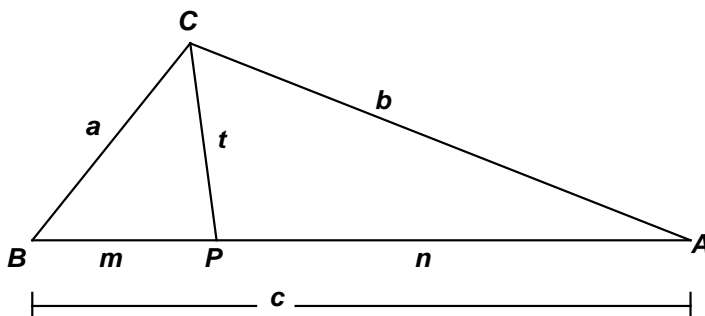


## Stewart's Theorem

If a segment is drawn from the vertex of any triangle to any point on the opposite side (with lengths as indicated in the diagram below) then

$$\boxed{a^2n + b^2m = t^2c + cmn}.$$



Using Law of Cosines on  $\triangle BPC$ ,  $a^2 = t^2 + m^2 - 2tm \cos(\angle BPC)$ .

Using Law of Cosines on  $\triangle CPA$ ,  $b^2 = t^2 + n^2 - 2tn \cos(\angle CPA)$ .

BUT  $\angle BPC$  and  $\angle CPA$  are supplementary and

$$\cos(\angle CPA) = \cos(180 - \angle BPC) = -\cos(\angle BPC)$$

Therefore, the two equations become 
$$\begin{cases} a^2 = t^2 + m^2 - 2tm \cos(\angle BPC) \\ b^2 = t^2 + n^2 + 2tn \cos(\angle BPC) \end{cases}$$

The plan is to eliminate the last terms in each equation by multiplying the first equation by  $n$ , the second equation by  $m$ , and then adding the two equations.

$$(a^2n + b^2m) = n(t^2 + m^2) + m(t^2 + n^2)$$

$$\Rightarrow (a^2n + b^2m) = t^2(m + n) + (nm^2 + mn^2)$$

$$\Rightarrow (a^2n + b^2m) = t^2(m + n) + mn(m + n)$$

$$\Rightarrow \boxed{a^2n + b^2m = t^2c + cmn}$$

Q.E.D. – That's all folks!

Powerful medicine indeed – when the problem involves triangles and nothing else seems to apply, try Stewart's Theorem.