



# SCARF

## L.A. Care Risk Stratification Tool to Reduce 30-day Readmissions

### I. Social History

Criteria	Score
Homelessness	1
History of ETOH or drug abuse	1
Lack of family support	1

S

### II. Comorbidities (see definitions)

Criteria	Score
Previous myocardial infarction	1
Cerebrovascular disease	1
Peripheral arterial disease	1
Diabetes without complications	1
Congestive heart failure	1
Diabetes with end organ damage	1
Chronic pulmonary disease	1
Tumor (incl. lymphoma and leukemia)	1
Dementia	1
Lupus	1
AIDS	1
Severe liver disease	1
Metastatic solid tumor	1
ESRD	1
Decubitus ulcer (stage 3 or higher)	1
Malnutrition/significant weight loss	1
Paraplegia/hemiplegia	1
Sepsis syndrome	1

C

### III. Age

Criteria	Score
44-74	1
75-84	2
≥85	3

A

### IV. Recent Medical Events

Criteria	Score
Readmission within 30 days	1
>2 admissions within 90 days	1
Catastrophic admission diagnosis	5
Current Mental Health Dx (SPMI)	1

R

History of fall	1
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## V. Functional Status

Criteria	Score
Severe diminished functional status	1
Physical or developmental disability	1



Add numbers in Boxes S, C, A, R and F to generate **Total SCARF Score:**

SCARF

## Definitions

Condition	Definition
Severe diminished functional status	Limited ability to perform ADLs and IADLs
Current Mental Health Dx	A diagnosable mental, behavioral, or emotional disorder that met the criteria specified in the Diagnostic and Statistical Manual of Mental Disorders, 4th edition (DSM-IV) that resulted in functional impairment
Previous myocardial infarction	Any previous definite or probable myocardial infarction
Cerebrovascular disease	Any previous stroke or transient ischemic attack (TIA)
Peripheral arterial disease	* Intermittent claudication, or pain while walking
Diabetes without complications	No retinopathy, nephropathy or neuropathy
Congestive heart failure	Any patient with symptomatic CHF or EF $\leq$ 25%
Diabetes with end organ damage	Diabetes with retinopathy, nephropathy or neuropathy
Chronic pulmonary disease	*Obstructive chronic bronchitis, emphysema, asthma, chronic airway obstruction
Any tumor (including lymphoma or leukemia)	Solid tumors must have been treated within the last 5 years; includes chronic lymphocytic leukemia (CLL) and polycythemia vera (PV)
Dementia	Unspecified, without behavioral disturbance
Lupus	*Chronic, relapsing, inflammatory systemic lupus erythematosus
AIDS	AIDS-defining opportunistic infection or CD4 < 200
Severe liver disease	*Cirrhosis with portal hypertension (e.g., ascites or variceal bleeding)
Metastatic solid tumor	Any metastatic tumor
ESRD	* Progressive reduction in renal function in both kidneys
Decubitus ulcer	*Pressure sore, any site
Malnutrition/significant weight loss	*Severe protein-calorie malnutrition resulting from poor diet, malabsorption, or abnormal nutrient distribution
Paralegia/hemiplegia	* Severe or complete loss of motor function in the lower extremities and lower portions of the trunk or one side of the body
Sepsis syndrome	* Systemic response to infection or trauma

\*Definition in progress

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