# The statistical analysis of non-linear longitudinal data in biomedical research using generalized additive models

Beyond repeated measures ANOVA and Linear Mixed Models

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### 6 1 Abstract

In biomedical research, the outcome of longitudinal studies has been traditionally analyzed using the repeated measures analysis of variance (rm-ANOVA) or more recently, linear mixed models (LMEMs). Although LMEMs are less restrictive than rm-ANOVA in terms of correlation and missing observations, both 30 methodologies share an assumption of linearity in the measured response, which results in biased estimates and unreliable inference when they are used to analyze data where the trends are non-linear. In contrast, 41 generalized additive models (GAMs) relax the linearity assumption, and allow the data to determine the fit 42 of the model while permitting missing observations and different correlation structures. Therefore, GAMs 43 present an excellent choice to analyze non-linear longitudinal data in the context of biomedical research. 44 This paper summarizes the limitations of rm-ANOVA and LMEMs, presents the basic theory of GAMs, and 45 uses simulated data that follows trends reported in the biomedical literature to demonstrate their implemen-46 tation in R via the package mgcv. To make this work reproducible, the code and data used in this paper are 47 available at:

# 49 2 Background

Longitudinal studies are designed to repeatedly measure a variable of interest in a group (or groups) of subjects, with the intention of observing the evolution of effect across time rather than analyzing a single 51 time point (e.g., a cross-sectional study). Biomedical research frequently uses longitudinal studies to analyze 52 the evolution of a "treatment" effect across multiple time points; and in such studies the subjects of analysis 53 range from animals (mice, rats, rabbits), to human patients, cells, or blood samples, among many others. 54 Tumor response [1–4], antibody expression [5,6], and cell metabolism [7,8] are examples of the different 55 situations where researchers have used longitudinal designs to study some physiological response. Because 57 the frequency of the measurements in a longitudinal study is dependent on the biological phenomena of interest and the experimental design of the study, the frequency of such measurements can range from minute intervals to study a short-term response such as anesthesia effects in animals[9], to weekly measurements 59 to analyze a mid-term response like the evolution of dermatitis symptoms in breast cancer patients [10], to monthly measurements to study a long-term response such as mouth opening following radiotherapy (RT) 61 in neck cancer patients [11]. Traditionally, a "frequentist" or "classical" statistical paradigm is used in biomedical research to derive inferences from a longitudinal study. The frequentist paradigm regards probability as the limit of the 64 expected outcome when an experiment is repeated a large number of times [12], and such view is applied to the analysis of longitudinal data by assuming a null hypothesis under a statistical model that is often an analysis of variance over repeated measures (repeated measures ANOVA or rm-ANOVA). The rm-ANOVA

model makes three key assumptions regarding longitudinal data: 1) linearity of the response across time, 2) constant correlation across same-subject measurements, and 3) observations from each subject are obtained at all time points through the study (a condition also known as *complete observations*) [13,14].

The expected linear behavior of the response through time is a key requisite in rm-ANOVA [15]. This 71 "linearity assumption" in rm-ANOVA implies that the model is misspecified when the data does not follow 72 a linear trend, which results in unreliable inference. In biomedical research, non-linear trends are the norm 73 rather than the exception in longitudinal studies. A particular example of this non-linear behavior in 74 longitudinal data arises in measurements of tumor response to chemo and/or radiotherapy in preclinical and 75 clinical settings [1,8,16]. These studies have shown that the collected signal does not follow a linear trend over time, and presents extreme variability at different time points, making the fit of rm-ANOVA model 77 inconsistent with the observed variation. Therefore, when rm-ANOVA is used to draw inference of such data the estimates are inevitably biased, because the model is only able to accommodate linear trends that fail 79 to adequately represent the biological phenomenon of interest.

A post hoc analysis is often used in conjunction with rm-ANOVA to perform repeated comparisons to estimate a p-value, which in turn is used as a measure of significance. Although it is possible that a post hoc analysis of rm-ANOVA is able to find "significant" p-values( p<0.05) from non-linear data, the validity of such metric is dependent on how adequate the model fits the data. In other words, p-values are valid only if the model and the data have good agreement; if that is not the case, a "Type III" error (known as "model misspecification") occurs[17]. For example, model misspecification will occur when a model that is only able to explain linear responses (such as rm-ANOVA) is fitted to data that follows a quadratic trend, thereby causing the resulting p-values and parameter estimates to be invalid [18].

Additionally, the *p-value* itself is highly variable, and multiple comparisons can inflate the false positivity rate (Type I error or  $\alpha$ ) [19,20], consequently biasing the conclusions of the study. Corrections exist to address the Type I error issue of multiple comparisons (such as Bonferroni [21]), but they in turn reduce statistical power  $(1-\beta)[22]$ , and lead to increased Type II error (failing to reject the null hypothesis when the null hypothesis is false) [23,24]. Therefore, the tradeoff of *post hoc* comparisons in rm-ANOVA between Type I, II and III errors might be difficult to resolve in a biomedical longitudinal study where a delicate balance exists between statistical power and sample size.

On the other hand, the assumption of constant correlation in rm-ANOVA (often known as the *compound* symmetry assumption) is typically unreasonable because correlation between the measured responses often diminishes as the time interval between the observation increases [25]. Corrections can be made in rm-ANOVA in the absence of compound symmetry [26,27], but the effectiveness of the correction is limited by the size of the sample, the number of measurements[28], and group sizes [29]. In the case of biomedical research, where living subjects are frequently used, sample sizes are often not "large" due to ethical and budgetary reasons [30] which might cause the corrections for lack of compound symmetry to be ineffective.

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Due to a variety of causes, the number of observations during a study can vary between all subjects. For example, in a clinical trial patients may voluntarily withdraw, whereas attrition due to injury or weight loss in preclinical animal studies is possible. It is even plausible that unexpected complications with equipment or supplies arise that prevent the researcher from collecting measurements at certain time points. In each of these missing data scenarios, the *complete observations* assumption of classical rm-ANOVA is violated. When incomplete observations occur, a rm-ANOVA model is fit by excluding all subjects with missing observations from the analysis [13]. This elimination of partially missing data from the analysis can result in increased costs if the desired statistical power is not met with the remaining observations, because it would be necessary to enroll more subjects. At the same time, if the excluded observations contain insightful information that is not used, their elimination from the analysis may limit the demonstration of significant differences between groups.

During the last decade, the biomedical community has started to recognize the limitations of rm-ANOVA in the analysis of longitudinal data. The recognition on the shortcomings of rm-ANOVA is exemplified by the use of linear mixed effects models (LMEMs) by certain groups to analyze longitudinal tumor response data [8,16]. Briefly, LMEMs incorporate *fixed effects*, which correspond to the levels of experimental factors in the study (e.g., the different drug regimens in a clinical trial), and *random effects*, which account for random

variation within the population (e.g., the individual-level differences not due to treatment such as weight or age). When compared to the traditional rm-ANOVA, LMEMs are more flexible as they can accommodate missing observations for multiple subjects and allow different modeling strategies for the variability within each measure in every subject [15]. However, LMEMs impose restrictions in the distribution of the errors of the random effects, which need to be normally distributed and independent [13,31]. And even more importantly, LMEMs also assume a linear relationship between the response and time [15], making them unsuitable to analyze non-linear data.

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As the rm-ANOVA and the more flexible LMEM approaches make overly restrictive assumptions regarding the linearity of the response, there is a need for biomedical researchers to explore the use of additional statistical tools that allow the data (and not an assumption in trend) to determine the trend of the fitted model, to enable appropriate inference.

In this regard, generalized additive models (GAMs) present an alternative approach to analyze longitudinal 130 data. Although not frequently used by the biomedical community, these semi-parametric models are cus-131 tomarily used in other fields to analyze longitudinal data. Examples of the use of GAMs include the analysis 132 of temporal variations in geochemical and palaeoecological data [32–34], health-environment interactions 133 [35] and the dynamics of government in political science [36]. There are several advantages of GAMs over 134 LMEMs and rm-ANOVA models: 1) GAMs can fit a more flexible class of smooth responses that enable 135 the data to dictate the trend in the fit of the model, 2) they can model non-constant correlation between repeated measurements [37] and 3) can easily accommodate missing observations. Therefore, GAMs can 137 provide a more flexible statistical approach to analyze non-linear biomedical longitudinal data than LMEMs 138 and rm-ANOVA. 139

The current advances in programming languages designed for statistical analysis (specifically R), have eased the computational implementation of traditional models such as rm-ANOVA and more complex approaches such as LMEMs and GAMs. In particular, R[38] has an extensive collection of documentation and functions to fit GAMs in the package mgcv [37,39] that not only speed up the initial stages of the analysis but also enable the use of advanced modeling structures (e.g. hierarchical models, confidence interval comparisons) without requiring advanced programming skills from the user. At the same time, R has many tools that simplify data simulation, an emerging strategy used to test statistical models [28]. Data simulation methods allow the researcher to create and explore different alternatives for analysis without collecting information in the field, reducing the time window between experiment design and its implementation, and simulation can be also used for power calculations and study design questions.

This work provides biomedical researchers with a clear understanding of the theory and the practice of using GAMs to analyze longitudinal data using by focusing on four areas. First, the limitations of LMEMs and rm-151 ANOVA regarding linearity of response, constant correlation structures and missing observations is explained 152 in detail. Second, the key theoretical elements of GAMs are presented using clear and simple mathematical 153 notation while explaining the context and interpretation of the equations. Third, using simulated data that reproduces patterns in previously reported studies [16] we illustrate the type of non-linear longitudinal 155 data that often occurs in biomedical research. The simulated data experiments highlight the differences in inference between rm-ANOVA, LMEMs and GAMs on data similar to what is commonly observed in 157 biomedical studies. Finally, reproducibility is emphasized by providing the code to generate the simulated data and the implementation of different models in R, in conjunction with a step-by-step guide demonstrating 159 how to fit models of increasing complexity. 160

In summary, this work will allow biomedical researchers to identify when the use of GAMs instead of rmANOVA or LMEMs is appropriate to analyze longitudinal data, and provide guidance on the implementation
of these models by improving the standards for reproducibility in biomedical research.

# 3 Challenges presented by longitudinal studies

#### 3.1 The repeated measures ANOVA

The repeated measures analysis of variance (rm-ANOVA) is the standard statistical analysis for longitudinal data in biomedical research. This statistical methodology requires certain assumptions for the model to be valid. From a practical view, the assumptions can be divided in three areas: 1) linear relationship between covariates and response, 2) a constant correlation between measurements, and, 3) complete observations for all subjects. Each one of these assumptions is discussed below.

#### 171 3.2 Linear relationship

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#### 3.2.1 The repeated measures ANOVA case

In a longitudinal biomedical study, two or more groups of subjects (e.g., human subject, mice, samples) are subject to different treatments (e.g., a "treatment" group receives a novel drug or intervention vs. a "control" group that receives a placebo), and measurements from each subject within each group are collected at specific time points. The collected response is modeled with *fixed* components. The *fixed* component can be understood as a constant value in the response which the researcher is interested in measuring, i.e., the average effect of the novel drug/intervention in the "treatment" group.

Mathematically speaking, a rm-ANOVA model with an interaction can be written as:

$$y_{iit} = \beta_0 + \beta_1 \times time_t + \beta_2 \times treatment_i + \beta_3 \times time_t \times treatment_i + \varepsilon_{iit}$$
 (1)

In this model  $y_{ijt}$  is the response for subject i, in treatment group j at time t, which can be decomposed in a mean value  $\beta_0$ , fixed effects of time  $(time_t)$ , treatment  $(treatment_j)$  and their interaction  $time_t*treatment_j$  which have linear slopes given by  $\beta_1, \beta_2$  and  $\beta_3$ , respectively. Independent errors  $\varepsilon_{tij}$  represent random variation not explained by the fixed effects, and are assumed to be  $\sim N(0, \sigma^2)$  (independently and identically normally distributed with mean zero and variance  $\sigma^2$ ). In a biomedical research context, suppose two treatments groups are used in a study (e.g., "placebo" vs. "novel drug" or "saline" vs. "chemotherapy"). Then, the group terms in Equation (1) can be written as below with  $treatment_j = 0$  representing the first treatment group (Group A) and  $treatment_j = 1$  representing the second treatment group (Group B). The linear models then can be expressed as

$$y_{ijt} = \begin{cases} \beta_0 + \beta_1 \times time_t + \varepsilon_{ijt} & \text{if Group A} \\ \beta_0 + \beta_2 + \beta_1 \times time_t + \beta_3 \times time_t + \varepsilon_{ijt} & \text{if Group B} \end{cases}$$
 (2)

To further simplify the expression, substitute  $\widetilde{\beta_0} = \beta_0 + \beta_2$  and  $\widetilde{\beta_1} = \beta_1 + \beta_3$  in the equation for Group B.

This substitution allows for a different intercept and slope for Groups A and B. The model is then written as

$$y_{ijt} = \begin{cases} \beta_0 + \beta_1 \times time_t + \varepsilon_{ijt} & \text{if Group A} \\ \widetilde{\beta_0} + \widetilde{\beta_1} \times time_t + \varepsilon_{ijt} & \text{if Group B} \end{cases}$$
 (3)

Presenting the model in this manner makes clear that when treating different groups, an rm-ANOVA model is able to accommodate non-parallel lines in each case (different intercepts and slopes per group). In other words, the rm-ANOVA model "expects" a linear relationship between the covariates and the response, this means that either presented as Equation (1), Equation (2) or Equation (3), an rm-ANOVA model is only able to accommodate linear patterns in the data. If the data show non-linear behavior, the rm-ANOVA model will approximate this behavior with non-parallel lines.

#### 3.2.2 The Linear Mixed Model Case

A linear mixed model (LMEM) is a class of statistical model that incorporates fixed effects to model the relationship between the covariates and the response, and random effects to model subject variability that is not the primary focus of the study but that might be important to distinguish [15,40]. A LMEM with interaction between time and treatment for a longitudinal study can be written as:

$$y_{ijt} = \beta_0 + \beta_1 \times time_t + \beta_2 \times treatment_j + \beta_3 \times time_t \times treatment_j + \mu_{ij} + \varepsilon_{ijt}$$
(4)

When Equation (1) and Equation (4) are compared, it is easily noticeable that LMEM and rm-ANOVA have the same construction regarding the fixed effects of time and treatment, but that the LMEM incorporates an additional source of variation (the term  $\mu_{ij}$ ). This term  $\mu_{ij}$  is the one that corresponds to the random effect, accounting for variability in each subject within each group. The random component can also be understood as used to model some "noise" in the response, but that is intended to be analyzed and disentangled from the "global noise" term  $\varepsilon_{ijt}$  from Equation (1).

For example, if the blood concentration of the drug is measured in certain subjects in the early hours of the morning while other subjects are measured in the afternoon, it is possible that the difference in the collection time introduces some "noise" in the data. As the name suggests, this "random" variability needs to be modeled as a variable rather than as a constant value. The random effect  $\mu_{ij}$  in Equation (4) is assumed to be  $\mu_{ij} \sim N(0, \sigma_{\mu}^2)$ . In essence,the random effect in a LMEM enables to fit models with different slopes at the subject-level[15]. However,the expected linear relationship of the covariates and the response in Equation (1) and in Equation (4) is essentially the same, representing a major limitation of LMEMs to fit a non-linear response.

#### 3.3 Covariance in rm-ANOVA and LMEMs

In a longitudinal study there is an expected *covariance* between repeated measurements on the same subject, and because repeated measures occur in the subjects within each group, there is a *covariance* between measurements at each time point within each group. The *covariance matrix* (also known as the variance-covariance matrix) is a matrix that captures the variation between and within subjects in a longitudinal study [41] (For an in-depth analysis of the covariance matrix see [40,42]).

In the case of an rm-ANOVA analysis, it is typically assumed that the covariance matrix has a specific construction known as compound symmetry (also known as "sphericity" or "circularity"). Under this assumption, the between-subject variance and within-subject correlation are constant across time [26,42,43]. However, it has been shown that this condition is frequently not justified because the correlation between measurements tends to change over time [44]; and it is higher between consecutive measurements [13,25]. Although corrections can be made (such as Huyhn-Feldt or Greenhouse-Geisser)[26,27] the effectiveness of each correction is limited because it depends on the size of the sample, the number of repeated measurements [28], and they are not robust if the group sizes are unbalanced [29]. Because biomedical longitudinal studies are often limited in sample size and can have an imbalanced design, the corrections required to use an rm-ANOVA model may not be able to provide a reasonable adjustment that makes the model valid.

In the case of LMEMs, one key advantage over rm-ANOVA is that they allow different structures for the variance-covariance matrix including exponential, autoregressive of order 1, rational quadratic and others [15]. Nevertheless, the analysis required to determine an appropriate variance-covariance structure for the data can be a challenging process by itself. Overall, the spherical assumption for rm-ANOVA may not capture the natural variations of the correlation in the data, and can bias the inferences from the analysis.

#### 3.4 Missing observations

Missing observations are an issue that arises frequently in longitudinal studies. In biomedical research, this situation can be caused by reasons beyond the control of the investigator [45]. Dropout from patients

and attrition or injury in animals are among the reasons for missing observations. Statistically, missing information can be classified as missing at random (MAR), missing completely at random (MCAR), and missing not at random (MNAR) [42]. In a MAR scenario, the pattern of the missing information is related to some variable in the data, but it is not related to the variable of interest [46]. If the data are MCAR, this means that the missingness is completely unrelated to the collected information [47], and in the case of MNAR the missing values are dependent on their value.

An rm-ANOVA model assumes complete observations for all subjects, and therefore subjects with one or more missing observations are excluded from the analysis. This is inconvenient because the remaining subjects might not accurately represent the population, and statistical power is affected by this reduction in sample size [48]. In the case of LMEMs, inferences from the model are valid when missing observations in the data exist that are MAR or MCAR [40]. For example, if attrition occurs in all mice that had lower weights at the beginning of a chemotherapy response study, the missing data can be considered MAR because the missigness is unrelated to other variables of interest.

# 3.5 What does an rm-ANOVA fit looks like? A visual representation using simulated data

To visually demonstrate the limitations of rm-ANOVA an LMEMs for non-linear longitudinal data, this section presents a simulation experiment of a normally distributed response of two groups of 10 subjects each. An rm-ANOVA model (Equation (1)), and a LMEM (Equation (4)) are fitted to each group, using R[38] and the package nlme[49].

Briefly, two cases for the mean responses for each group are considered: in the first case, the mean response in each group is a linear function with different intercepts and slopes; a negative slope is used for Group 1 and a positive slope is used for Group 2 (Figure 1, A). In the second case, a second-degree polynomial (quadratic) function is used for the mean response per group: the quadratic function is concave down for Group 1 and it is concave up for Group 2 (Figure 1, C). In both the linear and quadratic simulated data, the groups start with the same mean value at the first time point. This is intentional in order to simulate the expected temporal evolution of some physiological quantity, which is typical in biomedical experiments.

Specifically, the rationale for the chosen linear and quadratic functions is the likelihood that a measured response in two treatment groups is similar in the initial phase of the study, but as therapy progresses a divergence in the trend of the response indicates a treatment effect. In other words, Group 1 can be thought as a "Control" group and Group 2 as a "Treatment" group. From the mean response per group (linear or quadratic), the variability or "error" of individual responses within each group is simulated using a covariance matrix with compound symmetry (constant variance across time). Thus, the response per subject in both the linear and quadratic simulation corresponds to the mean response per group plus the error (Figure 1 B,D).

A more comprehensive exploration of the fit of rm-ANOVA and LMEMs for linear and non-linear longitudinal appears in Figure 5 and Figure 6 in the Appendix, where simulation with compound symmetry and independent errors (errors generated from a normal distribution that are not constant over time) and the plot of simulated errors, and fitted parameters in presented. We are aware that the simulated data used in this section present an extreme case that might not occur frequently in biomedical research, but they are used as a representation of the consequences of modeling non-linear data with a linear model such as rm-ANOVA or LMEMs. Of notice, Section 5 uses simulated data that does follow reported trends in the biomedical literature.

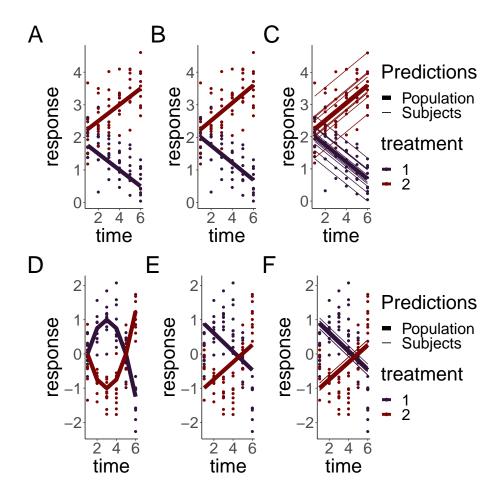


Figure 1: Simulated linear responses from two groups with correlated (top row) or independent (bottom row) errors using a LMEM and a rm-ANOVA model. A, D: Simulated data with known mean response (linear or quadratic, thin lines) and individual responses (points) showing the dispersion of the data. B,E: Estimates from the rm-ANOVA model for the mean group response (linear of quadratic). Points represent the original raw data. The rm-ANOVA model not only fails to pick the trend of the quadratic data but also assigns a global estimate that does not take between-subject variation. C, F: Estimates from the LMEM model in the linear and quadratic case. The LMEM incorporates a random effect for each subject, but this model and the rm-ANOVA model are unable to follow the trend of the data in each group and grossly bias the initial estimates for each group.

The simulation shows that the fit produced by the LMEM and the rm-ANOVA model is good for linear data, as the predictions for the mean response are reasonably close to the "truth" of the simulated data (Figure 1,B, E). When the linearity and compound symmetry assumptions are met, the model approximates well the individual trends and the mean trends by group.

However, consider the case when the data follows a non-linear trend, such as the simulated data in Figure 1, C. Here, the mean response per group was simulated using a quadratic function but errors, individual responses and the rm-ANOVA model were produced in the same manner as in (Figure 1 A and B). The mean response in the simulated data with quadratic behavior is changing in each group through the timeline, and the mean value is the same as the initial value by the fifth time point for each group. Fitting an rm-ANOVA model (1) or a LMEM (4) to this data produces the fit that appears in panels E and F in Figure 1.

A comparison of the fitted mean response of the LMEM and the rm-ANOVA model to the simulated data in Figure ((1, E, F) indicates that the models are not capturing the changes within each group. Specifically, note that the fitted mean response of both models (panel E, F) show that the change (increase for Treatment 1 or decrease for Treatment 2) in the response through time points 2 and 4 is not being captured. The LMEM

is only able to account for between-subject variation by providing different intercepts to each subject, but both models are not able to capture the fact that the initial values are the same in each group, and instead fit non-parallel lines that have initial values that are markedly different from the "true" initial values in each case (compare panel D with panels E and F). If such a change has important physiological implications, both rm-ANOVA and LMEMs omit it from the fitted mean response. Thus, even though the model correctly detects a divergence between treatment groups, the exact nature of this difference is not correctly identified, limiting valuable inferences from the data.

This section has used simulation to better convey the limitations of linearity and correlation in the response in non-linear data. Although the model fitted to the simulated data was an rm-ANOVA model, the main issue of an expected linear trend in the response is the same in the case of a LMEM. In the following section, we present generalized additive models (GAMs) as a data-driven alternative method to analyze longitudinal non-linear data.

# 4 GAMs as a special case of Generalized Linear Models

#### 310 4.1 GAMs and Basis Functions

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Generalized linear models (GLMs) are a family of models that fit a linear response function to data that do not have normally distributed errors[50]. In contrast, GAMs are a family of regression-based methods for estimating smoothly varying trends and are a broader class of models that contain the GLM family as a special case[34,37,51]. A GAM model can be written as:

$$y_{ijt} = \beta_0 + f(x_t \mid \beta_i) + \varepsilon_{ijt} \tag{5}$$

Where  $y_{ijt}$  is the response at time t of subject i in group j,  $\beta_0$  is the expected value at time 0, the change of  $y_{ijt}$  over time is represented by the *smooth function*  $f(x_t \mid \beta_j)$  with inputs as the covariates  $x_t$  and parameters  $\beta_j$ , and  $\varepsilon_{ijt}$  represents the residual error.

In contrast to the linear functions used to model the relationship between the covariates and the response in rm-ANOVA or LMEM, GAMs use more flexible *smooth functions*. This approach is advantageous as it does not restrict the model to a linear relationship, although a GAM will estimate a linear relationship if the data is consistent with a linear response. One possible set of functions for  $f(x_t \mid \beta_j)$  that allow for non-linear responses are polynomials, but a major limitation is that polynomials create a "global" fit as they assume that the same relationship exists everywhere, which can cause problems with inference [36]. In particular, polynomial fits are known to show boundary effects because as t goes to  $\pm \infty$ ,  $f(x_t \mid \beta_j)$  goes to  $\pm \infty$  which is almost always unrealistic, and causes bias at the endpoints of the time period.

The smooth functional relationship between the covariates and the response in GAMs is specified using a semi-parametric relationship that can be fit within the GLM framework, by using basis function expansions of the covariates and by estimating random coefficients associated with these basis functions. A basis is a set of functions that spans the mathematical space where the smooths that approximate  $f(x_t | \beta_j)$  exist [34]. For the linear model in Equation (1), the basis coefficients are  $\beta_1$ ,  $\beta_2$  and  $\beta_3$  and the basis vectors are  $time_t$ ,  $treatment_j$  and  $time_t \times treatment_j$ . The basis function then, is the combination of basis coefficients and basis vectors that map the possible relationship between the covariates and the response [52], which in the case of Equation (1) is restricted to a linear family of functions. In the case of Equation (5), the basis function is  $f(x_t | \beta_j)$ , which means that the model allows for non-linear relationships among the covariates.

Commonly used basis functions are splines (cubic, thin plate regression among others). A cubic spline is a smooth curve constructed from cubic polynomials joined together in a manner that enforces smoothness, and thin plate regression splines are an optimized version that work well with noisy data [34,37]. Splines have a long history in solving semi-parametric statistical problems and are often a default choice to fit GAMs as they are a simple, flexible and powerful option to obtain smoothness [53]. Therefore, this data-driven

flexibility in GAMs overcomes the limitation that occurs in LMEMs and rm-ANOVA when the data is non linear.

To further clarify the concept of basis functions and smooth functions, consider the simulated response for 342 Group 1 in Figure (1, C). The simplest GAM model that can be used to estimate such response is that of a 343 single smooth term for the time effect; i.e., a model that fits a smooth to the trend of the group through time. 344 The timeline can be divided in equally spaced knots, each knot being a region where a different basis function 345 will be used. Because there are six timepoints for this group, five knots can be used. The model with five 346 knots to construct the smooth term means that it will have four basis functions (plus one that corresponds 347 to the intercept). The choice of basis functions is already optimized in the package mqcv depending on the 348 number of knots. In Panel A of Figure 2, the four basis functions (and the intercept) are shown. Each of the 349 basis functions is composed of six different points (because there are six points on the timeline). To control the "wigliness" of the fit, each of the basis functions of Panel A is weighted by multiplying it by a coefficient 351 according to the matrix of Panel B. The parameter estimates are penalized where the penalty reduces the 352 "wigliness" of the smooth fit to prevent overfitting: A weak penalty estimate will result in wiggly functions 353 whereas a strong penalty estimate provides evidence that a linear response is appropriate. 354

In other words, the six points of each basis are multiplied by the corresponding coefficient in panel B, thereby increasing or decreasing the original basis functions of Panel A. In Figure 2, Panel C shows the resulting penalized basis functions. Note that the penalization for basis 1 has resulted in a decrease of its overall value (because the coefficient for that basis function is negative and less than 1); on the other hand, basis 3 has roughly doubled its value. Finally, the penalized basis functions are added at each timepoint to produce the smooth term. The resulting smooth term for the effect of *time* is shown in Panel D (orange line) along the simulated values per group, which appear as points.

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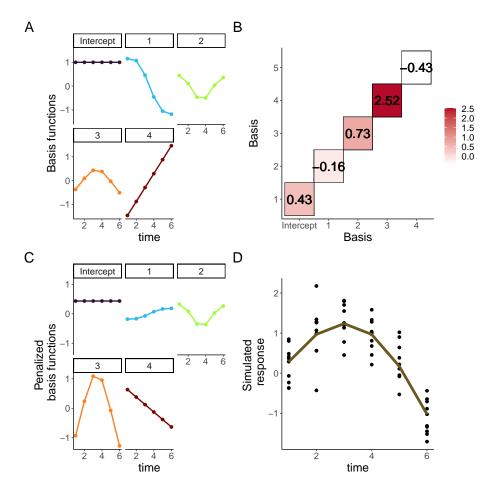


Figure 2: Basis functions for a single smoother for time with five knots. A: Basis functions for a single smoother for time for the simulated data of Group 1 from Figure 2, the intercept basis is not shown. B: Matrix for basis function penalization. Each basis function is multiplied by a coefficient which can be positive or negative. The coefficient determines the overall effect of each basis in the final smoother. C: Weighted basis functions. Each of the four basis functions of panel A has been weighted by the corresponding coefficient shown in Panel B, note the corresponding increase (or decrease) of each basis. D: Smoother for time and original data points. The smoother (line) is the result of the sum of each penalized basis function at each time point, with simulated values for the group shown as points.

# 5 The analysis of longitudinal biomedical data using GAMs

The previous sections provided the basic framework to understand the GAM framework and how these models are more advantageous to analyze non-linear longitudinal data when compared to rm-ANOVA or LMEMs. This section will use simulation to present the practical implementation of GAMs for longitudinal biomedical data using R and the package mgcv. The code for the simulated data and figures, and a brief guide for model selection and diagnostics appear in the Appendix.

#### 5.1 Simulated data

The simulated data is based on the reported longitudinal changes in oxygen saturation (StO<sub>2</sub>) in subcutaneous tumors that appear in Figure 3, C in [16]. In the paper, diffuse reflectance spectroscopy was used to quantify StO<sub>2</sub> changes in both groups at the same time points (days 0, 2, 5, 7 and 10). In the "Treatment" group (chemotherapy) an increase in StO<sub>2</sub> is observed through time, while a decrease is seen in the "Control" (saline) group. Following the reported trend, we simulated 10 normally distributed observations at each time point with a standard deviation (SD) of 10% (matching the SD in the original paper). The simulated and real data appear in Figure 3, A and the inlet, respectively.

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An interaction effect is typically the main interest in longitudinal biomedical data, as it takes into account treatment, time, and their combination. In a practical sense, when a GAM is implemented for longitudinal data, a smooth can be added to the model for the *time* effect to account for the repeated measures over time. Although specific methods of how GAMs model correlation structures is a topic beyond the scope of this paper, it suffices to say that GAMs are flexible and can handle correlation structures beyond compound symmetry. A detailed description on basis functions and correlations can be found in [52].

For the data in Figure 3, A the main effect of interest is how  $StO_2$  changes over time for each treatment. To estimate this, the model needs to incorporate independent smooths for Group and Day, respectively. The main thing to consider is that model syntax accounts for the fact that one of the variables is numeric (Day) and the other is a factor (Group). Because the smooths are centered at 0, the factor variable needs to be specified as a parametric term in order to identify any differences between the groups. Using R and the package mgcv the model syntax is:

```
m1<-gam(St02_sim~Group+s(Day,by=Group,k=5), method='REML',data=dat_sim)
```

This syntax specifies that m1 will store the model, and that the change in the simulated oxygen saturation (St02 sim) is modeled using independent smooths for Group and Day (the parenthesis preceded by s) using 391 5 knots. The smooth is constructed by default using thin plate regression splines. Other splines can be used if desired, including gaussian process smooths [34]. The parametric term Group is added to quantify differences 393 in the effect of treatment between groups, and the method chosen to select the smoothing parameters is the 394 restricted maximum likelihood (REML) [37]. When the smooths are plotted over the raw data, it is clear 305 that the model has been able to capture the trend of the change of StO<sub>2</sub> for each group across time (Figure 396 3,B). Model diagnostics can be obtained using the gam. check function, and the function appraise from the 397 package gratia [54]. A guide for model selection and diagnostics is in the Appendix, and an in-depth analysis 398 can be found in [37] and [55]. 399

One question that might arise at this point is "what is the fit that an rm-ANOVA model produces for the simulated data?" The rm-ANOVA model, which corresponds to Equation (1) is presented in Figure 3,C.
This is a typical case of model misspecification: The slopes of each group are different, which would lead to a *p-value* indicating significance for the treatment and time effects, but the model is not capturing the changes that occur at days 2 and between days 5 and 7, whereas the GAM model is able to do so (Figure 3,B).

Because GAMs do not require equally-spaced or complete observations for all subjects, they are advantageous to analyze longitudinal data where missingness exists. The rationale behind this is that GAMs are able to pick the trend in the data even when some observations are missing. However, this usually causes the resulting smooths to have wider confidence intervals and less ability to pick certain trends. Consider the simulated StO<sub>2</sub> values from Figure (3, B). If 40% of the total observations are randomly deleted and the same interaction GAM fitted for the complete dataset is used, the resulting smooths are still able to show a different trend for each group, but it can be seen that the smooths overlap during the first 3 days because with less data points, the trend is less pronounced than in the full dataset (3, D). Although the confidence intervals have increased for both smooths, the model still shows different trends with as little as 4 observations per group at certain time points.

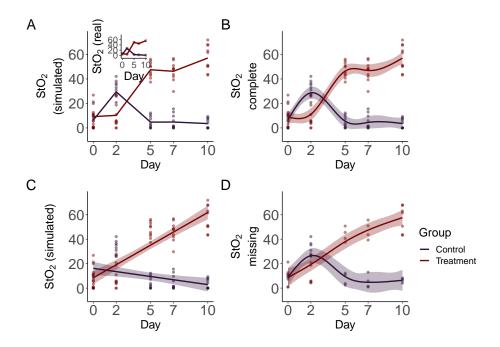


Figure 3: Simulated data and smooths for oxygen saturation in tumors. A: Simulated data that follows previously reported trends (inset) in tumors under chemotherapy (Treatment) or saline (Control) treatment. Simulated data is from a normal distribution with standard deviation of 10% with 10 observations per time point. Lines indicate mean oxygen saturation B: Smooths from the GAM model for the full simulated data with interaction of Group and Treatment. Lines represent trends for each group, shaded regions are 95% confidence intervals. C: rm-ANOVA model for the simulated data, the model does not capture the changes in each group over time. D: Smooths for the GAM model for the simulated data with 40% of its observations missing. Lines represent trends for each group, shaded regions are 95% confidence intervals.

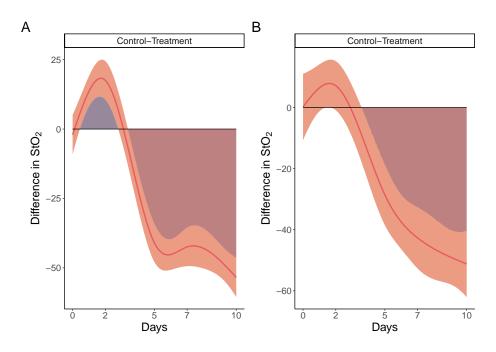


Figure 4: Pairwise comparisons for smooth terms. A: Pairwise comparisons for the full dataset. B: Pairwise comparisons for the dataset with missing observations. Significant differences exist where the interval does not cover 0. In both cases the effect of treatment is significant after day 5.

### 5.3 Determination of significance in GAMs for longitudinal data

At the core of a biomedical longitudinal study lies the question of a significant difference between the effect of two or more treatments in different groups. Whereas in rm-ANOVA a post-hoc analysis is required to answer such question by calculating some p-values after multiple comparisons, GAMs can use a different approach to estimate significance. In essence, the idea behind the estimation of significance in GAMs across different treatment groups is that if the difference between the confidence intervals of the fitted smooths for such groups is non-zero, then a significant difference exists at that time point(s). The absence of a p-value in this case might seem odd, but the confidence interval comparison can be conceptualized in the following manner: Different trends in each group are an indication of an effect by the treatment. This is what happens for the simulated data in Figure 3, A where the chemotherapy causes StO<sub>2</sub> to increase over time.

With this expectation of different trends in each group, computing the difference between the trends will identify if the observed change is significant. The difference between groups with similar trends is likely to yield zero, which would indicate that the treatment is not causing a change in the response in one of the groups (assuming the other group is a Control or Reference group).

Consider the calculation of pairwise differences for the smooths in Figure 3, B and D. Figure 4, shows the comparison between each treatment group for the full and missing datasets. Here, the "Control" group is used as the reference to which "Treatment" group is being compared. Of notice, the pairwise comparison has been set on the response scale (see Appendix for code details), because otherwise the comparison appears shifted and is not intuitively easy to relate to the original data.

With this correction in mind, the shaded region under or above the confidence interval (that does not cover 0) indicates the interval where each group has a higher effect than the other. Notice that the shaded region between days 0 and 3 for the full dataset indicates that through that time, the "Control" group has higher StO<sub>2</sub>, but as therapy progresses the effect is reversed and by day 4 it is the "Treatment" group the one that has greater StO<sub>2</sub>. This would suggest that the effect of chemotherapy in the "Treatment" group becomes significant after day 4 for the model used. Moreover, notice that although there is no actual measurement at day 4, the model is capable of providing an estimate of when the shift in StO<sub>2</sub> occurs.

On the data with missing observations (Figure 3, D), the confidence intervals of the smooths overlap between days 0 and 3. Consequently, the smooth pairwise comparison (Figure 4, B) shows that there is not a significant 443 difference between the groups during that period, but is still able to pick the change on day 4 as the full 444 dataset smooth pairwise comparison.

In a sense, the pairwise smooth comparison is more informative than a post-hoc p-value. For biomedical 446 studies, it is able to provide an estimate of when a biological process becomes significant. This is advanta-447 geous because it can help researchers gain insight on metabolic changes and other biological processes that 448 can be worth examining, and can help refine the experimental design of future studies in order to obtain 449 measurements at time points where a significant change is expected.

#### 6 Discussion 451

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Biomedical longitudinal non-linear data is particularly challenging to analyze due to the likelihood of missing observations and different correlation structures in the data, which limit the use of rm-ANOVA. Although 453 LMEMs have started to replace rm-ANOVA as the choice to analyze biomedical data, both methods yield 454 biased estimates when they are used to fit non-linear data as we have visually demonstrated in Section 3.5. 455 This "model misspecification" error, also is known as" "Type III" error [17] is particularly important because 456 although the p-value is the common measure of statistical significance, the validity of its interpretation is 457 determined by the agreement of the data and the model. Guidelines for statistical reporting in biomedical 458 journals exist (the SAMPL guidelines) [56] but they have not been widely adopted and in the case of longitudinal data, we consider that researchers would benefit from reporting a visual assessment of the 460 correspondence between the model fit and the data, instead of merely relying on a  $R^2$  value. 461

In this paper we have presented GAMs as a suitable method to analyze non-linear longitudinal data. It is 462 interesting to note that although GAMs are a well established method to analyze temporal data in different 463 fields (among which are palaeoecology, geochemistry, and ecology) [33,52] they are not routinely used in 464 biomedical research despite an early publication from Hastie and Tibshirani that demonstrated their use in 465 medical research [57]. This is possibly due to the fact that the theory behind GAMs can seem very different from that of rm-ANOVA and LMEMs, but the purpose of Section 4 is to demonstrate that at its core the 467 theory quite simple: Instead of using a linear relationship to model the response (as rm-ANOVA and LMEMs 468 do), GAMs use basis functions to build smooths that are capable of following non-linear trends in the data. 469

However, from a practical standpoint is equally important to demonstrate how GAMs are computationally implemented. We have provided an example on how GAMs can be fitted using simulated data that follows trends reported in biomedical literature [16] using R and the package mqcv[37] in Section 5, while a basic workflow for model selection is in the Appendix. One of the features of GAMs is that they go beyond a mere p-value to indicate differences between groups, and in turn provide a time-based estimate of shifts in the response that can be directly tied to biological values as the pairwise smooth comparisons in Figure 4 indicate. The model is therefore able to provide an estimate of significant change between the groups at time points were data was not directly measured even with missing data exists (  $\approx$  day 4 in Figure 4 A, B), which can be used by researchers as feedback on experiment design and to further evaluate important biological changes in future studies.

We have used R as the software of choice for this paper because not only provides a fully developed environ-480 ment to fit GAMs, but also eases simulation (which is becoming increasingly used for exploratory statistical analysis and power calculations) and provides powerful and convenient methods of visualization, which are key aspects that biomedical researchers might need to consider to make their work reproducible. In this regard, reproducibility is still an issue in biomedical research [58,59], but it is becoming apparent that what other disciplines have experienced in this aspect is likely to impact soon rather than later this field. Researchers need to plan on how they will make their data, code, and any other materials open and accessible as more journals and funding agencies recognize the importance and benefits of open science in biomedical research. We have made all the data and code used in this paper accessible, and we hope that this will encourage other researchers to do the same with future projects.

# 7 Conclusion

We have presented GAMs as a method to analyze longitudinal biomedical data. Future directions of this work will include simulation-based estimations of statistical power using GAMs, as well as demonstrating the prediction capabilities of these models using large datasets. By making the data and code used in this paper accessible, we hope to address the need of creating and sharing reproducible work in biomedical research.

# 8 Acknowledgements

This work was supported by the National Science Foundation Career Award (CBET 1751554) and the Arkansas Biosciences Institute.

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# 618 A Code for Manuscript data

This section presents the code used to generate figures, models and simulated data from Sections 3 and 4 from the main manuscript.

# A.1 Compound symmetry and independent errors in linear and quadratic responses

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This section simulated linear and quadratic data in the same manner as in Section 3.5. The linear simulations using Figure 5 show in panels A and D the simulated mean responses and individual data points. Panels C and G show a visual interpretation of "correlation" in the responses: In panel C, subjects that have a value of the random error  $\varepsilon$  either above or below the mean group response are more likely to have other observations that follow the same trajectory, thereby demonstrating correlation in the response. In panel G, because the errors are independent, there is no expectation that responses are likely to follow a similar pattern. Panels D and H show the predictions from the rm-ANOVA model.

The following code produces a more comprehensive exploration of Figure 1 in the main manuscript.

```
631
   set.seed(1)
   #########Section for calculations###########
633
635
   ## Example with linear response
637
   #This function simulates data using a linear or quadratic mean response
638
      and each with correlated
639
   #or uncorrelated errors. Each group has a different slope/concavity.
   example <- function(n_time = 6, #number of time points</pre>
641
                         fun_type = "linear", #type of response
642
                         error_type = "correlated") {
643
644
     if (!(fun_type %in% c("linear", "quadratic")))
645
       stop('fun type must be either "linear", or "quadratic"')
646
     if (!(error_type %in% c("correlated", "independent")))
       stop('fun_type must be either "correlated", or "independent"')
648
649
650
     x \leftarrow seq(1,6, length.out = n time)
652
     #Create mean response matrix: linear or quadratic
653
     mu <- matrix(0, length(x), 2)</pre>
654
     # linear response
     if (fun_type == "linear") {
656
       mu[, 1] <- - (0.25*x)+2
657
       mu[, 2] < -0.25*x+2
658
     } else {
659
       # quadratic response (non-linear)
660
661
       mu[, 1] < - (0.25 * x^2) +1.5*x-1.25
662
       mu[, 2] \leftarrow (0.25 * x^2) -1.5*x+1.25
663
664
665
     #create an array where individual observations per each time point for
         each group are to be stored. Currently using 10 observations per
667
         timepoint
668
     y \leftarrow array(0, dim = c(length(x), 2, 10))
669
     #Create array to store the "errors" for each group at each timepoint.
671
         The "errors" are the
672
     #between-group variability in the response.
673
```

```
errors \leftarrow array(0, dim = c(length(x), 2, 10))
674
     #create an array where 10 observations per each time point for each
675
         group are to be stored
676
     #The following cycles create independent or correlated responses. To
678
         each value of mu (mean response per group) a randomly generated error
679
          (correlated or uncorrelated) is added and thus the individual
680
         response is created.
     if (error_type == "independent") {
682
       ## independent errors
       for (i in 1:2) {
684
          for (j in 1:10) {
685
            errors[, i, j] \leftarrow rnorm(6, 0, 0.25)
686
687
            y[, i, j] <- mu[, i] + errors[, i, j]
688
       }
689
     } else {
690
       for (i in 1:2) {
                              # number of treatments
691
          for (j in 1:10) { # number of subjects
692
            # compound symmetry errors: variance covariance matrix
693
            errors[, i, j] \leftarrow rmvn(1, rep(0, length(x)), 0.1 * diag(6) + 0.25
694
                * matrix(1, 6, 6))
695
            y[, i, j] <- mu[, i] + errors[, i, j]
697
       }
     }
699
700
701
     ## subject random effects
702
703
     ## visualizing the difference between independent errors and compound
704
         symmetry
705
     ## why do we need to account for this -- overly confident inference
706
   #labeling y and errors
708
     dimnames(y) <- list(time = x,</pre>
709
                            treatment = 1:2,
710
                            subject = 1:10)
711
     dimnames(errors) <- list(time = x,</pre>
713
                                  treatment = 1:2,
714
                                  subject = 1:10)
715
716
     #labeling the mean response
717
     dimnames(mu) <- list(time = x,</pre>
718
                             treatment = 1:2)
719
720
     #convert y, mu and errors to dataframes with time, treatment and
721
         subject columns
722
     dat <- as.data.frame.table(y,</pre>
723
                                    responseName = "y")
724
725
     dat_errors <- as.data.frame.table(errors,</pre>
                                            responseName = "errors")
726
     dat mu <- as.data.frame.table(mu,
```

```
responseName = "mu")
728
729
     #join the dataframes to show mean response and errors per subject
730
     dat <- left_join(dat, dat_errors,</pre>
731
                      by = c("time", "treatment", "subject"))
732
     dat <- left join(dat, dat mu,
733
                      bv = c("time", "treatment"))
734
     #add time
     dat$time <- as.numeric(as.character(dat$time))</pre>
736
     #label subjects per group
     dat <- dat %>%
738
       mutate(subject = factor(paste(subject,
739
                                      treatment.
740
                                      sep = "-")))
741
742
743
     ## repeated measures ANOVA
744
745
     fit_anova <- lm(y ~ time + treatment + time * treatment, data = dat)</pre>
746
747
   #LMEM: time and treatment interaction model, compound symmetry
748
     fit lme <- lme(y ~ treatment + time + treatment:time,
749
                    data = dat,
                    random = ~ 1 | subject,
751
                    correlation = corCompSymm(form = ~ 1 | subject)
752
753
     #create a prediction frame where the model can be used for plotting
755
       purposes
756
     pred_dat <- expand.grid(</pre>
757
       treatment = factor(1:2),
758
       time = unique(dat$time)
759
760
761
     #add model predictions to the dataframe that has the simulated data
762
     dat$pred_anova <- predict(fit_anova)</pre>
763
     dat$pred lmem <- predict(fit lme)</pre>
764
765
     #return everything in a list
766
     return(list(
767
       dat = dat,
768
       pred_dat = pred_dat,
       fit anova=fit anova,
770
       fit_lme = fit_lme
    ))
772
   774
   #This function will create the plots for either a "linear" or "quadratic"
      response
777
778
   plot example <- function(sim dat) {</pre>
779
     ## Plot the simulated data (scatterplot)
780
781
```

```
p1 <- sim dat$dat %>%
782
        ggplot(aes(x = time,
783
                    y = y,
784
                    group = treatment,
                    color = treatment)
786
               ) +
787
        geom point(show.legend=FALSE) +
788
        labs(y='response')+
        geom_line(aes(x = time,
790
                       y = mu,
791
                        color = treatment),
792
                   show.legend=FALSE) +
793
        theme_classic() +
794
        theme(plot.title = element_text(size = 30,
795
                                          face = "bold"),
            text=element_text(size=30))+
797
        thm
798
799
     #plot the simulated data with trajectories per each subject
800
     p2 <- sim dat$dat %>%
801
       ggplot(aes(x = time,
802
                    y = y,
803
                    group = subject,
                    color = treatment)
805
        geom_line(aes(size = "Subjects"),
807
                   show.legend = FALSE) +
        # facet_wrap(~ treatment) +
809
        geom_line(aes(x = time,
810
                        y = mu,
811
                       color = treatment,
812
                       size = "Simulated Truth"),
813
                   lty = 1, show.legend = FALSE) +
814
        labs(y='response')+
815
        scale_size_manual(name = "Type", values=c("Subjects" = 0.5, "Simulated
816
            Truth" = 3)) +
817
        theme classic()+
818
         theme(plot.title = element_text(size = 30,
819
                                       face = "bold"),
820
         text=element_text(size=30))+
821
        thm
822
     #plot the errors
824
      p3 <- sim_dat$dat %>%
825
        ggplot(aes(x = time,
826
                    y = errors,
827
                    group = subject,
828
                    color = treatment)) +
829
        geom_line(show.legend=FALSE) +
         labs(y='errors')+
831
         theme_classic()+
832
         theme(plot.title = element text(size = 30,
833
                                          face = "bold"),
834
            text=element text(size=30))+
835
```

```
thm
836
837
      #plot the model predictions for rm-ANOVA
838
     p4 <- ggplot(sim_dat$dat,
                    aes(x = time,
840
                        y = y,
841
                        color = treatment)) +
842
       geom point(show.legend=FALSE)+
       labs(y='response')+
844
       geom_line(aes(y = predict(sim_dat$fit_anova),
845
                       group = subject, size = "Subjects"), show.legend = FALSE)
846
847
       geom_line(data = sim_dat$pred_dat,
848
                   aes(y = predict(sim_dat$fit_anova,
849
                                    level = 0,
850
                                     newdata = sim_dat$pred_dat),
851
                       size = "Population"),
852
                   show.legend=FALSE) +
853
       guides(color = guide_legend(override.aes = list(size = 2)))+
854
       scale size manual(name = "Predictions",
855
                            values=c("Subjects" = 0.5, "Population" = 3)) +
856
       theme classic() +
857
       theme(plot.title = element_text(size = 30,
                                         face = "bold").
859
860
            text=element text(size=30))+
       thm
861
862
863
864
      #plot the LMEM predictions
865
     p5 <- ggplot(sim_dat$dat,
866
                    aes(x = time,
867
                        y = y,
868
                        color = treatment)) +
       geom_point()+
870
       labs(y='response')+
871
       geom line(aes(y = predict(sim dat$fit lme),
872
                       group = subject, size = "Subjects")) +
873
       geom_line(data = sim_dat$pred_dat,
874
                   aes(y = predict(sim_dat$fit_lme,
875
                                    level = 0,
876
                                    newdata = sim_dat$pred_dat),
                       size = "Population")) +
878
       guides(color = guide_legend(override.aes = list(size = 2)))+
879
       scale_size_manual(name = "Predictions",
880
                            values=c("Subjects" = 0.5, "Population" = 3)) +
881
       theme classic() +
882
       theme(plot.title = element_text(size = 30,
883
                                         face = "bold"),
884
            text=element_text(size=30))+
885
       thm
886
887
     return((p1+p3+p2+p4+p5)+plot_layout(nrow=1)+plot_annotation(tag_levels =
888
          'A'))
889
```

```
890
891
892
893
   txt<-18
894
   #Store each plot in a separate object
896
   A1<-plot_example(example(fun_type = "linear", error_type = "correlated"))
898
   B1<-plot_example(example(fun_type = "linear", error_type = "independent"))
899
900
   C1<-plot_example(example(fun_type = "quadratic", error_type = "correlated"
901
902
903
   D1<-plot_example(example(fun_type = "quadratic", error_type = "independent
904
      "))
905
906
```

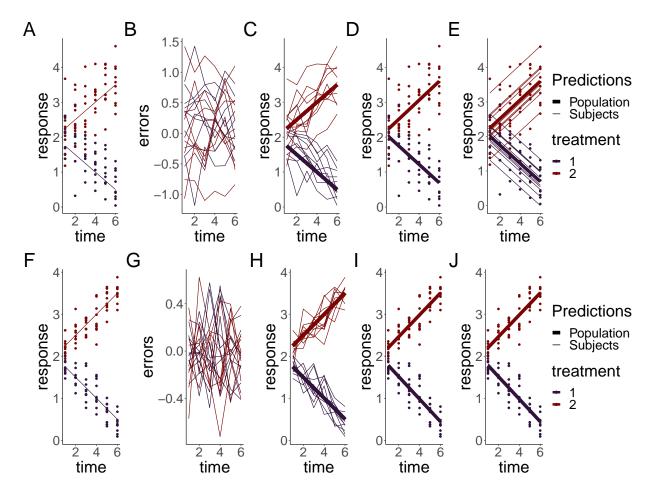


Figure 5: Simulated linear responses from two groups with correlated (top row) or independent (bottom row) errors using a rm-ANOVA model and a LMEM. A, F:Simulated data with known mean response and individual responses (points) showing the dispersion of the data. B,G: Generated errors showing the difference in the behavior of correlated and independent errors. C,H: Simulated data with thin lines representing individual trajectories. D,I: Estimations from the rm-ANOVA model for the mean group response. E, J: Estimations from the LMEM for the mean group response and individual responses (thin lines). In all panels, thick lines are the predicted mean response per group, thin lines are the random effects for each subject and points represent the original raw data. Both rm-ANOVA and the LMEM are able to capture the trend of the data.

For the quadratic response case, Figure 6 shows the simulated responses using compound symmetry and independent errors.

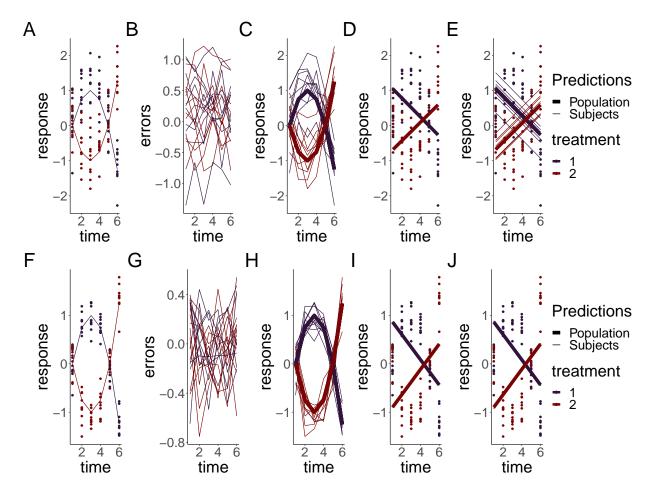


Figure 6: Simulated quadratic responses from two groups with correlated (top row) or independent (bottom row) errors using a rm-ANOVA model and a LMEM. A, F:Simulated data with known mean response and individual responses (points) showing the dispersion of the data. B,G: Generated errors showing the difference in the behavior of correlated and independent errors. C,H: Simulated data with thin lines representing individual trajectories. D,I: Estimations from the rm-ANOVA model for the mean group response. E, J: Estimations from the LMEM for the mean group response and individual responses (thin lines). In all panels, thick lines are the predicted mean response per group, thin lines are the random effects for each subject and points represent the original raw data. Both rm-ANOVA and the LMEM are not able to capture the changes in each group over time.

#### 909 A.2 Basis functions and GAMs

910

911

912

913

This code produces Figure 2 from the main manuscript. Briefly, a non-linear (quadratic) response is simulated a gam model is fitted and the basis are extracted in order to explain how the smooth is constructed. The code for data simulation is used again here for the sake of keeping the same structure, although the data can be simulated in a more simple fashion.

```
914
                               the same initial procedure from the previous
              the response:
915
       section to
                    simulate
916
   #the response
917
   set.seed(1)
918
   n time = 6
919
    x <- seq(1,6, length.out = n_time)
920
    mu <- matrix(0, length(x), 2)</pre>
921
    mu[, 1] \leftarrow -(0.25 * x^2) +1.5*x-1.25 #mean response
```

```
mu[, 2] \leftarrow (0.25 * x^2) -1.5*x+1.25 #mean response
923
    y \leftarrow array(0, dim = c(length(x), 2, 10))
924
    errors \leftarrow array(0, dim = c(length(x), 2, 10))
925
    for (j in 1:10) { # number of subjects
927
             # compound symmetry errors
928
             errors[, i, j] <- \text{rmvn}(1, \text{rep}(0, \text{length}(x)), 0.1 * \text{diag}(6) + 0.25
929
                  * matrix(1, 6, 6))
             y[, i, j] <- mu[, i] + errors[, i, j]
931
932
    }
933
    #label each table
935
936
     dimnames(y) <- list(time = x, treatment = 1:2, subject = 1:10)
    dimnames(errors) <- list(time = x, treatment = 1:2, subject = 1:10)
937
    dimnames(mu) <- list(time = x, treatment = 1:2)</pre>
938
939
    #Convert to dataframes with subject, time and group columns
940
    dat <- as.data.frame.table(y, responseName = "y")</pre>
941
    dat errors <- as.data.frame.table(errors, responseName = "errors")</pre>
942
    dat_mu <- as.data.frame.table(mu, responseName = "mu")</pre>
943
    dat <- left_join(dat, dat_errors, by = c("time", "treatment", "subject"))</pre>
944
    dat <- left_join(dat, dat_mu, by = c("time", "treatment"))</pre>
    dat$time <- as.numeric(as.character(dat$time))</pre>
946
    #label subject per group
948
    dat <- dat %>%
        mutate(subject = factor(paste(subject, treatment, sep = "-")))
950
951
    #extract "Group 1" to fit the GAM
952
     dat <-subset(dat, treatment == 1)</pre>
953
    #keep just the response and timepoint columns
054
      dat<-dat[,c('y','time')]</pre>
955
      #GAM model of time, 5 knots
957
   gm <-gam (y~s(time, k=5), data=dat)
958
959
   #model_matrix (also known as) 'design matrix'
   #will contain the smooths used to create model 'gm'
961
   model_matrix<-as.data.frame(predict(gm,type='lpmatrix'))</pre>
963
   time < -c(1:6)
965
   basis <-model_matrix[1:6,] #extracting basis (because the values are
967
      repeated after every 6 rows)
   #basis<-model_matrix[1:6,-1] #extracting basis</pre>
969
   colnames(basis)[colnames(basis) == "(Intercept)"] <- "s(time).0"</pre>
   basis <- basis %>% #pivoting to long format
971
     pivot_longer(
972
       cols=starts_with("s")
973
     ) % > %
974
     arrange(name) #ordering
975
```

```
#length of dataframe to be created: number of knots by number of
       timepoints (minus 1 for the intercept that we won't plot)
978
   ln <-6*(length(coef(gm)))</pre>
979
   basis plot <-data.frame(Basis=integer(ln),
981
                              value orig=double(ln),
982
                              time=integer(ln).
983
                              cof=double(ln)
985
   basis_plot$time<-rep(time) #pasting timepoints</pre>
987
   basis_plot$Basis<-factor(rep(c(1:5),each=6)) #pasting basis number values
   basis_plot$value_orig<-basis$value #pasting basis values
989
   basis_plot$cof <-rep(coef(gm)[1:5],each=6) #pasting coefficients
   basis_plot<-basis_plot%>%
      mutate(mod_val=value_orig*cof) #the create the predicted values the
992
         bases need to be
   #multiplied by the coefficients
994
995
   #creating labeller to change the labels in the basis plots
996
997
   basis names <-c(
998
      '1'="Intercept",
      '2'="1",
1000
      '3'="2".
      4'="3",
1002
      '5'="4"
1004
1005
   #calculating the final smooth by aggregating the basis functions
1006
1007
   smooth <-basis_plot%>%
1008
      group_by(time)%>%
1009
      summarize(smooth=sum(mod_val))
1010
1011
1012
1013
   #original basis
   sz<-1
1014
   p11 <- ggplot (basis_plot,
1015
                 aes(x=time,
1016
                     y=value orig,
1017
                      colour=as.factor(Basis)
1018
1019
                 ) +
      geom_line(size=sz,
1021
                 show.legend=FALSE)+
      geom_point(size=sz+1,
1023
                  show.legend = FALSE)+
1024
      labs(y='Basis functions')+
1025
      facet_wrap(~Basis,
1026
                  labeller = as_labeller(basis_names)
1027
1028
                  ) +
      theme_classic()+
1029
1030
```

```
1031
1032
   #penalized basis
1033
   p12<-ggplot(basis_plot,
                  aes(x=time,
1035
                      y=mod val,
1036
                      colour=as.factor(Basis)
1037
1039
      geom_line(show.legend = FALSE,
1040
                 size=sz)+
1041
      geom_point(show.legend = FALSE,
1042
                   size=sz+1)+
1043
      labs(y='Penalized \n basis functions')+
1044
      scale_y_continuous(breaks=seq(-1,1,1))+
1045
      facet_wrap(~Basis,
1046
                   labeller=as_labeller(basis_names)
1047
                   ) +
1048
      theme_classic()+
1049
1050
1051
   #heatmap of the coefficients
1052
   x_labels <-c("Intercept", "1", "2", "3", "4")
   p13<-ggplot(basis plot,
1054
                  aes(x=Basis,
                      y=Basis))+
1056
      geom_tile(aes(fill = cof),
1057
                  colour = "black") +
1058
        scale_fill_gradient(low = "white",
1059
                                high = "#B50A2AFF")+ #color picked from KikiMedium
1060
      labs(x='Basis',
1061
            y='Basis')+
1062
      scale_x_discrete(labels=x_labels)+
1063
      geom_text(aes(label=round(cof,2)),
                  size=7,
1065
                  show.legend = FALSE)+
1066
      theme classic()+
1067
      theme(legend.title = element_blank())
1068
1069
   #plotting simulated datapoints and smooth term
   p14 <- ggplot (data=dat,
1071
                  aes(x=time,y=y))+
      geom point(size=sz+1)+
1073
      labs(y='Simulated \n response')+
1074
      geom_line(data=smooth,
1075
                  aes(x=time,
1076
                      y=smooth),
1077
                  color="#6C581DFF",
1078
                  size=sz+1)+
1079
      theme_classic()
1080
1081
1082
   #Combining all
1083
   b plot <-p11+p13+p12+p14+plot annotation(tag levels='A')&
```

```
theme(
text=element_text(size=18)

logs
)
```

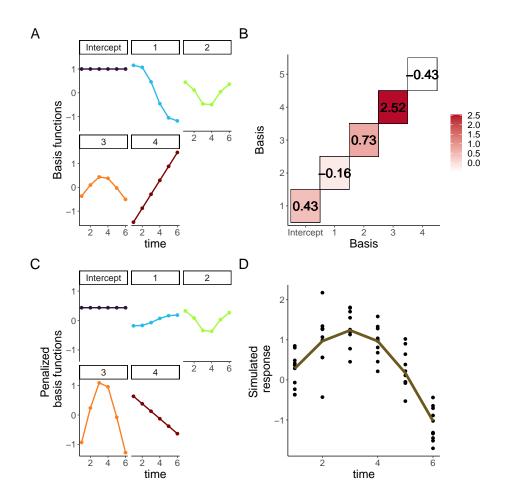


Figure 7: Basis functions for a single smoother for time with five knots. A: Basis functions for a single smoother for time for the simulated data of Group 1 from Figure 2, the intercept basis is not shown. B: Penalty matrix for the basis functions. Each basis function is penalized by a coefficient which can be positive or negative. The coefficient determines the overall effect of each basis in the final smoother. C: Penalized basis functions. Each of the four basis functions of panel A has been penalized by the corresponding coefficient shown in Panel B, note the corresponding increase (or decrease) of each basis. D: Smoother for time and original data points. The smoother (line) is the result of the sum of each penalized basis function at each time point, simulated values for the group appear as points.

# B Longitudinal biomedical data simulation and GAMs

1089

1090

1091

1092

This section describes how to fit GAMs to longitudinal data using simulated data. First, data is simulated according to Section 5, where reported data of oxygen saturation (StO<sub>2</sub>) in tumors under either chemotherapy or saline control is used as a starting point to generate individual responses in each group.

```
Group=as.factor(rep(c("Control", "Treatment"), each=5))
1098
1099
1100
1101
   ## plot the mean response
1102
   f1<-ggplot(dat,
1103
                aes(x = Day,
1104
                    y = St02,
                     color = Group)) +
1106
        geom_line(size=1,
                   show.legend = FALSE)+
1108
        geom_point(show.legend = FALSE,
1109
                     size=1.5,
1110
                     alpha=0.5)+
1111
      labs(y=expression(paste(St0[2],
                                 ' (real)')))+
1113
      theme_classic()+
1114
      thm+
1115
        scale_x_continuous(breaks=c(0,5,10))+
1116
1117
        scale y continuous(breaks=c(0,40))+
      plot_layout(tag_level = 'new')+
1118
      theme (
1119
        plot.background = element_rect(fill = "transparent",
                                            color = NA).
1121
        axis.text=element text(size=14)
1124
1125
   #This function simulates data for the tumor data using default parameters
1126
       of 10 observations per time point, and Standard deviation (sd) of 5%.
1127
    #Because physiologically StO2 cannot go below 0%, data is generated with
1128
       a cutoff value of 0.0001 (the "StO2_sim")
1129
1130
    simulate_data <- function(dat, n = 10, sd = 5) {</pre>
1131
        dat sim <- dat %>%
1132
             slice(rep(1:n(), each = n)) %>%
1133
             group_by(Group, Day) %>%
1134
             mutate(
1135
                     St02_sim = pmax(rnorm(n, St02, sd), 0.0001),
1136
                     subject=rep(1:10),
                     subject=factor(paste(subject, Group, sep = "-"))
1138
                     ) %>%
             ungroup()
1140
1141
        return(dat_sim)
1142
1143
1144
1145
   #subject = factor(paste(subject, treatment, sep = "-")))
1146
   n <- 10 #number of observations
1147
   sd <- 10 #approximate sd from paper
   df <- 6
   dat_sim <- simulate_data(dat, n, sd)</pre>
1151
```

```
#plotting simulated data
    f2<-ggplot(dat_sim,
1153
                 aes(x = Day,
1154
                      y = St02_sim,
                      color = Group)) +
1156
         geom_point(show.legend=FALSE,
1157
                      size=1.5.
1158
                      alpha=0.5)+
         stat_summary(aes(y = St02_sim,
1160
                              group=Group),
1161
                         fun=mean, geom="line",
1162
                         size=1,
1163
                         show.legend = FALSE)+
1164
      labs(y=expression(atop(St0[2],
1165
                                   '(simulated)')))+
1166
      theme_classic()+
1167
      theme (
1168
         axis.text=element_text(size=22)
1169
      ) +
1170
1171
      thm+
         scale_x_continuous(breaks=c(0,2,5,7,10))
\frac{1172}{1173}
```

#### B.1 A basic Workflow for GAMs

This section shows a basic workflow to fit a series of increasingly complex GAMs to the simulated data from the previous section. Graphical and parameter diagnostics for goodness of fit are discussed, as well as model comparison via AIC (Aikake Information Criterion).

#### 1178 B.1.1 First model

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The first model fitted to the data is one that only accounts for different smooths by day. The model syntax specifies that gam\_00 is the object that will contain all the model information, and that the model attempts to explain changes in St02\_sim (simulated StO2) using a smooth per Day. The model will use 5 knots (k=5) for the smooth. The smooth is constructed by default using thin plate regression splines. The smoothing parameter estimation method used is the restricted maximum likelihood (REML).

```
gam_00<-gam(St02_sim ~ s(Day, k = 5),
method='REML',
data = dat_sim)
```

To obtain model diagnostics, two methodologies are to be used: 1) graphical diagnostics, and 2) a model check. In the first case, the functions appraise and draw from the package *gratia* can be used to obtain a single output with all the graphical diagnostics. For model check, the functions gam.check and summary from mqcv provide detailed information about the model fit and its parameters.

```
#see https://patchwork.data-imaginist.com/reference/area.html
layout1 <- c(
    area(1, 1),
    area(1, 2),
    area(2, 1),
    area(2, 2),
    area(1, 3, 2)
```

```
1201
1202
1203
1204
1ayout2 <- c(
1205 area(1, 1),
1206 area(1, 2),
1207 area(2, 1),
1208 area(2, 2),
1209 area(1,3,2,5)
1210
1211
1212
1213
#plot(layout2)
```

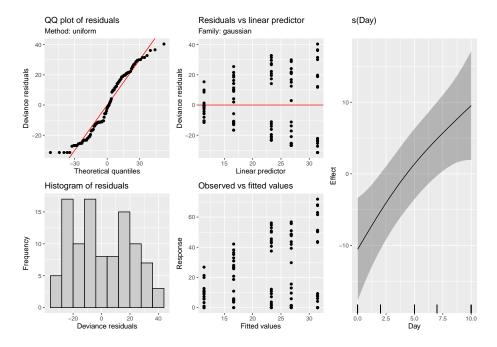


Figure 8: Graphical diagnostics for the first GAM model. Left: Graphical diagnostics provided by the function appraise from the package *gratia*. Right: Fitted smooth for the model, provided by the function draw.

**B.1.1.1** Graphical diagnostics From the output of the function appraise in Figure 8, the major indicators of concern about the model are the QQ plot of residuals and the histogram of residuals. The QQ plot shows that the errors are not reasonably located along the 45° line (which indicates normality), as there are multiple points that deviate from the trend, specially in the tails. The histogram also shows that the variation (residuals) is not following the assumption of a normal distribution.

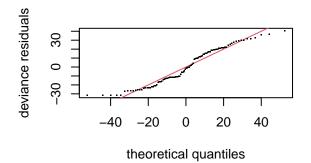
The draw function permits to plot the smooths as ggplot2 objects, which eases subsequent manipulation, if desired. Because model gam\_00 specifies only one smooth for the time covariate (Day), the plot only contains only one smooth. Note that the smooth shows an almost linear profile.

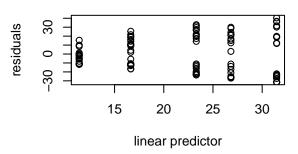
```
B.1.1.2 Model check

#need to add figure number and caption

gam.check(gam_00)
```

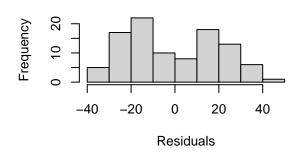
### Resids vs. linear pred.

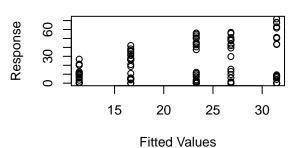




# Histogram of residuals

# Response vs. Fitted Values





```
##
1228
   ## Method: REML
                      Optimizer: outer newton
   ## full convergence after 5 iterations.
   ## Gradient range [-6.11034e-07,-1.169842e-07]
      (score 439.1428 & scale 414.047).
1232
   ## Hessian positive definite, eigenvalue range [0.05006795,49.00066].
      Model rank = 5 / 5
1234
   ##
   ## Basis dimension (k) checking results. Low p-value (k-index<1) may
1236
   ## indicate that k is too low, especially if edf is close to k'.
1238
                k' edf k-index p-value
   ##
   ## s(Day) 4.00 1.36
                            0.26 <2e-16 ***
1240
                       0 '*** 0.001 '** 0.01 '* 0.05 '. ' 0.1 ' 1
   ## Signif. codes:
\frac{1242}{1243}
```

```
1245 summary (gam_00)
```

1226

1244

```
1247
1248 ##
1249 ## Family: gaussian
1250 ## Link function: identity
1251 ##
1252 ## Formula:
1253 ## St02_sim ~ s(Day, k = 5)
1254 ##
1255 ## Parametric coefficients:
```

```
Estimate Std. Error t value Pr(>|t|)
1256
                       21.929
                                     2.035
                                              10.78
   ##
                                                       <2e-16
1257
       (Intercept)
   ##
1258
                         0 '*** 0.001 '** 0.01 '* 0.05 '. 0.1 ' 1
       Signif. codes:
   ##
   ##
1260
   ##
       Approximate significance of smooth terms:
                                  F p-value
   ##
                 edf Ref.df
1262
                       1.624 6.695 0.00273
    ##
       s(Day) 1.359
1263
   ##
1264
                         0 '*** 0.001 '** 0.01 '* 0.05 '. ' 0.1 ' ' 1
   ##
       Signif. codes:
1265
   ##
1266
   ##
       R-sq.(adj) =
                       0.106
                                Deviance explained = 11.8%
1267
       -REML = 439.14
                         Scale
                                est. = 414.05
1268
1269
```

Special attention must be paid to the 'k-index' from gam.check. This parameter indicates if the basis dimension of the smooth is adequate, i.e., it checks that the basis used to create the smooth are adequate to capture the trends in the data. If the model is not adequately capturing the trens in the data, this is indicated by a low k-index value (<1). From the output, it can be seen that the k-index is effectively <0.3, which indicates that the model is not capturing the variability in the data. The 'edf' (effective degrees of freedom) is an indicator of the complexity of the smooth. Here the complexity of the smooth is comparable to that of a 4th degree polynomial.

From the summary function, information about the assumed distribution of the errors (Gaussian in this case) and the link function can be obtained. The link function is 'identity' as the model does not make any transformation on the predictors. The 'significance of smooth terms' p-value indicates if each smooth is adding significance to the model. Here, the p-value is low but we have seen that there are issues with the model from the previous outputs. Finally, the 'deviance explained' indicates how much of the data the model is able to capture, which in this case corresponds to  $\approx 12\%$ .

#### 1283 B.1.2 Second model

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1282

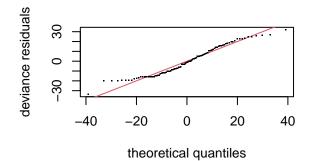
1284

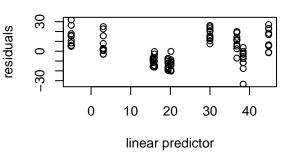
1285

1286

The major flaw of gam\_00 is that this model is not taking into account the fact that the data is nested in groups. The next iteration is a model where a different smooth of time (Day) is assigned for each group using by=Group in the model syntax.

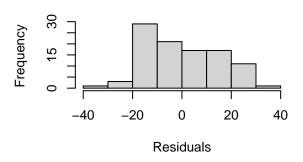
## Resids vs. linear pred.

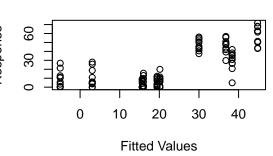




## Histogram of residuals

## Response vs. Fitted Values





```
##
1296
   ## Method: REML
                       Optimizer: outer newton
   ## full convergence after 11 iterations.
      Gradient range [-3.57434e-06,1.383186e-06]
       (score 413.523 & scale 230.4732).
1300
   ## Hessian positive definite, eigenvalue range [0.1532335,48.55232].
      Model rank = 9 / 9
1302
   ##
   ## Basis dimension (k) checking results. Low p-value (k-index<1) may
1304
      indicate that k is too low, especially if edf is close to k'.
   ##
1306
                                k'
   ##
                                     edf k-index p-value
   ## s(Day):GroupControl
                              4.00 3.49
                                             0.38
1308
   ## s(Day):GroupTreatment 4.00 2.96
                                             0.38
                                                   <2e-16 ***
                        0 '*** 0.001 '** 0.01 '* 0.05 '. ' 0.1 ' 1
   ## Signif. codes:
\frac{1311}{1312}
1313
```

```
summary(gam_01)
```

1294

 $\frac{1314}{1315}$ 

```
1316
1317 ##
1318 ## Family: gaussian
1319 ## Link function: identity
1320 ##
1321 ## Formula:
1322 ## St02_sim ~ s(Day, by = Group, k = 5)
1323 ##
```

```
Parametric coefficients:
1324
    ##
                       Estimate
                                  Std.
                                                          Pr(>|t|)
1325
                                        Error
                                                  value
    ##
        (Intercept)
                                                                -16
1326
    ##
    ##
        Signif.
                  codes:
                                      0
                                                     .01
                                                               0.05
1328
    ##
1329
    ##
        Approximate significance
                                           smooth
                                       of
1330
    ##
                                      edf
                                           Ref.df
                                                          F
                                                            p-value
    ##
       s(Day): GroupControl
                                   3.488
                                            3.851
                                                     5.244
                                                            0.00442
1332
                                   2.962
                                            3.461
                                                    24.272
                                                               2e-16
    ##
        s(Day):GroupTreatment
                                                            <
    ##
1334
                                      0.001
                                                    0.01
                                                               0.05
    ##
1335
    ##
1336
                                   Deviance
                                              explained
    ##
       R-sq.(adj)
                     =
                            502
       -REML = 413.52
                            Scale
                                            230.47
    ##
                                   est. =
1338
```

Diagnostics for this model indicate that the k-index is still below 1 (0.32 from gam.check), and that the residuals are still not following a normal distribution (Figure 9). Moreover, the smooths (plotted via the draw() function) appear with a fairly linear profile, which indicates they are still not capturing the trends observed in the data. From summary(), the deviance explained by the model is  $\approx 43\%$ .

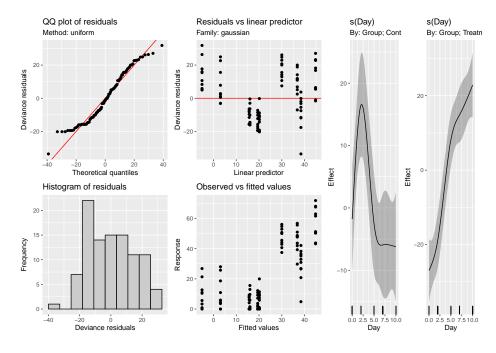


Figure 9: Graphical diagnostics for the second GAM model. Left: Graphical diagnostics provided by the function appraise from the package *gratia*. Right: Fitted smooth for the model, provided by the function draw.

#### B.1.3 Third model

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1340

1341

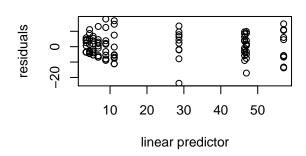
1342

1343

Model gam\_00 was built for didactic purposes to cover the simplest case, but it does not account for the nesting of the data by Group, which is apparent from the type of smooth fitted, the model diagnostics, and, the low variance explained by the model. On the other hand, gam\_01 takes into account the nesting within each group and provides better variance explanation, but as indicated in Section 5, in order to differentiate between each group a parametric term needs to be added to the model for the interaction of Day and Group.

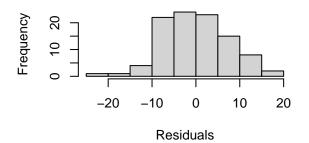
# deviance residuals -20 -10 0 10 20 theoretical quantiles

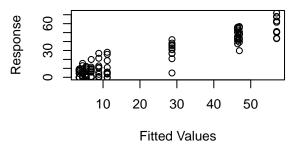
# Resids vs. linear pred.



### **Histogram of residuals**

## Response vs. Fitted Values





```
1360
   ## Method: REML
                       Optimizer: outer newton
1362
   ## full convergence after 9 iterations.
      Gradient range [-2.780424e-08,2.076237e-08]
1364
       (score 354.6068 & scale 63.7304).
      Hessian positive definite, eigenvalue range [1.095531,48.08644].
1366
   ##
      Model rank = 10 / 10
1368
      Basis dimension (k) checking results. Low p-value (k-index<1) may
       indicate that k is too low, especially if edf is close to k'.
   ##
   ##
                                 k'
                                     edf k-index p-value
1372
   ## s(Day):GroupControl
                              4.00 3.87
                                             1.02
                                                      0.52
1373
      s(Day):GroupTreatment 4.00 3.83
                                                      0.58
                                             1.02
1374
1375
```

summary(m1)

1359

1377 1378

```
1379
    ##
1380
    ##
        Family: gaussian
1381
        Link function: identity
    ##
1382
    ##
1383
    ##
       Formula:
1384
    ##
                   ~ Group + s(Day, by = Group, k = 5)
        St02 sim
1385
    ##
1386
    ##
        Parametric coefficients:
1387
    ##
                           Estimate
                                      Std.
                                            Error
                                                      value Pr(>|t|)
1388
    ##
                              9.781
                                             1.129
                                                       8.664
                                                                 68e-13
        (Intercept)
1389
                             24.296
                                            1.597
                                                     15.217
                                                                < 2e-16
    ##
        GroupTreatment
1390
    ##
1391
                                      0.001
                                                    0.01
                                                               0.05 '.' 0.1
    ##
        Signif.
                            \cap
                  codes:
1392
    ##
1393
    ##
        Approximate significance
                                       of
                                           smooth
1394
    ##
                                           Ref.df
                                      edf
1395
    ##
       s(Day): GroupControl
                                   3.867
                                            3.989
                                                    19.38
                                                             <2e-16
        s(Day):GroupTreatment
                                   3.826
                                            3.981
                                                    80.29
    ##
                                                             <2e-16
1397
    ##
1398
    ##
                 codes:
                                      0.001
                                                    0.01
                                                               0.05
        Signif.
1399
    ##
                                               explained
    ##
       R-sq.(adj)
                         0
                           .862
                                   Deviance
1401
                                            63.73
       -REML =
                 354.61
                            Scale
                                   est. =
1402
1403
```

The resulting model ism1, which is the model fitted in the main manuscript. By using appraise() and draw on this model (Figure 10) we see that the trend on the QQ plot has improved, the histogram of the residuals appears to be reasonably distributed, and the smooths are capturing the trend of the data within each group . From gam.check, the k-index is now at an acceptable value ( $\approx 1.02$ ), and summary now indicates that the model is able to capture 87% of the variance data.

1404

1406

1407

1408

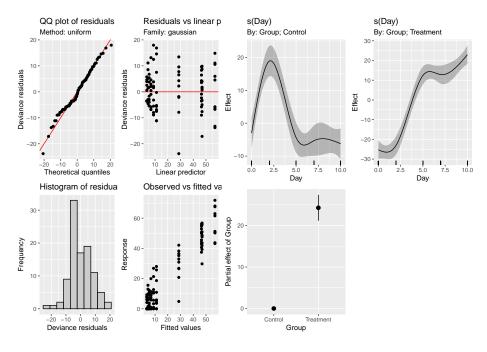


Figure 10: Graphical diagnostics for the final GAM model. Left: Graphical diagnostics provided by the function appraise from the package *gratia*. Right: Fitted smooths for the model, provided by the function draw.

#### B.1.4 Comparing models via AIC

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One final comparison that can be made for model selection involves the use of the Aikake Information Criterion (AIC). This metric is used to estimate information loss, which we want to minimize with an appropriate model. Therefore, when 2 or more models are compared, the model with lower AIC is preferred. In R, the comparison is done using the AIC function.

```
AIC(gam_00,gam_01,m1)
\frac{1415}{1416}
1417
    ##
                              df
                                         AIC
1418
1419
    ##
         gam_00
                     3.623938
                                  891.2466
    ##
         gam 01
                     9.312053
                                  838.6825
1420
    ##
         m 1
                   10.970436
                                  710.9994
1421
1422
```

The output in this case is expected: model gam1 has a lower AIC (711.46) whereas the initial two models have higher AICs (891 and 850). The AIC should not be considered as the only estimator of model goodness, instead to be used as complimentary information to the graphical diagnostics and model checks described above.

B.1.4.1 Pairwise comparisons of smooth confidence intervals The estimation of significant differences between each treatment group can be achieved via pairwise comparisons of the smooth confidence intervals as described in section 5.3. In this case, the "design matrix" is used to estimate the pairwise comparisons (see main manuscript for details and associated references). Briefly, the "design matrix" (also known as the "Xp matrix") from the selected model (m1) is used to calculate a 95% confidence interval of the difference between the smooth terms for each group. This approach allows to estimate the time intervals where a significant difference exists between the groups (confidence interval above or below 0). All pairwise comparisons in this paper have been centered at the response scale to ease interpretation.

```
1435
   ##Pairwise comparisons
1436
   pdat <- expand.grid(Day = seq(0, 10, length = 400),
1437
                          Group = c('Control', 'Treatment'))
1439
   ##matrix that contains the basis functions evaluated at the points in pdat
        xp <- predict(m1, newdata = pdat, type = 'lpmatrix')</pre>
1441
1443
   #Find columns in xp where the name contains "Control"
        c1 <- grepl('Control', colnames(xp))</pre>
1445
1446
         columns in xp where the name contains
                                                     'Treatment'
1447
        c2 <- grepl('Treatment', colnames(xp))</pre>
1448
1449
    #Find rows in pdat that correspond to either 'Control' or 'Treatment'
1450
        r1 <- with (pdat, Group == 'Control')
1451
        r2 <- with(pdat, Group == 'Treatment')
1452
     In xp: find the rows that correspond to Control or Treatment, those that
1454
        do not match will be
1455
        #set to zero. Then, substract the values from the rows corresponding
1456
           to 'Control' from those that correspond
        #to 'Treatment'
1458
        X \leftarrow xp[r1, ] - xp[r2, ]
1459
1460
        ## remove columns that do not contain name 'Control' or 'Treatment'
```

```
X[, ! (c1 | c2)] \leftarrow 0
1462
        ## zero out the parametric cols, those that do not contain in the
1463
            characters 's('
1464
        #X[, !grepl('^s\\(', colnames(xp))] <- 0
1465
1466
        #Multiply matrix by model coefficients. X has (p,n) (rows, columns)
1467
           and the coefficient matrix has
1468
        #dimensions (n,1). The resulting matrix has dimensions (p,1)
        dif <- X %*% coef(m1)
1470
        #comp<-test %*% coef(gam1)[3:10]
1472
   #Calculate standard error for the computed differences using the variance-
1474
1475
       covariance matrix
        #of the model
1476
        se <- sqrt(rowSums((X %*% vcov(m1, unconditional = FALSE)) * X))
1477
        crit <- qt(0.05/2, df.residual(m1), lower.tail = FALSE)</pre>
1478
        #upper limits
1479
        upr <- dif + (crit * se)
1480
        #lower limits
1481
        lwr <- dif - (crit * se)</pre>
1482
        #put all components in a dataframe for plotting
1483
        comp1<-data.frame(pair = paste('Control', 'Treatment', sep = '-'),</pre>
                    diff = dif.
1485
                    se = se,
                    upper = upr,
1487
                     lower = lwr)
1489
1490
1491
   #add time point sequence
1492
   comp_St02 \leftarrow cbind(Day = seq(0, 10, length = 400),
1493
                         rbind(comp1))
1494
1495
   #plot the difference
1496
   c1 < -ggplot(comp_St02, aes(x = Day, y = diff, group = pair)) +
1497
      #ribbon for difference confidence interval
1498
      geom_ribbon(aes(ymin = lower, ymax = upper),
1499
                      alpha = 0.5,
1500
                      fill='#DB3A07FF') +
1501
        geom_line(color='black',size=1) +
1502
        geom_line(data=comp_StO2, aes(y=0), size=0.5)+
      #highlight area under the curve where "Control" is higher
1504
      geom_ribbon(data=comp_StO2%>%
                          filter(lower>0),
1506
                      aes(ymin =0, ymax =lower),
1507
                      alpha = 0.5,
1508
                      fill='#30123BFF') +
1509
      #highlight area under the curve where "Treatment" is higher
1510
      geom_ribbon(data=comp_St02 %>%
1511
                          filter(upper < 0),
1512
1513
                          aes(ymin =0, ymax =upper),
                      alpha = 0.5,
1514
                      fill='#7A0403FF') +
1515
```

```
facet_wrap(~ pair) +
theme_classic()+
labs(x = 'Days', y = expression(paste('Difference in StO'[2] )))+
scale_x_continuous(breaks=c(0,2,5,7,10))+
theme(
text=element_text(size=18),
legend.title=element_blank()
)
```

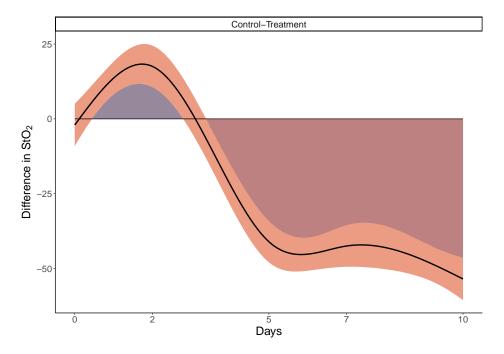


Figure 11: Smooth pairwise comparisons for model m1 using a 95% confidence interval for the difference between smooths.

Of notice, a convenient wrapper for the function described above exists in the package gratia. In this package, difference\_smooths is a function that makes the comparisons and produces Figure 11 when is used on a fitted model. The function syntax and an example can be found at:

https://cran.r-project.org/web/packages/gratia/gratia.pdf

1531

Keep in mind that this function **does not** center the pairwise comparison at the response scale, so it has to be shifted in order to be compared to the raw data.

# C GAM and Linear model plots and Missing data

This section covers the code used to generate Figure 3, where the simulated data, fit of the "final" GAM (m1), linear model and GAM on data with missing observations are presented. Note that panel A in Figure 3 and the inlet are generated in the code chunk where the data is simulated in Section B, and are called later to build the figure.

### C.1 GAM and Linear model plots

1537

1538

This code chunk creates panels B and D in Figure 3. Note that this code uses the final GAM from the previous section (m1), so the simulated data and the model should be generated before running this section.

```
#linear model
   lm1<-lm(St02_sim ~ Day + Group + Day * Group, data = dat_sim)</pre>
1541
1542
1543
   #creates a dataframe using the length of the covariates for the GAM
1544
   gam_predict <- expand_grid(Group = factor(c("Control", "Treatment")),</pre>
1545
                                Day = seq(0, 10, by = 0.1),
1546
                                subject=factor(rep(1:10)))
1547
1548
   #creates a dataframe using the length of the covariates for rm-ANOVA
   lm_predict<-expand_grid(Group = factor(c("Control", "Treatment")),</pre>
1550
                                Day = c(0:10),
                               subject=factor(rep(1:10)),
1552
1553
   lm predict$subject<-factor(paste(lm predict$subject, lm predict$Group, sep</pre>
1554
        = " - " ) )
1556
   #adds the predictions to the grid and creates a confidence interval for
1557
1558
   gam_predict <- gam_predict %>%
1559
        mutate(fit = predict(m1,gam_predict,se.fit = TRUE,type='response')$fit
1560
1561
                se.fit = predict(m1, gam_predict, se.fit = TRUE, type='response')
1562
                    $se.fit)
1563
1564
   #using lm
1565
   lm_predict<-lm_predict%>%
        mutate(fit = predict(lm1,lm_predict,se.fit = TRUE,type='response')$fit
1567
                se.fit = predict(lm1, lm predict, se.fit = TRUE, type='response')
1569
                   $se.fit)
1570
1571
   #plot smooths and confidence interval for GAM
   f3<-ggplot(data=dat_sim, aes(x=Day, y=St02_sim, group=Group)) +
1573
        geom_point(aes(color=Group), size=1.5, alpha=0.5, show.legend = FALSE)+
      geom_ribbon(aes( x=Day,ymin=(fit - 2*se.fit),
1575
                         ymax=(fit + 2*se.fit),
1576
                         fill=Group
1577
                         ),
1578
                   alpha=0.3,
1579
                   data=gam_predict,
1580
                 show.legend=FALSE,
1581
                      inherit.aes=FALSE) +
1582
      geom_line(aes(y=fit,
1583
                      color=Group),
1584
                   size=1,data=gam_predict,
1585
                   show.legend = FALSE)+
1586
      #facet_wrap(~Group)+
1587
     labs(y=expression(atop(StO[2], 'complete')))+
1588
        scale x continuous (breaks=c(0,2,5,7,10))+
```

```
theme_classic()+
1590
      theme (
1591
        axis.text=element text(size=22)
1592
           thm+
1594
      thm1
1595
1596
    #plot linear fit for rm-ANOVA
    f4<-ggplot(data=dat_sim, aes(x=Day, y=St02_sim, group=Group)) +
1598
        geom_point(aes(color=Group),size=1.5,alpha=0.5,show.legend = FALSE)+
1599
      geom_ribbon(aes( x=Day,ymin=(fit - 2*se.fit),
1600
                          ymax=(fit + 2*se.fit),fill=Group),
1601
                    alpha=0.3,
1602
1603
                    data=lm_predict,
                    show.legend = FALSE,
1604
                      inherit.aes=FALSE) +
1605
      geom_line(aes(y=fit,
1606
                      color=Group),
1607
                    size=1, data=lm predict,
1608
                    show.legend = FALSE)+
1609
      #facet_wrap(~Group)+
1610
      labs(y=expression(paste('StO'[2],' (simulated)')))+
1611
        scale_x_continuous(breaks=c(0,2,5,7,10))+
           theme classic()+
1613
1614
      theme (
        axis.text=element_text(size=22)
1615
1616
           thm+
1617
      thm1
1618
1619
1620
1621
    #posthoc comparisons for the linear model
1622
    #library(multcomp)
1624
1625
    #summary(glht(lm1, linfct = mcp(Group = 'Tukey')))
1626
    #summary(glht(lm1, linfct=mcp(Group="Tukey", interaction_average=TRUE)))
1627
1628
```

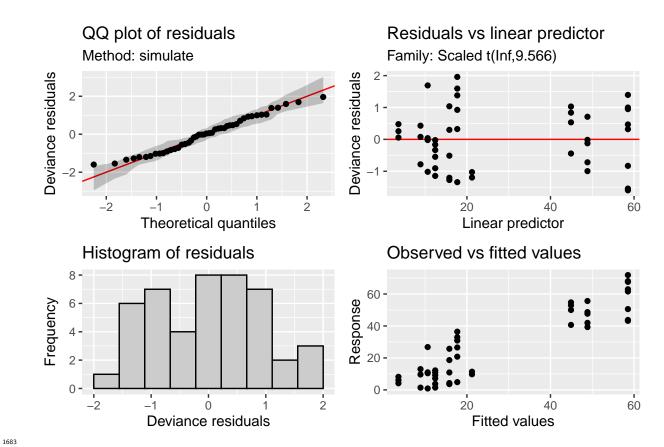
#### C.2 Working with Missing data in GAMs

This code chunk first randomly deletes 40% of the total observations in the original simulated data, and then an interaction GAM is fitted to the remaining data. Model diagnostics are presented, and an object that stores the fitted smooths is saved to be called in the final code chunk to build the figure.

```
#missing data
#create a sequence of 40 random numbers between 1 and 100, these numbers
will
#correspond to the row numbers to be randomly erased from the original
dataset

missing <- sample(1:100, 40)
```

```
#create a new dataframe from the simulated data with 40 rows randomly
       removed, keep the missing values as NA
1643
1644
   ind <- which(dat_sim$St02_sim %in% sample(dat_sim$St02_sim, 40))</pre>
1645
1646
   #create a new dataframe, remove the StO2 column
   dat missing <- dat sim[,-1]
1648
   #add NAs at the ind positions
1650
   dat_missing$StO2_sim[ind] <-NA
1652
   #Count the number of remaining observations per day (original dataset had
      10 per group per day)
1654
1655
   dat_missing %>%
        group_by(Day,Group) %>%
1656
        filter(!is.na(StO2_sim))%>%
1657
      count(Day)
\frac{1658}{1659}
1660
   ## # A tibble: 10 x 3
1661
   ## # Groups: Day, Group [10]
             Day Group
   ##
1663
   ##
          <dbl> <fct>
                             <int>
               0 Control
   ##
       1
1665
        2
               0 Treatment
   ##
1666
   ##
        3
               2 Control
                                  6
1667
   ##
        4
               2 Treatment
                                  5
   ##
        5
              5 Control
                                  6
1669
   ##
              5 Treatment
        6
                                  4
1670
   ##
        7
               7 Control
                                  3
1671
   ##
       8
              7 Treatment
                                  5
1672
             10 Control
   ##
       9
                                  3
1673
   ## 10
             10 Treatment
                                  8
\frac{1674}{1675}
   #the same model used for the full dataset
   mod_m1 <- gam(St02_sim ~ Group+s(Day,by=Group,k=5), data = dat_missing,</pre>
1678
       family=scat)
   #appraise the model
1680
   appraise (mod m1)
\frac{1681}{1682}
```



```
1684
   m_predict <- expand_grid(Group = factor(c("Control",</pre>
1685
                                Day = seq(0, 10, by = 0.1))
1686
1687
   #adds the predictions to the grid and creates a confidence interval
   m_predict <-m_predict %>%
1689
        mutate(fit = predict(mod_m1,m_predict,se.fit = TRUE,type='response')$
1691
                se.fit = predict(mod_m1, m_predict,se.fit = TRUE,type='response
1692
                    ')$se.fit)
1693
1694
1695
    f6<-ggplot(data=dat_missing, aes(x=Day, y=St02_sim, group=Group)) +
1696
        geom_point(aes(color=Group),size=1.5,alpha=0.5,show.legend = FALSE)+
1697
      geom_ribbon(aes( x=Day,ymin=(fit - 2*se.fit),
1698
                         ymax = (fit + 2*se.fit),
1699
                         fill=Group
1700
                         ),
                   alpha=0.3,
1702
                   data=m_predict,
1703
                 show.legend=FALSE,
1704
                      inherit.aes=FALSE) +
      geom_line(aes(y=fit,
1706
                      color=Group),
                   size=1,data=m_predict,
1708
                   show.legend = TRUE)+
1709
      #facet_wrap(~Group)+
1710
```

```
labs(y=expression(atop(StO[2],'missing')))+
         scale_x_continuous(breaks=c(0,2,5,7,10))+
           theme classic()+
1713
      theme (
1714
         axis.text=element_text(size=22)
      ) +
1716
           thm+
1717
      thm1
\frac{1718}{1719}
1720
    mult_plot<-f2+inset_element(
1721
      f1, left = 0.01,
      bottom = 0.5,
      right = 0.5,
1724
      top = 1.0) +
      f3+f4+f6+
1726
       plot_annotation(tag_levels='A')&
       vlim(c(-7,75)) &
1728
      theme (
          text=element_text(size=18)
1730
          ) &
      thm
1733
```

mult\_plot

 $\frac{1734}{1735}$ 

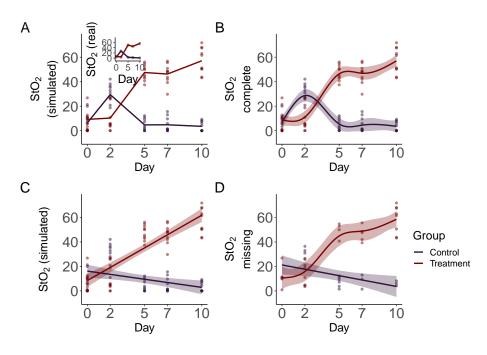


Figure 12: Simulated data and smooths for oxygen saturation in tumors. A: Simulated data that follows previously reported trends (inset) in tumors under chemotherapy (Treatment) or saline (Control) treatment. Simulated data is from a normal distribution with standard deviation of 10% with 10 observations per time point. Lines indicate mean oxygen saturation B: Smooths from the GAM model for the full simulated data with interaction of Group and Treatment. Lines represent trends for each group, shaded regions are 95% confidence intervals. C: rm-ANOVA model for the simulated data, the model does not capture the changes in each group over time. D: Smooths for the GAM model for the simulated data with 40% of its observations missing. Lines represent trends for each group, shaded regions are 95% confidence intervals.

### C.3 Pairwise comparisons in GAMs: full and missing data cases

1737

The next code chunk reproduces Figure 4. Here pairwise comparisons are made for the full and missing datasets.

```
1738
1739
   ##Pairwise comparisons
1740
1741
   pdat <- expand.grid(Day = seq(0, 10, length = 400),
1742
                           Group = c('Control', 'Treatment'))
1743
1744
    #this function takes the model, grid and groups to be compared using the
1745
       lpmatrix
1746
    smooth_diff <- function(model, newdata, g1, g2, alpha = 0.05,
1748
                               unconditional = FALSE) {
        xp <- predict(model, newdata = newdata, type = 'lpmatrix')</pre>
1750
        #Find columns in xp where the name contains "Control" and "Treatment"
        col1 <- grepl(g1, colnames(xp))</pre>
1752
        col2 <- grepl(g2, colnames(xp))</pre>
1753
        #Find rows in xp that correspond to each treatment
1754
        row1 <- with(newdata, Group == g1)</pre>
        row2 <- with(newdata, Group == g2)
1756
        ## difference rows of xp for data from comparison
1757
        X <- xp[row1, ] - xp[row2, ]</pre>
1758
        ## zero out cols of X related to splines for other lochs
1759
        X[, ! (col1 | col2)] <- 0
1760
        ## zero out the parametric cols
1761
        #X[, !grepl('^s\\(', colnames(xp))] <- 0
1762
        dif <- X %*% coef(model)</pre>
1763
        se <- sqrt(rowSums((X %*% vcov(model, unconditional = unconditional))
1764
            * X))
1765
        crit <- qt(alpha/2, df.residual(model), lower.tail = FALSE)</pre>
        upr <- dif + (crit * se)
1767
        lwr <- dif - (crit * se)</pre>
        data.frame(pair = paste(g1, g2, sep = '-'),
1769
                     diff = dif,
                     se = se,
1771
                     upper = upr,
                     lower = lwr)
1774
1775
    comp1<-smooth_diff(m1,pdat,'Control','Treatment')</pre>
1776
    comp_St02_full <- cbind(Day = seq(0, 10, length = 400),
1778
                          rbind(comp1)) %>%
1779
      mutate(interval=case_when(
1780
        upper > 0 & lower < 0 ~ "no-diff",
1781
        upper <0~"less",
1782
        lower > 0 ~ "greater"
1783
      ))
1784
    c1 \leftarrow ggplot(comp_St02_full, aes(x = Day, y = diff, group = pair)) +
1786
        geom_ribbon(aes(ymin = lower, ymax = upper),
1787
                      alpha = 0.5,
1788
                      fill='#DB3A07FF') +
```

```
geom line(color='#E75B64FF', size=1) +
1790
        geom_line(data=comp_StO2_full, aes(y=0), size=0.5)+
1791
        geom ribbon(data=comp StO2 full%>%
1792
                          filter(lower>0),
                     aes(ymin =0, ymax =lower),
1794
                     alpha = 0.5,
1795
                     fill='#30123BFF') +
1796
        geom ribbon(data=comp StO2 full %>%
                          filter(upper < 0),
1798
                          aes(ymin =0, ymax =upper),
                     alpha = 0.5,
1800
                     fill='#7A0403FF') +
1801
        facet_wrap(~ pair) +
1802
1803
        theme_classic()+
        labs(x = 'Days', y = expression(paste('Difference in St0'[2] )))+
1804
        scale_x_continuous(breaks=c(0,2,5,7,10))+
1805
        theme (
1806
            text=element text(size=18),
1807
            legend.title=element blank()
1809
1810
1811
   ###for missing data
1813
   comp2<-smooth_diff(mod_m1,pdat,'Control','Treatment')</pre>
   comp_StO2_missing <- cbind(Day = seq(0, 10, length = 400),
1815
                         rbind(comp2))
1817
   missing_plot<-ggplot(comp_StO2_missing, aes(x = Day, y = diff, group =
1818
       pair)) +
1819
        geom_ribbon(aes(ymin = lower, ymax = upper), alpha = 0.2) +
1820
        geom_line(color='black',size=1) +
1821
        facet_wrap(~ pair) +
1822
        labs(x = 'Days',
             y = expression(paste('Difference in StO'[2],'\n (missing data)'
1824
                                     )))+
1825
      scale x continuous(breaks=c(0,2,5,7,10))+
1826
      theme classic()+
      theme (
1828
         text=element_text(size=18),
         legend.title=element blank()
1830
1832
    c2<-ggplot(comp_St02_missing, aes(x = Day, y = diff, group = pair)) +
        geom_ribbon(aes(ymin = lower, ymax = upper),
1834
                     alpha = 0.5,
1835
                     fill='#DB3A07FF') +
1836
        geom_line(color='#E75B64FF',size=1) +
1837
        geom_line(data=comp_St02_missing,aes(y=0),size=0.5)+
1838
        # geom_ribbon(data=comp_St02_missing%>%
1839
        #
                            filter(lower>0),
1840
        #
                        aes(ymin =0, ymax =lower),
1841
        #
                        alpha = 0.5.
1842
                        fill='#30123BFF') +
1843
```

```
geom_ribbon(data=comp_St02_missing %>%
1844
                            filter(upper < 0),</pre>
1845
                            aes(ymin =0, ymax =upper),
1846
                       alpha = 0.5,
                       fill='#7A0403FF') +
1848
         facet_wrap(~ pair) +
         theme_classic()+
1850
         labs(x = 'Days', y = expression(paste('Difference in StO'[2] )))+
1851
         scale_x_continuous(breaks=c(0,2,5,7,10))+
1852
1853
             text=element_text(size=18),
1854
             legend.title=element_blank()
1855
1856
1857
    pair_comp<-c1+c2
\frac{1858}{1859}
```

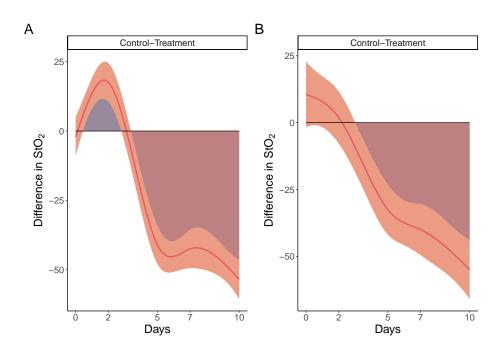


Figure 13: Pairwise comparisons for smooth terms. A: Pairwise comparisons for the full dataset. B: Pairwise comparisons for the dataset with missing observations. Significant differences exist where the interval does not cover 0. In both cases the effect of treatment is significant after day 5.