

Causation in the Empirical Sciences: A Prefatory Note

Ashley I Naimi

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1 Causation in the Empirical Sciences

Before embarking on this short journey on how to estimate causal effects with machine learning algorithms, it would be important to take a step back and look at the current landscape of “causation” in the empirical sciences.

Generally speaking, one can divide the scientific interest displayed in causation in two areas ([Zhong et al., 2022](#)):

- 1) Causal Discovery
- 2) Causal Inference

These two fields can be considered two distinct disciplines that deal with causation. While they do share some important relations between them, generally the areas of research in causal discovery and causal inference tend to be quite different.

Briefly, causal discovery concerns itself with uncovering causal structures using data. The objective of a causal discovery analysis is to generate a causal diagram (or DAG) using data, with minimal or no domain-specific knowledge ([Glymour and Scheines, 1986](#), [Spirtes et al. \(1993\)](#), [Spirtes and Zhang \(2016\)](#), [Glymour et al. \(2019\)](#)). Causal discovery is a fast growing area in machine learning, and often synonymous with the “structural learning problem” in the Bayesian network context ([Koller and Friedman, 2009](#)).

In contrast, causal inference typically consists of collecting data based on domain-specific knowledge, assuming that a particular set of causal relations exist between the variables in this dataset (often articulated as a DAG [Pearl \(2000\)](#), [Tennant et al. \(2020\)](#)), and then proceeding with an analysis on the basis of these assumed relations. Investigators will often define a causal DAG using domain-specific knowledge to evaluate whether they can identify the effect of interest (with d -separation) with the data they possess ([Tennant et al., 2020](#)). This process is generally considered a part of causal inference, a process that requires translating domain-specific knowledge into assumed, but explicit, causal relations, which have implications for precisely how to quantify an exposure effect of interest ([Pearl, 2000](#), [Hernán and Robins \(2020\)](#), [Greenland and Brumback \(2002\)](#)).

In this short course, we will be focusing on *causal inference*, and not causal discovery.

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