



Adventist University Of Central Africa

Course Title: BIBLE DOCTRINES

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Task: An Attempt to Change the Sabbath Day Is Not Supported by the Bible and Even Some Writers.

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The attempt to change the Sabbath day from the seventh day (Saturday) to the first day (Sunday) is not supported by the Bible. The Scriptures clearly show that the Sabbath is a divine institution established by God Himself at creation, affirmed in His law, kept by Jesus Christ, and respected by the apostles. Below are the main reasons:

1. The Sabbath Was Established by God at Creation

Genesis 2:2–3 shows that God rested on the seventh day, blessed it, and sanctified it. The Sabbath was instituted before sin, for all humanity, not only for Israel.

2. The Sabbath Command Is Part of God's Eternal Law

Exodus 20:8–11 includes the Sabbath in the Ten Commandments, written by God's own finger on stone, showing its permanent importance. No human has authority to change what God has sanctified.

3. Jesus Christ Honored and Kept the Sabbath

Luke 4:16 tells us that it was Jesus' custom to worship on the Sabbath. He declared, "The Son of Man is Lord even of the Sabbath" (Mark 2:28).

Jesus confirmed that He came not to destroy the law but to fulfill it (Matthew 5:17–18).

4. The Apostles and Early Church Continued Sabbath Observance

Acts 13:14, 42–44; Acts 16:13; Acts 17:2; Acts 18:4 show the apostles preaching and worshiping on the Sabbath after Christ's resurrection. There is no biblical command to change the Sabbath.

5. No Bible Verse Changes the Sabbath to Sunday

The New Testament never mentions Sunday as the new day of worship. The seventh day remains “the Sabbath of the Lord” (Exodus 20:10; Isaiah 58:13).

The resurrection of Jesus is important, but it does not replace the Sabbath.

6. The Sabbath Is a Sign Between God and His People

Ezekiel 20:12, 20 states that the Sabbath is a sign between God and His people forever.

Changing it would mean altering God’s covenant sign.

7. Writers and Historians Agree

Many historical and religious scholars acknowledge that the change from Sabbath to Sunday was made by *human tradition and church authority*, not by the Bible itself.

This confirms that the alteration lacks divine approval.

8. The Sabbath Will Be Observed in the New Earth

Isaiah 66:22–23 shows that “from one Sabbath to another, all flesh shall come to worship before God,” proving that the Sabbath is eternal and unchangeable.

Conclusion

The Sabbath was created, blessed, and sanctified by God. It was kept by Jesus, observed by the apostles, and will continue forever.

The Bible provides no command or authority for its change. Therefore, any attempt to replace the seventh-day Sabbath with Sunday is unsupported by Scripture and based on human tradition rather than divine revelation.