

Assignment Name: Problem Statement  
Group Name: Tinder Development Team

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**Who** is experiencing the problem: Those who lack motivation towards exercise and/or would like to keep up with other friend's fitness.

**What** is the Problem: People lack the motivation to work out.

**Where** does the problem present itself: The problem presents itself when someone lacks the motivation to work out.

**Why** does it matter: Physical fitness brings a better quality of life, improved mental health, and increased sleep.

**Statement:** Many people today experience a lack of motivation towards exercise so to keep up the motivation we created an app that encourages physical activity bringing a better quality of life.