

**Georgetown University Hospital**

3800 Reservoir Road
Washington, DC 20007-

(202) 444-2000

Patient: **YOSHIMOTO, AYAE**

MRN: GUH-000002380268

FIN: GUH-07732199117

DOB/Age/Sex: 10/26/1994 31 years

Female

Date of Service: 1/4/2025

Attending Provider: Galler,MD,Marjorie F

Patient Viewable Documents

DOCUMENT NAME:

ED Patient Summary

PERFORM INFORMATION:

Schoeb,RN,Brittany Libre (1/4/2025 21:52 EST)

RESULT STATUS:

Modified

SERVICE DATE/TIME:

1/4/2025 21:52 EST

SIGN INFORMATION:

Schoeb,RN,Brittany Libre (1/4/2025 21:52 EST); Galler,MD,
Marjorie F (1/4/2025 21:36 EST)

ED Patient Summary

MedStar Georgetown University Hospital
3800 Reservoir Road
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Phone: (202) 444-2000
www.georgetownuniversityhospital.org

Emergency Department**Pending Medications for YOSHIMOTO, AYAE**

No pending Medications



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Emergency Department**New Prescription Summary For YOSHIMOTO, AYAE**

No prescriptions sent Electronically or Printed this visit.

Report Request ID:

825634297

Print Date/Time:

11/26/2025 06:24

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Emergency Department

Work/School Note

To whom it may concern:

This certifies that YOSHIMOTO, AYAE was a patient in the MedStar Georgetown University Hospital Emergency Department from 01/04/25 14:52:00 until 01/04/25 21:52:21

NOTE: This note is **only** to show your employer/school that you were seen by a physician and/or physician's assistant in evaluation of an acute illness or injury.

Complete days off are provided only for a severe medical illness. The Emergency Department staff cannot decide whether or not you can work due to an injury. If you were assigned "light duty (partial disability)", the note above describes what type of physical activity is limited. Your work supervisor needs to determine if there is light duty available or make other arrangements for you. If you feel a need for additional days in light duty status, you will need to contact and follow up with another clinician as noted in your discharge instructions.

If you feel that you need additional days off due to illness, you will need to contact and follow up with another clinician as noted in your discharge instructions.

The Emergency Department staff does NOT determine total disability due to injury.

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Emergency Department

Patient Discharge Instructions For YOSHIMOTO, AYAE

Thank you for choosing MedStar Georgetown University Hospital for your health care needs. Our entire staff strives to make your experience in the Emergency Department positive and reassuring. We are committed to providing the very best in safety, quality and service. Within the next few weeks, you may receive a mail, email, or text survey from Press Ganey asking about your experience while you were here. Your feedback helps us identify ways we can better address your needs and continually improve your overall experience. We appreciate you taking the time to participate in the survey and share your feedback about your experience.

If you need assistance finding a physician or scheduling an appointment, please go to georgetownuniversityhospital.org. You may either click the blue "Find a Doctor" box, or click the blue "Request an Appointment" box to fill out a form to request an appointment. Please return to the emergency department if worsening symptoms or pain, trouble breathing, or any other concerns. The following includes patient education materials and information regarding your injury or illness.

Want to say thank you to your nurse? Share your story of compassionate and skillful nursing care. Scan the QR code from your smart phone or email your Daisy nomination to Jasmine.A.Barnes@medstar.net

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Patient Viewable Documents



Need immediate emotional support or have thoughts of harming yourself? Call or text the National Suicide Crisis lifeline at **988** to connect to a trained professional who can help. Confidential care is available 24/7. Because we all need help sometimes.

Please note, the previous Lifeline phone number (1-800-273-8255) will remain available.

Access your information on line by registering for **MYMEDSTAR**, our patient portal, at www.mymedstar.org.

Patient Information

Name: YOSHIMOTO, AYAE	Arrival Date and Time: 01/04/2025 14:52
Date of Birth: 10/26/1994	Discharge Date and Time: 01/04/2025 21:52
Patient ID: 50804262	

Healthcare Provider Information

Clinician(s):
Galler, MD, Marjorie F

Information About Hospital Visit

Diagnoses: **Acute chest wall pain**

Follow Up Instructions

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MedStar providers are not participating with Trusted Health Plan (THP) or Amerigroup DC. As of Sunday, October 1, our D.C.-based hospitals and specialist physicians, and MedStar PromptCares Capitol Hill and Adams Morgan Urgent Care, will be participating providers with AmeriHealth. **Please contact DC Healthy Families Customer Service Center, at 202-639-4030, for information on providers participating with your MCO.**

You must call each Provider to make/verify your appointment.

PHYSICIAN/PROVIDER	DETAILS
MGUH General Internal Medicine	When: Within 1 week Address: 2233 Wisconsin Ave, NW 3rd Floor, Suite 300 Washington DC 20007 (202)741-1250(Ph) Comments: If you need a new primary care doctor, you could contact our internal medicine clinic

Laboratory or Other Results This Visit (last charted value for your 01/04/2025 visit)

Hematology

01/04/25 16:48:00

Neutro Absolute: 4.9 k/uL -- Normal range between (1.7 and 8.1)
Monocyte Abs: 0.3 k/uL -- Normal range between (0.1 and 1.3)
Eosinophil Abs: 0.1 k/uL -- Normal range between (0.0 and 0.7)
Basophil Abs: 0.0 k/uL -- Normal range between (0.0 and 0.2)
Lymph Absolute: 2.6 k/uL -- Normal range between (0.6 and 4.9)
NRBC Abs: 0.0 k/uL -- Normal range between (0.0 and 0.1)
NRBC auto: 0 /100 wbc's -- Normal range between (0 and 2)
Eos %: 1.3 % -- Normal range between (0.0 and 6.0)
Lymph %: 32.6 % -- Normal range between (15.0 and 45.0)
MCH: 30.4 pg -- Normal range between (27.0 and 31.0)
MCHC: 33.6 gm/dL -- Normal range between (31.0 and 36.0)
MCV: 90.5 FL -- Normal range between (81.0 and 100.0)
Mono %: 3.6 % -- Normal range between (3.0 and 12.0)
MPV: 9.4 FL -- Normal range between (7.5 and 10.4)
Neutro %: 62.0 % -- Normal range between (43.0 and 75.0)

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Basophil %: 0.4 % -- Normal range between (0.0 and 2.0)
Hct: 35.1 % -- Normal range between (34.5 and 44.0)
Hgb: 11.8 gm/dL -- Normal range between (11.0 and 14.5)
RBC: 3.88 million/uL -- Normal range between (3.60 and 5.00)
RDW: 11.3 % -- Normal range between (11.5 and 15.5)
Platelet: 447 k/uL -- Normal range between (145 and 400)
WBC: 7.95 k/uL -- Normal range between (4.00 and 10.80)
Imm Gran %: 0.1 % -- Normal range between (0.1 and 0.3)
Imm Gran Absolute: 0.01 k/uL -- Normal range between (0.01 and 0.03)

Coagulation

01/04/25 18:14:00

D-Dimer VTE: <0.27 mcg/mL FEU

General Chemistry

01/04/25 16:48:00

Creatinine: 0.50 mg/dL -- Normal range between (0.50 and 0.80)
AGAP: 9 mmol/L -- Normal range between (5 and 15)
CO2: 25 mmol/L -- Normal range between (20 and 31)
Glucose Lvl Random: 98 mg/dL -- Normal range between (65 and 140)
Sodium Lvl: 140 mmol/L -- Normal range between (136 and 145)
BUN: 6 mg/dL -- Normal range between (9 and 23)
Calcium Lvl: 9.4 mg/dL -- Normal range between (8.7 and 10.4)
Chloride: 106 mmol/L -- Normal range between (98 and 107)
Potassium Lvl: 4.2 mmol/L -- Normal range between (3.4 and 4.5)
est. CrCl: 116.88 mL/min
GFR Universal: 129 mL/min/1.73 m²

Cardiac Testing

01/04/25 16:48:00

NT-proBNP: <35 pg/mL
Troponin I HS: <3 ng/L -- Normal range between (0 and 34)

Endocrinology

01/04/25 16:48:00

Beta hCG QI: Negative

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Patient Viewable Documents

Diagnostic Radiology

01/04/25 15:48:26

XR Chest PA and LAT 2 View: XR Chest PA and LAT 2 View

Radiology Image: Radiology Image

Upcoming Appointments

Future Appointments

No Future Appointments Scheduled

Allergies and Immunizations

Allergies

aspirin
ibuprofen

Current Medication List as of 01/04/25 21:52:21

MedStar Georgetown University Hospital ED Physicians are providing you with a complete list of medications post discharge. If you have been instructed to stop taking a medication please ensure you also follow up with this information to your Primary Care Provider.

Unless otherwise noted, you will continue to take medications as prescribed prior to the Emergency Room visit. Any specific questions regarding your chronic medications and dosages should be discussed with your Primary Care Provider and Pharmacy.

acetaminophen (Tylenol)

Directions: Use as previously directed by your prescribing physician

Take Next Dose: _____

drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)

Directions: 1 tablet by mouth every day

Special Instructions: start first tablet today

Take Next Dose: _____

Physician(s) who completed Medication

Reconciliation

Galler, MD, Marjorie F (01/04/2025 21:30)

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Patient Viewable Documents

Patient and Medication Education

You were seen in the emergency department with chest pain. Your labs showed no sign of a clot or heart inflammation. Your EKG was normal, and your chest x-ray was also normal. I am able to recreate your chest pain by pressing on your ribs, which suggest that your pain is musculoskeletal in nature. Please use heat packs, take ibuprofen, and warm showers to help with the discomfort.

You also describe some longer-term symptoms such as weight loss, decreased appetite, and fatigue. I have sent Lyme testing at your request, and recommend that you follow-up with your primary care doctor.

Please return to the emergency department if you have difficulty breathing, cannot stay hydrated by mouth, any new or and/or concerning symptoms.

MedStar Chest Pain Discharge Patient and Family Education

Information About Your Diagnosis

Chest Pain

What you should know about this problem:

There are many things which cause chest pain and make people come to the Emergency Room. Some of these things need to be taken care of right away in the hospital, but others can be taken care of outside of the hospital. Pain in your chest may be coming from problems with your heart, lungs, stomach, muscles, ribs, gallbladder or bones. While there are many ways doctors can find the cause of your chest pain, sometimes more testing is needed to make sure it is not something more serious or life-threatening. This is why you may need more tests after you leave the Emergency Room. Make sure you follow the directions given to you by your Emergency Room doctor.

Go back to the Emergency Room right away if you feel:

- Chest pain that feels like crushing, squeezing, tightening or pressure.

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- Pain that radiates or moves to your jaw, left arm, or between your shoulder blades.
- Chest pain with nausea, dizziness, sweating, a fast heartbeat or trouble breathing.
- Symptoms that change in nature or get worse.



MEMORANDUM

TO: Patients having testing for Lyme Disease

FROM: MedStar Health

RE: Senate Bill 926/House Bill 399- Lyme Disease- Laboratory Test- Required Notice
(Effective October 1, 2016)

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As required by the above referenced legislation, you are receiving this notice regarding the test for Lyme Disease that has been ordered by your physician:

"Your health care provider has ordered a laboratory test for the presence of Lyme disease for you. Current laboratory testing for Lyme disease can be problematic and standard laboratory tests often result in false negative and false positive results and, if done too early, you may not have produced enough antibodies to be considered positive because your immune response requires time to develop antibodies. If you are tested for Lyme disease and the results are negative, this does not necessarily mean you do not have Lyme disease. If you continue to experience unexplained symptoms, you should contact your health care provider and inquire about the appropriateness of retesting or initial or additional treatment."

Please consult your health care provider for questions about your symptoms, test, or results.

MedStar Custom 11/2016

End of Discharge Education and Instructions

SOCIAL NEEDS TOOL

The MedStar Health Social Needs Tool is a social services and community resource. The tool provides access for local listings to find programs and assistance for food, shelter, healthcare, work, financial assistance and more.

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Patient Viewable Documents

Scan the QR code to take you to the site. You may also access the Social Needs Tool from the myMedStar Patient Portal (<https://www.medstarhealth.org/mymedstar-patient-portal>).



Patient Visit Summary

Diagnoses: **Acute chest wall pain**

I, YOSHIMOTO, AYAE, have received the attached patient education materials/instructions and have verbalized understanding.

Patient/Patient Representative Signature

Date/Time

Relationship to Patient

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Patient Viewable Documents

Nurse Signature

Date/Time

*The hospital has retained a duplicate copy of the Patient Visit Summary for medical records

PLACE ON PAPER CHART

Patient Visit Summary

Diagnoses: **Acute chest wall pain**

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Patient/Patient Representative Signature

Date/Time

Relationship to Patient

Nurse Signature

Date/Time

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