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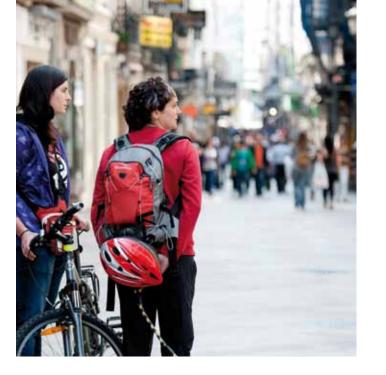






















Day 01/ in the city

Visit the Tower of Hercules (01), the oldest Roman lighthouse in the world which is still operating and classified as a World Heritage Site. Then discover the longest Sea Promenade in Europe and visit Monte San Pedro (St. Peter's Mount) (02) where you can enjoy one of the most impressive views of the city and talk a walk in its park which overlooks the Atlantic.

After spending a morning near the sea, the city's excellent restaurants offer you the chance to try their fresh fish, shellfish and Galicia's exquisite meats.

After lunch, enjoy a cup of coffee on the terraces of La Marina (03), but before you do so, take a look at its galleries. Now is the time to wander through the Old Town (04), with its squares and antique shops that merge with the Roman churches of Santiago (St. James), Santa María del Campo (St. Mary of the Fields) and the Convent of Santo Domingo (St. Dominic). The Garden of San Carlos (St. Charles), a unique balcony overlooking the bay of Corunna, allows you to make out St. Anton's Castle (05), now the Museum of Archaeology.

When night falls, what could be better than to soak up the atmosphere of the city by wandering through the "wine district" (Franja, Barrera, Estrella, Troncoso) next to Plaza de María Pita (06), which is filled with popular taverns and restaurants where you can try the typical dishes of the city, at very reasonable prices.

NORAMIC

CORUNNA





Day 02/ in the city

Discover the essence of the city by visiting some of its markets, such as the one in Plaza de Lugo (07), which sells the freshly-caught fish that arrives at the port.

Near the square are many fine examples of Modernist architecture and strolling through the nearby streets, with their exclusive and multi-label stores is a great option if you want to do some shopping.

The House of Picasso (08) is also well worth visiting, as it gives visitors the chance to discover the house where the artist spent his first years and see a typical Corunna home dating from the end of the 19th century.

Spend the afternoon visiting the Science Museums of Corunna (Science Museum (09), Museum of Mankind (10), and the Aquarium (11)) where the motto is "It is forbidden to not touch".

After a busy day, what could be better than to enjoy a good supper and end the evening with a drink in El Puerto. It has modern venues decorated in the New York style. The districts of Orzán, Emilia Pardo Bazán, Monte Alto or Matogrande are also interesting areas that are well worth visiting.





ABEGONDO





Day 03/ exploring the surrounding areas

Learn the secrets of As Mariñas. The first stop is the church of Santa María de Cambre (St. Mary of Cambre) (01), a fine example of Galician Roman architecture; opposite it is a Museum with the remains of a Roman Villa. On the way, you will cross the sea promenade of O Burgo (02), to the estuary at the other side over the mediaeval bridge, which has been restored and is now used by pedestrians.

Then take a walk through the countryside to visit the reservoir of Abegondo-Cecebre (03) in the borough of Abegondo. It was built to supply water to the city of A Coruña, and is now a Protected Nature Area and bird observatory.

Our next port of call is Betanzos (04), where we will explore one of the most important old towns in Galicia, with its cobbled streets and pay a visit to the churches of San Francisco (St. Francis), Santa María del Azogue (St. Mary of Azogue) and Santiago (St. James) before enjoying its famous omelette in any of the town's restaurants. After enjoying a cup of coffee beneath the archways in the town, we will pay a visit to Pasatiempo, an encyclopaedic park built by the García Naveira brothers who made their fortune when they emigrated from Spain.

To end the day, we will visit one of the largest and best-known estates in Galicia, not far from Betanzos: Mariñan Estate (05) and its magnificent gardens.

Day 04/ exploring the surrounding areas

Our day starts in Arteixo, on a trip along the coast to the beaches of Barrañán and Combouzas, impressive places swept by the force of the Atlantic.

In Carral (07) we will visit the mills of Costa de Égoa, which were once used to mill flour for making the bread for which this town is famous.

We then return to the coast, to Lorbé (08), where we will have the opportunity to taste another typical delicacy of the region, its mussels, and look out over the mussel farms in the estuary. We will then enjoy a cup of coffee in Terraza de Sada (09), a spectacular Modernist building near the sea promenade which has been converted into a cafeteria and restaurant. A good way to spend the evening is to visit the Sargadelos Complex to learn first-hand about how its famous pottery is made and also pay a visit to Costa de Dexo (10) and enjoy a peaceful stroll near the sea, with wonderful views of the city of Corunna, followed by a tour of the Castle of Sta. Cruz (11).

And for all those who want to continue enjoying the day, Santa Cristina (12) has a wide variety of restaurants, bars and night life.