Here is help/resources for installing and using MySQL:

• For the most part, installing the database, is quite simple and is basically about downloading and running the installer:

https://dev.mysql.com/downloads/windows/installer/

Once you run the installer, it allows you to set your username and password.

• Then you can download JDBC:

https://dev.mysql.com/downloads/connector/j/5.1.html

• From there, you can include JDBC in your project. Here is a video which provides step-by-step instructions of this:

https://www.youtube.com/watch?v=2i4t-SL1VsU