CALORIES

You burned 28.6 calories.

You could have alternatively done: Situps ▼

CALCULATE ALTERNATIVE

for 57.2 reps.

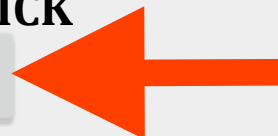
Enter number of calories: 200

You need to do: ▼

***CLICK**

CALCULATE AMOUNT

Please select an exercise next.



Calorie Calculator

Hello and welcome to the Calorie Calculator app. Here you can calculate the number of calories you have burned doing certain exercises. You can also determine how much of an alternative exercise you need to do to burn the same number of calories. As a bonus feature, you can enter the amount of calories you want to burn and calculate how much of certain exercises you have to do to burn that many calories!

Select your exercise: Pushups ▼

Enter number of reps/minutes: 100

CALCULATE CALORIES

You burned 28.6 calories.

You could have alternatively done: Situps ▼

CALCULATE ALTERNATIVE

for 57.2 reps.

Enter number of calories: 200

You need to do: Squats ▼

***CLICK**

CALCULATE AMOUNT

for 450.0 reps.

