**Page 0: Introduction**

* **Purpose**: Introduce the Upstander Program and its goals.
* **Content**:
  + A brief overview of what it means to be an upstander.
  + A call-to-action encouraging users to explore the app.
* **Features**:
  + A visually appealing banner or video introducing the concept of upstanding.
  + Buttons to navigate to other pages (e.g., "Learn More," "Take a Quiz," "Share Your Story").

**Page 1: Upstander Project from Human Rights Background**

* **Purpose**: Educate users about the history and importance of upstanders.
* **Content**:
  + Historical context of upstanders in human rights movements.
  + Examples of famous upstanders (e.g., Rosa Parks, Malala Yousafzai).
* **Features**:
  + **Interactive Games/Quizzes**:
    - A quiz to test users' knowledge of upstanders.
    - A game where users make choices in hypothetical scenarios (e.g., "What would you do if you saw someone being bullied?").
  + **Multimedia**:
    - Videos or infographics explaining key concepts.
  + **Call-to-Action**:
    - Encourage users to reflect on how they can be upstanders in their own lives.

**Page 2: Real Story Sharing**

* **Purpose**: Share real stories from the Human Rights Museum and highlight the strengths of the main characters.
* **Content**:
  + Curated stories of upstanders provided by the museum.
  + Analysis of the strengths demonstrated in each story (e.g., courage, empathy, leadership).
* **Features**:
  + **Story Cards**:
    - Each story is displayed in a card format with a title, summary, and "Read More" button.
  + **Strength Recognition**:
    - After each story, ask users to identify the strengths they noticed (e.g., "What strengths did the main character show?").
  + **Discussion Prompt**:
    - Encourage users to share their thoughts in a comments section or forum.

**Page 3: Personal Strength Survey**

* **Purpose**: Help users identify their personal strengths and how they can use them to be upstanders.
* **Content**:
  + A survey with questions designed to uncover users' strengths (e.g., "How do you react in stressful situations?").
* **Features**:
  + **Interactive Survey**:
    - Use a mix of multiple-choice, Likert scale, and open-ended questions.
  + **Strength Analysis**:
    - After the survey, provide users with a summary of their strengths (e.g., "Your top strength is empathy!").
  + **Actionable Advice**:
    - Suggest ways users can apply their strengths in real-life situations (e.g., "Use your empathy to support a friend in need.").

**Page 4: Personal Memories**

* **Purpose**: Encourage users to reflect on their own experiences and share their stories.
* **Content**:
  + Prompts to help users recall personal stories (e.g., "Have you ever stood up for someone?").
* **Features**:
  + **Story Sharing**:
    - A form where users can share their stories (optional).
  + **Community Feature**:
    - A feed where users can read and comment on others' stories.
  + **Privacy Options**:
    - Allow users to share anonymously or keep their stories private.

**Page 5: Scenario Generation**

* **Purpose**: Provide users with actionable steps to handle specific situations.
* **Content**:
  + AI-generated scenarios and advice (e.g., "How to start a conversation with a colleague about workplace harassment").
* **Features**:
  + **Scenario Selection**:
    - Users can choose from a list of common situations (e.g., bullying, discrimination).
  + **AI-Generated Advice**:
    - Use the Hugging Face API to generate tailored advice for each scenario.
  + **Role-Playing**:
    - Allow users to practice their responses in a simulated environment.

**Page 6: Event Promotion / Pathway / Emotional Support and Resources**

* **Purpose**: Provide resources and promote events to support users in becoming upstanders.
* **Content**:
  + Information about upcoming upstander events (e.g., workshops, seminars).
  + Links to emotional support resources (e.g., mental health hotlines, anti-bullying organizations).
* **Features**:
  + **Event Calendar**:
    - A calendar displaying upcoming events with details and registration links.
  + **Resource Library**:
    - A collection of articles, videos, and guides on topics like conflict resolution and empathy.
  + **Universal Access Point**:
    - A directory of local and national support services.