

# Bayesian Evidence Synthesis:opioid crisis

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### Abstract

# 1 Introduction

The opioid crisis is a major issue in North America including British Columbia, Canada. British Columbia is in the midst of a drug overdose crisis due to illicit opioids and the circumstances are getting worse. According to the BC Coroners Service, there were more than 930 apparent illicit drug overdose deaths in BC from Jan. 1 to Dec. 31, 2016. This compares to 518 in 2015, an increase of 79.2%. [1] The goal of this project is to apply Bayesian evidence synthesis to better understand the opioid crisis in British Columbia, Canada.

One difficulty in coping with the opioid crisis is that the total number of overdoses is unknown. The reason is that the use of prescription opioids often leads to use of illicit opioids and the illicit usage cannot be known. Many of those who become addicted to opioids do so after initially receiving a prescription. The highly addictive nature of these pain relievers makes it easy for the human brain to crave more. It is only after their prescription ends that many users realize they've become dependent on the effects of opioids to function "normally." At that point, they are either forced to get clean and endure the pain that comes with the withdrawal symptoms of opioids or look for another means of getting their high. This is often the time where people will turn to illicit drugs or other analogues. Because prescription opioids are so expensive, this is when many users turn to heroin. It is often cheaper, more potent, and easier to locate than what they were taking before. In fact, about 80% of people using heroin started with a prescription to another opioid. After using heroin, however, 23% of individuals develop opioid addiction.[2]

Since the total number of overdoses is unknown, this number needs to be estimated. Bayesian statistics can be a way to approach the problem and give us a good estimate of the number [defensible? depending on the data, a precise estimate may not be possible]. Bayesian statistics is a theory in the field of statistics based on the Bayesian interpretation of probability where probability expresses a degree of belief in an event. [3] Detailed explanation is provided at the following section. [attempt: explain Bayesian statistics]

All examples here were performed in Python 3.7 using the library pyMC (reference) and JAGS (reference). Training was performed using No U-Turn Sampling (NUTS) over two chains with 1000 iterations (is it sample size?). Fitting was performed on a GHz Intel Core i5 with 8GB of LPDDR3 RAM and typically had wall times under ten minutes. Data processing was carried out using the Pandas and SciPy library [reference]. Data visualization was performed using the libraries Seaborn and Matplotlib [ref]. Code for all examples in this study are provided.

## 2 Methods

The number of overdoses is our ultimate target of estimation. To achieve the goal in context of Bayesian statistics, we use our prior belief and available data set about the target of estimation. The posterior belief is coming from both of these sources of the information. The following equation express the idea in a mathematical form:

$$p(O_t|y) = \frac{p(O_t, y)}{p(y)} = \frac{p(O_t)p(y|O_t)}{p(y)} \propto p(O_t)p(y|O_t) \quad (1)$$

where  $O_t$  is the total number of overdoses in a given month  $t$  in British Columbia, and  $y$  represents the collected data set providing relevant samples of the target variable. In Bayesian concepts, the variable of interest  $O_t$  is a fixed number but the number is yielded from a certain distribution where the distribution describes knowledge about  $O_t$ ; That is,  $O_t$  is considered to be a sample of a random variable. The problem, however, is that the data  $y$  is not available. Hence it is needed to approach the estimation in a indirect fashion. Figure 1 shows an example of how the estimation can be proceeded.

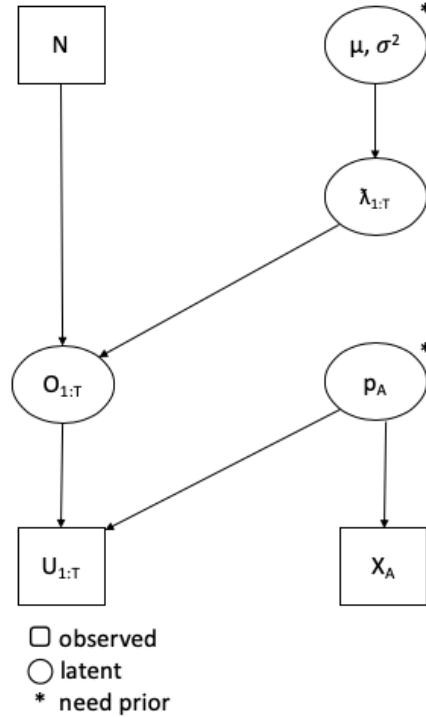


Figure 1: Example of estimating the total overdoses indirectly given two data sets: ambulance attended overdoses and survey data.

The simplest conceptual model described in Figure 1 is to take an underlying log-rate  $z_t$  that is independent and identically distributed across months according to a normal distribution with mean  $\mu$  and variance  $\sigma^2$ . [4] Then denote  $\lambda_t^{OD}$  the rate of overdose at time  $t$ . It is assumed that the total overdose  $O_t$  follows Poisson distribution with parameter  $\lambda_t^{OD} N$  where the population of the region of interest is  $N$ . Note that the population size,  $N$ , is unknown and vary over time in reality but it is assumed known constant for the investigator here for simplicity.

$$\left. \begin{aligned} z_t &\sim N(\mu, \sigma^2) \\ \lambda_t^{OD} &= \exp(z_t) \\ O_t &\sim Poi(\lambda_t^{OD} N) \end{aligned} \right\} \text{overdose model} \quad (2)$$

Since estimation of  $O_t$  is not straightforward as none of the variables ( $\mu$ ,  $\sigma$ ,  $N$ ) determining  $O_t$  is known, we assume there was a survey conducted to infer  $O_t$ . The survey asked witnesses of opioid overdoses in danger whether someone called an ambulance. This provides estimate of the proportion of ambulance call  $p_A$  among the overdoses. Let  $n_A$  the sample size of the survey and  $x_A$  to be the total number who confirmed they did call ambulance. It is assumed that  $x_A$  follows a Binomial distribution:

$$x_A \sim Bin(n_A, p_A) \text{ ambulance call-outs model} \quad (3)$$

Let  $U_t$  the number of ambulance-attended overdoses at a time point  $t$ . In general, the data of ambulance-attended overdoses  $U_t$  can be obtained. It is assumed that  $U_t$  follows Binomial distribution:

$$U_t \sim Bin(O_t, p_A) \quad (4)$$

Note that now  $O_t$  can be estimated because  $p_A$  can be inferred from the survey data and the data regarding  $U_t$  is given. For the moment  $p_A$  is assumed constant across time for simplicity. We suggest a simple model as a start where the model only combines Overdose Model (2) and Ambulance Call-outs Model (3) with the relation (4). The next step is to run some simulations to figure out how different types of inputs lead some changes of output.

## 2.1 Simulation

The first simulation simplifies the assumptions of variables as much as possible; we assumed  $N = 10000$ ,  $n_A = 1000$ .

### 2.1.1 Markov chain Monte Carlo

The achievement of the simulation was done by Markov chain Monte Carlo (MCMC). The technique is a popular method to obtain posterior samples from

distributions where analytic forms do not exist or are hard to be derived. **[Further explanation is going to be added.]** [attempt:brief explanation of MCMC and related topics]

### 2.1.2 Likelihood

There exist two data sets; survey data  $(n_A, x_A)$ , and ambulance attended overdose data  $(U_t)$ . The two data sets were simulated as follows. It was assumed that the two data sets were collected for a year ( $t=1,2,3, \dots, 12$ ). The true value of  $p_A$  was set as  $p_A = 0.8$  and the survey sample size  $n_A$  was set as  $n_A = 1000$  for every months. The  $x_A$  values for each month were independently generated from the Binomial distribution (3). In terms of the overdose data, It is assumed that the true values of parameters for overdose model were  $\mu = \log 0.05$ ,  $\sigma = 1$ . The vector of  $O_t$  was generated following the overdose model (2). The vector of  $U_t$  was generated from the Binomial relation of the two variables (4). The two generated vectors have the same length with the survey data ( $t=1,2,3, \dots, 12$ ). Note that only  $U_t$  and  $x_A$  are known as the likelihood and  $p_A$  needs to be estimated first in order to estimate  $O_t$  which is the ultimate interest of the research.

### 2.1.3 Prior Distributions

Noninformative prior distributions are presumed as a start for simplicity.

$$p(p_A) \sim \text{Beta}(1, 1) \text{ noninformative prior for ambulance model} \quad (5)$$

$$\left. \begin{array}{l} \mu \sim U(-10, 0) \\ \sigma \sim U(0, 5) \end{array} \right\} \text{ noninformative prior for overdose model} \quad (6)$$

This leads the posterior distribution of variables of interest to heavily depend on the likelihood. Later, the noninformative priors will be changed and the impact of the changes over posteriors will be investigated.

## 2.2 Early Result

The result from the simple case scenario is illustrated below. Markov chain Monte Carlo package PYMC3 3.8[5] was used with Python 3.7 for the simulation. Figures were generated by Python 3.7. The results were verified with JAGS 4.3.0 and R 3.6.2.

### 2.2.1 Posterior Distribution

Figure 2 is the boxplot of posterior samples of  $O_t$ . It is shown that our posterior estimates of  $O_t$  are fairly accurate since (1) the boxplots contain actual values

of  $O_t$  within their interquartile range (IQR) and (2) the ranges of IQR and 95% range seem narrow. Notice that the range of the boxplot from a higher  $O_t$  values ( $t=1, 7, 11$ ) is wider than the other ranges of the boxplots from smaller estimates of  $O_t$  (all  $t$  values but 1, 7, 11)

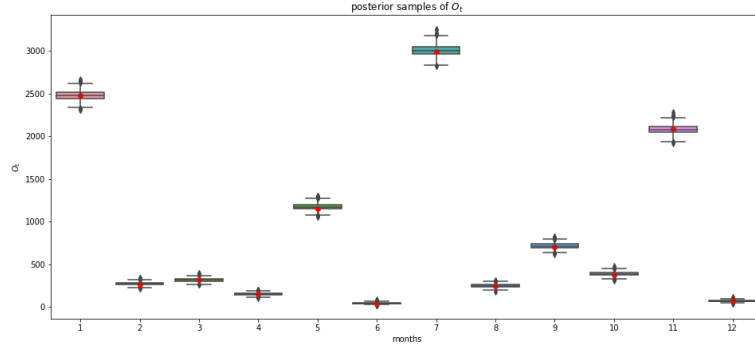


Figure 2: Boxplot of posterior samples of  $O_t$  (2000 samples for each month) with simulated  $O_t$  values as red dots.

Figure 3 is the histogram of posterior samples of total overdoses per year ( $O_1 + O_2 + \dots + O_{12}$ ). 2000 samples were collected and shown as the histogram. It is seen that the plot is bell shaped and not skewed. The total number of overdoses per year is around 10900 to 11000. [mention about credible interval]

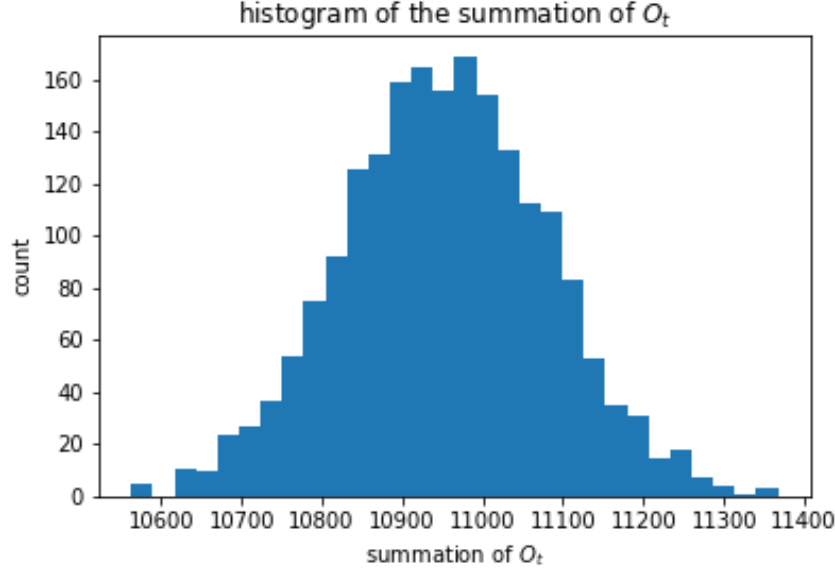


Figure 3: Histogram of posterior samples of total overdoses per year

### 2.2.2 Posterior Predictive Check

Posterior predictive checking is a model validation technique that we simulate some replicated data under the fitted model then compare the new data to the observed data. If the model fits, then replicated data generated under the model should look similar to observed data. To put it another way, the observed data should look plausible under the posterior predictive distribution. This is really a self-consistency check: an observed discrepancy can be due to model misfit or chance. [6] [attempted: brief explanation of what is PPC]

Figure 4a is the boxplot of posterior predictive samples of  $U_t$ . It is shown that the posterior predictive estimates of  $U_t$  is fairly accurate with the same two reasons regarding the accuracy of the posterior distribution of  $O_t$ . It is more obvious here that the range of the boxplots from higher  $O_t$  values ( $t=1, 7, 11$ ) is wider than the other ranges of the boxplots from smaller estimates of  $O_t$  (all  $t$  values but 1, 7, 11). Notice that the relative ranges of figure 4a follow the ones of figure 2; for months where  $U_t$  values are higher, the values of  $O_t$  are also higher than the average ( $t=1, 7, 11$ )

Figure 4b is the boxplots of posterior predictive samples of  $x_A$ . It is shown that the posterior predictive estimates of  $x_A$  is tolerably accurate since (1) the boxplots contain actual values of  $O_t$  within their lines connecting the maximum and the minimum and (2) the ranges of IQR seem moderately narrow.

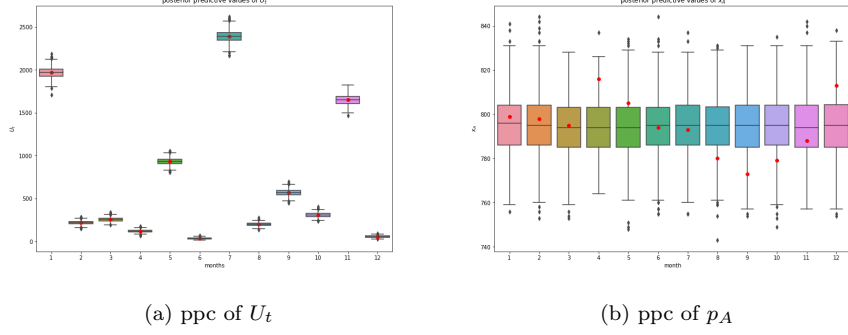


Figure 4: Boxplots of posterior predictive samples of  $x_A$  (1000 samples) with the actual data point of simulated  $U_t, x_A$  value. The simulated values are shown as a red dots.

### 2.3 Early Result: Contamination of $p_A$

One of the attention of this research project is to investigate how robust the model is from contaminations of the data sets. The first inspection is to check an impact of a contamination of  $p_A$ ; what would happen if the estimation of  $p_A$  is biased? It is assumed that the survey data gives us a wrong estimate of  $p_A$  such that it would be underestimated or overestimated. We then want to see how the biased estimation of  $p_A$  affects the estimate of  $O_t$ , the total overdose.

Both of underestimation and overestimation were conducted for the analysis. In terms of underestimation, the simulated survey data  $(n_A, x_A)$  was generated with  $p_A = 0.6$  while the true value of  $p_A$  is 0.8, and all the other assumptions hold the same. That is,  $x_A$  is generated from  $x_A \sim \text{Bin}(n_A, 0.6)$ , while  $U_t$  is generated from  $U_t \sim \text{Bin}(O_t, 0.8)$  for every  $t$ . For overestimation, the simulated survey data was generated with  $p_A = 0.9$  while the true value of  $p_A$  is 0.8, and all the other assumptions hold the same.

#### 2.3.1 Posterior Distribution

Figure 5 is the boxplots of posterior samples where  $p_A$  is contaminated from the survey data. It is seen that the underestimation of  $p_A$  (5a) leads to an overestimation of  $O_t$  as the boxplots are above the red dots. This is justifiable considering the given data sets (likelihoods) and the relationship between the two models (4); given the likelihood of the ambulance attended overdoses,  $U_t$ , a value of  $O_t$  is an unknown parameter of the binomial distribution,  $\text{Bin}(O_t, p_A)$ .



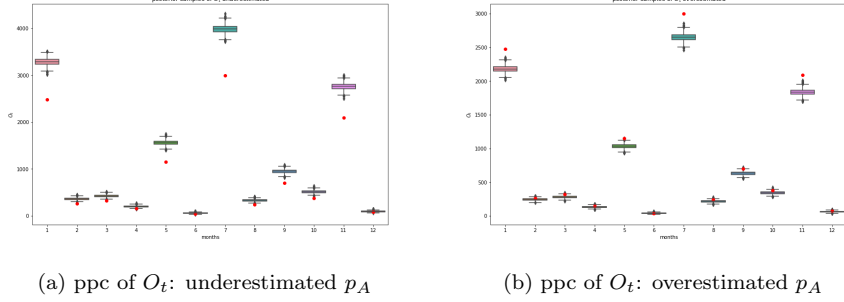


Figure 5: Boxplot of posterior samples of  $O_t$  (1000 samples) where survey data is contaminated. The actual data point of simulated  $O_t$  values are shown as red dots.

Let  $o_t, u_t$  are samples from  $O_t$  and the likelihood value of  $U_t$  respectively. Then  $o_t$  is proportional to the quantity generated by multiplying  $u_t$  and the inverse of  $\hat{p}_A$  where  $\hat{p}_A$  is underestimated estimator of  $p_A$ ; hence  $\frac{1}{\hat{p}_A}$  is overestimated which leads overestimation of  $O_t$ .

$$o_t \propto u_t \frac{1}{\hat{p}_A} \quad (7)$$

Figure 5b shows the opposite case. Overestimation of  $p_A$  leads underestimation of the inverse of  $p_A$  which causes underestimation of  $O_t$ . From both figures it is seen that the bias increases as the estimated values and the actual values get large.

### 2.3.2 Posterior Predictive Check

Figure 6 are the boxplots of posterior predictive samples where  $p_A$  is underestimated and overestimated respectively from the survey data. It is seen that none of the contaminations of  $p_A$  leads an contamination effect on  $U_t$  but only affects the  $O_t$  estimation.

The possible explanation is that the contaminations of  $p_A$  and  $O_t$  (from  $p_A$ ) cancel out the bias component as combined so that  $U_t$  has no bias. Notice that  $U_t$  is a likelihood (data set) of  $O_t$  estimation. Hence it plays the role of  $y$  in Bayes theorem (1) and the likelihood,  $U_t$ , is used to obtain the biased posterior samples of  $O_t$  with the contaminated estimates of  $p_A$ . Here the pair of  $(O_t, P_A)$  are both biased and the pair is fitted by the likelihood,  $U_t$ . To obtain the posterior predictive samples, MCMC algorithm help obtain posterior samples of biased  $O_t$  and then the samples will be combined with biased  $p_A$  such that the new samples of  $\tilde{U}_t$  from  $p(\tilde{U}_t|U_t)$  is obtained. The result also matches with our

intuition. Posterior predictive checks use the existing data points twice; firstly it uses the data to obtain the posterior samples of parameters, and secondly the samples are used to produce posterior predictive samples. Given the fact that there could be an overfitting issue due to using the data twice, the result shown here seems reasonable.

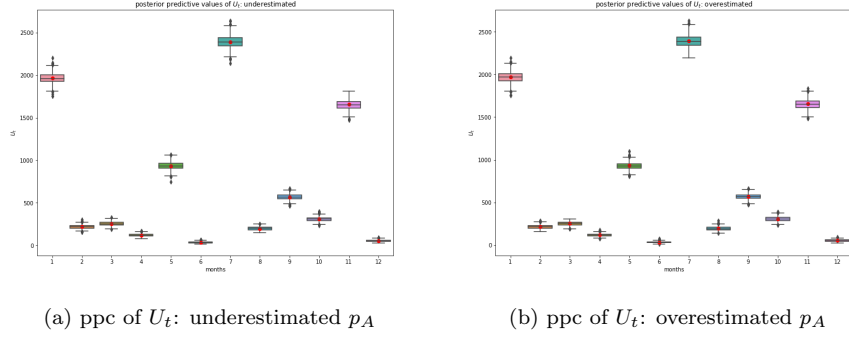


Figure 6: Boxplot of posterior samples of  $U_t$  (1000 samples) where survey data is contaminated. The actual data point of simulated  $U_t$  values are shown as red dots.

Figure 7 are the boxplots of posterior predictive samples of  $x_A$  where  $p_A$  is underestimated and overestimated respectively from the survey data. It is seen that none of the contaminations of  $p_A$  leads an effect of contamination on  $x_A$ ; the actual simulated points (red dots) are close to the medians from the two boxplots. However, notice that the range of the estimated values are different between the two boxplots; the median from Figure 7a is around 600 whereas the median from Figure 7b is around 900. [???? I think this should go to the previous of the previous paragraph] This is because overdose model (2) does not affect the result from the ambulance model (3); only the ambulance model has an effect on the overdose model.

## 2.4 Varying the Assumptions

The assumptions will change later to see the impact of the likelihood over the posterior distributions of variables of interest; the total population size for a region,  $N$ , could vary over time or it can be stratified for a better realization of the reality. The survey size could also vary such as  $n_A = 100$  or  $n_A = 10000$  in later examples.

## References

- [1] BC Center for Disease Control.

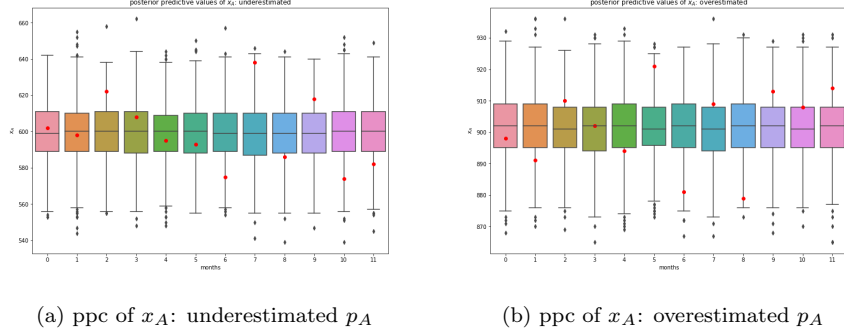


Figure 7: Boxplot of posterior samples of  $x_A$  (1000 samples) where survey data is contaminated. The actual data point of simulated  $x_A$  values are shown as red dots.

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