

Recipes included in the 'Armed Forces' database

Apples, baked
Bacon, oven fried
Bacon, oven fried, precooked
Bagel, w/cream cheese
Bagels
Banana Split
Bar, hermits
Bar, nut, chewy
Bar, raisin nut
Bar, toffee, crisp
Batter, frying
Batter, tempura
Beans, baked, Boston
Beans, baked, cnd
Beans, baked, Italian
Beans, green, combo
Beans, green, herbed
Beans, green, parisienne, f/cnd
Beans, green, w/corn, fzr
Beans, kidney/pinto/white
Beans, lyonnaise/green/wax
Beans, refried, w/cheese
Beans, Spanish
Beef, chipped, creamed
Beef, cordon bleu
Beef, corned
Beef, cubes, w/bbq sauce
Beef, ground, cordon bleu
Beef, ground, creamed
Beef, ground, hamburger, w/parmesan
Beef, liver, breaded, fried
Beef, pepper steak
Beef, pot roast
Beef, rib pot roast
Beef, roast
Beef, simmered
Beef, steak, country
Beef, steak, grilled
Beef, steak, ranchero
Beef, steak, teriyaki
Beets, Harvard
Beets, spiced, hot
Biscuits, bkg pwd
Bread, banana
Bread, corn
Bread, corn, f/dry mix
Bread, croutons
Bread, French
Bread, garlic, toasted
Bread, Irish soda
Bread, oatmeal
Bread, pumpkin
Bread, raisin
Bread, rye
Bread, white
Bread, white, short-time formula
Bread, whole wheat, w/wheat base
Broccoli, herbed
Broccoli, parmesan
Broccoli, w/corn & carrots
Brownies
Brownies, apple cake
Brownies, butterscotch
Brussels Sprouts, superba
Brussels Sprouts, w/corn & carrot
Buns, hot cross
Burrito, breakfast
Cabbage, fried
Cabbage, red, w/sweet & sour sauce
Cabbage, rolls, stuffed
Cake, angel food
Cake, applesauce
Cake, banana, f/yellow dry mix
Cake, carrot, f/dry mix
Cake, chocolate macaroon, f/dry mix
Cake, crumb/snickerdoodle
Cake, devil's food
Cake, easy chocolate
Cake, easy vanilla
Cake, Florida lemon
Cake, gingerbread
Cake, jelly roll
Cake, peanut butter crumb
Cake, pineapple crunch
Cake, pineapple upside down
Cake, pound
Cake, quick coffee, f/biscuit mix
Cake, spice
Cake, strawberry, f/dry mix
Cake, white
Cake, yellow
Cake, yellow cupcakes
Cake, yellow, f/dry mix
Carrots, marinated
Cauliflower, au gratin
Cauliflower, French fried
Cauliflower, w/peas & carrots
Celery, stuffed, w/pimiento cheese
Cereal, hot, oatmeal
Chalupa
Cheesecake
Chicken, bkd
Chicken, bombay, bkd
Chicken, breast, Caribbean

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| Chicken, buffalo | Crust, graham cracker |
| Chicken, Chinese five-spice | Crust, pie, 13 - 1 crust pies |
| Chicken, creole | Crust, pie, 13 - 2 crust pies |
| Chicken, fillets, oven fried | Danish, diamonds, f/danish pastry dough |
| Chicken, fried | Dish, bean, combo |
| Chicken, honey ginger | Dish, beans, red, w/rice |
| Chicken, hot & spicy | Dish, beef & noodles, braised |
| Chicken, oven bkd | Dish, beef, balls, stroganoff |
| Chicken, parmesan | Dish, beef, corned, New England |
| Chicken, savory baked | Dish, beef, egg foo young |
| Chicken, szechwan | Dish, beef, minced |
| Chicken, teriyaki | Dish, beef, rolls, stuffed |
| Chicken, w/bbq sauce | Dish, beef, sukiyaki |
| Chicken, w/gravy, baked | Dish, broccoli, polonaise |
| Chicken, w/orange sauce | Dish, broccoli, w/cheese & rice |
| Chicken, w/pineapple sauce | Dish, cabbage, Chinese, fried |
| Chicken, w/yogurt, baked | Dish, carrots, amandine, w/celery |
| Chili Dog, w/cheese & onion | Dish, carrots, lyonnaise |
| Chili, con carne | Dish, carrots, w/orange amandine |
| Chili, con carne, w/beans, cnd | Dish, catfish, Caribbean |
| Chili, w/o beans | Dish, chicken & rice, baked |
| Clams, strips, breaded, baked | Dish, chicken, a la king |
| Cobbler, apple | Dish, chicken, adobo |
| Coffee, f/automatic coffee maker | Dish, chicken, cacciatore |
| Coffee, f/automatic urn | Dish, chicken, chow mein |
| Coffee, f/instant freeze-dried | Dish, chicken, fiesta |
| Cole Slaw | Dish, chicken, tetrazzini |
| Cole Slaw, German | Dish, chicken, vega |
| Cole Slaw, w/creamy dressing | Dish, chili & macaroni, f/cnd chili |
| Collard Greens, Southern style | Dish, chili, conquistador |
| Cookies, chocolate chip | Dish, chilies rellenos |
| Cookies, chocolate drop | Dish, chop suey, pork |
| Cookies, coconut cereal | Dish, egg roll, w/meat, Chinese |
| Cookies, coconut raisin drop | Dish, eggplant, parmesan |
| Cookies, crisp chocolate | Dish, enchiladas, beef |
| Cookies, crisp drop | Dish, enchiladas, chicken |
| Cookies, ginger molasses | Dish, fajitas, beef |
| Cookies, gingerbread, f/dry cake mix | Dish, fish, stuffed, baked |
| Cookies, lemon | Dish, frankfurters, w/sauerkraut, bkd |
| Cookies, oatmeal | Dish, frittata, potatoes |
| Cookies, oatmeal, f/mix | Dish, frittata, rice |
| Cookies, peanut butter | Dish, goulash, Hungarian |
| Cookies, shortbread | Dish, green peppers, stuffed |
| Cookies, sugar | Dish, ham & noodles, scalloped |
| Corn Dog | Dish, ham & potatoes, scalloped |
| Corn, calico | Dish, jaegerschnitzel, veal, w/sauce |
| Corn, scalloped cream style | Dish, Jambalaya |
| Corn, w/green beans & carrots | Dish, lasagna |
| Cornish Hens, rock, honey glazed | Dish, lasagna, w/spinach |
| Crab, cakes | Dish, liver, w/onions, braised |
| Cream Puffs | Dish, macaroni & cheese, baked |
| Crisp, apple | Dish, macaroni, creole |
| Crisp, peach | Dish, macaroni, w/ham & tomatoes, bkd |

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Dish, manicotti/cannelloni, beef
Dish, meatballs, Swedish
Dish, meatloaf
Dish, noodles, Jefferson
Dish, peppers, stuffed
Dish, pie, beef & corn, w/potatoes
Dish, pie, cnd beef, w/biscuit
Dish, porcupine balls, beef
Dish, pork, adobo
Dish, pork, sweet & sour
Dish, pot pie, beef, w/biscuit topping
Dish, pot pie, turkey
Dish, quiche, w/mushrooms
Dish, ravioli, beef, w/sauce
Dish, rice, Mexican
Dish, rice, Spanish
Dish, sauerbraten
Dish, seafood, newburg
Dish, shrimp, creole
Dish, spaghetti, w/meat sauce
Dish, spaghetti, w/meatballs
Dish, steak, salisbury
Dish, steak, w/onions
Dish, stroganoff, w/beef
Dish, Swiss steak, w/tomato sauce
Dish, tamale pie
Dish, tortellini, cheese, w/marinara
Dish, tuna & noodles, baked
Dish, tuna, chopstick
Dish, turkey & noodles, baked
Dish, turkey, curry
Dish, vegetable, stir fry
Dish, vegetables, tempura
Dish, yakisoba/beef & spaghetti
Dough, sweet
Doughnut, cake
Doughnut, raised
Drink, cranberry & orange, cocktail
Drink, fruit flvr, dry mix
Drink, fruit punch
Drink, orange & pineapple, cocktail
Drink, orangeade
Drink, tomato juice, cocktail
Duck, roasted
Dumplings
Eggs, au gratin/Scotch woodcock
Eggs, deviled
Eggs, griddle fried, cooked to order
Eggs, hard cooked
Eggs, poached, cooked to order
Eggs, scrambled
Eggs, soft cooked
English Muffin
English Muffin, w/bacon egg cheese
Filling, cherry, w/cornstarch
Filling, cinnamon sugar
Filling, nut
Filling, pineapple pregelatinize starch
Fish, baked
Fish, catfish, fillet, southern fried
Fish, chipper
Fish, oven fried
Fish, pan fried
Fish, parmesan
Fish, portions, baked
Fish, spicy, baked
Flounder, creole, stuffed
French Toast
French Toast, puff
Fritters, apple
Fritters, corn
Frosting, brown sugar
Frosting, butter cream
Frosting, caramel
Frosting, chocolate chip fudge
Frosting, chocolate fudge
Frosting, chocolate glaze
Frosting, chocolate, frosting/Icing mix
Frosting, coconut pecan
Frosting, cream cheese
Frosting, decorator
Frosting, peanut butter cream
Frosting, vanilla, f/icing mix, pwded
Gelatin, w/fruit
Glaze, strawberry topping
Glaze, syrup
Glaze, vanilla
Gravy, brown
Gravy, chicken or turkey, f/base
Gravy, chili style
Gravy, cream style
Gravy, natural pan/au jus
Gravy, tomato
Guacamole
Gumbo, okra & tomato
Ham, baked
Ham, canned, baked
Ham, steaks, w/bbq sauce
Hamburger, grilled
Hamburger, w/soy protein
Hash, corned beef
Hash, roast beef
Hash, Texas
Hominy, buttered
Hominy, grits
Hot Cocoa

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Ice Cream, vanilla, soft serve, f/dry
Ice Cream, vanilla, soft serve, f/liq
Kolaches
Lamb, leg, rstd, savory
Lemonade
Lobster, boiled
Lunchmeat, beef, oven cooked
Meringue
Muffin
Muffin, applesauce
Muffin, bran
Muffin, f/mix
Muffin, oat bran, w/raisins
Mushrooms, sauteed
Nachos
Okra, southern fried
Omelet, plain
Onions, French fried rings
Onions, fried
Onions, smothered, f/dehyd onions
Onions, Spanish
Oysters, fried
Pancakes
Pasta, spaghetti noodles, enriched
Pasta, steamed
Peas, w/mushrooms, f/fzn
Pie, apple, cnd, pregelatinized starch
Pie, apple, cnd, w/cornstarch
Pie, apple, fried
Pie, berry, f/fzn berries, w/cornstarch
Pie, blueberry, cnd, w/cornstarch
Pie, blueberry, pregelatinize starch
Pie, butterscotch cream, f/inst mix
Pie, cherry crumble
Pie, cherry, cnd, w/cornstarch
Pie, cherry, cnd, w/pregelatinize strch
Pie, chocolate & vanilla, f/inst mix
Pie, chocolate cream
Pie, chocolate mousse
Pie, coconut, creamy
Pie, lemon chiffon
Pie, lemon meringue
Pie, mincemeat
Pie, peach, cnd, w/pregelatinize starch
Pie, peach, f/cnd, w/cornstarch
Pie, peach, f/fzn, w/cornstarch
Pie, peach, fzn, w/pregelatinize starch
Pie, pecan
Pie, pineapple, cnd, w/cornstarch
Pie, pineapple, w/pregelatinize starch
Pie, pumpkin
Pie, sweet potato
Pie, vanilla cream
Pie, vanilla cream, f/inst
Pizza
Pizza, 12 in, fzn
Pizza, cheese, pita pocket
Pizza, treats
Pork, chitterlings, simmered
Pork, chops, braised
Pork, chops, breaded
Pork, chops, creole
Pork, chops, Mexicana
Pork, chops, stuffed, baked
Pork, chops, sweet & sour
Pork, ham hocks, simmered
Pork, ham loaf, glazed
Pork, ham, fresh roasted
Pork, roast
Pork, spareribs, braised
Pork, spareribs, Cantonese
Pork, spareribs, sweet & sour
Pork, spareribs, w/bbq sauce
Potatoes, au gratin
Potatoes, baked
Potatoes, French fried
Potatoes, hashed brown
Potatoes, hashed brown, f/dehyd, sliced
Potatoes, home fried
Potatoes, mashed
Potatoes, mashed, f/inst
Potatoes, o'brien
Potatoes, oven browned
Potatoes, potato balls, f/inst
Potatoes, potato cakes, German, f/dehyd
Potatoes, rissole
Potatoes, scalloped
Potatoes, scalloped, w/onions, dehyd
Potatoes, sweet, baked
Potatoes, sweet, candied
Potatoes, sweet, mashed
Potatoes, sweet, scalloped, w/apples
Potatoes, w/parsley & butter
Prunes, stewed
Pudding, bread
Pudding, rice, baked
Pudding, rice, creamy
Pudding, tapioca
Pudding, vanilla cream
Pudding, vanilla cream, f/inst
Rabbit, fried
Ratatouille, eggplant & zucchini
Relish, corn
Relish, cranberry orange
Rice, pilaf
Rice, pork fried, oven method

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Rice, steamed
Rice, steamed, steam cooker method
Rolls, hard
Rolls, hot
Rolls, hot, short time formula
Rolls, onion
Rolls, submarine/hoagie/torpedo
Salad Dressing, blue cheese
Salad Dressing, creamy horseradish
Salad Dressing, creamy Italian
Salad Dressing, French
Salad Dressing, garlic French
Salad Dressing, honey mustard
Salad Dressing, quick fruit
Salad Dressing, red wine vinaigrette
Salad Dressing, Russian
Salad Dressing, sour cream
Salad Dressing, tangy
Salad Dressing, tangy tarragon, low cal
Salad Dressing, tangy yogurt
Salad Dressing, thousand island
Salad Dressing, thousand island, lowcal
Salad Dressing, tomato French
Salad Dressing, tomato, low calorie
Salad Dressing, vinaigrette
Salad Dressing, vinegar & oil
Salad Dressing, yogurt, low cal
Salad Dressing, zero
Salad, apple, w/ celery & pineapple
Salad, carrot
Salad, chefs
Salad, chicken
Salad, chicken, tropical
Salad, cobb
Salad, confetti rice
Salad, cottage cheese
Salad, cottage cheese & peach
Salad, cottage cheese & tomato
Salad, cranberry & orange, jellied
Salad, cranberry & pineapple, jellied
Salad, cucumber & onion
Salad, frijole
Salad, fruit
Salad, fruit cocktail, jellied
Salad, fruit cup
Salad, fruit cup, fluffy
Salad, fruit medley
Salad, fruit, jellied
Salad, fruit, mixed
Salad, garden cottage cheese
Salad, garden vegetable
Salad, green, tossed
Salad, kidney bean
Salad, lettuce & tomato
Salad, lettuce cucumber & tomato
Salad, macaroni
Salad, macaroni/tuna
Salad, pasta
Salad, pasta, Italian
Salad, pasta, salsa
Salad, perfection
Salad, pickled beet & onion
Salad, pineapple rice cup, fluffy
Salad, potato
Salad, potato, f/dehyd sliced potatoes
Salad, potato, hot
Salad, potato, hot, f/dehyd potatoes
Salad, potato, Mexican style
Salad, rotini, zesty
Salad, shrimp
Salad, spinach
Salad, spring
Salad, taco
Salad, three bean
Salad, tomato, German style
Salad, tuna
Salad, vegetable
Salad, vegetable, tossed
Salad, waldorf
Salmon, cakes
Salmon, loaf
Salmon, scalloped, w/peas
Sandwich, bacon lettuce & tomato, tstd
Sandwich, bbq beef/sloppy joe
Sandwich, bbq beef/sloppy joe, cnd beef
Sandwich, cannonball
Sandwich, cheese, deli
Sandwich, cheese, grilled
Sandwich, chicken fillet, breaded, bkd
Sandwich, chicken salad
Sandwich, chicken, pita pocket
Sandwich, cold cut
Sandwich, corned beef
Sandwich, egg salad
Sandwich, fajita beef, on pita
Sandwich, fishwich
Sandwich, frankfurter, on roll
Sandwich, Gyros
Sandwich, ham
Sandwich, ham egg & cheese, grilled
Sandwich, ham salad
Sandwich, Monte Carlo, open-faced
Sandwich, Monte Cristo
Sandwich, Moroccan pockets
Sandwich, pastrami, hot
Sandwich, peanut butter & jelly

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Sandwich, pepper beef, Italian
Sandwich, Reuben, grilled
Sandwich, roast beef, hot
Sandwich, roast pork, hot
Sandwich, roast turkey, hot
Sandwich, steak & cheese submarine
Sandwich, submarine
Sandwich, taco burger
Sandwich, tuna salad
Sandwich, veal cutlet, Italian, sub
Sandwich, Western/Denver
Sauce, barbecue
Sauce, cherry
Sauce, cherry jubilee
Sauce, cherry, for meat
Sauce, Chinese mustard
Sauce, chocolate
Sauce, creole
Sauce, horseradish
Sauce, lemon
Sauce, marinara
Sauce, mustard
Sauce, pineapple, for ham
Sauce, pizza
Sauce, rum
Sauce, seafood cocktail
Sauce, sweet sour
Sauce, szechwan
Sauce, taco
Sauce, tartar
Sauce, teriyaki
Sauce, teriyaki marinade
Sauce, tomato
Sauce, vanilla
Sauce, white
Sauce, yogurt cucumber
Sauerkraut, German
Sausage, links, beef & pork, grilled
Sausage, polish, grilled
Sausage, pork, patties, grilled
Sausage, turkey, pattie
Sausage, w/biscuit
Scallops, baked
Scallops, creole
Scallops, fried
Shortcake, strawberry, f/biscuit mix
Shrimp, cocktail
Shrimp, curry
Shrimp, French fried
Shrimp, scampi
Soup, beef, w/vegetables & barley, cnd
Soup, chicken gumbo
Soup, chicken mushroom, cnd, condensed
Soup, chicken rice
Soup, chicken vegetable/Mulligatawny
Soup, corn chowder
Soup, cream of broccoli, cnd
Soup, cream of mushroom
Soup, cream of potato, f/dehyd slices
Soup, cream of potato, f/inst potatoes
Soup, creole
Soup, Manhattan clam chowder
Soup, navy bean
Soup, New England fish chowder
Soup, onion
Soup, pepper pot
Soup, rice w/beef
Soup, Spanish, f/dehyd onion soup mix
Soup, split pea
Soup, tomato
Soup, tomato bouillon
Soup, tomato/vegetable, f/dehyd mix
Soup, vegetable
Soup, zesty bean
Spinach, club
Spinach, tangy
Squash, Hubbard, baked
Squash, Louisiana/smothered
Squash, summer, creole
Stew, beef
Stew, beef chunks, w/juices & veg, cnd
Stew, chuck wagon/beans, w/beef
Stuffing, corn bread
Stuffing, savory bread
Syrup, maple
Tacos, f/ground beef
Tea, hot, brewed
Tea, iced, f/instant
Tomatoes, stewed
Topping, orange/coconut
Topping, streusel
Topping, whipped
Topping, whipped cream
Tostadas, beef & bean
Trout, baked, whole
Turkey, cutlet
Turkey, nuggets/scallops
Turkey, pattie, grilled
Turkey, roast
Turkey, roast, boneless
Turnips, w/bacon
Untitled
Veal, parmesan
Veal, parmesan, cubes
Veal, roast
Veal, steak paprika

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Veal, steak, Italian style

Wash, cornstarch

Wash, egg

Wash, egg & milk

Wash, egg white

Yogurt, soft serve

Yogurt, vanilla, soft serve