

NOTES ON TONALITY

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27TH MARCH 2024

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FUNDAMENTALS

1.1 METRES

In music, a steady and regular pulse is a **beat**, which may be **strong** or **weak** and are grouped into **bars** or **measures** separated by **bar lines**. The first beat of each bar is accented and referred to as the **downbeat**.

An arrangement of rhythm into a pattern of strong and weak beats is a **metre**, which is defined by a **time signature**, consisting of two stacked numbers.

