# Bayesian Evidence Synthesis:opioid crisis

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Abstract

## 1 Introduction

The opioid crisis is a major issue in North America including British Columbia, Canada. British Columbia is in the midst of a drug overdose crisis due to illicit opioids and the circumstance is getting worse; According to the BC Coroners Service, there were more than 930 apparent illicit drug overdose deaths in BC from Jan. 1 to Dec. 31, 2016. This compares to 518 in 2015, an increase of 79.2%. [1] The goal of this project is to apply Bayesian evidence synthesis to understand better the opoid crisis in British Columbia, Canada.

One difficulty to cope with the opioid crisis is that the total number of overdoses is unknown. The reason is that the use of prescription opioids often leads to use illicit opioids and the illicit usage cannot be known. Many of those who become addicted to opioids do so after initially receiving a prescription. The highly addictive nature of these pain relievers makes it easy for the human brain to crave more. It is only after their prescription ends that many users realize they've become dependent on the effects of opioids to function "normally." At that point, they are either forced to get clean and endure the pain that comes with the withdrawal symptoms of opioids or look for another means of getting their high. This is often the time where people will turn to illicit drugs or other analogues. Because prescription opioids are so expensive, this is when many users turn to heroin. It is often cheaper, more potent, and easier to locate than what they were taking before. In fact, about 80% of people using heroin started with a prescription to another opioid. After using heroin, however, 23% of individuals develop opioid addiction.[2] [attempt: need to give a backstory-why isn't this observable? The number of overdoses

Since the total overdoses are unknown, the number needs to be estimated. Bayesian statistics can be a way to approach the problem and give us the good estimate of the number. Bayesian statistics is a theory in the field of statistics based on the Bayesian interpretation of probability where probability expresses a degree of belief in an event. [3] Detailed explanation is provided at the following section. [attempt: explain Bayesian statistics]

All examples here were performed in Python 3.7 using the library pyMC (reference) and JAGS (reference). Training was performed using No U-Turn Sampling (NUTS) over two chains with 1000 iterations (is it sample size?). Fitting was performed on a GHz Intel Core i5 with 8GM of LPDD3 RAM and typically had wall times under ten minutes. Data processing was carried out using the Pandas and SciPy library [reference]. Data visualization was performed using the libraries Seaborn and Matplotlib [ref]. Code for all examples in this study are provided.

## 2 methods

The number of overdoses is our ultimate interest of estimation. To achive the goal in context of Bayesian statistics, we use our prior belief and available data set about the target of estimation. The posterior belief is coming from both parts of the information. Following equation express the idea in a mathmatical form:

$$p(\theta|y) = \frac{p(\theta,y)}{p(y)} = \frac{p(\theta)p(y|\theta)}{p(y)} \propto p(\theta)p(y|\theta)$$
 (1)

where  $\theta$  represents the target of estimation, the total overdoses and y represents the collected data set providing relevant samples of the target variable. In Bayesian concepts, the variable of interest  $\theta$  is a fixed number but the number is yielded from a certain distribution; That is,  $\theta$  is considered to be a sample of a random variable.

The problem, however, is that the data set y is not available. Hence the technique is to approach the estimation in a indirect fashion. Figure [?] shows how we estimate the target variable.

Let  $O_t$  the number of overdoses in a given month t in British Columbia. [attempt: specify a geographic area] Suppose there was a survey conducted to estimate the proportion of ambulance call  $p_A$  among the overdoses.  $p_A$  is assumed constant across time for simplicity. Let  $n_A$  the sample size of the survey and  $x_A$  to be the total number who confirmed they did call ambulance. It is assumed that  $x_A$  follows a Binomial distribution:

$$x_A \sim Bin(n_A, p_A)$$
 ambulance call-outs model (2)

The total overdoses need to be modeled. The simplest conceptual model is to take an underlying log-rate  $z_t$  that is independent and identically distributed across months according to a normal distribution with mean  $\mu$  and variance  $\sigma^2$ . [4] Denote  $\lambda_t^{OD}$  the rate of overdose at time t. It is assumed that the total overdose  $O_t$  follows Poisson distribution where the population of the region of interest is N. [Give a graphical model representation? state that(?)]

$$\begin{cases} z_t \sim N(\mu, \sigma^2) \\ \lambda_t^{OD} = \exp(z_t) \\ O_t \sim Poi(\lambda_t^{OD} N) \end{cases}$$
 overdose model (3)

Estimation of  $O_t$  is not straightforward since none of the variables  $(\mu, \sigma, N)$  determining  $O_t$  is known. Hence  $O_t$  should be inferred from using  $U_t$  and  $p_A$ , where  $p_A$  is the ambulance call out rate and  $U_t$  is the number of ambulance-attended overdoses at a time point t. In general, the data of ambulance-attended overdoses  $U_t$  can be obtained. It is assumed that  $U_t$  follows Binomial distribution:

$$U_t \sim Bin(O_t, p_A) \tag{4}$$

Now  $O_t$  can be estimated as  $p_A$  can be inferred by survey data and the data regarding  $U_t$  is given. We suggest a simple model as a start where the model only combines Ambulance Call-outs Model (2) and Overdose Model (3).

The next step is to run some simulations to figure out how different types of inputs lead some changes of output. To do so, the simple model is illustrated below.

#### 2.1 Simulation

The first simulation simplifies the assumptions of variables as much as possible; We assumed  $N=10000, n_A=1000$ . Note that the population size, N, is unknown in reality but it is assumed known for the investigator here for simplicity. The assumptions will change later to see the impact of the likelihood over the posterior distributions of variables of interest; The total population size for a region, N, could vary over time or it can be staritified for a better realization of the real world. We vary the survey size as  $n_A=100$  or  $n_A=10000$ .

[brief explaination of MCMC and related topics]

#### 2.1.1 Likelihood

There exist two data sets; survey data  $(n_A, x_A)$ , and ambulance attended overdose data  $(U_t)$ . The two data sets are simulated as follows. The true value of  $p_A$ was set  $p_A = 0.8$  for the survey data. It is assumed that the data was collected for a year (t=1,2,3, ..., 12) and  $x_t$  values were independentally generated from the Binomial distribution (2). In terms of overdose data, It is assumed that the true values of parameters for overdose model were  $\mu = \log 0.05$ ,  $\sigma = 1$ . The vector of  $O_t$  was generated following the overdose model (3). The vector of  $U_t$  was generated from the Binomial relation of the two variables (4). The two generated vectors have the same length with the survey data (t=1,2,3, ...,12). [Delete: Then the 12 sueveys were combined into a single survey since  $p_A$ is assumed fixed across time in this contexts.] Note that only  $U_t$  and  $x_t$  are known as the likelihood and  $p_A$  needs to be estimated first so as to estimate  $O_t$ which is the ultimate interest of the research.

#### 2.1.2 Prior Distributions

Noninformative prior distributions are presumed as a start for simplicity.

$$p(p_A) \sim Beta(1,1)$$
 noninformative prior of ambulance model (5)

$$\frac{\mu \sim U(-10,0)}{\sigma \sim U(0,5)} \text{ noninformative prior of overdose model}$$
(6)

This leads the posterior distribution of variables of interest to heavily depend on the likelihood. Later, the noninformative priors will be changed and the impact of the changes over posteriors will be investigated.

## 2.2 Early Result

The result from the simple case scenario is illustrated below.

#### 2.2.1 Posterior Distribution

Figure 1 is the boxplot of posterior samples of  $O_t$ . It is shown that our posterior estimates of  $O_t$  are fairly accurate since (1) the boxplots contain actual values of  $O_t$  within their interquartile range (IQR) and (2) the ranges of IQR and 95% range seem narrow. Notice that the range of the boxplot from a higher  $O_t$  values (t=1, 7, 11) is wider than the other ranges of the boxplots from smaller estimates of  $O_t$  (all t values but 1, 7, 11)

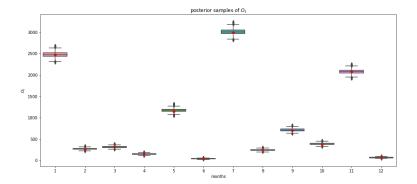


Figure 1: Boxplot of posterior samples of  $O_t$  (2000 samples for each month) with actual data points of simulated  $O_t$  values. The simulated values are shown as red dots.

#### 2.2.2 Posterior Predictive Check

Figure 2a is the boxplot of posterior predictive samples of  $U_t$ . It is shown that the posterior predictive estimates of  $U_t$  is failry accurate with the same two reasons regarding the accuracy of the posterior distribution of  $O_t$ . It is more obvious here that the range of the boxplots from higher  $O_t$  values (t=1, 7, 11) is wider than the other ranges of the boxplots from smaller estimates of  $O_t$  (all t values but 1,7, 11). Notice that the relative ranges of figure 2a follow the ones of figure 1; For months where  $U_t$  values are higher, the values of  $O_t$  are also higher than the average (t=1, 7, 11)

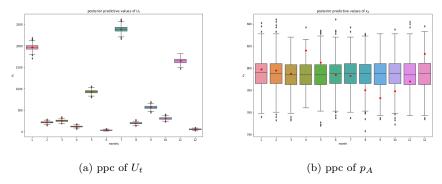


Figure 2: Boxplots of posterior predictive samples of  $x_A$  (1000 samples) with the actual data point of simulated  $U_t, x_A$  value. The simulated values are shown as a red dots.

Figure 2b is the boxplots of posterior predictive samples of  $x_A$ . It is shown that the posterior predictive estimates of  $x_A$  is tolerably accurate since (1) the boxplots contain actual values of  $O_t$  within their lines connecting the maximum and the minimum and (2) the ranges of IQR seem modereately narrow.

### 2.3 Early Result: Contamination of $p_A$

One of the attention of this research project is to investigate how robust the model is from contaminations of the data sets. The first inspection is to check an impact of a contamination of  $p_A$ ; what would happen if the estimation of  $p_A$  is biased? It is assumed that the survey data gives us a wrong estimate of  $p_A$  such that it would be underestimated or overestimated. We then want to see how the biased estimation of  $p_A$  affects the estimate of  $O_t$ , the total overdose.

Both of underestimation and overestimation were conducted for the analysis. In terms of underestimation, the simulated survey data  $(n_A, x_A)$  was generated

with  $p_A = 0.6$  while the true value of  $p_A$  is 0.8, and all the other assumptions hold the same. That is,  $x_A$  is generated from  $x_A \sim Bin(n_A, 0.6)$ , while  $U_t$  is generated from  $U_t \sim Bin(O_t, 0.8)$  for every t. For overestimation, the simulated survey data was generated with  $p_A = 0.9$  while the true value of  $p_A$  is 0.8, and all the other assumptions hold the same.

#### 2.3.1 Posterior Distribution

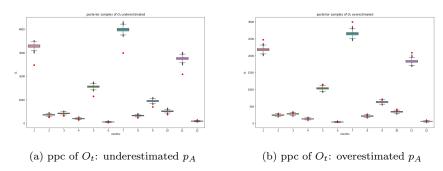


Figure 3: Boxplot of posterior samples of  $O_t$  (1000 samples) where survey data is contaminated. The actual data point of simulated  $O_t$  values are shown as red dots.

Figure 3 is the boxplots of posterior samples where  $p_A$  is contaminated from the survey data. It is seen that the underestimation of  $p_A$  (3a) leads to an overestimation of  $O_t$  as the boxplots are above the red dots. This is justifiable considering the given data sets (likelihoods) and the relationship between the two models (4);  $O_t$  is generated by multiplying  $U_t$  and the inverse of  $p_A$  where  $p_A$  is underestimated; Hence  $\frac{1}{p_A}$  is overestimated which leads overestimation of  $O_t$ .

$$O_t = U_t \frac{1}{p_A} \tag{7}$$

Figure 3b shows the opposite case. Overestimation of  $p_A$  leads underestimation of the inverse of  $p_A$  which causes underestimation of  $O_t$ . From both figures it is seen that the bias increases as the estimated values and the actual values get large.

#### 2.3.2 Posterior Predictive Check

Figure 4 are the boxplots of posterior predictive samples where  $p_A$  is underestimated and overestimated respectively from the survey data. It is seen that the none of the contaminations of  $p_A$  leads an effect  $U_t$ . [Explain why is this]

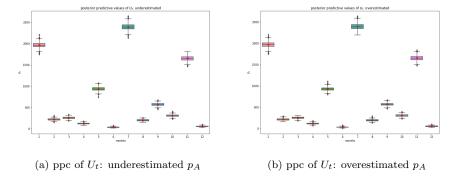


Figure 4: Boxplot of posterior samples of  $U_t$  (1000 samples) where survey data is contaminated. The actual data point of simulated  $U_t$  values are shown as red dots.

Figure 5 are the boxplots of posterior predictive samples of  $x_A$  where  $p_A$  is underestimated and overestimated respectively from the survey data. It is seen that none of the contaminations of  $p_A$  leads an effect of contamination on  $x_A$ ; the actual simulated points (red dots) are close to the medians from the two boxplots. However, notice that the range of the estimated values are different between the two boxplots; the median from Figure 5a is around 600 whereas the median from Figure 5b is around 900. [I think this should go to the previous of the previous paragraph: This is because overdose model (3) does not affect the resulf from the ambulance model (2); Only the ambulance model has an effect on the overdose model.]

## References

- [1] "bc overdose prevention services guide". url.
- [2] Cooper Smith. "what is the opioid epidemic?". url, 2019.
- [3] "bayesian statistics". url, 2020.
- [4] Buxton J Balshaw R Otterstatter M Macdougall L et al. Irvine MA, Kuo M. Modelling the combined impact of interventions in averting deaths during a synthetic-opioid overdose epidemic. *Addiction*, 2019.

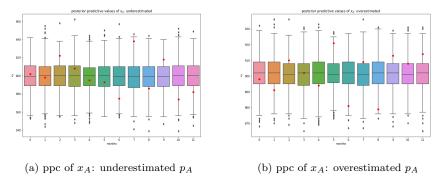


Figure 5: Boxplot of posterior samples of  $x_A$  (1000 samples) where survey data is contaminated. The actual data point of simulated  $x_A$  values are shown as red dots.