RTE '16 J1 - Board Game

GoldenHippo is playing Scrabble. However, instead of playing normally, he is simply taking tiles out of a bag with practically unlimited tiles, and using them to make a sentence. However GoldenHippo is particularly concerned with the letter .
Given the sentence that GoldenHippo made, he wants you to determine the number of Ls he took, as well as the maximum number of consecutive Ls taken, without taking another letter tile.
Input Specification
The input will consist of a single line, containing the sentence that was built. The sentence will only consist of uppercase letters and spaces and will be no longer than 1000 characters.
Output Specification
A single line, with two space separated integers. The first is the total number of L tiles that were used, and the second is the maximum number of consecutive L tiles.
Sample Input 1
HELLO WORLD
Sample Output 1
3 2
Sample Input 2
TOTAL L
Sample Output 2
2 2