Travel Packing Checklist PDF Download

Essentials	Toiletries	Clothes	Health & Hygiene	
Boarding passes/flight detail	Toothpaste] Sun glasses	Sun screen	
Copies of passport	Floss & travel mouthwash] Sun hat	Aftersun cream	
Copies of driving license	Toothbrush] Sandals	Sun glasses	
Foreign currency	Soap / shower gel] Swimwear	Antiseptic wash	
Medical insurance documents	Face wipes] T-shirts	Insect repellent	
Power adapter	Face cloth	Trainers / walking shoes	Shaving gel	
Bank emergency contact for stolen/lost cards	Face wash/cleanser	Skirts	Deoderant	
Prescription medication (& prescription)	Razor] Shirts	First-aid supplies	
Chargers – phone, tablet and camera	Moisturizer] Sweater / cardigan	Paracetamol/Ibuprofen	
Spare ziplocks	Contact lenses & solution	Scarves	Tweezers	
Eye mask & ear plugs	Nail file	Dresses	BandAids	

Emergency contact details		Make up & remover	Trousers / joggers		Re-hydration salts	
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Cuitagas padlagis			Classwaar			
Suitcase padlock			Sleepwear			
			Underwear			