**Table 1**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | |  | | Total | |  | | (N = 5812) | |
| |  |  |  | | --- | --- | --- | | **自覺健康(100)** | |  | | Mean (SD) | | 56.68 (26.06) | | Min, Max | | 0.0, 100.0 | | **情緒支持(100)** | |  | | Mean (SD) | | 73.90 (23.64) | | Min, Max | | 0.0, 100.0 | | **抑鬱指數(100)** | |  | | Mean (SD) | | 19.08 (15.49) | | Min, Max | | 0.0, 97.0 | | **自覺經濟(100)** | |  | | Mean (SD) | | 55.76 (23.27) | | Min, Max | | 0.0, 100.0 | | **宗教** | |  | | Mean (SD) | | 0.89 (0.32) | | Min, Max | | 0.0, 1.0 | | **經濟來源** | |  | | Mean (SD) | | 0.60 (0.49) | | Min, Max | | 0.0, 1.0 | | **是否單身** | |  | | Mean (SD) | | 0.71 (0.45) | | Min, Max | | 0.0, 1.0 | | **抽菸** | |  | | Mean (SD) | | 0.81 (0.85) | | Min, Max | | 0.0, 2.0 | | **喝酒** | |  | | Mean (SD) | | 0.28 (0.45) | | Min, Max | | 0.0, 1.0 | | **運動** | |  | | Mean (SD) | | 0.62 (0.49) | | Min, Max | | 0.0, 1.0 | | **3年內曾健檢** | |  | | Mean (SD) | | 0.56 (0.50) | | Min, Max | | 0.0, 1.0 | | **性別** | |  | | Mean (SD) | | 0.51 (0.50) | | Min, Max | | 0.0, 1.0 | | **教育程度** | |  | | Mean (SD) | | 1.66 (1.39) | | Min, Max | | 0.0, 6.0 | | **子女數** | |  | | Mean (SD) | | 3.24 (1.30) | | Min, Max | | 0.0, 5.0 | | **收入** | |  | | Mean (SD) | | 4.61 (2.44) | | Min, Max | | 1.0, 9.0 | | **慢性疾病個數(反)** | |  | | Mean (SD) | | 87.71 (10.68) | | Min, Max | | 20.0, 100.0 | | **日常障礙(反)** | |  | | Mean (SD) | | 95.34 (18.41) | | Min, Max | | 0.0, 100.0 | | **身體功能量表(反)** | |  | | Mean (SD) | | 86.16 (22.93) | | Min, Max | | 0.0, 100.0 | | **工具性障礙(反)** | |  | | Mean (SD) | | 90.25 (23.48) | | Min, Max | | 0.0, 100.0 | | **居住狀態(反向)** | |  | | Mean (SD) | | 79.02 (17.95) | | Min, Max | | 0.0, 100.0 | | **社團活動(正向)** | |  | | Mean (SD) | | 8.85 (12.99) | | Min, Max | | 0.0, 87.5 | | **生活滿意度** | |  | | Mean (SD) | | 8.51 (3.64) | | Min, Max | | 0.0, 16.0 | |