Less Spooky Containers with Top Security Best Practices







Agenda

- Container Security Model
- Why: shifting left security
- Best practices
 - Build
 - Distribute
 - Deploy
 - Run



Container security model



Containers!



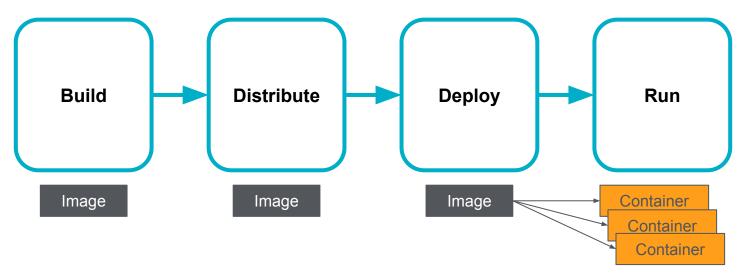
Also containers!





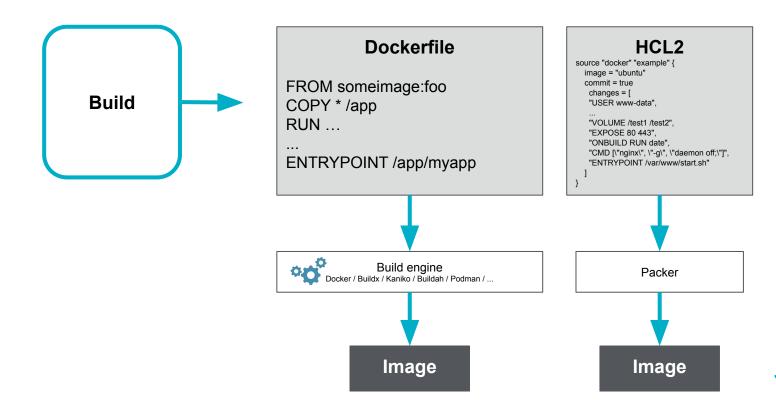
Container life stages





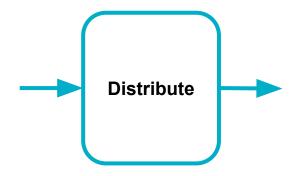


Building an image





Distributing an image

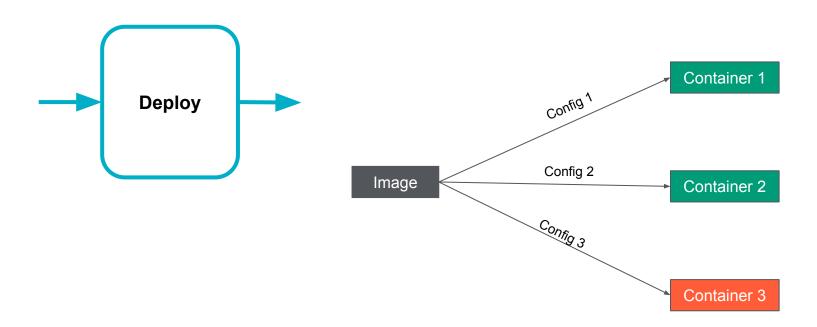


Image

- Configuration
- Layer 1
- Layer 2
- ...
- Layer N

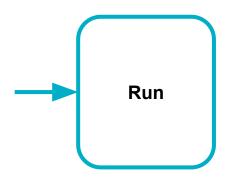


Deploying a container





Running a container



Container

- Image root filesystem + chroot
 - Contains application(s) + dependencies
- Configuration:
 - Entrypoint and arguments
 - Environment variables
 - 0 ...
- Isolation: namespaces (PID, IPC, MOUNTS, UTS, NET, ...)
- Resource limits: CGroups
- Privilege limits: Seccomp, AppArmor, ...





Why





 Detect vulnerabilities, investigate security issues, report and fix after deployment is expensive and creates enormous overhead



- Detect vulnerabilities, investigate security issues, report and fix after deployment is expensive and creates enormous overhead overhead
- So, get rid of know risks in advance



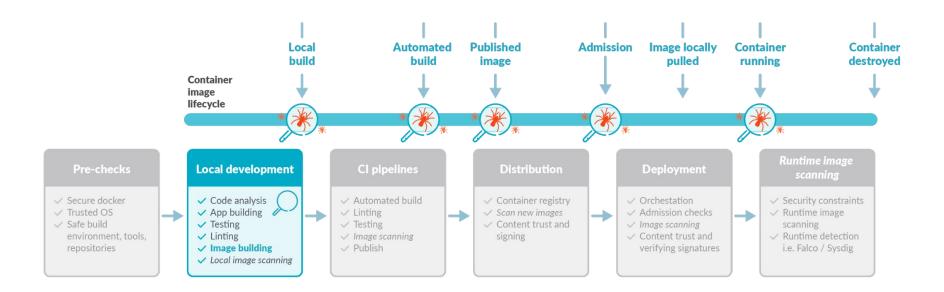
- Detect vulnerabilities, investigate security issues, report and fix after deployment is expensive and creates enormous overhead overhead
- So, get rid of know risks in advance
- Shift left security: tackle problems ASAP
 - Build best practices can be applied in earlier stages



- Detect vulnerabilities, investigate security issues, report and fix after deployment is expensive and creates enormous overhead overhead
- So, get rid of know risks in advance
- Shift left security: tackle problems ASAP
 - Build best practices can be applied in earlier stages
- Following good practices will help you avoid common errors and pitfalls



Shifting left security





Best practices - build



- Problem: containers often running with more privileges than required
 - Our <u>recent report</u> highlighted that 58% of images are running the container entrypoint as root (UID 0)



Risks:

- Attackers can exploit vulnerabilities or bugs to gain access to other services or resources
- https://sysdig.com/blog/lateral-movement-cloud-containers/
- Openshift or others blocking root containers





Prevention:

- Follow the principle of least privilege so your service or application only has access
 to the resources and information necessary to perform its purpose
- **USER directive**, run as non-root by default



Step 1: Initial Dockerfile

```
FROM alpine
COPY ./src/example_app /example_app
ENTRYPOINT /example_app
```

```
> docker build -f Dockerfile1 -t test1_1 .
[+] Building 0.5s (7/7) FINISHED
> docker run --name test --rm -p 5000:5000 test1_1
Listening at :5000
```



Testing the app

```
> curl "localhost:5000/?name=webinar"
Hi webinar!
> curl "localhost:5000/?name=alvaro"
Hi alvaro!
> docker exec -ti test sh
/ # ls -lh
-rw-r--r-- 1 root root
                                111 Apr 7 11:36 access.log
                                    5.9M Apr 7 11:27 example_app
-rwxr-xr-x 1 root
                        root
 # cat access.log
[2021-04-07T11:36:14Z] IP=172.17.0.1:60974 name=webinar
[2021-04-07T11:36:16Z] IP=172.17.0.1:60978 name=alvaro
/ # ps
PID
     USFR
              TIME
                    COMMAND
               0:00 /example_app
    1 root
```

Step 2: running as non-root

```
FROM alpine
COPY ./src/example_app /app/example_app
WORKDIR /app
USER 1000
ENTRYPOINT /app/example_app
```

```
> docker build -f Dockerfile2 -t test1_2 .
[+] Building 0.5s (7/7) FINISHED
> docker run --name test --rm -p 5000:5000 test1_2
panic: open access.log: permission denied
```



Step 3: fix permissions

```
FROM alpine
COPY ./src/example_app /app/example_app
WORKDIR /app
RUN chown 1000:1000 /app
USER 1000
ENTRYPOINT /app/example_app
```

```
> docker build -f Dockerfile3 -t test1_3 .
[+] Building 0.5s (7/7) FINISHED
> docker run --name test --rm -p 5000:5000 test1_3
Listening at :5000
```



Testing the rootless app

```
> docker exec -ti test sh
/app $ cat access.log
[2021-04-07T11:45:56Z] IP=172.17.0.1:60996 name=webinar
[2021-04-07T11:45:58Z] IP=172.17.0.1:61000 name=alvaro
/app $ 1s -1h
total 6M
-rw-r--r-- 1 1000
                        root
                               111 Apr 7 11:45 access.log
                                    5.9M Apr 7 11:27 example_app
-rwxr-xr-x
             1 root
                        root
/app $ ps
PID
     USFR
              TIME
                    COMMAND
    1 1000
               0:00 /app/example_app
```



Attack surface

- Problem: including unnecessary packages or exposing unused ports
- Risks:
 - Your system is more exposed to attacks
 - Using components not under your control
- Prevention:
 - Reduce attack surface
 - Protect and keep under control



Don't: Use big, generic distro images if not needed (i.e. ubuntu)

```
) docker run ... quay.io/sysdig/secure-inline-scan:2 image-ubuntu -k $SYSDIG_SECURE_TOKEN --storage-type docker-daemon
Inspecting image from Docker daemon -- distroless-1:latest
 Full image: docker.io/library/image-ubuntu
 Full tag: docker.io/library/image-ubuntu:latest
Analyzing image...
Analysis complete!
Evaluation results
- warn dockerfile:instruction Dockerfile directive 'HEALTHCHECK' not found, matching condition 'not_exists' check
- warn dockerfile:instruction Dockerfile directive 'USER' not found, matching condition 'not_exists' check
Vulnerabilities report
  Vulnerability
                   Severity Package
                                                                              Fix version
                            bash-4.3-14ubuntu1.4
                                                                                               http://people.ubuntu.com/~ubuntu-security/cve/CVE-2019-18276
 - CVE-2019-18276
                                                                     dpka
                                                                              None
 - CVE-2016-2781
                            coreutils-8.25-2ubuntu3~16.04
                                                                     dpkq
                                                                              None
                                                                                               http://people.ubuntu.com/~ubuntu-security/cve/CVE-2016-2781
                            util-linux-2.27.1-6ubuntu3.10
                                                                                               http://people.ubuntu.com/~ubuntu-security/cve/CVE-2016-5011
 - CVE-2016-5011
```



- Don't: Use big, generic distro images if not needed (i.e. ubuntu)
 - Things most likely won't need in your final image:
 - gcc-5 compiler
 - sysV compatibility
 - dpkg? bash?
 - kelvile:instruction Dockerfile directive 'HEALTHCHECK' not found, matching condition 'not kerfile:instruction Dockerfile directive 'USER' not found, matching condition 'not exists
- More than 100 vulnerabilities detected!
- Don't: Official images might not be the best fit per se
 - Regarding security and minimalism, they might not be updated that often and can system system system of the syst



- Be minimal in your base base
 - alpine versions
 - FROM scratch
 - Distroless (<u>https://github.com/GoogleContainerTools/distroless</u>):
 - i.e.: FROM gcr.io/distroless/base-debian10
 - Basic set of packages, including just required libraries like glibc, libssl, and openssl.
 - Slimmer: FROM gcr.io/distroless/static-debian10
 - For statically compiled applications like Go that don't require libc



- Check for optimized vs generic versions
 - Example: <u>bitnami/node</u> vs <u>official node image</u>
 - customized versions on top of a minideb distribution
 - frequently updated with the latest bug fixes
 - signed with Docker Content Trust
 - pass a <u>security scan for tracking known vulnerabilities</u>



- Don't:
 - Build the application externally, copy into the container
 - Bad reproducibility

```
FROM alpine
COPY ./src/example_app /example_app
USER 1000
WORKDIR /tmp
ENTRYPOINT /example_app
```



- Don't:
 - Build directly inside the final container
 - Big image size and multiple layers, build toolchain included in the container, other unrequired packages, remainings of the application source code, ...

```
FROM alpine

RUN apk add go

COPY ./src/ /src

WORKDIR /src

RUN go build .

ENTRYPOINT /src/example_app
```



Multistage builds:

```
#This is the "builder" stage
FROM golang:1.16 as builder
WORKDIR /my-go-app
COPY src .
RUN GOOS=linux GOARCH=amd64 go build .

#This is the final stage, and we copy artifacts from "builder"
FROM alpine
COPY --from=builder /my-go-app/example_app /bin/example_app
ENTRYPOINT ["/bin/example_app"]
```



Multistage builds:

- Reproducible builds, always same build environment
- Minimal image size, no build tools or undesired packages



Example: multistage build with nodejs and typescript

(https://github.com/kevinpollet/typescript-docker-multi-stage-build):

```
FROM node:14-alpine AS builder
WORKDIR /usr/src/app
COPY typescript-docker-multi-stage-build/package*.json ./
RUN npm ci
COPY typescript-docker-multi-stage-build/tsconfig*.json ./
COPY typescript-docker-multi-stage-build/src src
RUN npm run build
FROM node:14-alpine
ENV NODE_ENV=production
WORKDIR /usr/src/app
RUN chown node: node .
USER node
COPY typescript-docker-multi-stage-build/package*.json ./
RUN npm install
COPY --from=builder /usr/src/app/lib/ lib/
FXPOSE 3000
ENTRYPOINT [ "node", "lib/server.js" ]
```



Attack surface: trusted sources

Don't: Use docker.io/johndoehacker/mycustom-node-image:latest

```
FROM docker.io/johndoehacker/mycustom-node-image:latest
...
```

- Inherit all of the problems and vulnerabilities from that image
- Who builds and publishes that image?
- Is it updated regularly?
- How is it built?
- Are we sure the published version is really from the public Dockerfile?



Attack surface: trusted sources

- Prefer verified and official images from trusted repositories and providers
 - A common choice: Redhat UBI (Universal Base Images)
 - Enterprise support, upgrades or certifications vs minimalism
- When using custom images, check for the image source and the Dockerfile, and build your own base image



Credentials & Confidentiality

- **Problem**: leaking credentials or confidential information in your images
- Risks:
 - Attackers can use leaked credentials to access your systems
 - Exposal of confidential or sensitive information
- Prevention:
 - Don't include sensitive data in the image, use external stores
 - Good practices to avoid data leaks



Credentials & Confidentiality: sensitive data

- Don't:
 - Include hard coded credentials
 - Add credentials file or environment variables

```
FROM alpine
...

ENV SECURE_API_TOKEN=ajhda8-12312-29889234-foo
COPY aws_credentials /home/app/.aws/credentials
...

ENTRYPOINT /example_app
```



Credentials & Confidentiality: sensitive data

```
> docker inspect test3_1
        "Id": "sha256:18440a2433ea49efa686febc6f02c21a652a498523ed42e00cf79ebf3717cc0a",
        "RepoTags": [
            "test3 1:latest"
        "RepoDigests": [],
        "Parent": "",
        "Comment": "buildkit.dockerfile.v0",
        "Created": "2021-04-07T17:01:00.8254965Z",
        "Container": "",
        "ContainerConfig": {
        "DockerVersion": "",
        "Author": "",
        "Config": {
            "Env": [
                "PATH=/usr/local/sbin:/usr/local/bin:/usr/sbin:/usr/bin:/sbin:/bin",
                 SECURE API TOKEN=aihda8-12312-29889234-foo'
```



Credentials & Confidentiality: sensitive data

```
> docker run --entrypoint /bin/sh --rm test3_1 -c "cat /home/app/.aws/credentials"
[default]
aws_access_key_id = SOME-ACCESS-KEY
aws_secret_access_key = SOME-SECRET-KEY
```



- Even if the file is removed!! Don't forget the layered nature of images (each command creates a new layer)
 - Removing a file in a layer layer still takes space and file can be accessed

```
FROM alpine
...

COPY aws_credentials /home/app/.aws/credentials
...

RUN rm /home/app/.aws/credentials

ENTRYPOINT /example_app
```



```
> docker run --entrypoint /bin/sh --rm test3_2 -c "cat /home/app/.aws/credentials"
cat: can't open '/home/app/.aws/credentials': No such file or directory
```



```
> docker run --entrypoint /bin/sh --rm test3_2 -c "cat /home/app/.aws/credentials"
cat: can't open '/home/app/.aws/credentials': No such file or directory
> skopeo copy docker-daemon:test3_2:latest oci:test3_2
Getting image source signatures
Copying blob 8ea3b23f387b done
Copying blob 35c29c7d6159 done
Copying blob 6ddf15f6fc2b done
Copying config 6a1057f9fe done
Writing manifest to image destination
Storing signatures
```



```
> docker run --entrypoint /bin/sh --rm test3_2 -c "cat /home/app/.aws/credentials"
cat: can't open '/home/app/.aws/credentials': No such file or directory
> skopeo copy docker-daemon:test3_2:latest oci:test3_2
Getting image source signatures
Copying blob 8ea3b23f387b done
Copying blob 35c29c7d6159 done
Copying blob 6ddf15f6fc2b done
Copying config 6a1057f9fe done
Writing manifest to image destination
Storing signatures
> cat test3_2/index.json
{"schemaVersion":2, "manifests":[{"mediaType":"application/vnd.oci.image.manifest.v1+json", "digest":"sha256:a80e7da14ffc5
8f2d4f7e22ed6f71aaaa318a4ee8c605bbd47ea48f8ef5e9089", "size":657}]}
```



```
> docker run --entrypoint /bin/sh --rm test3_2 -c "cat /home/app/.aws/credentials"
cat: can't open '/home/app/.aws/credentials': No such file or directory
> skopeo copy docker-daemon:test3_2:latest oci:test3_2
Getting image source signatures
Copying blob 8ea3b23f387b done
Copying blob 35c29c7d6159 done
Copying blob 6ddf15f6fc2b done
Copying config 6a1057f9fe done
Writing manifest to image destination
Storing signatures
> cat test3_2/index.json
{"schemaVersion":2, "manifests":[{"mediaType":"application/vnd.oci.image.manifest.v1+json", "digest":"sha256:a80e7da14ffc5
8f2d4f7e22ed6f71aaaa318a4ee8c605bbd47ea48f8ef5e9089", "size":657}]}
> cat test3 2/blobs/sha256/a80e7da14ffc58f2d4f7e22ed6f71aaaa318a4ee8c605bbd47ea48f8ef5e9089 | iq
  "schemaVersion": 2,
  "config": {
    "mediaType": "application/vnd.oci.image.config.v1+json",
    "digest": "sha256:6a1057f9fe2693956a5bb40bd9e3ee624171f4145dc5b6c7d83b03e4d2774688".
    "size": 1236
  "layers": [
      "mediaType": "application/vnd.oci.image.layer.v1.tar+gzip",
      "digest": "sha256:2d5a20755f17e53a78fdfeebfff1100a88ec7941c727a9538932b0409ca7bf5c"
```



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```
> cat test3_2/blobs/sha256/a80e7da14ffc58f2d4f7e22ed6f71aaaa318a4ee8c605bbd47ea48f8ef5e9089 | jq
  "schemaVersion": 2,
  "confia": {
    "mediaType": "application/vnd.oci.image.config.v1+json",
    "digest": "sha256:6a1057f9fe2693956a5bb40bd9e3ee624171f4145dc5b6c7d83b03e4d2774688".
    "size": 1236
  "layers": [
      "mediaType": "application/vnd.oci.image.layer.v1.tar+gzip",
      "digest": "sha256:2d5a20755f17e53a78fdfeebfff1100a88ec7941c727a9538932b0409ca7bf5c",
      "size": 2899855
      "mediaType": "application/vnd.oci.image.layer.v1.tar+gzip",
      "digest": "sha256:f4dca0e2aa585f2df801ce346c78580075396b610b1195887b11e74dbc4861f7",
      "size": 284
      "mediaType": "application/vnd.oci.image.layer.v1.tar+gzip",
      "digest": "sha256:27bc864279bbb3afc3ef38c2acd34b6c2897249e55076e518e7abc36f9ec4ec3".
      "size": 199
```



```
> tar xvzf test3_2/blobs/sha256/f4dca0e2aa585f2df801ce346c78580075396b610b1195887b11e74dbc4861f7
x home/
x home/app/
x home/app/.wh..wh..opq
x home/app/.aws/
x home/app/.aws/credentials
```



```
> tar xvzf test3_2/blobs/sha256/f4dca0e2aa585f2df801ce346c78580075396b610b1195887b11e74dbc4861f7
x home/
x home/app/
x home/app/.wh..wh..opq
x home/app/.aws/
x home/app/.aws/credentials
> cat home/app/.aws/credentials
```



Don't: Leak files from the build context

docker build -t myimage .

- The "." parameter is the build context
- All the files in the build context are sent to the docker daemon
 - You can copy confidential or unnecessary files into the container, like configuration files, credentials, backups, lock files, temporary files, sources, subfolders, dotfiles, etc.
- COPY and ADD commands work from the build context.



Example

```
docker build -f Dockerfile -t myimage .

...
COPY . /my-app
```

This would copy everything inside the build context, which for the "." example, includes the Dockerfile itself.



Good practices:

Use a clean build context

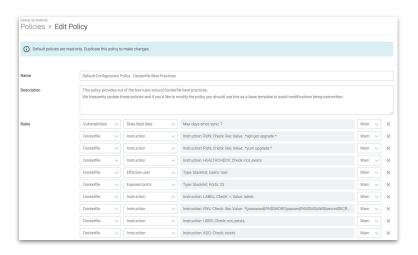
```
docker build -f Dockerfile -t myimage files/
```

- Use .dockerignore file
- Prefer COPY over ADD, and avoid wildcards
 - COPY is more explicit, more predictable and less error prone
 - ADD can add files from a URL or from a .tar file



Linting

- Tools like <u>Haskell Dockerfile Linter</u> (hadolint) can detect bad practices in your Dockerfile, and even expose issues inside the shell commands executed by the RUN instruction.
- Image scanners (like Sysdig's) are also capable of detecting bad practices via customizable rules
- Automate: Consider incorporating such a tool in your CI pipelines.



Dockerfile	~	Effective user	~	Type: blacklist; Users: root
Dockerfile	~	Exposed ports	~	Type: blacklist; Ports: 22



Image Scanning

- Image scanning can be implemented at different stages
 - Detect bad practices and known vulnerabilities
 - The earlier the scan is performed, the better

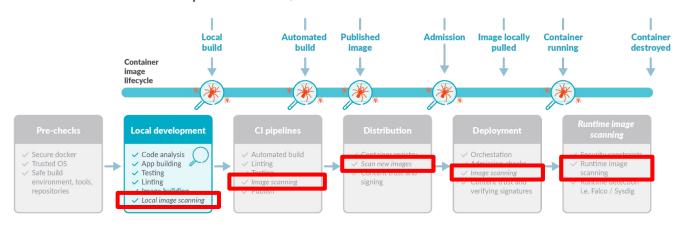
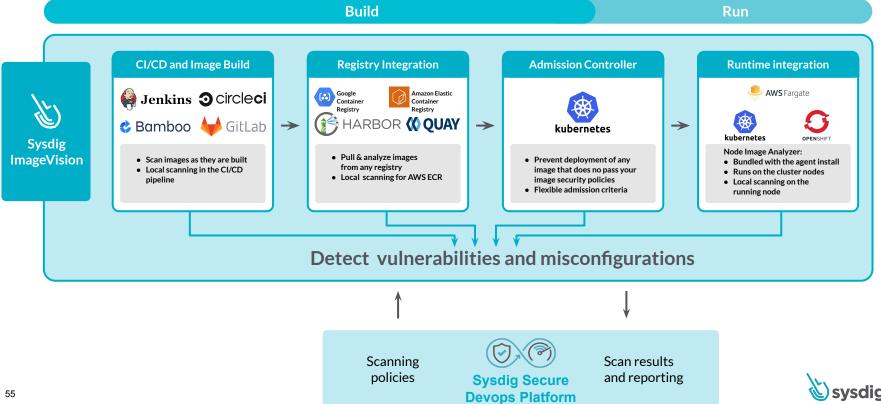




Image Scanning





Best practices - distribute



Image distribution

Problems:

- Images pushed to the registry from untrusted sources
- Images bypassing security scans or best practices at build
- Images replaced or tampered

Risks:

Unsecure images deployed and running in your environment



Image distribution: protect registry

- Protect registry access
 - Proper credentials and permissions
 - Internal registry (don't expose to the Internet)

- Protect communications
 - HTTPS / TLS
 - Valid certificates



Image distribution: enforce good practices

- Image scanning when a new image is pushed to the registry
 - Report vulnerabilities and bad practices
 - Integrated image scanning (i.e. Harbor, ECR, ...)
 - Connect with external tools (Sysdig)

Harbor and others can block vulnerable images - no pull allowed

Full registry scan: security posture



Image distribution: protect content

- Use tools to ensure images are not tampered via digital signatures:
 - Docker content trust + Docker notary or Harbor notary
 - Sigstore + cosign https://www.sigstore.dev/

- Verify image signatures at deployment time
 - i.e. Connaisseur admission controller in Kubernetes
 - Trust configuration for podman, cri-o, etc:

/etc/containers/policy.json



Best practices - deploy



Unnecessary privileges: UID

- Remember unnecessary privileges?
 - The **orchestrator** or **runtime** environment (i.e., docker run, kubernetes, etc.) has the last word on who is the running container effective user.

Prevention

- Avoid running your containers as root. Allow running as any UID
 - Openshift and some Kubernetes clusters will apply restrictive policies by default,
 preventing root containers from running or using a random UID
 - Simplifies permissions with host mounts: match container and host UIDs



Unnecessary privileges: UID

Try to un as UID "1001" instead of the default "1000"

```
> docker run -u 1001 --name test --rm -p 5000:5000 test1_3
panic: open access.log: permission denied
```

```
FROM alpine
COPY ./src/example_app /app/example_app
USER 1000
WORKDIR /tmp
ENTRYPOINT /app/example_app
```

```
> docker run -u 1001 --name test --rm -p 5000:5000 test1_4
Listening at :5000
```



Unnecessary privileges: UID

Verifying the container is running with UID 1001

```
> docker exec -ti test sh
/tmp $ 1s -1h
total 4K
-rw-r--r-- 1 1001
                      root 111 Apr 7 11:53 access.log
/tmp $ ps
PID
     USER
          TIME
                   COMMAND
   1 1001 0:00 /app/example_app
/tmp $ ls -lh /app
total 5.9M
                                  5.9M Apr 7 11:27 example_app
            1 root
                       root
-rwxr-xr-x
```



Unnecessary privileges: perms. & capab.

- Restrict application permissions and capabilities on runtime
 - In case your container is compromised, the range of action available to an attacker is limited
 - --cap-drop flag in Docker
 - <u>securityContext.capabilities.drop</u> in Kubernetes
 - AppArmor in <u>Docker</u> or <u>Kubernetes</u>
 - Seccomp in **Docker** or **Kubernetes**.

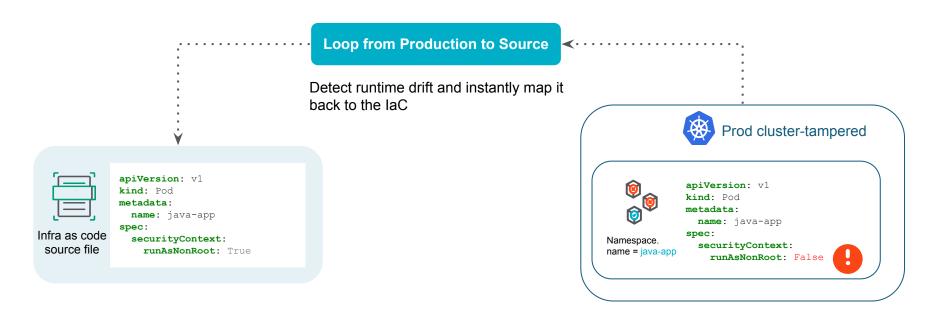


Unnecessary privileges: kubernetes

```
apiVersion: v1
kind: Pod
metadata:
  annotations:
   container.apparmor.security.beta.kubernetes.io/hello: localhost/k8s-apparmor-example-deny-write
spec:
  securityContext:
   runAsUser: 1001
   runAsGroup: 1001
   fsGroup: 2000
  containers:
  - name: foo
   image: my-nice-app:2.0.3
   securityContext:
      runAsUser: 1002
      capabilities:
        drop:
         - all
        add: ["SYS_TIME"]
      seccompProfile:
        type: Localhost
        localhostProfile: my-profiles/profile-allow.json
```



Unnecessary privileges: IaC



https://apolicy.io/



Unnecessary privileges: rootless containers

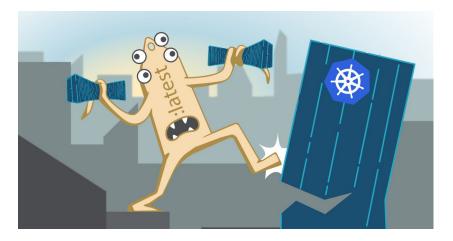
https://rootlesscontaine.rs/

- Container runtime (i.e. Docker daemon) with non-root user
 - Run inside a new user namespace
 - UID 0 *inside* the container is standard user *outside* the container
 - UID / GID mapping (via /etc/subuid and /etc/subgid)
 - Docker https://docs.docker.com/engine/security/rootless/
 - Podman https://github.com/containers/podman#rootless
 - Kubernetes https://kubernetes.io/docs/tasks/administer-cluster/kubelet-in-userns/
 - Some shortcomings due to limited privileges



Mutant tags

• Beware! Attack of the mutant tags



https://sysdig.com/blog/toctou-tag-mutability/

https://www.youtube.com/watch?v=j8K6EjOPhxs

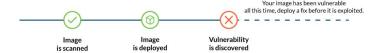


Best practices - run

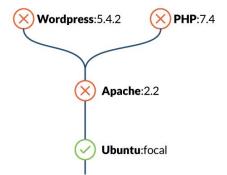


Vulnerability management

New vulnerabilities are discovered daily



- Don't: Use outdated images
 - Stick to the latest security patches
 - No need to always go with the latest version (breaking changes)





Vulnerability management

- Runtime vulnerability assessment is key
 - Re-evaluate scanned images to detect new applying vulnerabilities
- Update often + define a versioning strategy
 - Stick to stable or long-term support versions
 - Rebuild periodically
 - To get the latest packages from the base distro
 - npm, go mod offer ways to specify version ranges (keep up with latest security updates)
 - Plan in advance.
 - Be ready to drop old versions
 - Migrate before base image reaches the end of its life and stops receiving updates



Vulnerability management

- Fixing every single vulnerability might my mission impossible
- Evaluate risk: severity + exploitability + environment metrics
 - Is the environment critical (i.e. production)?
 - Does an exploit exist?
 - Is the exploit remote or local? Privileged or standard user? ...
 - Is the application exposed to the internet?
- Improve management and focus: use alerting and ticketing systems
- Upgrade or patch vs protect (i.e. firewall, configuration, ...)



Runtime detection

- Runtime threat detection is critical. Falco can help.
- Create specific rules to detect exploitation of known vulnerabilities
- Generic rules to detect suspicious activity
 - i.e. unexpected processes, network connections, filesystem read/write, etc.
- Monitor & alert unexpected patterns
 - i.e. high CPU usage caused by cryptomining activities
- Respond to suspicious activity. i.e. stop or pause container + forensics





Q & A

