**over 平均值**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | | 0 | 1 |  | |  | | (N = 5673) | (N = 2627) | p-value | |
| |  |  |  |  |  | | --- | --- | --- | --- | --- | | **生活滿意度** | |  |  | <0.001 | | 0 | | 611 (10.8%) | 39 (1.5%) |  | | 1 | | 28 (0.5%) | 129 (4.9%) |  | | 2 | | 74 (1.3%) | 208 (7.9%) |  | | 3 | | 132 (2.3%) | 212 (8.1%) |  | | 4 | | 203 (3.6%) | 233 (8.9%) |  | | 5 | | 287 (5.1%) | 246 (9.4%) |  | | 6 | | 432 (7.6%) | 281 (10.7%) |  | | 7 | | 691 (12.2%) | 383 (14.6%) |  | | 8 | | 1146 (20.2%) | 382 (14.5%) |  | | 9 | | 1406 (24.8%) | 371 (14.1%) |  | | 10 | | 663 (11.7%) | 143 (5.4%) |  | | **自覺健康** | |  |  | <0.001 | | 0 | | 214 (3.8%) | 182 (6.9%) |  | | 1 | | 556 (9.8%) | 881 (33.5%) |  | | 2 | | 2094 (36.9%) | 1070 (40.7%) |  | | 3 | | 1903 (33.5%) | 398 (15.2%) |  | | 4 | | 906 (16.0%) | 96 (3.7%) |  | | **自覺經濟** | |  |  | <0.001 | | 0 | | 87 (1.7%) | 159 (6.1%) |  | | 1 | | 396 (7.8%) | 438 (16.8%) |  | | 2 | | 1792 (35.4%) | 1096 (42.2%) |  | | 3 | | 2511 (49.6%) | 843 (32.4%) |  | | 4 | | 280 (5.5%) | 64 (2.5%) |  | | **情緒支持** | |  |  | <0.001 | | 0 | | 608 (10.7%) | 21 (0.8%) |  | | 1 | | 0 (0.0%) | 2 (0.1%) |  | | 2 | | 1 (0.0%) | 0 (0.0%) |  | | 3 | | 0 (0.0%) | 1 (0.0%) |  | | 4 | | 0 (0.0%) | 5 (0.2%) |  | | 5 | | 2 (0.0%) | 7 (0.3%) |  | | 6 | | 3 (0.1%) | 7 (0.3%) |  | | 7 | | 5 (0.1%) | 14 (0.5%) |  | | 8 | | 4 (0.1%) | 15 (0.6%) |  | | 9 | | 5 (0.1%) | 23 (0.9%) |  | | 10 | | 6 (0.1%) | 24 (0.9%) |  | | 11 | | 25 (0.4%) | 42 (1.6%) |  | | 12 | | 25 (0.4%) | 44 (1.7%) |  | | 13 | | 27 (0.5%) | 53 (2.0%) |  | | 14 | | 35 (0.6%) | 94 (3.6%) |  | | 15 | | 58 (1.0%) | 99 (3.8%) |  | | 16 | | 90 (1.6%) | 144 (5.5%) |  | | 17 | | 151 (2.7%) | 192 (7.3%) |  | | 18 | | 190 (3.3%) | 191 (7.3%) |  | | 19 | | 293 (5.2%) | 244 (9.3%) |  | | 20 | | 473 (8.3%) | 301 (11.5%) |  | | 21 | | 620 (10.9%) | 293 (11.2%) |  | | 22 | | 642 (11.3%) | 227 (8.6%) |  | | 23 | | 593 (10.5%) | 203 (7.7%) |  | | 24 | | 457 (8.1%) | 132 (5.0%) |  | | 25 | | 451 (7.9%) | 122 (4.6%) |  | | 26 | | 507 (8.9%) | 83 (3.2%) |  | | 27 | | 402 (7.1%) | 44 (1.7%) |  | | **抑鬱指數** | |  |  | <0.001 | | 0 | | 2614 (46.1%) | 378 (14.4%) |  | | 1 | | 521 (9.2%) | 161 (6.1%) |  | | 2 | | 681 (12.0%) | 250 (9.5%) |  | | 3 | | 399 (7.0%) | 179 (6.8%) |  | | 4 | | 328 (5.8%) | 177 (6.7%) |  | | 5 | | 197 (3.5%) | 152 (5.8%) |  | | 6 | | 314 (5.5%) | 182 (6.9%) |  | | 7 | | 140 (2.5%) | 138 (5.3%) |  | | 8 | | 114 (2.0%) | 114 (4.3%) |  | | 9 | | 81 (1.4%) | 112 (4.3%) |  | | 10 | | 70 (1.2%) | 89 (3.4%) |  | | 11 | | 48 (0.8%) | 92 (3.5%) |  | | 12 | | 25 (0.4%) | 72 (2.7%) |  | | 13 | | 25 (0.4%) | 77 (2.9%) |  | | 14 | | 22 (0.4%) | 70 (2.7%) |  | | 15 | | 27 (0.5%) | 54 (2.1%) |  | | 16 | | 17 (0.3%) | 57 (2.2%) |  | | 17 | | 14 (0.2%) | 47 (1.8%) |  | | 18 | | 11 (0.2%) | 32 (1.2%) |  | | 19 | | 6 (0.1%) | 34 (1.3%) |  | | 20 | | 3 (0.1%) | 29 (1.1%) |  | | 21 | | 5 (0.1%) | 26 (1.0%) |  | | 22 | | 4 (0.1%) | 20 (0.8%) |  | | 23 | | 1 (0.0%) | 17 (0.6%) |  | | 24 | | 1 (0.0%) | 13 (0.5%) |  | | 25 | | 2 (0.0%) | 11 (0.4%) |  | | 26 | | 0 (0.0%) | 14 (0.5%) |  | | 27 | | 2 (0.0%) | 10 (0.4%) |  | | 28 | | 0 (0.0%) | 3 (0.1%) |  | | 29 | | 0 (0.0%) | 8 (0.3%) |  | | 30 | | 0 (0.0%) | 3 (0.1%) |  | | 31 | | 0 (0.0%) | 2 (0.1%) |  | | 32 | | 1 (0.0%) | 4 (0.2%) |  | | **宗教** | |  |  | 0.021 | | 無宗教 | | 653 (11.5%) | 349 (13.3%) |  | | 有宗教 | | 5017 (88.5%) | 2276 (86.7%) |  | | **經濟來源** | |  |  | <0.001 | | 非本人或配偶 | | 2062 (36.4%) | 1168 (44.5%) |  | | 本人或配偶 | | 3608 (63.6%) | 1458 (55.5%) |  | | **是否單身** | |  |  | <0.001 | | 單身 | | 1489 (26.3%) | 1163 (44.3%) |  | | 非單身 | | 4182 (73.7%) | 1464 (55.7%) |  | | **抽菸** | |  |  | 0.582 | | 不抽菸 | | 3806 (67.1%) | 1747 (66.5%) |  | | 抽菸 | | 1865 (32.9%) | 880 (33.5%) |  | | **喝酒** | |  |  | <0.001 | | 不喝酒 | | 3765 (66.4%) | 2071 (78.8%) |  | | 喝酒 | | 1908 (33.6%) | 556 (21.2%) |  | | **檳榔** | |  |  | 0.205 | | 不吃檳榔 | | 5165 (91.0%) | 2369 (90.2%) |  | | 吃檳榔 | | 508 (9.0%) | 258 (9.8%) |  | | **運動** | |  |  | <0.001 | | 不運動 | | 2172 (38.3%) | 1259 (47.9%) |  | | 運動 | | 3501 (61.7%) | 1368 (52.1%) |  | | **3年內曾健檢** | |  |  | <0.001 | | 沒有健檢 | | 2578 (45.5%) | 1366 (52.0%) |  | | 有健檢 | | 3089 (54.5%) | 1261 (48.0%) |  | | **性別** | |  |  | <0.001 | | 男 | | 2897 (51.1%) | 1143 (43.5%) |  | | 女 | | 2776 (48.9%) | 1484 (56.5%) |  | | **教育程度** | |  |  | <0.001 | | 不識字 | | 471 (8.3%) | 510 (19.4%) |  | | 小學 | | 1937 (34.2%) | 1076 (41.0%) |  | | 初中 | | 1150 (20.3%) | 338 (12.9%) |  | | 高職 | | 1016 (18.0%) | 241 (9.2%) |  | | 大學 | | 965 (17.0%) | 374 (14.2%) |  | | 識字 | | 107 (1.9%) | 85 (3.2%) |  | | 空大 | | 14 (0.2%) | 3 (0.1%) |  | | **子女數** | |  |  | <0.001 | | 0 | | 271 (4.8%) | 145 (5.5%) |  | | 1 | | 353 (6.2%) | 142 (5.4%) |  | | 2 | | 1640 (28.9%) | 525 (20.0%) |  | | 3 | | 1894 (33.4%) | 755 (28.7%) |  | | 4 | | 895 (15.8%) | 538 (20.5%) |  | | 5+ | | 617 (10.9%) | 522 (19.9%) |  | | **西醫次數** | |  |  | <0.001 | | 0 | | 1953 (39.3%) | 598 (24.0%) |  | | 1 | | 2012 (40.5%) | 1098 (44.0%) |  | | 2 | | 535 (10.8%) | 380 (15.2%) |  | | 3 | | 216 (4.4%) | 194 (7.8%) |  | | 4 | | 115 (2.3%) | 89 (3.6%) |  | | 5 | | 54 (1.1%) | 43 (1.7%) |  | | 6 | | 18 (0.4%) | 24 (1.0%) |  | | 7 | | 11 (0.2%) | 7 (0.3%) |  | | 8 | | 5 (0.1%) | 9 (0.4%) |  | | 9 | | 0 (0.0%) | 4 (0.2%) |  | | 10 | | 12 (0.2%) | 14 (0.6%) |  | | 11 | | 2 (0.0%) | 0 (0.0%) |  | | 12 | | 20 (0.4%) | 19 (0.8%) |  | | 13 | | 3 (0.1%) | 4 (0.2%) |  | | 14 | | 2 (0.0%) | 3 (0.1%) |  | | 15 | | 1 (0.0%) | 5 (0.2%) |  | | 16 | | 1 (0.0%) | 1 (0.0%) |  | | 18 | | 0 (0.0%) | 1 (0.0%) |  | | 20 | | 3 (0.1%) | 1 (0.0%) |  | | 26 | | 0 (0.0%) | 1 (0.0%) |  | | 27 | | 1 (0.0%) | 0 (0.0%) |  | | 30 | | 0 (0.0%) | 1 (0.0%) |  | | **收入** | |  |  | <0.001 | | 10- | | 304 (7.0%) | 334 (17.1%) |  | | 10~30- | | 862 (19.9%) | 592 (30.3%) |  | | 30~50- | | 870 (20.1%) | 430 (22.0%) |  | | 50~70- | | 752 (17.4%) | 241 (12.3%) |  | | 70~100- | | 677 (15.6%) | 182 (9.3%) |  | | 100~150- | | 499 (11.5%) | 115 (5.9%) |  | | 150~200- | | 198 (4.6%) | 25 (1.3%) |  | | 200~300- | | 105 (2.4%) | 17 (0.9%) |  | | 300+ | | 60 (1.4%) | 18 (0.9%) |  | | **年齡** | |  |  | <0.001 | | 50-54 | | 817 (14.4%) | 176 (6.7%) |  | | 55-59 | | 910 (16.0%) | 211 (8.0%) |  | | 60-64 | | 1248 (22.0%) | 350 (13.3%) |  | | 65-69 | | 1001 (17.6%) | 382 (14.5%) |  | | 70-74 | | 594 (10.5%) | 379 (14.4%) |  | | 75-79 | | 435 (7.7%) | 424 (16.1%) |  | | 80-84 | | 290 (5.1%) | 323 (12.3%) |  | | 85+ | | 378 (6.7%) | 382 (14.5%) |  | |