

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>柔道</b> <b>JUDO</b> 18:30 - 20:00 All levels	<b>合氣道</b> <b>AIKIDO</b> 18:30 - 19:30 All levels	<b>柔道</b> <b>JUDO</b> 18:30 - 20:00 All levels	<b>合氣道</b> <b>AIKIDO</b> 18:30 - 19:30 All levels		<b>合氣道</b> <b>AIKIDO</b> 08:00 - 09:00 All levels
	<b>居合術</b> <b>IAIJUTSU</b> 20:00 - 20:45 All levels	<b>合氣道</b> <b>AIKIDO</b> 19:30 - 20:30 Beginners	<b>合氣道</b> <b>AIKIDO</b> 20:00 - 20:45 Beginners	<b>合氣道</b> <b>AIKIDO</b> 19:30 - 20:30 Weapons	<b>合氣道</b> <b>AIKIDO</b> 19:00 - 20:00 All levels	<b>居合術</b> <b>IAIJUTSU</b> 08:30 - 10:30 All levels <sup>1</sup>
	<b>合氣道</b> <b>AIKIDO</b> 20:45 - 21:30 All levels	<b>合氣道</b> <b>AIKIDO</b> 20:30 - 21:30 All levels	<b>合氣道</b> <b>AIKIDO</b> 20:45 - 21:30 All levels	<b>合氣道</b> <b>AIKIDO</b> 20:30 - 21:30 All levels	<b>空手</b> <b>KARATE</b> 20:00 - 21:00 All levels	<b>空手</b> <b>KARATE</b> 11:00 - 13:00 All levels
		<b>空手</b> <b>KARATE</b> 21:30 - 22:30 All levels				

<sup>1</sup> Iaijutsu Saturday class is held once a month.