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## Introduction

Finally, the last part of my notes on  $C^*$ -algebras and amenability as part of my Honors Thesis independent study. Specifically, I am going to focus more on the theory of  $C^*$ -algebras, discussing ideas such as amenability and nuclearity in  $C^*$ -algebras. There are a few central results I'm going to be working on understanding and proving: almost-invariant vectors, Kesten's criterion, Hulanicki's criterion, nuclearity, and the equivalence of  $C_\lambda^*(G)$  and  $C^*(G)$ .

I will be using a variety of sources more focused on amenability, including but not limited to Volker Runde's *Amenable Banach Algebras*, Kate Juschenko's *Amenability of Discrete Groups by Examples*, and Brown and Ozawa's  *$C^*$ -Algebras and Finite-Dimensional Approximations*.

## Review: Representations, the Reduced Group $C^*$ -Algebra, and the Universal Group $C^*$ -Algebra

### Left-Regular Representation

Let  $\Gamma$  be a group. Consider the space  $\ell_2(\Gamma)$ . For every  $s \in \Gamma$ , we define the operator

$$\lambda_s(\xi)(t) = \xi(s^{-1}t).$$

The map is linear, well-defined, and an isometry, as

$$\begin{aligned} \|\lambda_s(\xi)\|^2 &= \sum_{t \in \Gamma} |\lambda_s(\xi)(t)|^2 \\ &= \sum_{t \in \Gamma} |\xi(s^{-1}t)|^2 \\ &= \sum_{r \in \Gamma} |\xi(r)|^2 \\ &= \|\xi\|^2. \end{aligned}$$

Additionally, each  $\lambda_s$  admits an inverse,  $\lambda_{s^{-1}} = \lambda_s^*$ . Applying to the orthonormal basis  $\{\delta_t\}_{t \in \Gamma}$ , we get

$$\lambda_s(\delta_t) = \delta_{st}.$$

Thus,  $\lambda_s \circ \lambda_r = \lambda_{sr}$ , and we have the unitary representation of  $\Gamma$ ,  $\lambda: \Gamma \rightarrow \mathcal{U}(\ell_2(\Gamma))$ , where  $\lambda(s) = \lambda_s$ , for  $s \in \Gamma$ . This is the left-regular representation of  $\Gamma$ .

Note that the left regular representation is a faithful representation, hence injective.

Because the  $\lambda$  operator is linear, we may extend it to the case of any positive finitely supported function,

$$\begin{aligned}\lambda_f(\xi)(t) &= \left( \sum_{s \in \Gamma} f(s) \lambda_s(\xi) \right)(t) \\ &= \sum_{s \in \Gamma} f(s) \xi(s^{-1}t)\end{aligned}$$

Note that the space of finitely supported functions on  $\Gamma$ ,  $\mathbb{C}[\Gamma]^I$  is a  $*$ -algebra, where multiplication is given by convolution:

$$\begin{aligned}f * g(t) &= \sum_{s \in \Gamma} f(s) g(s^{-1}t) \\ &= \sum_{r \in \Gamma} f(tr^{-1}) g(r).\end{aligned}$$

Note that we are using  $*$  both to refer to the involution (when as a superscript) as well as the group operation (when not a superscript). This is to maintain coherence with the traditional way that convolution is written. The involution on  $\mathbb{C}[\Gamma]$  is given by

$$f^*(t) = \overline{f(t^{-1})}.$$

## A Bit on Representations and $C^*$ -(Semi)norms

A  $C^*$ -seminorm on a  $*$ -algebra is a seminorm such that defined by

- $\|ab\| \leq \|a\| \|b\|$ ;
- $\|a^*\| = \|a\|$ ;
- $\|a^*a\| = \|a\|^2$ .

If  $A_0$  is a  $*$ -algebra, then a representation of  $A_0$  is a pair  $(\pi_0, \mathcal{H})$ , where  $\mathcal{H}$  is a Hilbert space and  $\pi: A_0 \rightarrow \mathcal{B}(\mathcal{H})$  is a  $*$ -homomorphism.

Additionally, if  $A_0$  is a  $*$ -algebra with representation  $\pi_0$ , then we have  $C^*$ -seminorm

$$\|a\|_{\pi_0} = \|\pi_0(a)\|_{\text{op}}.$$

If  $\pi_0$  is injective, then  $\|\cdot\|_{\pi_0}$  is a  $C^*$ -norm. If  $\pi_0$  is a  $C^*$ -norm, then the completion of  $A_0$  with respect to  $\|\cdot\|_{\pi_0}$  is a  $C^*$ -algebra.

The universal norm on  $A_0$  is defined as

$$\|a\|_{\mathfrak{u}} = \sup_{p \in \mathcal{P}} p(a),$$

where  $\mathcal{P}$  is the collection of all  $C^*$ -seminorms on  $A_0$ . If  $\|a\|_{\mathfrak{u}} < \infty$  for all  $a \in A_0$ , then  $\|\cdot\|_{\mathfrak{u}}$  is a  $C^*$ -seminorm on  $A_0$ . Note that if one of  $p \in \mathcal{P}$  is a norm, then  $\|\cdot\|_{\mathfrak{u}}$  defines a  $C^*$ -norm on  $A_0$ .

If we have the unitary representation  $\mathfrak{u}: \mathbb{C}[\Gamma] \rightarrow \mathcal{B}(\mathcal{H})$ , then

$$\pi_{\mathfrak{u}}(a) = \sum_{s \in \Gamma} \mathfrak{u}_s$$

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<sup>1</sup>Also known as the free vector space over  $\mathbb{C}$  with basis  $\Gamma$ .

is a representation of  $\mathbb{C}[\Gamma]$ . If  $\lambda: \Gamma \rightarrow \mathcal{U}(\ell_2(\Gamma))$  is the left-regular representation, then the left-regular group  $C^*$ -algebra is the group  $*$ -algebra with  $C^*$ -norm defined by  $\|a\| = \|\pi_\lambda(a)\|$ .

The universal group  $C^*$ -algebra is defined as the norm completion of

$$\|a\|_{\max} = \sup \left\{ \|\pi(a)\|_{\text{op}} \mid \pi: \mathbb{C}[\Gamma] \rightarrow \mathcal{B}(\mathcal{H}_\pi) \text{ is a representation} \right\}.$$

Note that

$$\begin{aligned} \|\pi(a)\| &= \left\| \pi \left( \sum_{s \in \Gamma} a_s \delta_s \right) \right\| \\ &= \left\| \sum_{s \in \Gamma} a_s \pi(\delta_s) \right\| \\ &\leq \sum_{s \in \Gamma} \|a_s \pi(\delta_s)\| \\ &= \sum_{s \in \Gamma} |a_s|. \end{aligned}$$

Note that since  $\|\cdot\|_\lambda$  is a norm, we must have  $a = 0$  if and only if  $\|a\|_{\max} = 0$ . The full group  $C^*$ -algebra admits a universal property.

**Proposition:** Let  $\Gamma$  be a discrete group. If  $u: \Gamma \rightarrow \mathcal{B}(\mathcal{H})$ , then there is a contractive  $*$ -homomorphism  $\pi_u: C^*(\Gamma) \rightarrow \mathcal{B}(\mathcal{H})$  that satisfies  $\pi_u(\delta_s) = u(s)$ .

## Using the Left-Regular Representation to Establish Amenability

If  $\pi: \Gamma \rightarrow \mathcal{U}(\mathcal{H})$  is a unitary representation of  $\Gamma$ , then a vector  $\xi \in \mathcal{H}$  is called invariant for  $\pi$  if  $\pi(g)(\xi) = \xi$  for all  $g \in \Gamma$ .

**Proposition:** The left-regular representation for  $\Gamma$  admits an invariant vector if and only if  $\Gamma$  is finite.

*Proof.* Let  $\Gamma$  be finite. Since  $\Gamma$  is finite, all functions  $a: \Gamma \rightarrow \mathbb{C}$  are square-summable. Thus,  $\xi = \mathbb{1}_\Gamma$  is square-summable, and since  $s\Gamma = \Gamma$  for all  $s \in \Gamma$ , we have  $\mathbb{1}_\Gamma$  is invariant for  $\lambda$ .

Now, let  $\lambda: \Gamma \rightarrow \mathcal{U}(\ell_2(\Gamma))$  be the left-regular representation, and suppose there is  $\xi \in \ell_2(\Gamma)$  such that for all  $s \in \Gamma$ , we have

$$\lambda_s(\xi) = \xi.$$

In particular, this means that for any  $t \in \Gamma$ , we have

$$\begin{aligned} \lambda_s(\xi)(t) &= \xi(s^{-1}t) \\ &= \xi(t). \end{aligned}$$

Since this holds for all  $s \in \Gamma$ , we have that  $\xi = c\mathbb{1}_\Gamma$  for some  $c \in \mathbb{C}$ . However, since  $\xi \in \ell_2(\Gamma)$ , we must have that  $\sum_{t \in \Gamma} |c|^2 < \infty$ , which only holds if  $\Gamma$  is finite.  $\square$

An almost-invariant vector for a representation  $\pi: \Gamma \rightarrow \mathcal{U}(\ell_2(\Gamma))$ , as the name suggests,<sup>II</sup> a sequence (or net) of unit vectors  $(\xi_i)_{i \in I}$  such that

$$\lim_{i \in I} \|\pi(g)(\xi_i) - \xi_i\| = 0.$$

<sup>II</sup>I'm only mostly being facetious here.

**Theorem:** A group  $\Gamma$  is amenable if and only if the left-regular representation has an almost-invariant vector.

*Proof.* Let  $\Gamma$  be amenable, and let  $F_i$  be a Følner sequence, where  $\frac{|sF_i \Delta F_i|}{|F_i|} \rightarrow 0$  for all  $s \in \Gamma$ .

Define  $\xi_i = \frac{1}{\sqrt{|F_i|}} \mathbb{1}_{F_i}$ . Then,

$$\begin{aligned} \|\lambda_s(\xi_i) - \xi_i\|^2 &= \sum_{t \in \Gamma} |\lambda_s(\xi_i)(t) - \xi_i(t)|^2 \\ &= \sum_{t \in \Gamma} \left| \lambda_s \left( \frac{1}{\sqrt{|F_i|}} \mathbb{1}_{F_i} \right)(t) - \frac{1}{\sqrt{|F_i|}} \mathbb{1}_{F_i}(t) \right|^2 \\ &= \sum_{t \in \Gamma} \left| \frac{1}{\sqrt{|F_i|}} \mathbb{1}_{sF_i}(t) - \frac{1}{\sqrt{|F_i|}} \mathbb{1}_{F_i}(t) \right|^2 \\ &= \frac{|sF_i \Delta F_i|}{|F_i|}. \end{aligned}$$

Thus,  $\lambda$  has an almost-invariant vector.

Suppose there exists an almost-invariant vector  $(\xi_i)_i \in \ell_2(\Gamma)$ . It is sufficient to construct an approximate mean. Since  $\xi_i \in \ell_2(\Gamma)$ , we have that  $\xi_i^2 \in \ell_1(\Gamma)$ . Setting  $\mu_i = \xi_i^2$ , we plug this into the expression for an approximate mean, and obtain

$$\begin{aligned} \|\lambda_s(\mu_i) - \mu_i\|_{\ell_1} &= \sum_{t \in \Gamma} \left| \lambda_s(\xi_i^2)(t) - \xi_i^2(t) \right| \\ &= \sum_{t \in \Gamma} |(\lambda_s(\xi_i)(t) - \xi_i(t))(\lambda_s(\xi_i)(t) + \xi_i(t))| \\ &= \|(\lambda_s(\xi_i) - \xi_i)(\lambda_s(\xi_i) + \xi_i)\|_{\ell_1} \\ &\leq \|\lambda_s(\xi_i) - \xi_i\|_{\ell_2} \|\lambda_s(\xi_i) + \xi_i\|_{\ell_2} \\ &\leq 2\|\lambda_s(\xi_i) - \xi_i\|_{\ell_2} \\ &\rightarrow 0. \end{aligned}$$

Thus,  $\mu_i$  is an approximate mean. □

Using the criterion of almost invariant vectors, we may show that a group is amenable if and only if the trivial representation — defined by  $1_\Gamma: \Gamma \rightarrow \mathbb{C}, 1_\Gamma(g) = 1$  is what is known as weakly contained in the left-regular representation.

A representation  $\pi: \Gamma \rightarrow \mathcal{U}(\mathcal{H})$  is weakly contained in another representation  $\rho: \Gamma \rightarrow \mathcal{U}(\mathcal{H})$ , denoted  $\pi < \rho$ , if for every  $\xi \in \mathcal{H}$ , finite  $E \subseteq \Gamma$ , and  $\varepsilon > 0$ , then there are  $\eta_1, \dots, \eta_n \in \mathcal{H}$  such that

$$\left| \langle \pi(g)(\xi), \xi \rangle - \sum_{i=1}^n \langle \rho(g)(\eta_i), \eta_i \rangle \right| < \varepsilon.$$

**Theorem:** A discrete group  $\Gamma$  is amenable if and only if  $1_\Gamma < \lambda$ , where  $\lambda$  is the left-regular representation.

*Proof.* We show that  $1_\Gamma < \lambda$  is equivalent to the existence of an almost invariant vector for  $\lambda$ . We assume  $\lambda$  admits an almost-invariant vector. It is sufficient to show that for every  $\varepsilon > 0$  and every finite set  $E \subseteq \Gamma$ , there are  $\eta_1, \dots, \eta_n \in \ell_2(\Gamma)$  such that

$$\left| 1 - \sum_{i=1}^n \langle \lambda_t(\eta_i), \eta_i \rangle \right| < \varepsilon$$

for every  $t \in E$ . If we take  $n = 1$  and  $\eta_1 = \xi$ , where  $\xi$  is almost-invariant for all  $g \in E$  — i.e.,  $\|\lambda_g(\xi) - \xi\|_{\ell_2} < \varepsilon$  for all  $g \in E$ . Note that we have

$$\begin{aligned} \|\lambda_g(\xi) - \xi\|^2 &= \langle \lambda_g(\xi) - \xi, \lambda_g(\xi) - \xi \rangle \\ &= \langle \lambda_g(\xi), \lambda_g(\xi) \rangle + \langle \xi, \xi \rangle - 2 \operatorname{Re}(\langle \lambda_g(\xi), \xi \rangle) \\ &= 2 - 2 \operatorname{Re}(\langle \lambda_g(\xi), \xi \rangle) \\ &= 2 \operatorname{Re}(1 - \langle \lambda_g(\xi), \xi \rangle) \\ &\leq 2|1 - \langle \lambda_g(\xi), \xi \rangle|. \end{aligned}$$

Additionally,

$$\begin{aligned} |1 - \langle \lambda_g(\xi), \xi \rangle|^2 &= (1 - \langle \lambda_g(\xi), \xi \rangle)(1 - \overline{\langle \lambda_g(\xi), \xi \rangle}) \\ &= 1 - \overline{\langle \lambda_g(\xi), \xi \rangle} - \langle \lambda_g(\xi), \xi \rangle + |\langle \lambda_g(\xi), \xi \rangle|^2 \\ &\leq 2 - 2 \operatorname{Re}(\langle \lambda_g(\xi), \xi \rangle) \\ &= \|\lambda_g(\xi) - \xi\|^2. \end{aligned}$$

Thus, we have that

$$|1 - \langle \lambda_g(\xi), \xi \rangle| \leq \|\lambda_g(\xi) - \xi\| < \varepsilon.$$

We start by showing that  $1_\Gamma < \lambda$  if and only if for every finite  $S \subseteq \Gamma$  and every  $\varepsilon > 0$ , there exists a unit vector  $\xi \in \mathcal{H}$  such that

$$\|\lambda_s(\xi) - \xi\|_{\ell_2} < \varepsilon.$$

In the forward direction, we see that there exists a unit vector  $\xi$  such that  $|1 - \langle \lambda_s(\xi), \xi \rangle| < \varepsilon^2/2$ , meaning  $\|\lambda_s(\xi) - \xi\| < \varepsilon$  by above. Similarly, if  $\|\lambda_s(\xi) - \xi\| < \varepsilon$ , then  $1_\Gamma < \lambda$ .

Now, we assume  $1_\Gamma < \lambda$ . Thus, for a finite  $E \subseteq \Gamma$  and  $\varepsilon > 0$ , then there exists  $f \in \ell_2(\Gamma)$  with  $\|f\|_{\ell_2} = 1$  such that  $\|\lambda_s(f) - f\| < \varepsilon$  for all  $s \in E$ .

Setting  $g = |f|^2$ , we have  $g \in \ell_1(\Gamma)$ . From Hölder's inequality, we have

$$\begin{aligned} \|\lambda_s(g) - g\|_{\ell_1} &\leq \left\| \lambda_s\left(\frac{f}{\|f\|_{\ell_2}}\right) + \frac{f}{\|f\|_{\ell_2}} \right\|_{\ell_2} \|\lambda_s(f) - f\| \\ &\leq 2\|\lambda_s(f) - f\|_{\ell_2} \\ &< 2\varepsilon. \end{aligned}$$

Thus,  $\Gamma$  admits an approximate mean, hence is amenable.  $\square$

Having obtained some more resources on Kesten's criterion, we can now prove that.

**Definition.** Let  $\lambda: \Gamma \rightarrow \mathcal{B}(\ell_2(\Gamma))$  be the left-regular representation. Then, for a finite set  $E \subseteq \Gamma$ , we define the Markov operator  $M(E)$  by

$$M(E) = \sum_{t \in E} \lambda_t.$$

Note that since  $\lambda_t$  is an isometry for each  $t$ , we have

$$\|M(E)\|_{\text{op}} = \left\| \frac{1}{|E|} \sum_{t \in E} \lambda_t \right\|_{\text{op}}$$

$$\begin{aligned}
&= \frac{1}{|E|} \left\| \sum_{t \in E} \lambda_t \right\|_{\text{op}} \\
&\leq \frac{1}{|E|} \sum_{t \in E} \|\lambda_t\|_{\text{op}} \\
&= 1,
\end{aligned}$$

so the Markov operator is a bounded operator (indeed, a contraction).

**Theorem (Kesten's Criterion):** Let  $\Gamma$  contain a finite symmetric generating set  $S$ . Then,  $\Gamma$  is amenable if and only if

$$\|M(S)\|_{\text{op}} = 1.$$

*Proof.* Let  $\Gamma$  be amenable. Then,  $\lambda$  admits an almost-invariant vector,  $(\xi_n)_n \subseteq S_{\ell_2(\Gamma)}$ , such that

$$\|\lambda_s(\xi_n) - \xi_n\|_{\ell_2} \rightarrow 0$$

for all  $s \in \Gamma$ . In particular, we have

$$\begin{aligned}
\left| \left\| \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi_n) \right\|_{\ell_2} - \|\xi_n\|_{\ell_2} \right| &\leq \left\| \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi_n) - \xi_n \right\|_{\ell_2} \\
&= \frac{1}{|S|} \left\| \left( \sum_{t \in S} \lambda_t \right) (\xi_n) - |S| \xi_n \right\|_{\ell_2} \\
&\leq \frac{1}{|S|} \sum_{t \in S} \|\lambda_t(\xi_n) - \xi_n\|_{\ell_2} \\
&\rightarrow 0,
\end{aligned}$$

meaning that

$$\sup_{\xi \in S_{\ell_2(\Gamma)}} \left\| \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi) \right\| = \|\xi\|,$$

and so the norm of the Markov operator is 1.

Suppose

$$\left\| \frac{1}{|S|} \sum_{t \in S} \lambda_t \right\|_{\text{op}} = 1,$$

or

$$\left\| \sum_{t \in S} \lambda_t \right\|_{\text{op}} = |S|.$$

**Proposition:** If  $T \in \mathcal{B}(\mathcal{H})$  is a self-adjoint operator, then

$$\|T\|_{\text{op}} = \sup_{x \in S_{\mathcal{H}}} |\langle T(x), x \rangle|.$$

*Proof.* We have that

$$|\langle T(x), x \rangle| \leq \|T(x)\| \|x\|$$

$$\begin{aligned} &\leq \|T\|_{\text{op}} \|x\|^2 \\ &= \|T\|_{\text{op}}. \end{aligned}$$

Now, we seek to establish the opposite direction. Note that since  $T$  is self-adjoint, we know that  $\langle T(x), x \rangle \in \mathbb{R}$  for any  $x \in \mathcal{H}$ , so by the polarization identity, we have that

$$\langle T(x), y \rangle = \frac{1}{4}(\langle T(x+y), x+y \rangle - \langle T(x-y), x-y \rangle).$$

Note that we know that

$$\|T\|_{\text{op}} = \sup_{x, y \in S_{\mathcal{H}}} |\langle T(x), y \rangle|.$$

Now, we set  $\alpha = \sup_{x \in S_{\mathcal{H}}} |\langle T(x), x \rangle|$ . Note that for any nonzero  $x \in \mathcal{H}$ , we have

$$\begin{aligned} \left| \left\langle T\left(\frac{x}{\|x\|}\right), \frac{x}{\|x\|} \right\rangle \right| &\leq \alpha \\ |\langle T(x), x \rangle| &\leq \alpha \|x\|^2. \end{aligned}$$

Now, for any  $x, y \in \mathcal{H}$ , we may assume that  $\langle T(x), y \rangle \in \mathbb{R}$ , as we may multiply  $\langle T(x), y \rangle$  by  $\text{sgn}(\langle T(x), y \rangle)$ . Thus, by the polarization identity and the fact that  $T$  is self-adjoint, we have

$$\begin{aligned} \langle T(x), y \rangle &= \frac{1}{4}(\langle T(x+y), x+y \rangle - \langle T(x-y), x-y \rangle) \\ |\langle T(x), y \rangle| &= \left| \frac{1}{4}(\langle T(x+y), x+y \rangle - \langle T(x-y), x-y \rangle) \right| \\ &\leq \frac{1}{4}(|\langle T(x+y), x+y \rangle| + |\langle T(x-y), x-y \rangle|) \\ &\leq \frac{\alpha}{4}(\|x+y\|^2 + \|x-y\|^2) \\ &= \frac{\alpha}{4}(2\|x\|^2 + 2\|y\|^2) \\ &= \alpha. \end{aligned}$$

Thus, we have  $\|T\|_{\text{op}} \leq \sup_{x \in S_{\mathcal{H}}} |\langle T(x), x \rangle|$ . □

Now, since  $S$  is symmetric, we have that  $M(S)$  is self-adjoint. Therefore, we know that there is some  $\xi_n \in S_{\mathcal{H}}$  such that

$$\begin{aligned} 1 - \frac{1}{n} &< \left\langle \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi_n), \xi_n \right\rangle \\ &\leq \left\langle \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (|\xi_n|), |\xi_n| \right\rangle. \end{aligned}$$

Thus, rearranging, we have

$$1 - \left\langle \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (|\xi_n|), |\xi_n| \right\rangle < \frac{1}{n}.$$

Since  $M(S)$  is a self-adjoint operator, we have that  $\text{Re} \left( \left\langle \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi_n), \xi_n \right\rangle \right) = \left\langle \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi_n), \xi_n \right\rangle$ . This gives

$$\left\| \left( \frac{1}{|S|} \sum_{t \in S} \lambda_t \right) (\xi) - \xi \right\| \leq \frac{1}{|S|} \sum_{t \in S} \|\lambda_t(\xi) - \xi\|$$

$$\begin{aligned}
&\leq \frac{1}{|S|} \sum_{t \in S} \sqrt{2} |1 - \langle \lambda_t(\xi), \xi \rangle| \\
&= \sqrt{2} \left| 1 - \frac{1}{|S|} \sum_{t \in S} \langle \lambda_t(\xi), \xi \rangle \right| \\
&\rightarrow 0.
\end{aligned}$$

Thus,  $\lambda$  admits an almost-invariant vector. □

Next, we turn to Hulanicki's Criterion.

**Definition.** Let  $f \in \ell_1(\Gamma)$ . Then, we define the bounded operator

$$\lambda_{f(t)} = \sum_{t \in \Gamma} f(t) \lambda_t.$$

**Theorem:** If  $\Gamma$  is a discrete group, then  $\Gamma$  is amenable if and only if for every positive finitely-supported  $f: \Gamma \rightarrow \mathbb{C}$ , we have

$$\sum f(t) \leq \|\lambda_{f(t)}\|_{\text{op}}.$$

*Proof.* Suppose  $\Gamma$  is amenable. Let  $f \geq 0$  be a finitely supported function, and let  $(F_n)_n$  be a Følner sequence such that for every  $g \in \text{supp}(f)$ , we have

$$\frac{|g F_n \Delta F_n|}{|F_n|} \leq \frac{1}{n}.$$

Let  $\xi_n = \frac{1}{\sqrt{|F_n|}} \mathbb{1}_{F_n}$ . Note that  $\|\xi_n\|_{\ell_2} = 1$ .

We will use the fact that

$$\sup_{x \in S_{\mathcal{H}}} |\langle T(x), x \rangle| \leq \|T\|_{\text{op}}.$$

We see that

$$\begin{aligned}
\left| \left\langle \left( \sum_{t \in \Gamma} f(t) \lambda_t \right) (\xi_n), \xi_n \right\rangle \right| &= \left| \sum_{t \in \Gamma} f(t) \langle \lambda_t(\xi_n), \xi_n \rangle \right| \\
&= \left| \sum_{t, s \in \Gamma} f(t) \xi_n(t^{-1}s) \xi_n(s) \right| \\
&\leq \|\lambda_{f(t)}\|,
\end{aligned}$$

meaning

$$\lim_{n \rightarrow \infty} \left| \left\langle \left( \sum_{t \in \Gamma} f(t) \lambda_t \right) (\xi_n), \xi_n \right\rangle \right| \leq \|\lambda_{f(t)}\|.$$

Notice that  $\xi_n$  is an almost-invariant vector for  $\lambda$ , meaning that  $\xi_n(t^{-1}s) \rightarrow \xi_n(s)$ . Therefore, this means

$$\begin{aligned}
\lim_{n \rightarrow \infty} \left| \sum_{t, s \in \Gamma} f(t) \xi_n(t^{-1}s) \xi_n(s) \right| &= \lim_{n \rightarrow \infty} \left| \sum_{t, s \in \Gamma} f(t) |\xi_n(s)|^2 \right| \\
&= \sum_{t \in \Gamma} f(t) \left| \sum_{s \in \Gamma} |\xi_n(s)|^2 \right|
\end{aligned}$$



$$\begin{aligned}
&= \sum_{t \in \Gamma} f(t) \\
&\leq \|\lambda_{f(t)}\|_{\text{op}}.
\end{aligned}$$

This establishes that there is some  $C > 0$  such that

$$\sum_{t \in \Gamma} f(t) \leq C \|\lambda_{f(t)}\|_{\text{op}}.$$

To show that  $C = 1$ , we note that, by the definition of convolution, we must have

$$\left( \sum_{t \in \Gamma} f(t) \right)^n = \sum_{t \in \Gamma} (f * \dots * f)(t),$$

and

$$\begin{aligned}
(\lambda_{f(t)})^n &= \left( \sum_{t \in \Gamma} f(t) \lambda_t \right)^n \\
&= \sum_{t \in \Gamma} (f * \dots * f)(t) \lambda_t \\
&= \lambda_{(f * \dots * f)(t)}.
\end{aligned}$$

Thus, we have

$$\begin{aligned}
\left( \sum_{t \in \Gamma} f(t) \right)^n &= \sum_{t \in \Gamma} (f * \dots * f)(t) \\
&\leq C \|\lambda_{(f * \dots * f)(t)}\| \\
&= C \left( \|\lambda_{f(t)}\|_{\text{op}} \right)^n.
\end{aligned}$$

This means we have

$$\sum_{t \in \Gamma} f(t) \leq C^{1/n} \|\lambda_{f(t)}\|_{\text{op}}.$$

Since  $n$  is arbitrary, this means  $C = 1$ .

Now, if for all finitely supported  $f$ , we have

$$\sum_{t \in \Gamma} f(t) \leq \|\lambda_{f(t)}\|_{\text{op}}.$$

If  $f = \mathbb{1}_E$  for some finite  $E \subseteq \Gamma$ , we see that

$$\left\| \sum_{t \in E} \lambda_t \right\|_{\text{op}} = |E|,$$

so by Kesten's criterion, we have that  $\Gamma$  is amenable. □

## Completely [Property] Maps

We begin this section with an overview of positive maps, completely positive maps, and extensions. These will be useful for understanding the theorem that a group is amenable if and only if the reduced group

$C^*$ -algebra is nuclear. The ultimate goal here is to prove Arveson's extension theorem (i.e., that  $\mathcal{B}(\mathcal{H})$  is injective with respect to completely positive maps). The primary text for this purpose will be Vern Paulsen's *Completely Bounded Maps and Operator Algebras*.

The idea behind completely positive maps is that they are positive when subjected to a certain amplification process related to the matrix algebras.

**Definition.** An element of a  $C^*$ -algebra is positive if and only if it is self-adjoint and its spectrum is contained in the nonnegative reals. Alternatively,  $b \in A$  is of the form  $b = a^*a$  for some  $a \in A$ .

To introduce a norm such that  $\text{Mat}_n(A)$  becomes a  $C^*$ -algebra, we begin with the most basic  $C^*$ -algebra,  $\mathcal{B}(\mathcal{H})$ , and consider the  $n$ -fold amplification of  $\mathcal{H}$ ,  $\mathcal{H}^{(n)}$ . This is a Hilbert space equipped with inner product

$$\left\langle \begin{pmatrix} h_1 \\ \vdots \\ h_n \end{pmatrix}, \begin{pmatrix} k_1 \\ \vdots \\ k_n \end{pmatrix} \right\rangle = \sum_{j=1}^n \langle h_j, k_j \rangle.$$

Meanwhile, we may consider  $\text{Mat}_n(\mathcal{B}(\mathcal{H}))$  as a linear map on  $\mathcal{H}^{(n)}$ , by taking

$$(T_{ij})_{ij} = \begin{pmatrix} \sum_{j=1}^n T_{1j}(h_j) \\ \vdots \\ \sum_{j=1}^n T_{nj}(h_j) \end{pmatrix}.$$

This yields a  $*$ -isomorphism between  $\text{Mat}_n(\mathcal{B}(\mathcal{H}))$  and  $\mathcal{B}(\mathcal{H}^{(n)})$ .

Given any  $C^*$ -algebra  $A$ , we may theorize  $\text{Mat}_n(A)$  by first isometrically representing  $A$  on some Hilbert space  $\mathcal{H}$ , letting  $A$  be a  $C^*$ -subalgebra of  $\mathcal{B}(\mathcal{H})$ , and then identifying  $\text{Mat}_n(A)$  as a  $*$ -subalgebra of  $\text{Mat}_n(\mathcal{B}(\mathcal{H}))$ .

Using a faithful  $*$ -representation of  $A$ , we now have a way to turn  $\text{Mat}_n(A)$  into a  $C^*$ -algebra. However, since the norm is unique on a  $C^*$ -algebra, the norm on  $\text{Mat}_n(A)$  defined in this fashion is independent of the representation of  $A$  that we choose. Furthermore, since  $*$ -isomorphisms are positive maps, the positive elements of  $\text{Mat}_n(A)$  are uniquely determined. This means that every  $C^*$ -algebra carries with it a set of canonically defined norms and orders on each  $\text{Mat}_n(A)$ .

For example, consider  $\text{Mat}_k(\mathbb{C})$ , which can be identified with  $\mathcal{L}(\mathbb{C}^k)$ . We identify  $\text{Mat}_n(\text{Mat}_k(\mathbb{C})) \cong \text{Mat}_{nk}(\mathbb{C})$ . With this identification, the usual multiplication and involution on  $\text{Mat}_n(\text{Mat}_k(\mathbb{C}))$  become multiplication and involution on  $\text{Mat}_{nk}(\mathbb{C})$ .

Now, let  $X$  be a compact Hausdorff space, and let  $C(X)$  be the  $C^*$ -algebra of continuous functions with  $f^*(x) = \overline{f(x)}$ , equipped with the norm  $\|f\| = \sup_{x \in X} |f(x)|$ . Then, an element  $F = (f_{ij})_{ij}$  of  $\text{Mat}_n(C(X))$  can be considered as a continuous  $\text{Mat}_n(\mathbb{C})$ -valued function. Addition, multiplication, and involution in  $\text{Mat}_n(C(X))$  are pointwise. Recalling that the norm on  $\text{Mat}_n(C(X))$  is unique, we may let  $\|F\| = \sup_{x \in X} \|F(x)\|$ , where the latter norm is the canonical matrix norm on  $\text{Mat}_n(C(X))$ . The positive elements of  $\text{Mat}_n(C(X))$  are those  $F$  for which  $F(x)$  is a positive matrix for all  $x$ .

Now, given two  $C^*$ -algebras  $A$  and  $B$  and a map  $\phi: A \rightarrow B$ , there are maps  $\phi_n: \text{Mat}_n(A) \rightarrow \text{Mat}_n(B)$ , given by

$$\phi_n((a_{ij})_{ij}) = (\phi(a_{ij}))_{ij}.$$

In general, when we say that  $\phi$  is completely [property], then we say that all the  $\phi_n$  have that property. For instance, if  $\phi$  is positive, in that it maps positive elements of  $A$  to positive elements of  $B$ , then we say

$\phi$  is completely positive if  $\phi_n$  is a positive map for each  $n$ , where the positive elements of  $\text{Mat}_n(A)$  and  $\text{Mat}_n(B)$  are defined canonically.

Unfortunately, it's not always the case that (e.g.) positive maps are completely positive, or even that  $\|\phi_n\|_{\text{op}} = \|\phi\|_{\text{op}}$  for each  $n$ .

There is an isomorphism between  $\text{Mat}_n(A)$  and the tensor product  $\text{Mat}_n(\mathbb{C}) \otimes A$ . We detail it here. The proof is from Timothy Rainone's *Functional Analysis-En Route to Operator Algebras*.

**Theorem:** Let  $A$  be an algebra, and let  $\text{Mat}_n(A)$  denote the matrix algebra of  $A$ . Then, there is a  $*$ -isomorphism

$$\text{Mat}_n(A) \cong \text{Mat}_n(\mathbb{C}) \otimes A.$$

*Proof.* Define  $\varphi: \text{Mat}_n(A) \rightarrow \text{Mat}_n(\mathbb{C}) \otimes A$  by

$$\varphi\left((a_{ij})_{ij}\right) = \sum_{i,j=1}^n e_{ij} \otimes a_{ij}.$$

Recall that if  $A$  and  $B$  are two algebras, multiplication in  $A \otimes B$  is defined by

$$(a \otimes b)(c \otimes d) = ac \otimes bd,$$

and if  $A$  and  $B$  are  $*$ -algebras, then the involution is defined by

$$(a \otimes b)^* = a^* \otimes b^*.$$

We start by showing that  $\text{Mat}_n(A) \cong \text{Mat}_n(\mathbb{C}) \otimes A$  as vector spaces. By the definition of the tensor product, the map  $\varphi$  is linear.

Now, suppose

$$\begin{aligned} \varphi\left((a_{ij})_{ij}\right) &= \sum_{i,j=1}^n e_{ij} \otimes a_{ij} \\ &= 0. \end{aligned}$$

Then, since  $\{e_{ij}\}_{ij}$  is linearly independent, we know that  $a_{ij} = 0$  for all  $i, j$ , so  $(a_{ij})_{ij} = 0$ , so  $\varphi$  is injective.

Now, let  $t \in \text{Mat}_n(\mathbb{C}) \otimes A$  be given by

$$t = \sum_k m_k \otimes a_k,$$

where  $m_k \in \text{Mat}_n(\mathbb{C})$  and  $a_k \in A$ . Then, using the matrix units, we write each  $m_k$  as

$$m_k = \sum_{i,j=1}^n m_k(i,j)e_{ij}.$$

This gives

$$\begin{aligned} t &= \sum_k \left( \sum_{i,j=1}^n m_k(i,j)e_{ij} \right) \otimes a_k \\ &= \sum_{i,j=1}^n e_{ij} \otimes \left( \sum_k m_k(i,j)a_k \right). \end{aligned}$$

Defining  $a_{ij} := \sum_k m_k(i, j)a_k$ , we get

$$t = \sum_{i,j=1}^n e_{ij} \otimes a_{ij},$$

meaning that

$$\varphi\left((x_{ij})_{ij}\right) = t.$$

Thus,  $\varphi$  is surjective.

We will show now that  $\varphi$  is multiplicative and  $*$ -preserving. If  $(a_{ij})_{ij}$  and  $(b_{ij})_{ij}$  belong to  $\text{Mat}_n(A)$ .

$$\begin{aligned} \varphi((a_{ik})_{ik})\varphi((b_{lj})_{lj}) &= \left(\sum_{i,k=1}^n e_{ik} \otimes a_{ik}\right)\left(\sum_{l,j=1}^n e_{lj} \otimes b_{lj}\right) \\ &= \sum_{i,j,k,l=1}^n (e_{ik} \otimes a_{ik})(e_{lj} \otimes b_{lj}) \\ &= \sum_{i,j,k,l=1}^n e_{ik}e_{lj} \otimes a_{ik}b_{lj} \\ &= \sum_{i,j,k=1}^n e_{ik}e_{kj} \otimes a_{ik}b_{kj} \\ &= \sum_{ij,k=1}^n e_{ij} \otimes a_{ik}b_{kj} \\ &= \sum_{i,j=1}^n e_{ij} \otimes \left(\sum_{k=1}^n a_{ik}b_{kj}\right) \\ &= \varphi\left(\left(\sum_{k=1}^n a_{ik}b_{kj}\right)_{ij}\right) \\ &= \varphi((a_{ij})_{ij}(b_{ij})_{ij}). \end{aligned}$$

Similarly,

$$\begin{aligned} \varphi((a_{ij})_{ij})^* &= \left(\sum_{i,j=1}^n e_{ij} \otimes a_{ij}\right)^* \\ &= \sum_{i,j=1}^n (e_{ij} \otimes a_{ij})^* \\ &= \sum_{i,j=1}^n e_{ij}^* \otimes a_{ij}^* \\ &= \sum_{i,j=1}^n e_{ji} \otimes a_{ij}^* \\ &= \sum_{i,j=1}^n e_{ij} \otimes a_{ji}^* \end{aligned}$$

$$\begin{aligned}
&= \varphi \left( \left( a_{ji}^* \right)_{ij} \right) \\
&= \varphi \left( \left( a_{ij} \right)_{ij}^* \right).
\end{aligned}$$

□

There are lots of useful results using amplification to the matrix algebras.

**Example (Dilating an Isometry).** Let  $V$  be an isometry, and let  $P = I_{\mathcal{H}} - VV^*$  be the projection onto  $\text{Ran}(V)^\perp$ . Define  $U$  on  $\mathcal{K} = \mathcal{H} \oplus \mathcal{H}$  by

$$U = \begin{pmatrix} V & P \\ 0 & V^* \end{pmatrix}.$$

We find that

$$\begin{aligned}
U^* &= \begin{pmatrix} V^* & 0 \\ P & V \end{pmatrix} \\
UU^* &= \begin{pmatrix} V & P \\ 0 & V^* \end{pmatrix} \begin{pmatrix} V^* & 0 \\ P & V \end{pmatrix} \\
&= \begin{pmatrix} VV^* + P & PV \\ V^*P & V^*V \end{pmatrix} \\
&= \begin{pmatrix} I_{\mathcal{H}} & 0 \\ 0 & I_{\mathcal{H}} \end{pmatrix} \\
&= I_{\mathcal{K}} \\
U^*U &= \begin{pmatrix} V^* & 0 \\ P & V \end{pmatrix} \begin{pmatrix} V & P \\ 0 & V^* \end{pmatrix} \\
&= I_{\mathcal{K}}.
\end{aligned}$$

Thus,  $U$  is a unitary on  $\mathcal{K}$ . We may identify  $\mathcal{H} \cong \mathcal{H} \oplus 0$ , and take

$$V^n = P_{\mathcal{H}} U^n|_{\mathcal{H}}$$

for all  $n \geq 0$ . Thus, we are able to realize any isometry  $V$  as the restriction of some unitary to a subspace that respects powers.

**Example (Dilating a Contraction).** Similarly, we may define the isometric dilation of a contraction. Let  $T$  be an operator on  $\mathcal{H}$  with  $\|T\| \leq 1$ , and define  $D_T = (I - T^*T)^{1/2}$ . We see that

$$\begin{aligned}
\|T(h)\|^2 + \|D_T(h)\|^2 &= \langle T^*T(h), h \rangle + \langle D_T^2(h), h \rangle \\
&= \|h\|^2.
\end{aligned}$$

We consider now the sequence space

$$\ell_2(\mathcal{H}) = \left\{ (h_n)_{n \in \mathbb{N}} \mid h_n \in \mathcal{H}, \sum_{n=1}^{\infty} \|h_n\|^2 < \infty \right\}.$$

We have the norm

$$\|(h_n)_n\|^2 = \sum_{n=1}^{\infty} \|h_n\|^2$$

and the inner product

$$\langle (h_n)_n, (k_n)_n \rangle = \sum_{n=1}^{\infty} \langle h_n, k_n \rangle.$$

We define the operator  $V: \ell_2(\mathcal{H}) \rightarrow \ell_2(\mathcal{H})$  by

$$V((h_n)_n) = (T(h_1), D_T(h_1), h_2, \dots).$$

It then follows that  $V$  is an isometry on  $\ell_2(\mathcal{H})$ , and that if we identify  $\mathcal{H} \cong \mathcal{H} \oplus 0 \oplus \dots$ , then  $T^n = P_{\mathcal{H}} V^n|_{\mathcal{H}}$ .

**Theorem** (Sz.-Nagy's Dilation Theorem): Let  $T$  be a contraction operator on  $\mathcal{H}$ . There is a Hilbert space  $\mathcal{K}$  containing  $\mathcal{H}$  as a subspace, and a unitary operator  $U$  on  $\mathcal{K}$  such that  $T^n = P_{\mathcal{H}} U^n|_{\mathcal{H}}$ .

*Proof.* Take  $\mathcal{K} = \ell_2(\mathcal{H}) \oplus \ell_2(\mathcal{H})$ , and identify  $\mathcal{H}$  as  $(\mathcal{H} \oplus 0 \oplus \dots) \oplus 0$ . Let  $V$  be the isometric dilation of  $T$  on  $\ell_2(\mathcal{H})$ , and let  $U$  be the unitary dilation of  $V$  on  $\ell_2(\mathcal{H}) \oplus \ell_2(\mathcal{H})$ . Then, since  $\mathcal{H} \subseteq \ell_2(\mathcal{H}) \oplus 0$ , we have that  $P_{\mathcal{H}} U^n|_{\mathcal{H}} = P_{\mathcal{H}} V^n|_{\mathcal{H}} = T^n$  for all  $n \geq 0$ .  $\square$

Whenever  $Y$  is an operator on  $\mathcal{K}$ ,  $\mathcal{H}$  a (closed) subspace of  $\mathcal{K}$ , and  $X = P_{\mathcal{H}} Y|_{\mathcal{H}}$ , then we say  $X$  is a compression of  $Y$ .

**Corollary** (Von Neumann's Inequality): Let  $T$  be a contraction on a Hilbert space. Then, for any polynomial  $p$ ,

$$\|p(T)\| \leq \sup_{|z| \leq 1} |p(z)|.$$

*Proof.* Let  $U$  be a unitary dilation of  $T$ . Since  $T^n = P_{\mathcal{H}} U^n|_{\mathcal{H}}$ , linearity means we have  $p(T) = P_{\mathcal{H}} p(U)|_{\mathcal{H}}$ . Since  $U$  is defined on a larger space than  $T$ , then  $\|p(T)\| \leq \|p(U)\|$ . Furthermore, since unitaries are normal, we have

$$\|p(U)\| = \sup_{\lambda \in \sigma(U)} |p(\lambda)|,$$

where  $\sigma(U)$  is the spectrum of  $U$ . Since  $U$  is unitary,  $\sigma(U) \subseteq \mathbb{T}$ , so von Neumann's inequality follows.  $\square$

## Positive and Completely Positive Maps

### Positive Maps

There are certain results on positive maps that are useful in the study of completely positive maps. We introduce them here.

**Definition.** If  $S$  is a subset of a  $C^*$ -algebra  $A$ , we say  $S$  is an operator system if  $A$  is unital and  $S$  is a self-adjoint subspace of  $A$  with  $1_A \in S$ .

Note that if  $S$  is an operator system and  $h \in S$  is self-adjoint, then though the values  $h_+$  and  $h_-$ , defined by the continuous functional calculus with

$$\begin{aligned} f^+(x) &= \max\{0, x\} \\ f^-(x) &= \min_{0, -x} \end{aligned}$$

may not belong to  $S$ , we can write  $h$  as the difference of two positive elements in  $S$  by

$$h = \frac{1}{2}(\|h\|1_A + h) - \frac{1}{2}(\|h\|1_A - h).$$

**Definition.** If  $S$  is an operator system,  $B$  is a  $C^*$ -algebra, and  $\phi: S \rightarrow B$  is a linear map, then  $\phi$  is called positive if it maps positive elements of  $S$  to positive elements of  $B$ .

**Theorem:** If  $\phi$  is a positive linear functional on an operator system  $S$ , then  $\|\phi\| = \phi(1_A)$ .

When the range of  $\phi$  is not  $\mathbb{C}$ , but rather a  $C^*$ -algebra, then the situation is a bit different.

**Proposition:** Let  $S$  be an operator system, and let  $B$  be a  $C^*$ -algebra. If  $\phi: S \rightarrow B$  is a positive map, then  $\phi$  is bounded, with

$$\|\phi\| \leq 2\|\phi(1_A)\|.$$

*Proof.* Note that if  $p$  is positive, then  $0 \leq p \leq \|p\|1_A$ , so  $0 \leq \phi(p) \leq \|p\|\phi(1_A)$  since positive functions are order-preserving. Thus, we get  $\|\phi(p)\| \leq \|p\|\|\phi(1)\|$  when  $p \geq 0$ .

Note that when  $p_1$  and  $p_2$  are positive, then  $\|p_1 - p_2\| \leq \max\{\|p_1\|, \|p_2\|\}$ . If  $h$  is self-adjoint, then we have

$$\|\phi(h)\| = \frac{1}{2}\phi(\|h\|1_A + h) - \frac{1}{2}\phi(\|h\|1_A - h),$$

which is the difference of two positive elements in  $B$ . Thus, we have

$$\begin{aligned} \|\phi(h)\| &\leq \frac{1}{2} \max\{\|\phi(\|h\|1_A + h)\|, \|\phi(\|h\|1_A - h)\|\} \\ &\leq \|h\|\|\phi(1)\|. \end{aligned}$$

Finally, if  $a$  is arbitrary then write  $a = h + ik$  via the Cartesian decomposition, where  $\|h\|, \|k\| \leq \|a\|$ , and  $h, k$  are self-adjoint. Thus, we have

$$\begin{aligned} \|\phi(a)\| &\leq \|\phi(h)\| + \|\phi(k)\| \\ &\leq 2\|a\|\|\phi(1_A)\|. \end{aligned}$$

□

As it turns out, 2 is the best constant.

**Example.** Let  $\mathbb{T}$  be the unit circle in  $\mathbb{C}$ , and  $C(\mathbb{T})$  be the continuous functions on  $z$ . Let  $z$  be the coordinate function, and let  $S \subseteq C(\mathbb{T})$  be the subspace spanned by  $1, z, \bar{z}$ . Defining

$$\phi(a + bz + c\bar{z}) = \begin{pmatrix} a & 2b \\ 2c & a \end{pmatrix},$$

An element of  $S$  is positive if and only if  $c = \bar{b}$  and  $a \geq 2|b|$ , and an element of  $\text{Mat}_2(\mathbb{C})$  is positive if and only if its diagonal entries and determinant are nonnegative real numbers. Thus, it is the case that  $\phi$  is a positive map, but also

$$\begin{aligned} 2\|\phi(1)\| &= 2 \\ &= \|\phi(z)\| \\ &\leq \|\phi\|, \end{aligned}$$

meaning  $\|\phi\| = 2\|\phi(1)\|$ .

We are interested in seeing when unital, positive maps are contractive.

**Lemma:** Let  $A$  be a  $C^*$ -algebra, and let  $p_i$  be positive elements of  $A$  such that

$$\sum_{i=1}^n p_i \leq 1.$$

If  $\lambda_i$  are scalars with  $|\lambda_i| \leq 1$ , then

$$\left\| \sum_{i=1}^n \lambda_i p_i \right\| \leq 1.$$

*Proof.* Note that

$$\begin{pmatrix} \sum_{i=1}^n \lambda_i p_i & 0 & \cdots & 0 \\ 0 & 0 & \cdots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \cdots & 0 \end{pmatrix} = \begin{pmatrix} p_1^{1/2} & \cdots & p_n^{1/2} \\ 0 & \cdots & 0 \\ \vdots & \ddots & \vdots \\ 0 & \cdots & 0 \end{pmatrix} \text{diag}(\lambda_1, \dots, \lambda_n) \begin{pmatrix} p_1^{1/2} & 0 & \cdots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ p_n^{1/2} & 0 & \cdots & 0 \end{pmatrix}.$$

The norm on the matrix on the left is  $\|\sum_{i=1}^n \lambda_i p_i\|$ , while the three matrices on the right have norm less than 1, using the fact that  $\|a^*a\| = \|a\|^2$ .  $\square$

**Theorem:** Let  $B$  be a  $C^*$ -algebra,  $X$  a compact Hausdorff space, and  $C(X)$  the continuous functions on  $X$ . Let  $\phi: C(X) \rightarrow B$  be a positive map. Then,  $\|\phi\| = \|\phi(1)\|$ .

*Proof.* We may assume  $\phi(1) \leq 1$ . Let  $f \in C(X)$  with  $\|f\| \leq 1$ , and let  $\varepsilon > 0$ . Now, we may choose a finite open cover  $\{U_i\}_{i=1}^n$  of  $X$  such that  $|f(x) - f(x_i)| < \varepsilon$  for all  $x \in U_i$ , and let  $\{p_i\}_{i=1}^n$  be a partition of unity subordinate to the cover. That is,  $\{p_i\}_{i=1}^n$  are nonnegative continuous functions satisfying  $\sum_{i=1}^n p_i = 1$  and  $p_i(x) = 0$  for  $x \notin U_i$ .

Set  $\lambda_i = f(x_i)$ , and note that if  $p_i(x) \neq 0$  for some  $i$ , then  $x \in U_i$  and  $|f(x) - \lambda_i| < \varepsilon$ . Hence, for any  $x$ , we have

$$\begin{aligned} \left| f(x) - \sum_{i=1}^n \lambda_i p_i(x) \right| &= \left| \sum_{i=1}^n (f(x) - \lambda_i) p_i(x) \right| \\ &\leq \sum_{i=1}^n |f(x) - \lambda_i| p_i(x) \\ &< \sum_{i=1}^n \varepsilon p_i(x) \\ &= \varepsilon. \end{aligned}$$

By above, we know that  $\|\sum_{i=1}^n \lambda_i p_i\| \leq 1$ , we have

$$\begin{aligned} \|\phi(f)\| &\leq \left\| \phi\left(f - \sum_{i=1}^n \lambda_i p_i\right) \right\| + \left\| \sum_{i=1}^n \phi(p_i) \right\| \\ &< 1 + \varepsilon \|\phi\|. \end{aligned}$$

Since  $\varepsilon$  was arbitrary, we have  $\|\phi\| \leq 1$ .  $\square$