





Plan of the Day #16

Friday - Tuesday, 18-22 August 2017

It's very hard to understand in the beginning that the whole idea is not to beat the other runners. Eventually you learn that the competition is against the little voice inside you that wants to quit.

George Sheehan

Scheduled Events:

Scheduled Events.	
Friday	
0600	Reveille
0610	Formation/Muster (Picnic Tables)
	Turn In Cell Phones
0615	Warm Up/Stretch/PT (Pool)
0715	Personal Hygiene
	Room Cleaning
	Pull Coolers from Trailer
0800	Morning Colors
	Breakfast (Schreiner Diner)
	Room Inspection Walk-Thru
0845	Room Inspection Results Posted
0855	Coolers to Chartwells
0900	Motivational Video & Plan (Moody 106)
0915	Prep for Departure
	SQ Leader Final Checks
1000	Pick Up/Gas Up Schreiner Vans
1200	Lunch
1230	Accountability
	Finish Loading Trailer
1300	Load Vans
	Underway for YMCA Camp Flaming Arrow
1400	Arrive at Camp Flaming Arrow
	Offload Trailers
	Set Up Campsite
	Change for Pool
	Swim Test
1700	Cooks Arrive

Start Cooking Dinner 1800 Dinner 1830 Clean Up Capture the Flag Campfire Nighttime Hike **Saturday** 0700 Reveille **Cooks Arrive** 0800 Breakfast 0830 Clean Up 0900 **Activity Rotation 1** 1010 **Activity Rotation 2 Activity Rotation 3** 1120 1230 Lunch Clean Up 1345 **Pool Time** 1455 **Activity Rotation 4** 1605 **Activity Rotation 5** 1710 **Activity Rotation 6** 1815 Dinner Clean Up 1900 **Setup Campfire** 1930 Greystone's Got Talent? **Cigar Introduction** Put Out Campfire Sunday 0700 Reveille **Optional Church Service** 0715 0800 **Cooks Arrive** 0900 Breakfast 0930 Clean Up 1000 Free Time 1015 Pack UP & Load Trailer Group Police Trash Line 1130 Set Up for Lunch served by Ladies Auxiliary 1200 Lunch (Retreat Center) 1300 Depart YMCA CFA 1400 Return to Campus **Unpack Trailer** Clean Vans & Trailer

Team Meeting - Review Accomplishments, Identify Standouts, Discuss Next Objective

1700

1850

1900

2100

2300

Dinner

Evening Colors

Lights Out

Study Hall – Time Management (Moody 106)

Monday

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0600	Reveille	
0610	Formation/Muster (Picnic Tables)	
0615	Warm Up/Stretch/PT	
0715	Personal Hygiene	
	Room Cleaning	
0800	Morning Colors	
	Breakfast (Schreiner Diner)	
	Room Inspection Walk-Thru	
0845	Room Inspection Results Posted	
0900	Motivational Video (Moody 106)	
0915	Session – Issuing <i>Make Your Bed</i> Books	
	Main Office Watch/Weekend Duty Coordinator Brief	
	Off Campus Log/Vehicle Policy Brief (Moody 106)	
1000	Session – Schreiner Skeet and Trap – Coach Thomas (Moody 106)	
1100	Session – Murder Boards – Chairman Emeritus (Moody 106)	
1200	Lunch	
1245	Staff Meeting	
1300	1-on-1 Application Meetings with Mrs. Bailey/Miss Schaefer	
1700	Dinner	
1745	End of Summer Session Celebration (Greystone Park)	
1800	Session – Ziglar Time Management (Moody 106)	
1900	Team Sports	
2000	Personal Hygiene	
2020	Evening Colors	
2030	Study Hall (Moody 106)	
2200	Team Meeting – Review Accomplishments, Identify Standouts, Discuss Next Objective (Moody 106)	

Tuesday

2300

0800 Morning Colors

Lights Out

Announcements:

Friday Squad Shirt Rotation:

First Squad: Red Third Squad: Cobalt Blue Second Squad: Green Fourth Squad: Grey

Monday Squad Shirt Rotation:

First Squad: Grey Third Squad: Red Second Squad: Navy Blue Fourth Squad: Green

Reminders:

Room Inspection: The Greystone program is designed so that every day, you get a little bit stronger, a little wiser, and a little more prepared for the challenges of the academies. As you continue to grow, so too do our expectations. We raise the bar a little bit higher every day and that includes room inspections. Yesterday's standards were good, but tomorrow's are going to be better, never worse.

Staying Healthy: Part of the experience of living in a dormitory for the first time is finding out that germs travel fast. But we don't want you to stress out too much over them. As long as you shower regularly, wash your clothes and bedding regularly, and sanitize surfaces like light switches and door handles every once in a while, you will effectively fight off germs.

It's hard to beat a person who never gives up.

Babe Ruth

Respectfully,

Danielle Schaefer Communications Director