

Change Verification Report - January 9, 2026

Verification of changes requested in PLP1.2026_changes.docx.pdf

HOME PAGE

#	Change	Status	Notes
1	"Learn More" Arrow Button - Fix and point to FAQs	DONE	HeroSection.tsx:97-99 - Button now has onClick={() => { window.location.href = '/faq'; }}
2	Hero Text - Change "Testosterone" to "Performance"	DONE	HeroSection.tsx:54 - Shows Performance
3	Hero Tagline - Update to include "hormone optimization and peptide therapy"	DONE	HeroSection.tsx:76-77 - Exact text implemented
4	Testosterone Decline Chart - Replace with new horizontal bar chart (1999-2012 data)	DONE	BenefitsSection.tsx:64-77 - Uses /testosterone-decline-graph.png with new caption
5	Benefits Cards - Remove statistics (+25% avg increase, etc.)	DONE	BenefitsSection.tsx:7-28 - Only has title and description, no statistics
6	Statistics Box - Remove completely (2500+ Men Treated, 97% Success Rate, etc.)	DONE	Not present in any component
7	Lab Testing Section - New headline and content	DONE	ServicesSection.tsx:29-39 - "Most Clinics Test Testosterone. We Test the System." with full test list
8	CTA Section - "Ready to Reclaim Your Power?"	DONE	CTASection.tsx:55-60 - Exact headline and body text
9	Footer Quick Links - Fix links to direct to actual topics	PARTIAL	Links go to proper pages (Weight Management, About, FAQ, Contact) but no TRT Services or Success Stories links. Contact links to /#contact-form
10	Footer Hours - Update to M/Tu/Th/F 8am-6pm, Closed Wednesday	DONE	Footer.tsx:119-123 - Exact hours shown

FAQ PAGE

#	Change	Status	Notes
11	"What is TRT?" Answer - New comprehensive description	DONE	FAQ.tsx:23 - Exact text implemented
12	"How is low testosterone diagnosed?" Answer	DONE	FAQ.tsx:31 - Exact text
13	"Symptoms" Answer - Add "Recognizing these signs early..." sentence	DONE	FAQ.tsx:35 - Sentence added
14	"How is TRT administered?" Answer - Add provider method selection sentence	DONE	FAQ.tsx:39 - Sentence added

15	"How long for results?" Answer - Expanded text			DONE	FAQ.tsx:43 - Full expanded text
16	"Risks/Side effects?" Answer - Expanded with safety info			DONE	FAQ.tsx:47 - Full expanded text
17	"Infertility?" Answer - Expanded with HCG info			DONE	FAQ.tsx:51 - Full expanded text
18	"Prostate cancer?" Answer - Expanded			DONE	FAQ.tsx:55 - Full expanded text
19	"How often see doctor?" Answer - Expanded with clinic monitoring info			DONE	FAQ.tsx:59 - Full expanded text
20	"Mood/mental health?" Answer - Expanded			DONE	FAQ.tsx:75 - Full expanded text
21	"Weight loss?" Answer - Expanded			DONE	FAQ.tsx:79 - Full expanded text

ABOUT PAGE

#	Change	Status	Notes
22	Mission Statement - Full updated text	DONE	AboutUs.tsx:87-88 - Complete mission statement with "hormone optimization and peptide therapy" text

WEIGHT LOSS PAGE

#	Change	Status	Notes
23	Change "Semaglutide" to "GLP-1"	DONE	WeightManagement.tsx:27 - Uses "GLP-1" throughout
24	Tirzepatide/Glycine/B12 formula info - Add detailed mechanism info	DONE	WeightManagement.tsx:143-330 - Full detailed sections for GLP-1, GIP, Glycine, and B12

ADDITIONAL SERVICES TAB/PAGE

#	Change	Status	Notes
25	Add "Additional Services" Tab/Section	DONE	Full page exists at /additional-services with AdditionalServices.tsx
26	Sermorelin service	DONE	AdditionalServices.tsx:33-38
27	Vitamin B12 Injections	DONE	AdditionalServices.tsx:40-44
28	hCG for Fertility Preservation	DONE	AdditionalServices.tsx:46-50
29	Sexual Function Medications	DONE	AdditionalServices.tsx:52-56
30	Therapeutic Massage (Thursdays)	DONE	AdditionalServices.tsx:58-62
31	Sleep Study & Analysis	DONE	AdditionalServices.tsx:64-68
32	Sermorelin FAQ Section	DONE	AdditionalServices.tsx:98-131 and FAQ.tsx:103-136 - FAQs in both places
33	"Why Choose Peak Life Performance?"	DONE	AdditionalServices.tsx:288-315
34	Sermorelin detailed content (What is, How it works, Benefits)	DONE	AdditionalServices.tsx:234-285

35	Optional Disclaimer	DONE	AdditionalServices.tsx:351–358
36	Navigation link to Additional Services	DONE	Navigation.tsx:20 - Shows as "Services" in nav
37	Footer links to Additional Services	DONE	Footer.tsx:62–94 - Lists all services with links

SUMMARY

Category	Total	Done	Partial	Missing
Home Page	10	9	1	0
FAQ Page	11	11	0	0
About Page	1	1	0	0
Weight Loss Page	2	2	0	0
Additional Services	13	13	0	0
TOTAL	37	36	1	0

ITEMS NEEDING ATTENTION

Partial Implementation:

#9 - Footer Quick Links: The document mentions "TRT Services" and "Success Stories" links need to direct to topics, but current footer has:

- Weight Management - links to `/weight-management`
- About Us - links to `/about`
- FAQ - links to `/faq`
- Contact - links to `/#contact-form`

The original document noted these links "currently direct to top of page" - the contact link goes to `/#contact-form` which should work, but there's no explicit "TRT Services" or "Success Stories" links as mentioned in the document.

FILES MODIFIED

- `src/components/HeroSection.tsx`
- `src/components/BenefitsSection.tsx`
- `src/components/SocialProofSection.tsx`
- `src/components/ServicesSection.tsx`
- `src/components/CTASection.tsx`
- `src/components/Footer.tsx`
- `src/components/FAQ.tsx`
- `src/components/AboutUs.tsx`
- `src/components/WeightManagement.tsx`
- `src/components/AdditionalServices.tsx`
- `src/components/Navigation.tsx`
- `public/testosterone-decline-graph.png`