**Table 1**

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| --- | --- | --- | --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | |  | | Total | |  | | (N = 5304) | |
| |  |  |  | | --- | --- | --- | | **子女數** | |  | | Mean (SD) | | 2.75 (1.26) | | Min, Max | | 0.0, 5.0 | | **wesmed** | |  | | Mean (SD) | | 1.19 (1.77) | | Min, Max | | 0.0, 26.0 | | **收入** | |  | | Mean (SD) | | 3.73 (1.87) | | Min, Max | | 1.0, 9.0 | | **年齡** | |  | | Mean (SD) | | 3.45 (2.04) | | Min, Max | | 1.0, 8.0 | | **宗教** | |  | | 無宗教 | | 652 (12.3%) | | 有宗教 | | 4650 (87.7%) | | **經濟來源** | |  | | 非本人或配偶 | | 1916 (36.2%) | | 本人或配偶 | | 3384 (63.8%) | | **是否單身** | |  | | 單身 | | 1541 (29.1%) | | 非單身 | | 3761 (70.9%) | | **抽菸** | |  | | 不抽菸 | | 3494 (65.9%) | | 抽菸 | | 1809 (34.1%) | | **喝酒** | |  | | 不喝酒 | | 3541 (66.8%) | | 喝酒 | | 1763 (33.2%) | | **檳榔** | |  | | 不吃檳榔 | | 4748 (89.5%) | | 吃檳榔 | | 556 (10.5%) | | **運動** | |  | | 不運動 | | 2168 (40.9%) | | 運動 | | 3136 (59.1%) | | **3年內曾健檢** | |  | | 沒有健檢 | | 2475 (46.7%) | | 有健檢 | | 2827 (53.3%) | | **生活滿意度** | |  | | 0 | | 318 (6.0%) | | 1 | | 99 (1.9%) | | 2 | | 186 (3.5%) | | 3 | | 215 (4.1%) | | 4 | | 286 (5.4%) | | 5 | | 358 (6.7%) | | 6 | | 478 (9.0%) | | 7 | | 705 (13.3%) | | 8 | | 1023 (19.3%) | | 9 | | 1139 (21.5%) | | 10 | | 497 (9.4%) | | **自覺健康** | |  | | 0 | | 217 (4.1%) | | 1 | | 833 (15.7%) | | 2 | | 1998 (37.7%) | | 3 | | 1489 (28.1%) | | 4 | | 767 (14.5%) | | **自覺經濟** | |  | | 0 | | 171 (3.4%) | | 1 | | 569 (11.4%) | | 2 | | 1900 (38.0%) | | 3 | | 2122 (42.5%) | | 4 | | 236 (4.7%) | | **情緒支持** | |  | | 0 | | 304 (5.7%) | | 1 | | 1 (0.0%) | | 3 | | 1 (0.0%) | | 4 | | 4 (0.1%) | | 5 | | 3 (0.1%) | | 6 | | 6 (0.1%) | | 7 | | 10 (0.2%) | | 8 | | 10 (0.2%) | | 9 | | 18 (0.3%) | | 10 | | 16 (0.3%) | | 11 | | 34 (0.6%) | | 12 | | 34 (0.6%) | | 13 | | 49 (0.9%) | | 14 | | 52 (1.0%) | | 15 | | 87 (1.6%) | | 16 | | 111 (2.1%) | | 17 | | 176 (3.3%) | | 18 | | 200 (3.8%) | | 19 | | 285 (5.4%) | | 20 | | 455 (8.6%) | | 21 | | 594 (11.2%) | | 22 | | 603 (11.4%) | | 23 | | 582 (11.0%) | | 24 | | 412 (7.8%) | | 25 | | 405 (7.6%) | | 26 | | 410 (7.7%) | | 27 | | 442 (8.3%) | | **抑鬱指數** | |  | | 0 | | 1893 (35.7%) | | 1 | | 464 (8.7%) | | 2 | | 623 (11.7%) | | 3 | | 382 (7.2%) | | 4 | | 333 (6.3%) | | 5 | | 236 (4.4%) | | 6 | | 331 (6.2%) | | 7 | | 169 (3.2%) | | 8 | | 155 (2.9%) | | 9 | | 127 (2.4%) | | 10 | | 90 (1.7%) | | 11 | | 74 (1.4%) | | 12 | | 48 (0.9%) | | 13 | | 55 (1.0%) | | 14 | | 51 (1.0%) | | 15 | | 47 (0.9%) | | 16 | | 44 (0.8%) | | 17 | | 34 (0.6%) | | 18 | | 22 (0.4%) | | 19 | | 22 (0.4%) | | 20 | | 17 (0.3%) | | 21 | | 20 (0.4%) | | 22 | | 14 (0.3%) | | 23 | | 8 (0.2%) | | 24 | | 8 (0.2%) | | 25 | | 8 (0.2%) | | 26 | | 9 (0.2%) | | 27 | | 3 (0.1%) | | 28 | | 3 (0.1%) | | 29 | | 6 (0.1%) | | 30 | | 3 (0.1%) | | 31 | | 1 (0.0%) | | 32 | | 4 (0.1%) | |