

Cocaine Addiction

Popular among hard workers, the self-employed, college students, and anyone else who needs to work harder than your average person or stay up later than your body desires, cocaine is the go to stimulant. Many of us may remember when it was originally in Coca Cola, however it was soon removed from the popular drink after speculation of its negative or harmful effects on the body. What is interesting about cocaine is how popular it is among celebrities and individuals who otherwise wouldn't do drugs. Cocaine is used so loosely in some settings – almost as a substitute for coffee. Some people just can't seem to wake up in the morning without their daily “bump”, which is beginning to become frightening.

Without intention, [cocaine](#) can become incredibly addictive before the user even realizes it. Cocaine hits the body quickly and leaves shortly after, requiring the user to take several “bumps” in order to maintain their high. Cocaine has an incredibly negative impact on your cardiovascular system, your nasal and sinus cavities, and kidneys. This drug is one of the most popular recreational drugs and because of this, people often perceive it to be safer than other the drugs competitors. There are a wide range of lethal side effects of cocaine, most due to heart failure or decreased cardiovascular function.

You see, the heart muscle functions on its own without the need of any substances. When cocaine is introduced to the heart, it creates inflammation known as endocarditis. Endocarditis is incredibly painful and lethal if not treated promptly. Cocaine can also eat through the lining of your aorta causing it to rupture, leading to a sudden and painful death. Sometimes, the shock of cocaine on your system alone is enough to stop your heart immediately due to electrical imbalances. What is most frightening in fact, is the slow death that can accompany cocaine use.

Prolonged use of the drug can lead to decreased cardiac and vascular function, causing damage and pain to extremities. Decreased heart function causes individuals to tire easily, ultimately eliminating their quality of life before taking it completely. Kidney failure is also a known side effect of prolonged cocaine use, which can be a painful, expensive, and torturous way to die. Despite the hold cocaine has on individuals, it is a treatable addiction. There are a wide range of treatments available to both men and women. Certain programs will cater their programs more toward [rehab for men](#) or rehab for women, increasing the programs efficacy.