

# **Maximizing language skills in children with cochlear implants**

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# **Cochlear implants have been a great invention**

- However, not a panacea
- Considerable variation in outcomes
- Even children obtaining the best outcomes are not like hearing children

**BACKGROUND**





# Demographics

- Almost 13/1000 children under age 18 have some degree of hearing loss
- GRI 2005 survey 11.2% have ci
  - 7000 children in 2000
  - 14,000 children in 2005
- Number is increasing dramatically
  - EHDI legislation
  - Modifications in eligibility criteria

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- Over 75% of D/HH children educated in inclusive settings
  - 45.8% of SLPs in school setting regularly serve individuals with diagnosis of “hearing disorders”
  - M=3.2 students on caseload



# **SLP self-perceptions**

- Low level of confidence (Palacio, 2001)
- Feel undertrained
  - Weak in clinical experience
- Low comfort level working with ha and ci (Watson et al, 2004)

# Our Premise

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- SLPs need to understand
  - Unique aspects of language learning by deaf individuals
  - Advanced technology for facilitating access



# **Apply What You Know**

SLPs need to feel comfortable applying what they know about best practices in spoken language facilitation to a unique set of individuals



# Understand your students

- Heterogeneity in d/Deaf population
  - heterogeneity in language and communication preferences
  - heterogeneity in attainments in spoken and written English

# **Some key points**

- Some children using implants may not have sufficient access to spoken language to develop English skills commensurate with their hearing peers and/or to use spoken language as their primary avenue for learning in school



# **Key points, cont'd**

Deriving benefit from ci varies

- with differences in perceptual processing of spoken language (Pisoni and colleagues)
- With quality of parent involvement and access to quality rehabilitation (Robbins, 2000)

## **Key points, cont'd**

- Sign language prior to implantation may facilitate language and cognitive development, particularly acquisition of vocabulary (Connor et al 2000; 2004)
- Cued speech prior to implantation may aid in establishing phonological representations of spoken words (Descourtieux et al, 1999)



**Our focus and concern is  
LANGUAGE**

# 3 levels of concern

- Prevention
  - Facilitate early language learning
  - Maximize access to sound
  - Engage parents
- Intervention
  - Transition to school
  - Closing the gap
- Remediation
  - Older students



# INTRODUCTION

Perception and Language Learning



# Main Points

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- Language input-->perceptual specialization
- Cortical organization primed for visual-auditory integration
- Cued speech offers visual information that can be integrated with audio to create percept that more fully represents phonological aspects of language
- Cued speech facilitates language learning and reading in deaf children, including those using cochlear implants



# Predictors of success with ci

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- Age of implantation
- Years of usage
- Quality of follow-up/training
- Quality of parent interaction
- Language skills prior to implant
- Hearing experience prior to implant

**However...considerable  
unexplained variance.  
Related to specifics of  
individual language  
processing?**



**What is the task of learning  
a language?**

**How do individuals process  
an auditory signal to extract  
meaning?**

# **Implicit learning of complex sequential patterns**

- Learner extracts relative frequencies of co-occurrence of sound pairs
  - Distinguish recurring sequences that comprise words
  - Learn from exemplars
- Discovers acoustic cues correlated with word boundaries



# Language Learning

- It's not explicit sequence learning, but the inducement of the probabilistic patterns
- Representing patterns in working memory using phonological code may also be key component of language processing (Conway, Karpicke, Pisoni 2007)

# Language Learning

- Do not process speech in strictly linear manner
- Perception is largely context-dependent
- As gain experience, learn which dimensions to attend to
  - Which are reliable and valid in signaling meaningful distinctions
- Knowledge imposed on structure changes
- Move from large to small, global to discrete



**So, what might we expect  
with children using ci?**

**Can we predict that they will  
have better language  
outcomes because they are  
able to encode and make  
use of sequential  
regularities?**

**(Cleary et al, 2001, 2002)**



**Would seem so, if, in fact,  
they have access to the  
necessary information**

**but...Do they?**

# **Early Implantation**

- What was initially considered early (before 5 yrs and then before 3 yrs) is now late
- Early is at 12 months or even younger
- Optimal benefit seems to be at the time when the perceptual system is organizing around the meaningful patterns of the target language



**Remember!**

**Cochlear implants do not  
amplify sounds.**

**Cochlear implants extract  
information from the  
acoustic signal and code it  
into a temporal and  
sequential pattern of  
stimulation**

**Cochlear implants promote  
the development of a  
cognitive system that can  
attach meaning to electrical  
impulses**



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- Sequencing abilities correlate with STM, vocabulary learning, and other cognitive skills
  - Pisoni and colleagues have investigated sequential processing and STM in relation to ci outcomes

The brain is wired to analyze and derive patterns from a fully represented language

A degraded signal constrains language learning



**So...□**

- 1. Improve the signal**
- 2. Improve processing**

**Considerable evidence that  
quality time on task  
improves outcome**



**Is the answer to bombard  
the system with auditory  
only information?**

Can we improve the signal  
and improve processing  
through visual exposure to  
phonological information?



# **Integration of Visual and Auditory Information**



# **Normal acquisition**

- Intersensory redundancies
- Multimodal perception



# Key point

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- Auditory cortex is specially suited for multisensory convergence
- Depriving auditory cortex of visual input may actually impede rather than promote cortical organization

# **premises**

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- Vision and audition are complementary
- Auditory stimulation necessary during critical/sensitive period
- Central auditory, cognitive, and linguistic factors contribute to variation and individual differences in outcomes



# **Vision and audition are complementary**

Children with ci perform better on speech perception tasks when have auditory-visual information

- True for consonant features (Tyler, Fryauf-Bertschy et al, 1997)
- True for words (Geers et al, 003)
- True for sentences (Bergeson, Pisoni, Davis 2004)

# **Auditory stimulation during critical/sensitive period**

- Children who receive ci prior to 30 months obtain McGurk fusion condition scores on par with normal hearing children (Schorr & Fox 2006)
  - Age of implantation predicted auditory-visual integration
- Cortical response latencies to speech reveal maximal plasticity up to about 3.5 years (Sharma, Dorman, & Spahr, 2002)



# Bergeson, Pisoni, & Davis (2004)

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- Followed children from pre-implantation to 3 years post implantation
- Found better performance with audiovisual presentation than unimodal
  - Children from OC>TC
  - Early (before 53 months)>late (53 m-9 yrs)
    - Early primarily use auditory information
    - Later primarily use visual information

# **Bergeson, Pisoni, & Davis (2004)**

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- Preimplantation lipreading and auditory-visual speech perception can predict speech and language skills after several years of implant use



# **The norm is integration!**

- With early identification and early ci, have advantage to capitalize on system that is ideally suited for multisensory integration

# Eisenberg, Martinez, & Boothroyd (2004)

- Looked at imitation of CV monosyllables by children with normal hearing, hearing aids, and CI
- Children with ha > children with ci
  - Probably related to finding that performance scores decreased with increasing hearing loss
- Children with ci do better when can integrate audition and vision
  - Contrasts most difficult to perceive are difficult to see
    - Contrast would be clarified with cued speech



# Bergeson, Pisoni, & Davis (2004)

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“measures of auditory-visual perception might reveal fundamental processes that are used to **recover phonetic information** about speech articulation and the linguistically significant gestures of the speaker that are used to **encode and represent distinctive phonological contrasts** in the sound system of the target language in the environment”

**Integration of simultaneous  
information provides strong  
argument for cued speech**

**hand cue becomes part of  
visual signal**



# Cued Speech

System to represent spoken language  
visually



# **Cued Speech: Auditory- Visual Access to Spoken Language**





# **System Description**

- Eight handshapes
- Four placements near the mouth
- Natural lip movements of speech
- Cue+lipshape uniquely specifies phonemes of spoken language

# DVD

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- Intro 0-1:43
- History 1:45-2:45
- CS demo, includes chart 2:50-4:00
- CS and lang acq 4:00-7:55



# McGurk Stuff??

- Study of deaf cuers using the McGurk paradigm (contradictory signals) indicated that cuers with early exposure integrate the hand cues and speechreading info.
  - Alegria and Lechat, 2005

# **More on processing of CS**

- fMRI studies of cuers
  - CS users used the “auditory cortex” to process phonological information
  - Left lateralization of linguistic tasks for early CS users.



# Cued Speech provides

- Accurate reception of spoken language
  - Nicholls & Ling, 1982, Uchanski et al., 1994
- More accurate reception of spoken language than auditory and auditory+speechreading conditions
  - Descourtieux, 2003
- Efficient reception of connected spoken language
  - Quenin, 1992

# **CS can improve**

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- Auditory comprehension of speech after CI (Cochard, 2003)



# **A cued language environment can provide:**

- Opportunities for interaction with fluent language models
  - (Torres, Moreno-Torres, & Santana, 2006)
- Potential for development of phonological awareness and strong spoken language base

# **Language Skills in Cueing Children**

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**Phonological awareness is  
a key predictor of literacy  
in both hearing and deaf  
children.**



# **Exposure to CS builds phonological awareness**

- Young CS users judge rhyme like hearing agemates.
  - Leybaert & Charlier, 1996
- CS users generate rhyme comparable to hearing subjects.
  - LaSasso, Crain, & Leybaert, 2003

# Development of Morph-Syntax Skills

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- Deaf children with early exposure to CS develop morphology along hearing milestones.
  - Kipila, 1985; Metzger, 1994
- Native deaf cuers are able to use English morphological rules appropriately and consistently.
  - Koo, 2003



# Morpho-Syntax

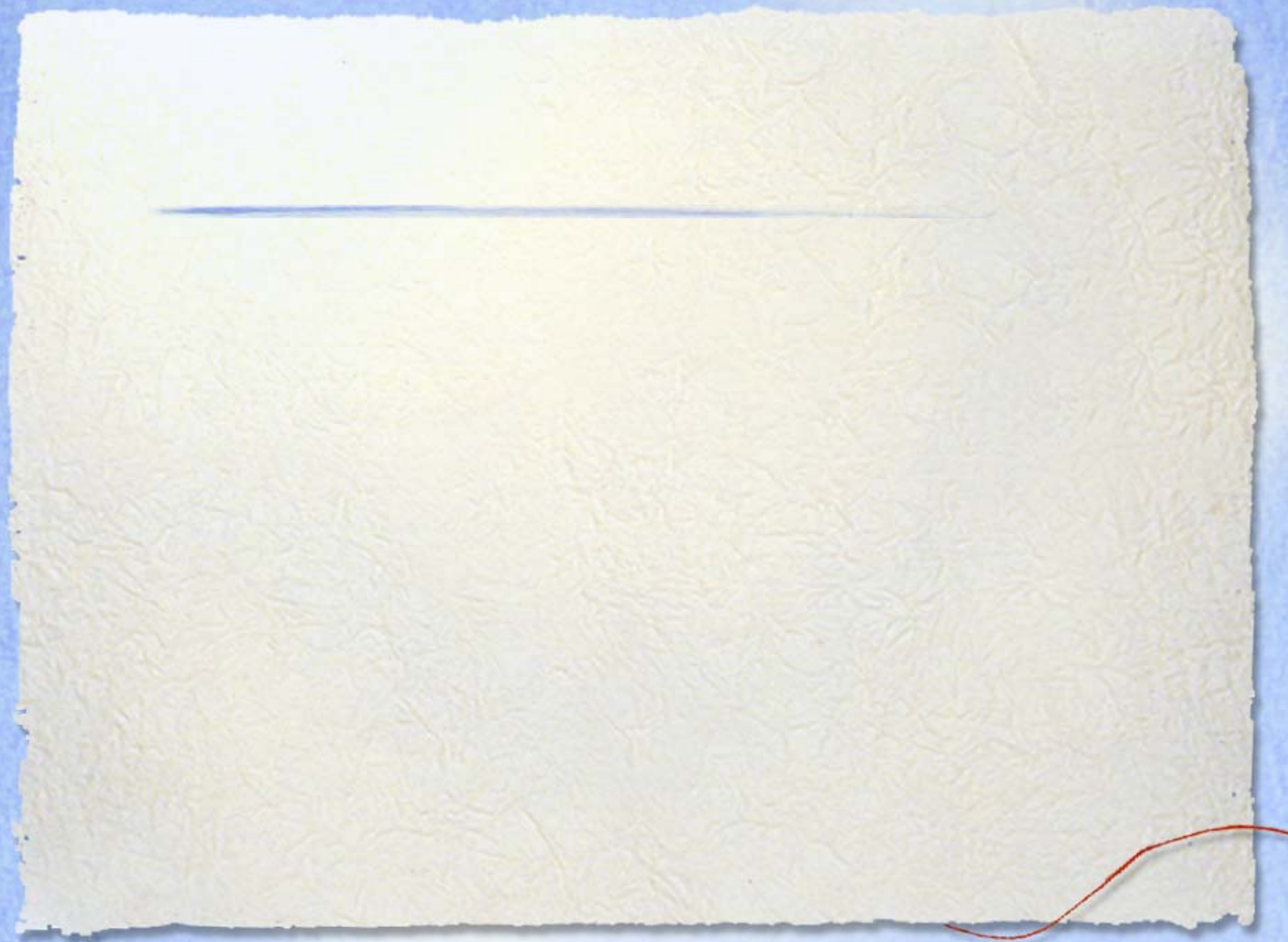
- Deaf cuers had more advanced syntax three years post-CI than oral and signing subjects.
  - Vieu et al., 1998
- Children rated as “Profile I” -- making fast and continuous progress with language following CI -- were predominately CS users.
  - Cochard, 2003

# Development of Vocabulary

- Preposition use by CS users is comparable to that of hearing control subjects.
  - Santana, Torres, & Garcia (2003)



- Deaf CS subjects showed comparable digit recall as hearing subjects.
  - Coryell, 2001
- Deaf cuers used internal speech recoding similar to hearing subjects on working memory tasks, and did not show reduced working memory capacity.
  - Ketchum, 2001





# OUTCOMES



# **Language outcomes for CI users**





**What happens to kids after  
cochlear implantation?  
Paramount that they learn to  
listen; must recognize  
electrical excitations as  
meaningful**

**Makes sense that time on  
task is a major factor  
but no one knows how  
much time**



# Age at implantation

- Strongest gains in language being associated with younger age at implantation
  - Difficult to separate age and years of use in some studies
- Language growth advantage for children receiving ci as young as 12 mo of age (Svirsky, Teoh, Neuburger 004; Tomblin, Barker, Spencer et al 2005)

# **Recent study by Nicholas & Geers 2008**

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- Significant amount of variance in language outcomes explained by degree of aided residual hearing before receiving ci and age at implantation
  - Children with favorable thresholds who got implant after 30 months didn't do as well



# **Enhanced language associated with use of ci**

- Have access to auditory information usually unavailable to deaf individuals using hearing aids
  - May provide more access to grammatical morphemes (Spencer, Tye-Murray, & Tomblin 1998)
  - Morphological development influenced by acoustic accessibility of forms (Svirsky, Stallings, Lento, Yong 2002)

**Children with implants still  
struggle with language**



# Who is doing the best?

- Early id
- Early ci using recent ci technology
- Enrolled in oral emphasis program from time of implant
- Normal nonverbal intelligence
- Live in middle to upper-middle class household where English only language spoken
- Have parent heavily involved

**What about the others?**



**Children not receiving  
implants by age one  
(majority of students you  
are seeing in school) are  
probably experiencing some  
language gap**

# Nicholas & Geers 2008

- Age appropriate performance on auditory comprehension, expressive communication, and vocabulary at 4.5 y
  - Implanted by 1-13 m
  - Pre-CI aided threshold of about 65 dB



**concern:**

**Gap is likely to increase  
rather than decrease;  
though some evidence of  
continual gain 6 years post  
implant, don't catch up**

# **Our Recommendations?**

- Identify early-->immediate amplification
- Commit to implantation before or at 1 year
- Provide strong auditory-visual signal
- Utilize cued speech
- Provide natural language learning context



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- If implanted later than one year and don't use cued speech, use sign supported speech maintaining a strong oral/visual emphasis

# Children using CIs enter school

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- Language learning
- Literacy
- Socialization



# **Literacy outcomes for CI users**



# **Are language skills sufficient to succeed in mainstream**

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- Perhaps, but not without support



# CI and Literacy



# **Novice readers need:**

- Word recognition skills via phonological awareness, alphabetic principle, decoding
- Language knowledge base
  - Background
  - Vocabulary
  - Syntactic constructions
  - Verbal reasoning ability
  - Knowledge of literacy conventions



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- Hearing children are already competent language users when they begin to learn to read.
  - Deaf children may be bringing an incomplete knowledge of phonology, morphology . . .
  - Deaf children may experience the 4th grade “topping out” of reading skills when a basic sight word vocabulary is insufficient to decode new words encountered in print.

# **What does the literature say about the effects of CI on literacy?**

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- Use of a CI may provide better literacy results than we've seen in the past.
  - 70% of children with CI in private oral educational settings read within the average range. Moog, 2002
  - Half of 181 children who had used CIs 4-7 years read within the average range for their hearing agemates. Geers, 2003



# Phonological Awareness

## Benefits of CI

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- Early-implanted children (2-3.6 yrs) had better PA outcomes than later-implanted children (5-7). James et al., 2008
- Late-implanted group made no significant gains over time.
- Wide individual variation in performance.

# More Phono Processing with CI

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- Wide range of performance on non-word repetition measure of phonological processing. Dillon and Pisoni, 2004.
- No significant correlation between nonword repetition accuracy and age at CI, duration of CI use, CA, and number of active electrodes.
- Some correlation with early exposure to speech and oral educational environment.



# **Vocabulary Knowledge**

- CI use can accelerate vocabulary development, especially when children are implanted at or prior to preschool. Connor et al, 2006
- Some CI users will be in the average range for vocabulary skills. Spencer, 2004

# Syntax

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- CI may provide syntax comprehension advantage (Geers & Moog, 1994).
- Approximately half of 8-9-yr-olds who had CIs at preschool age had IPSyn scores comparable to hearing agemates (Geers, Nicholas, & Sedey, 2003)



# **Narrative Skills**

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- Children with greater speech perception benefit with their CIs have structured narrative more like hearing children (Crosson & Geers, 2001).

# Narrative Skills

- 3 children with ci used Narrative-Based Language Intervention
  - Focuses on syntactic target and story grammar targets
  - Involves families
- Child making minimal gain had least amount of implant use (2 yrs), late implantation (6yrs, 2 m), and lowest language level
- Child making most gain had highly involved parents



# Parent Involvement

- Used multisensory strategies
- Knew how to acoustically highlight syntactic targets
  - Repetition
  - Shortened phrases
  - Increased or decreased intensity
  - Increased duration
  - Adequate response time
  - Provided recasts and contingent responses

# Parent Involvement

- Parents valued child's text and valued literacy
  - Child read created story to family members (Justice, Swanson, & Buehler (2008)



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- Evidence to date suggests that use of cochlear implants can facilitate development of phonological awareness and other language skills related to reading.
  - Picture of long-term effects of implantation for literacy is still unclear.

**What tool do we know has a  
significant & long-term  
effect on reading?**



# Results of visual exposure to spoken language: reading

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- Exposure to unfamiliar cued words led to ability to decode these words in print.
  - Alegria, Dejean, & Capouillez, 1990
- CS users demonstrated phonics and spelling abilities comparable to hearing subjects.
  - Leybaert & Charlier, 1996; Leybaert & Lechat, 2001)

- Profoundly deaf CS users achieved reading comprehension scores like hearing peers.
  - Coryell, 2001; Wandel, 1989
- CS users with CIs had inferential reading skills comparable to hearing peers.
  - Torres et al. 2008



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- Cued Speech appears to have great promise in providing the phonological awareness critical to development of strong language and literacy skills.

# PART 2



**Maximizing language has  
different purposes at  
different points:  
prevent/promote  
intervene  
remediate**

# Promoting Language Learning

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Primary Strategy:  
enhance input and uptake



# **Input and uptake**

Capitalize on developmentally critical time when brain creating perceptual categories

- develop phonological representations

# **Language Intervention**

Young Children





# Parental communication key

- Use best practices with hearing children
  - Reciprocal conversations
  - Shared attention
    - Talk about what going on; talk<-->context
    - Follow child's lead
  - CDS
    - Alter length and complexity; exaggerate prosody

# Parent communication

- Learn from deaf mothers (Spencer & Harris 2003)
  - Engage in protoconversations
    - Use facial expressions
  - Produce language timed to visual attention
    - Use visual attention-getting and directing strategies
    - Wait before commenting
  - Produce accessible and consistent input



# Language Intervention Strategies

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- Language goals
- Social competence and peer interaction

Use best early intervention techniques at your disposal as a speech-language pathologist trained in language



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- Maximize opportunities for meaningful use

# **Social competence and peer interaction**





# Peer interaction in general education classes

- Deaf students interact more with other deaf students
- Interactions more likely when hearing peers have greater patience
- Interactions likely to be positive when deaf students have relatively more hearing or English language ability
- There are limitations in communication access, particularly in informal situations
- Feelings of apprehension may inhibit communication and make it less satisfactory

# Notice and evaluate

- Social skills/ social maturity
- Social integration/acceptance
  - Accepted as friends/playmates?
- Affective functioning
  - Self esteem
  - loneliness



# **Classroom functioning**



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- Engaged in learning?
  - Participating in class?
  - Able to read to learn?
  - Using problem solving skills?



# **Language Remediation Strategies**

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# For older students

- Continue to rely on tried and true language facilitation techniques
  - Increasing saliency of input
  - Focus child's attention on specific aspects of communication
  - Real conversations--real interactions--real situations
  - Multiple opportunities with feedback
  - Focus on spoken and written literacy
  - Curriculum-based instruction



# Saliency

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- Maximize executive function in language learning
- Promote metacognitive processes
  - Monitor
  - Control
  - Revise
- Brown and Long, 1992
  - Reciprocal teaching in writing

# Focus Attention

- Focus on form
  - Writing
    - Berent et al 2008
- Focus on utterance
  - Speaking
    - Language instruction video
- SEA--Supporting English Acquisition
  - Website familiarizes instructors with structures



# **Real Conversations/ Meaningful use**

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- Real interactions and real situations
- Conversational management
  - Website and demo
- Monitor and revise
- Interviewing
- Use ESL materials

# **Classact website**

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- [www.rit.edu/ntid/drt/classact](http://www.rit.edu/ntid/drt/classact)
- Maximize access to curriculum
- Classroom strategies for teachers to use to facilitate learning by deaf students



# Targeting areas for remediation

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- Spoken and written literacy
  - Interdependence of spoken and written language

# **observations of cognitive domain-general differences**

- monitoring for importance, relevance
- Using inductive reasoning to go from specific to general
- Identifying relations between events, objects, structures
- Self-regulating performance



**Differences influence  
performance in:  
Math  
Problem solving  
Reading  
Writing**

# Language predictors of performance in math

- Reading grade level
- Knowledge of morphology  
(Kelly & Gaustad, 2006)
- Use of inner voice (Davis & Kelly, 2003)
- Verbal-operational consistency of relational statements (Kelly et al, 2003)



# **Good Readers**

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- Use phonological code
- Monitor comprehension
- Create macrostructures using relevant and important information
- Fill-in missing and inferred information

# Poor Readers

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- Slower
- Difficulty differentiating details and main ideas
- Miss discrepant or incongruent information
- May draw irrelevant or incorrect inferences
- Have weaker vocabulary
- Have reduced world knowledge or strategies for accessing knowledge for top-down processing



# Reading strategy instruction

- Create discrepant texts and use scaffolding to identify and revise
- Create rich texts that promote learning of new vocabulary through context
- Insert questions or probes in reading materials requiring “stop, think, review”
- Be careful if simplifying text, alterations may make it MORE difficult to integrate and infer

# **Morphology instruction**

- Morphological knowledge related to word recognition and reading skill
- Teach word analysis procedures involving prefixes, suffixes, and roots



# **Expressive Language**

- Differences at all levels
  - Morphology, vocabulary, syntax
- Apparent in written and spoken modes
  - Though one or the other may be better
- Many parallels to users of English as a second language
  - Suggests constraints on acquisition

# Research by Jerry Berent

- Deaf learners and ESL learners make similar mistakes
  - Related to restricted access to input-->  
COMPROMISED NOTICING
- Need to enhance input



# Focus on Form

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- Writing strategy whereby all uses of a particular syntactic form, correct and incorrect, are highlighted for student
  - Visual enhancement facilitates noticing of target language form
- Berent et al (2007) JDSDE

# Supporting English Acquisition

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- Website created by Jerry Berent
- [www.rit.edu/ntid/rate/sea/index2.html](http://www.rit.edu/ntid/rate/sea/index2.html)
- Resource for teachers of students who have limited English proficiency including students who are deaf and hard of hearing or second language learners



# **Review and Revise Form**

- Spoken language intervention strategy
  - Highlight utterance
  - Analyze utterance
  - Revise utterance
- Video example language instruction  
[www.ntid.rit.edu/speechlangpros](http://www.ntid.rit.edu/speechlangpros)

# **Foster metacognitive monitoring and control**

- Students must reflect on, analyze, evaluate, control their spoken and written language
- Self-regulate language use
- Brown & Long (1992) Volta Review
  - Used reciprocal teaching to internalize process of planning and evaluating writing



# Promote development of narrative skills

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- Elicitation strategies and materials
  - See website
- Spoken vs written mode
- Narrative analysis
  - Establishing setting and characters
  - Local and global cohesion
  - Referent specification
  - Logical and temporal connectives

# **Promote development of conversational skills**

- Conversational analysis
  - Interactions on split screen
- Monitoring and repairing
- Pragmatics section of website