**Table 1**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| |  |  |  | | --- | --- | --- | |  | | Total | |  | | (N = 2996) | |
| |  |  |  | | --- | --- | --- | | **子女數** | |  | | Mean (SD) | | 3.22 (1.29) | | Min, Max | | 0.0, 5.0 | | **wesmed** | |  | | Mean (SD) | | 1.32 (1.93) | | Min, Max | | 0.0, 30.0 | | **收入** | |  | | Mean (SD) | | 3.36 (1.74) | | Min, Max | | 1.0, 9.0 | | **年齡** | |  | | Mean (SD) | | 3.22 (1.74) | | Min, Max | | 1.0, 6.0 | | **宗教** | |  | | 無宗教 | | 350 (11.7%) | | 有宗教 | | 2643 (88.3%) | | **經濟來源** | |  | | 非本人或配偶 | | 1314 (43.9%) | | 本人或配偶 | | 1682 (56.1%) | | **是否單身** | |  | | 單身 | | 1111 (37.1%) | | 非單身 | | 1885 (62.9%) | | **抽菸** | |  | | 不抽菸 | | 2059 (68.7%) | | 抽菸 | | 936 (31.3%) | | **喝酒** | |  | | 不喝酒 | | 2295 (76.6%) | | 喝酒 | | 701 (23.4%) | | **檳榔** | |  | | 不吃檳榔 | | 2786 (93.0%) | | 吃檳榔 | | 210 (7.0%) | | **運動** | |  | | 不運動 | | 1263 (42.2%) | | 運動 | | 1733 (57.8%) | | **3年內曾健檢** | |  | | 沒有健檢 | | 1469 (49.1%) | | 有健檢 | | 1523 (50.9%) | | **生活滿意度** | |  | | 0 | | 332 (11.1%) | | 1 | | 58 (1.9%) | | 2 | | 96 (3.2%) | | 3 | | 129 (4.3%) | | 4 | | 150 (5.0%) | | 5 | | 175 (5.8%) | | 6 | | 235 (7.8%) | | 7 | | 369 (12.3%) | | 8 | | 505 (16.9%) | | 9 | | 638 (21.3%) | | 10 | | 309 (10.3%) | | **自覺健康** | |  | | 0 | | 179 (6.0%) | | 1 | | 604 (20.2%) | | 2 | | 1166 (38.9%) | | 3 | | 812 (27.1%) | | 4 | | 235 (7.8%) | | **自覺經濟** | |  | | 0 | | 75 (2.8%) | | 1 | | 265 (9.9%) | | 2 | | 988 (37.0%) | | 3 | | 1232 (46.2%) | | 4 | | 108 (4.0%) | | **情緒支持** | |  | | 0 | | 325 (10.8%) | | 1 | | 1 (0.0%) | | 2 | | 1 (0.0%) | | 4 | | 1 (0.0%) | | 5 | | 6 (0.2%) | | 6 | | 4 (0.1%) | | 7 | | 9 (0.3%) | | 8 | | 9 (0.3%) | | 9 | | 10 (0.3%) | | 10 | | 14 (0.5%) | | 11 | | 33 (1.1%) | | 12 | | 35 (1.2%) | | 13 | | 31 (1.0%) | | 14 | | 77 (2.6%) | | 15 | | 70 (2.3%) | | 16 | | 123 (4.1%) | | 17 | | 167 (5.6%) | | 18 | | 181 (6.0%) | | 19 | | 252 (8.4%) | | 20 | | 319 (10.6%) | | 21 | | 319 (10.6%) | | 22 | | 266 (8.9%) | | 23 | | 214 (7.1%) | | 24 | | 177 (5.9%) | | 25 | | 168 (5.6%) | | 26 | | 180 (6.0%) | | 27 | | 4 (0.1%) | | **抑鬱指數** | |  | | 0 | | 1099 (36.7%) | | 1 | | 218 (7.3%) | | 2 | | 308 (10.3%) | | 3 | | 196 (6.5%) | | 4 | | 172 (5.7%) | | 5 | | 113 (3.8%) | | 6 | | 165 (5.5%) | | 7 | | 109 (3.6%) | | 8 | | 73 (2.4%) | | 9 | | 66 (2.2%) | | 10 | | 69 (2.3%) | | 11 | | 66 (2.2%) | | 12 | | 49 (1.6%) | | 13 | | 47 (1.6%) | | 14 | | 41 (1.4%) | | 15 | | 34 (1.1%) | | 16 | | 30 (1.0%) | | 17 | | 27 (0.9%) | | 18 | | 21 (0.7%) | | 19 | | 18 (0.6%) | | 20 | | 15 (0.5%) | | 21 | | 11 (0.4%) | | 22 | | 10 (0.3%) | | 23 | | 10 (0.3%) | | 24 | | 6 (0.2%) | | 25 | | 5 (0.2%) | | 26 | | 5 (0.2%) | | 27 | | 9 (0.3%) | | 29 | | 2 (0.1%) | | 31 | | 1 (0.0%) | | 32 | | 1 (0.0%) | |