**Table 1**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | |  | | Total | |  | | (N = 11929) | |
| |  |  |  | | --- | --- | --- | | **自覺健康(100)** | |  | | Mean (SD) | | 54.11 (26.34) | | Min, Max | | 0.0, 100.0 | | **情緒支持(100)** | |  | | Mean (SD) | | 73.60 (24.23) | | Min, Max | | 0.0, 100.0 | | **抑鬱指數(100)** | |  | | Mean (SD) | | 18.33 (15.17) | | Min, Max | | 0.0, 97.0 | | **自覺經濟(100)** | |  | | Mean (SD) | | 57.85 (22.35) | | Min, Max | | 0.0, 100.0 | | **宗教** | |  | | Mean (SD) | | 0.87 (0.34) | | Min, Max | | 0.0, 1.0 | | **經濟來源** | |  | | Mean (SD) | | 0.60 (0.49) | | Min, Max | | 0.0, 1.0 | | **是否單身** | |  | | Mean (SD) | | 0.68 (0.47) | | Min, Max | | 0.0, 1.0 | | **抽菸** | |  | | Mean (SD) | | 0.22 (0.42) | | Min, Max | | 0.0, 1.0 | | **喝酒** | |  | | Mean (SD) | | 0.28 (0.45) | | Min, Max | | 0.0, 1.0 | | **運動** | |  | | Mean (SD) | | 0.64 (0.48) | | Min, Max | | 0.0, 1.0 | | **3年內曾健檢** | |  | | Mean (SD) | | 0.49 (0.50) | | Min, Max | | 0.0, 1.0 | | **性別** | |  | | Mean (SD) | | 0.50 (0.50) | | Min, Max | | 0.0, 1.0 | | **教育程度** | |  | | Mean (SD) | | 1.63 (1.43) | | Min, Max | | 0.0, 6.0 | | **子女數** | |  | | Mean (SD) | | 3.35 (1.34) | | Min, Max | | 0.0, 5.0 | | **收入** | |  | | Mean (SD) | | 4.46 (2.11) | | Min, Max | | 1.0, 9.0 | | **慢性疾病個數(反)** | |  | | Mean (SD) | | 85.97 (11.99) | | Min, Max | | 20.0, 100.0 | | **日常障礙(反)** | |  | | Mean (SD) | | 94.69 (19.33) | | Min, Max | | 0.0, 100.0 | | **身體功能量表(反)** | |  | | Mean (SD) | | 84.75 (22.78) | | Min, Max | | 0.0, 100.0 | | **工具性障礙(反)** | |  | | Mean (SD) | | 88.76 (23.43) | | Min, Max | | 0.0, 100.0 | | **居住狀態(反向)** | |  | | Mean (SD) | | 79.38 (17.29) | | Min, Max | | 0.0, 100.0 | | **社團活動(正向)** | |  | | Mean (SD) | | 8.46 (12.44) | | Min, Max | | 0.0, 87.5 | | **生活滿意度** | |  | | Mean (SD) | | 9.20 (3.75) | | Min, Max | | 0.0, 16.0 | |