

Strategies for **Low Risk** of Getting Lost

Technology

- Look into obtaining a locating technology.
 - These devices can be found on the [Finding Your Way®](#) website, or you can use the ones already on your phone (e.g., Find My Friend App, Life360, or Google Maps)

Family and Friends

- Develop a plan of preventive strategies such as those highlighted in different risk levels. For example, tell your partner or friend you are going to the grocery store.

Community

- Talk to your local Alzheimer Society or care provider. They can provide you with education or strategies to help keep you safe.
 - [Finding Your Way Program](#)
 - [Alzheimer Society](#)
- Register yourself under a Vulnerable Persons Registry if available in your area.
 - Ask local police or Alzheimer Society to determine if your community has one.
- [MedicAlert](#) can provide a bracelet that can identify who you are and connect you to your family member or friend if you get lost.