

YOSHIMOTO, AYAE Admin Sex: **Female** DOB: **10/26/1994**

Continuity of Care Document

Summarization of Episode Note | 07/10/2025 to 07/10/2025

Source: MedStar WHC OB/GYN at Lafayette Centre

Created: 11/26/2025

Demographics

Contact Information:

2520 MASSACHUSETTS AVE NW, WASHINGTON, DC 20008, USA

Tel: (415)605-9076 (Primary Home)

Email: AYEYSMT@GMAIL.COM

Previous Address(es):

--

Marital Status: Single

Religion: None

Race: --

Previous Name(s): --

Date of Death: //

Ethnic Group: Not Hispanic or Latino

Language: dn

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:C2A9AAAD-29F4-4D5D-87B0-388C13A9B433-CH:PRINCIPAL:E5115E52-1B16-4E62-A837-A0B64197AE24, 50804262

Care Team

No Data to Display

Relationships

No Data to Display

Document Details

Source Contact Info

1133 21st Street NWBuilding 2, Washington, DC 20036- , USA

Tel: (202)416-2000

Author Contact Info

11/26/2025 5:58 AM

MedStar WHC OB/GYN at Lafayette Centre

Recipient Contact Info

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Healthcare Professionals

No Data to Display

IDs & Code Type Data

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Document Language Code: en-US

Document Set ID: --

Document Version Number: --

Primary Encounter

Encounter Information

Registration Date: 07/10/2025

Discharge Date: 07/10/2025

Visit ID: --

Location Information

MedStar WHC OB/GYN at Lafayette Centre

(Work): 1133 21st Street NWBuilding 2, Washington, DC 20036- , USA

Providers

Type	Name	Address	Phone
Admitting	Quiett, Valencia M.	(Work): 110 Irving St NW, Washington, DC 20010- , USA	Tel: (202)481-1060 (Work)
Attending	Quiett, Valencia M.	(Work): 110 Irving St NW, Washington, DC 20010- , USA	Tel: (202)481-1060 (Work)
Referring	SELF-REFERRED,	--	--

Encounter

WHC FIN 60066922729 Date(s): 7/10/25 - 7/10/25

MedStar WHC OB/GYN at Lafayette Centre 1133 21st Street NW Building 2 Washington, DC 20036- USA (202)416-2000

Encounter Diagnosis

Amenorrhea (Discharge Diagnosis) - 7/11/25

Contraception management (Discharge Diagnosis) - 7/11/25

Attending Physician: Quiett, MD, Valencia M.

Admitting Physician: Quiett, MD, Valencia M.

Referring Physician: 0000888883 -SELF-REFERRED,

Encounter Type: Clinic

Reason for Visit

MISSED PERIODS

Allergies, Adverse Reactions, Alerts

No Known Medication Allergies

Author: Hernandez, Jocelyn Samantha, MedStar GUH Neurology at Beverly Rd

Last Modified: 07/7/2025 2:20 PM

Substance	Criticality	Severity	Reaction	Reaction Severity	Status
Pollen <i>Author: Eith, Jeremy M, MedStar Medical Group Primary Care at Lafayette Centre</i> <i>Last Modified: 08/27/2025 1:56 PM</i>			eye irritation sneezing throat irritation		Active

Treatment Plan

Future Scheduled Tests

Radiology:

US Breast Complete Bilateral 8/19/25

Author: Eith, Jeremy M, MedStar Health

Last Modified: 08/19/2025 8:04 PM

US Transvaginal 8/19/25

Author: Eith, Jeremy M, MedStar Health

Last Modified: 08/19/2025 8:04 PM

Immunizations

No data available for this section

Medications

drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet) Status: Ordered Start Date: 11/8/24 1 Tablet(s) By Mouth every day. start first tablet today. Refills: 4. Ordering provider: Buek, MD, John David <i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 11/8/2024 2:18 PM</i>	CVS/pharmacy #5674 3700 Newark St NW Washington, DC 200163036
ethinyl estradiol-norethindrone (Junel Fe 1 mg-20 mcg oral tablet) Status: Ordered Start Date: 10/9/25 1 Tablet(s) By Mouth every day. Refills: 3. Ordering provider: Quiett, MD, Valencia M. <i>Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:19 PM</i>	CVS/pharmacy #1347 6 Dupont Cir NW Washington, DC 200361108
naproxen (naproxen sodium 550 mg oral tablet) Status: Ordered Start Date: 8/27/25 1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage. Refills: 1. Ordering provider: Schreiber, PA-C, Lisa Marlene <i>Author: Schreiber, Lisa Marlene, MedStar NRN Physiatry at Lafayette Centre</i> <i>Last Modified: 08/27/2025 2:27 PM</i>	CVS/pharmacy #1347 6 Dupont Cir NW Washington, DC 200361108
drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet) Status: Completed Start Date: 8/22/24 Stop Date: 11/8/24 1 Tablet(s) By Mouth every day. Refills: 4. Ordering provider: Buek, MD, John David <i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 11/8/2024 2:18 PM</i>	CVS/pharmacy #5674 3700 Newark St NW Washington, DC 200163036
mupirocin topical (mupirocin 2% topical ointment) Status: Completed Start Date: 6/7/24 Stop Date: 6/17/24 1 Application Topical 2 times a day for 10 Day(s). Refills: 0. Ordering provider: Russo, MD, Mark E. <i>Author: MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/17/2024 3:46 PM</i>	CVS/pharmacy #5674 3700 Newark St NW Washington, DC 200163036
naproxen (naproxen sodium 550 mg oral tablet) Status: Discontinued Start Date: 7/7/25 Stop Date: 8/27/25 1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage. Refills: 1. Ordering provider: Schreiber, PA-C, Lisa Marlene <i>Author: Schreiber, Lisa Marlene, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 08/27/2025 2:27 PM</i>	CVS/pharmacy #1347 6 Dupont Cir NW Washington, DC 200361108

acetaminophen (Tylenol) Status: Voided Start Date: 6/7/24 Stop Date: 7/7/25 By Mouth. Author: Hernandez, Jocelyn Samantha, MedStar Medical Group Ear Nose and Throat at Lafayette MACC Last Modified: 07/7/2025 1:22 PM	
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Problem List

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Migraine with aura Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 1:56 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 1:56 PM		
Prolonged aura migraine Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:03 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:03 PM		
Numbness Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:02 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:02 PM		

Procedures

No data available for this section

Results

Laboratory List

Name	Date
Complete Blood Count w/ Differential (CBC with Differential)	8/19/25
Creatinine	8/19/25
Glucose Fasting	8/19/25
Hemoglobin A1C Glycosylated (HgbA1C Glycosylated)	8/19/25
Lipid Pnl	8/19/25
Uric Acid	8/19/25

8/27/25:

Test	Result	Reference Range	Specimen Source	Laboratory
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Basophil % <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	1 % 1	(Normal is Not Estab. %)		
Basophil Abs <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	0.0 x10(3)/mCL 2	(Normal is 0.0-0.2 x10(3)/mCL)		
Cholesterol <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	156 mg/dL 3	(Normal is 100-199 mg/dL)		
Creatinine <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	0.58 mg/dL 4	(Normal is 0.57-1.00 mg/dL)		
eGFR <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	125 mL/min/1.73 m2 5	(Normal is >59 mL/min/1.73 m2)		
Eos % <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	2 % 6	(Normal is Not Estab. %)		
Eosinophil Abs <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	0.1 x10(3)/mCL 7	(Normal is 0.0-0.4 x10(3)/mCL)		
Glucose Lvl Random <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	82 mg/dL 8	(Normal is 70-99 mg/dL)		
Hct <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	37.9 % 9	(Normal is 34.0-46.6 %)		
HDL <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	53 mg/dL 10	(Normal is >39 mg/dL)		
Hgb <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	12.2 gm/dL 11	(Normal is 11.1-15.9 gm/dL)		
Hgb A1C Glycosylated <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	5.5 % 12	(Normal is 4.8-5.6 %)		

Imm Gran % <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	0 % 13	(Normal is Not Estab. %)		
Imm Gran Absolute <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	0.0 x10(3)/mcL 14	(Normal is 0.0-0.1 x10(3)/mcL)		
LDL Calculated <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	85 mg/dL 15	(Normal is 0-99 mg/dL)		
Lymph % <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	40 % 16	(Normal is Not Estab. %)		
Lymph Absolute <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	2.4 x10(3)/mcL 17	(Normal is 0.7-3.1 x10(3)/mcL)		
MCH <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	30.5 pg 18	(Normal is 26.6-33.0 pg)		
MCHC <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	32.2 gm/dL 19	(Normal is 31.5-35.7 gm/dL)		
MCV <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	95 FL 20	(Normal is 79-97 FL)		
Mono % <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	4 % 21	(Normal is Not Estab. %)		
Monocyte Abs <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	0.3 x10(3)/mcL 22	(Normal is 0.1-0.9 x10(3)/mcL)		
Neutro % <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	53 % 23	(Normal is Not Estab. %)		
Neutro Absolute <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	3.2 x10(3)/mcL 24	(Normal is 1.4-7.0 x10(3)/mcL)		

Platelet <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	422 x10(3)/mcL 25	(Normal is 150-450 x10(3)/mcL)		
RBC <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	4.00 x10(6)/mcL 26	(Normal is 3.77-5.28 x10(6)/mcL)		
RDW <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	11.8 % 27	(Normal is 11.7-15.4 %)		
Triglyceride <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	100 mg/dL 28	(Normal is 0-149 mg/dL)		
Uric Acid <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	3.8 mg/dL 29	(Normal is 2.6-6.2 mg/dL)		
VLDL Calculation <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	18 mg/dL 30	(Normal is 5-40 mg/dL)		
WBC <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 08/28/2025 12:06 PM</i>	6.0 x10(3)/mcL 31	(Normal is 3.4-10.8 x10(3)/mcL)		

7/10/25:

Test	Result	Reference Range	Specimen Source	Laboratory
POC hCG QI <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Negative			
BP Extremity, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Left upper extremity			
Cuff Size <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Adult			
Cuff Type <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Automated			

Diastolic BP, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	72 mmHg	(Normal is 60-89 mmHg)		
Measured with Shoes <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	No			
Patient Position BP <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Sitting			
Peripheral Pulse Rate <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	78 bpm	(Normal is 60-100 bpm)		
Systolic BP, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	105 mmHg	(Normal is 90-139 mmHg)		
Visit Type AMB <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	In Person			
Weight Dosing <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	43.8 kg			

¹ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

² Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

³ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

⁴ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

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PATIENT WAS FASTING

⁷ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

⁸ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

⁹ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra

MD Phone: 8007624344

PATIENT WAS FASTING

¹⁰ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

¹¹ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

¹² Result Comment: Prediabetes: 5.7 - 6.4

Diabetes: >6.4

Glycemic control for adults with diabetes: <7.0

Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone:

8007624344

¹³ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

¹⁴ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

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PATIENT WAS FASTING

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Nagendra MD Phone: 8007624344

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¹⁹ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²⁰ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²¹ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²² Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

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²³ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²⁴ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai

Nagendra MD Phone: 8007624344

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²⁵ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²⁶ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²⁷ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

²⁸ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

²⁹ Result Comment: Therapeutic target for gout patients: <6.0

Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

³⁰ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

³¹ Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

Vital Signs

7/10/25

Peripheral Pulse Rate <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	78 bpm	(Normal is 60-100 bpm)
Blood Pressure <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i> <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	105/72 mmHg	(Normal is 90-139/60-89 mmHg)
BP Extremity, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Left upper extremity	
Patient Position BP <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Sitting	
Visit Type AMB <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	In Person	

Cuff Type <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Automated	
Weight Dosing <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	43.8 kg	

Social History

Social History Type	Response
Tobacco/Nicotine	Use: Past. <i>Author: Brown, Marquita Chauntice</i> <i>Last Modified: 05/27/2024 12:36 PM</i>
Birth Sex <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female
Sex Representation <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female (finding)

Goals

No data available for this section

Hospital Discharge Instructions

No data available for this section

Reason for Referral

No data available for this section

Health Concerns

No data available for this section

Implantable Device List

No data available for this section

Gynecology Outpatient Note

Quiett, MD, Valencia M.: PERFORM
Event Display: Gynecology Office/Clinic Note
Authored Date: 202507111104844-0400

Chief Complaint
Menstrual Concerns
History of Present Illness
Patient 30-year-old presenting for no cycles since October 2024. She was started on yet as OCPs August 2024.

hs of irregular menses prior to ocp start. She was using POP with irregular bleeding.

recent thyroid testing is negative.

Updated to patient hx: follows with neurology for complex migraines with w/ aura.

Physical Exam

Vitals & Measurements

07/10/2025 13:55 P: 78 BP: 105/72 SpO2: 100%

WT: 43.8 kg (96 lbs 9 oz)

Pain Assessment

Pain Present: No actual or suspected pain (07/10/25 13:55:00)

General: no acute distress, appears own age

Head: atraumatic, normocephalic

CV: wwp

pulm: No increased WOB

Mental Status: awake, alert

Assessment/Plan

1. Amenorrhea| (N91.2)

discussed ddx with mostly likely SE of OCP medication.

TSH reviewed and wnl.

Reviewed management options.

Planning to d/c ocp at this time especially in the setting of migraine with aura and risk of stroke.

plan to f/u in clinic if cycle does not return off of contraception.

2. Contraception management| (Z30.9)

Comprehensive contraceptive counseling was offered. She is not a candidate for estrogen based medication - CDC MEC 4. Pt opted for condom use at this time.

Pt expressed understanding to plan of care. All questions answered to patient's satisfaction.

Total Clinician Time Spent Day of Service including chart review 5 min, face-to-face 15 min, and post-visit documentation 5 min: 25 min

Valencia Quiett, MD

Problem List/Past Medical History

Ongoing

Migraine with aura

Numbness

Prolonged aura migraine

Medications

naproxen(naproxen sodium 550 mg oral tablet), 550 mg= 1 tab, PO, 2x/day, PRN, 1 refills, can take with caffeinated beverage

drospirenone-ethinyl estradiol(Yaz 3 mg-0.02 mg oral tablet), 1 tab, PO, Daily, 4 refills, start first tablet today

Allergies

No Known Medication Allergies

Social History

Smoking Status

Never Used

Alcohol

Alcohol Use:Denies

Substance Use

Use:Denies

Tobacco/Nicotine

Use:Past

Lab Results
Pregnancy Point of Care Testing Results
POC hCG QI: Negative (07/10/25)

Electronically signed by:

Quiett, MD, Valencia M. on: 07.11.2025 10:48 EDT
Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre
Last Modified: 07/11/2025 2:48 PM

Patient Care team information

Care Team Personnel

Name: Garcia, Gladys
Position: Ambulatory: Clinic Staff Co-sign Preg
Member Role: Diabetic Educator (Lifetime)

Author: Garcia, Gladys, MedStar Health
Last Modified: 11/5/2025 4:01 PM

Care Team Related Persons

Name: LEE, JONG HYUN
Author: MedStar Health
Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN
Author: MedStar Health
Last Modified: 05/2/2025 10:48 AM

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Author: MedStar Health
Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN HYUN HYUN
Author: MedStar Health
Last Modified: 05/2/2025 10:48 AM

Family History

No data available for this section

Insurance Providers

Guarantor name: NA

Health Plan Information #: 1
Payer: AETNA OPEN
Payer Identifier: NA
Member Number: 904150909
Group Number: NA

Subscriber Identifier: 904150909

Relationship to Subscriber: self

Coverage Type: HMO

Coverage Verification Date: NA

Telecom: NA

Address: NA