We have that for constant v_{in} :

$$v(t) = v_{in} \left(1 - e^{-\frac{t}{\tau}} \right) \text{ is a solution of}$$

$$\tau \frac{dv}{dt} = v_{in} - v, \ v(0) = 0$$

The interspike interval are the sum of refractory time and the time it take for v to climb from 0 to 1.

Let the time when v is 0 equals to 0.

Then we have

$$v(t) = 1$$

$$\Rightarrow v_{in} \left(1 - e^{-\frac{t}{\tau}} \right) = 1$$

$$\Rightarrow e^{-\frac{t}{\tau}} = 1 - \frac{1}{v_{in}}$$

$$\Rightarrow -\frac{t}{\tau} = \ln \left(1 - \frac{1}{v_{in}} \right)$$

$$\Rightarrow t = -\tau \ln \left(1 - \frac{1}{v_{in}} \right)$$

Then we have that:

$$t_{isi} = \tau_{ref} + \left(-\tau \ln\left(1 - \frac{1}{v_{in}}\right) - 0\right)$$
$$= \tau_{ref} - \tau \ln\left(1 - \frac{1}{v_{in}}\right)$$

Then from the interspike interval we can have the firing rate of LIF is:

$$G(v_{in}) = \begin{cases} \frac{1}{\tau_{ref} - \tau \ln\left(1 - \frac{1}{v_{in}}\right)} & for v_{in} > 1\\ 0 & otherwise \end{cases}$$