**Table 1**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | |  | | Total | |  | | (N = 15740) | |
| |  |  |  | | --- | --- | --- | | **自覺健康(100)** | |  | | Mean (SD) | | 54.17 (25.96) | | Min, Max | | 0.0, 100.0 | | **情緒支持(100)** | |  | | Mean (SD) | | 72.97 (24.90) | | Min, Max | | 0.0, 100.0 | | **抑鬱指數(100)** | |  | | Mean (SD) | | 17.27 (14.92) | | Min, Max | | 0.0, 97.0 | | **自覺經濟(100)** | |  | | Mean (SD) | | 59.35 (21.75) | | Min, Max | | 0.0, 100.0 | | **宗教** | |  | | Mean (SD) | | 0.84 (0.37) | | Min, Max | | 0.0, 1.0 | | **經濟來源** | |  | | Mean (SD) | | 0.58 (0.49) | | Min, Max | | 0.0, 1.0 | | **是否單身** | |  | | Mean (SD) | | 0.67 (0.47) | | Min, Max | | 0.0, 1.0 | | **抽菸** | |  | | Mean (SD) | | 0.25 (0.43) | | Min, Max | | 0.0, 1.0 | | **喝酒** | |  | | Mean (SD) | | 0.28 (0.45) | | Min, Max | | 0.0, 1.0 | | **運動** | |  | | Mean (SD) | | 0.58 (0.49) | | Min, Max | | 0.0, 1.0 | | **3年內曾健檢** | |  | | Mean (SD) | | 0.46 (0.50) | | Min, Max | | 0.0, 1.0 | | **性別** | |  | | Mean (SD) | | 0.50 (0.50) | | Min, Max | | 0.0, 1.0 | | **教育程度** | |  | | Mean (SD) | | 1.63 (1.42) | | Min, Max | | 0.0, 6.0 | | **子女數** | |  | | Mean (SD) | | 3.34 (1.33) | | Min, Max | | 0.0, 5.0 | | **收入** | |  | | Mean (SD) | | 4.09 (2.07) | | Min, Max | | 1.0, 9.0 | | **慢性疾病個數(反)** | |  | | Mean (SD) | | 85.64 (12.05) | | Min, Max | | 13.3, 100.0 | | **日常障礙(反)** | |  | | Mean (SD) | | 93.93 (20.63) | | Min, Max | | 0.0, 100.0 | | **身體功能量表(反)** | |  | | Mean (SD) | | 84.49 (22.71) | | Min, Max | | 0.0, 100.0 | | **工具性障礙(反)** | |  | | Mean (SD) | | 87.64 (25.20) | | Min, Max | | 0.0, 100.0 | | **居住狀態(反向)** | |  | | Mean (SD) | | 14.32 (8.62) | | Min, Max | | 0.0, 67.6 | | **社團活動(正向)** | |  | | Mean (SD) | | 8.09 (10.31) | | Min, Max | | 0.0, 92.9 | | **生活滿意度** | |  | | Mean (SD) | | 9.35 (3.83) | | Min, Max | | 0.0, 16.0 | |