

YOSHIMOTO, AYAE Admin Sex: **Female** DOB: **10/26/1994**

Continuity of Care Document

Summarization of Episode Note | 10/9/2025 to 10/9/2025

Source: MedStar WHC OB/GYN at Lafayette Centre

Created: 11/26/2025

Demographics

Contact Information:

2520 MASSACHUSETTS AVE NW, WASHINGTON, DC 20008, USA

Tel: (415)605-9076 (Primary Home)

Email: AYEYSMT@GMAIL.COM

Previous Address(es):

--

Marital Status: Single

Religion: None

Race: --

Previous Name(s): --

Date of Death: //

Ethnic Group: Not Hispanic or Latino

Language: dn

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:C2A9AAAD-29F4-4D5D-87B0-388C13A9B433-CH:PRINCIPAL:E5115E52-1B16-4E62-A837-A0B64197AE24, 50804262

Care Team

No Data to Display

Relationships

No Data to Display

Document Details

Source Contact Info

1133 21st Street NWBuilding 2, Washington, DC 20036- , USA

Tel: (202)416-2000

Author Contact Info

11/26/2025 5:56 AM

MedStar WHC OB/GYN at Lafayette Centre

Recipient Contact Info

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Healthcare Professionals

No Data to Display

IDs & Code Type Data

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Document Language Code: en-US

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Primary Encounter

Encounter Information

Registration Date: 10/9/2025

Discharge Date: 10/9/2025

Visit ID: --

Location Information

MedStar WHC OB/GYN at Lafayette Centre

(Work): 1133 21st Street NWBuilding 2, Washington, DC 20036- , USA

Providers

Type	Name	Address	Phone
Admitting	Quiett, Valencia M.	(Work): 110 Irving St NW, Washington, DC 20010- , USA	Tel: (202)481-1060 (Work)
Attending	Quiett, Valencia M.	(Work): 110 Irving St NW, Washington, DC 20010- , USA	Tel: (202)481-1060 (Work)
Referring	SELF-REFERRED,	--	--

Encounter

WHC FIN 60081019725 Date(s): 10/9/25 - 10/9/25

MedStar WHC OB/GYN at Lafayette Centre 1133 21st Street NW Building 2 Washington, DC 20036- USA (202)416-2000

Encounter Diagnosis

Atypical squamous cells of undetermined significance (ASCUS) on Papanicolaou smear of cervix (Discharge Diagnosis) - 10/9/25

Breast pain in female (Discharge Diagnosis) - 10/9/25

Contraception management (Discharge Diagnosis) - 10/9/25

Attending Physician: Quiett, MD, Valencia M.

Admitting Physician: Quiett, MD, Valencia M.

Referring Physician: 0000888883 -SELF-REFERRED,

Encounter Type: Clinic

Reason for Visit

GYN RET

Allergies, Adverse Reactions, Alerts

No Known Medication Allergies

Author: Hernandez, Jocelyn Samantha, MedStar GUH Neurology at Beverly Rd

Last Modified: 07/7/2025 2:20 PM

Substance	Criticality	Severity	Reaction	Reaction Severity	Status
Pollen <i>Author: Eith, Jeremy M, MedStar Medical Group Primary Care at Lafayette Centre</i> <i>Last Modified: 08/27/2025 1:56 PM</i>			eye irritation sneezing throat irritation		Active

Treatment Plan

Future Scheduled Tests

Radiology:

US Breast Complete Bilateral 8/19/25

Author: Eith, Jeremy M, MedStar Health

Last Modified: 08/19/2025 8:04 PM

US Transvaginal 8/19/25

Author: Eith, Jeremy M, MedStar Health

Last Modified: 08/19/2025 8:04 PM

Immunizations

No data available for this section

Medications

drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet) Status: Ordered Start Date: 11/8/24 1 Tablet(s) By Mouth every day. start first tablet today. Refills: 4. Ordering provider: Buek, MD, John David <i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 11/8/2024 2:18 PM</i>	CVS/pharmacy #5674 3700 Newark St NW Washington, DC 200163036
ethinyl estradiol-norethindrone (Junel Fe 1 mg-20 mcg oral tablet) Status: Ordered Start Date: 10/9/25 1 Tablet(s) By Mouth every day. Refills: 3. Ordering provider: Quiett, MD, Valencia M. <i>Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:19 PM</i>	CVS/pharmacy #1347 6 Dupont Cir NW Washington, DC 200361108
naproxen (naproxen sodium 550 mg oral tablet) Status: Ordered Start Date: 8/27/25 1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage. Refills: 1. Ordering provider: Schreiber, PA-C, Lisa Marlene <i>Author: Schreiber, Lisa Marlene, MedStar NRN Physiatry at Lafayette Centre</i> <i>Last Modified: 08/27/2025 2:27 PM</i>	CVS/pharmacy #1347 6 Dupont Cir NW Washington, DC 200361108
drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet) Status: Completed Start Date: 8/22/24 Stop Date: 11/8/24 1 Tablet(s) By Mouth every day. Refills: 4. Ordering provider: Buek, MD, John David <i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 11/8/2024 2:18 PM</i>	CVS/pharmacy #5674 3700 Newark St NW Washington, DC 200163036
mupirocin topical (mupirocin 2% topical ointment) Status: Completed Start Date: 6/7/24 Stop Date: 6/17/24 1 Application Topical 2 times a day for 10 Day(s). Refills: 0. Ordering provider: Russo, MD, Mark E. <i>Author: MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/17/2024 3:46 PM</i>	CVS/pharmacy #5674 3700 Newark St NW Washington, DC 200163036
naproxen (naproxen sodium 550 mg oral tablet) Status: Discontinued Start Date: 7/7/25 Stop Date: 8/27/25 1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage. Refills: 1. Ordering provider: Schreiber, PA-C, Lisa Marlene <i>Author: Schreiber, Lisa Marlene, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 08/27/2025 2:27 PM</i>	CVS/pharmacy #1347 6 Dupont Cir NW Washington, DC 200361108

acetaminophen (Tylenol) Status: Voided Start Date: 6/7/24 Stop Date: 7/7/25 By Mouth. Author: Hernandez, Jocelyn Samantha, MedStar Medical Group Ear Nose and Throat at Lafayette MACC Last Modified: 07/7/2025 1:22 PM	
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Problem List

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Migraine with aura Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 1:56 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 1:56 PM		
Prolonged aura migraine Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:03 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:03 PM		
Numbness Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:02 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:02 PM		

Procedures

No data available for this section

Results

Laboratory List

Name	Date
Pap IG HPV HR c Rfx Geno 16 /18 TP	10/9/25

10/9/25:

Test	Result	Reference Range	Specimen Source	Laboratory
HPV 16 Author: MedStar WHC OB/GYN at Lafayette Centre Last Modified: 10/14/2025 4:21 AM	Negative 1	(Normal is Negative)		
HPV 18 Author: MedStar WHC OB/GYN at Lafayette Centre Last Modified: 10/14/2025 4:21 AM	Negative 2	(Normal is Negative)		

HPV Other hr Types <i>Author: MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/14/2025 4:21 AM</i>	Positive 3	(Normal is Negative)		
BP Extremity, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Left upper extremity			
Cuff Size <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Adult			
Cuff Type <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Automated			
Diastolic BP, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	72 mmHg	(Normal is 60-89 mmHg)		
Measured with Shoes <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	No			
Patient Position BP <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Sitting			
Peripheral Pulse Rate <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	83 bpm	(Normal is 60-100 bpm)		
Systolic BP, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	105 mmHg	(Normal is 90-139 mmHg)		
Visit Type AMB <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	In Person			
Weight Dosing <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	45.2 kg			

¹ Result Comment: No. of containers..01 ThinPrep Vial

Clinical Information: CO-CVB2025-28204890

² Result Comment: This nucleic acid amplification test detects fourteen high-risk HPV types: HPV16, HPV18 and twelve other high-risk types (31,33,35,39,45,51,52,56,58,59,66,68) without differentiation.

No. of containers..01 ThinPrep Vial
Clinical Information: CO-CVB2025-28204890

³ Result Comment: No. of containers..01 ThinPrep Vial
Clinical Information: CO-CVB2025-28204890

Vital Signs

10/9/25

Peripheral Pulse Rate <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	83 bpm <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	(Normal is 60-100 bpm)
Blood Pressure <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i> <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	105/72 mmHg <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	(Normal is 90-139/60-89 mmHg)
BP Extremity, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Left upper extremity	
Patient Position BP <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Sitting	
Visit Type AMB <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	In Person	
Cuff Type <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	Automated	
Weight Dosing <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 10/9/2025 7:21 PM</i>	45.2 kg	

Social History

Social History Type	Response
Tobacco/Nicotine	Use: Past. <i>Author: Brown, Marquita Chauntice</i> <i>Last Modified: 05/27/2024 12:36 PM</i>

Social History Type	Response
Birth Sex <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female
Sex Representation <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female (finding)

Goals

No data available for this section

Hospital Discharge Instructions

No data available for this section

Reason for Referral

No data available for this section

Health Concerns

No data available for this section

Implantable Device List

No data available for this section

Gynecology Outpatient Note

Quiett, MD, Valencia M.: PERFORM
Event Display: Gynecology Office/Clinic Note
Authored Date: 20251009171006-0400

Chief Complaint
Re-Pap Smear
History of Present Illness
Patient presenting for pap follow up.
She was part of the Japanese Embassy program.
pap completed ASCUS, hpv testing not performed was was negotiated with Embassy program.
she has had yearly pap and this is the first abnormal testing.

Based on guidelines recommendation for repeat cytology in one year or hpv testing.

Reviewed options with patient. Desires repeat Pap today.

She also wishes to discuss contraception. She is previously on OCPs and discontinued back in August to see how her cycles would be. She reports intermittent breast tenderness bilaterally without provocation. No increased activity. No trauma. Reports she feels like she is having some breast enlargement. She had recent breast ultrasound that was notable for small nodule behind the nipple in the right breast. It is recommended that she has breast follow up 6 months from 08/2025.
Denies history of breast, ovarian, uterine, colon cancer.

GYN History
Menstrual History

Event Name
Event Result
Date/Time
Menstrual Status
Menarchal
10/09/25
Last Menstrual Period
10/01/25
10/09/25

Review of Systems
no

Physical Exam
Vitals & Measurements
10/09/2025 15:17 P: 83 BP: 105/72 SpO2: 99%
WT: 45.2 kg (99 lbs 10 oz)
LMP: 10/01/2025
Most Recent LMP
10/01/25

Pain Assessment
Pain Present: No actual or suspected pain (10/09/25 15:17:00)
chaperone offered, patient declined.
Constitution: Well developed, well nourished, in no acute distress.
Cardio: Warm and Well perfused.
Pulm: No increased Work of breathing.
Pelvic Exam:
External Genitalia: Normal appearance. No atrophy or lesions noted.
Urethral Meatus: Normal exam without prolapse or lesions.
Urethra: Normal exam; no masses, tenderness or scarring noted.
Bladder: Normal exam; no masses, fullness or tenderness noted.
Vagina: Normal appearance; no atrophy, discharge, or lesions noted.
Cervix: Normal appearance, os clear. No tenderness, lesions or discharge noted.

Assessment/Plan
1. Atypical squamous cells of undetermined significance (ASCUS) on Papanicolaou smear of cervix| (R87.610)
based on ASCCP guidelines recommend HPV testing vs repeat pap in one year.
she desires repeat pap today.
pap collected + HPV.
plan of care pending results.
Reviewed if HPV +, recommendation for colpo.
2. Contraception management| (Z30.9)
Comprehensive contraceptive counseling was offered. Pt opted for ocp. Junel Rx sent to pharmacy.
if cost prohibitive, discussed use of Mark Cuban pharmacy for cost effective.
Will be able to send there in the future.

3. Breast pain in female| (N64.4)

continue monitoring sx's.

she has recent imaging with possible right breast change. if persistent, will plan for mammogram

Pt expressed understanding to plan of care. All questions answered to patient's satisfaction.

E/M decision level 4 for decision making.

Valencia Quiett, MD

Lab Orders:

Pap IG HPV HR c Rfx Geno 16 /18 TP *Est. Start 10/09/2025

Problem List/Past Medical History

Ongoing

Migraine with aura

Numbness

Prolonged aura migraine

Medications

ethinyl estradiol-norethindrone(Junel Fe 1 mg-20 mcg oral tablet), 1 tab, PO, Daily, 3 refills

naproxen(naproxen sodium 550 mg oral tablet), 550 mg= 1 tab, PO, 2x/day, PRN, 1 refills, can take with caffeinated beverage

drospirenone-ethinyl estradiol(Yaz 3 mg-0.02 mg oral tablet), 1 tab, PO, Daily, 4 refills, start first tablet today

Allergies

No Known Medication Allergies

Pollen eye irritation, sneezing, throat irritation

Social History

Smoking Status

Never Used

Alcohol

Alcohol Use:Denies

Exercise

Frequency:None

Substance Use

Use:Denies

Tobacco/Nicotine

Use:Past

Electronically signed by:

Quiett, MD, Valencia M. on: 10.09.2025 17:10 EDT

Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre

Last Modified: 10/9/2025 9:10 PM

Patient Care team information

Care Team Personnel

Name: Garcia, Gladys

Position: Ambulatory: Clinic Staff Co-sign Preg

Member Role: Diabetic Educator (Lifetime)

Author: Garcia, Gladys, MedStar Health

Last Modified: 11/5/2025 4:01 PM

Care Team Related Persons

Name: LEE, JONG HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN HYUN HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Family History

No data available for this section

Insurance Providers

Guarantor name: NA

Health Plan Information #: 1

Payer: AETNA OPEN

Payer Identifier: NA

Member Number: 904150909

Group Number: NA

Subscriber Identifier: 904150909

Relationship to Subscriber: self

Coverage Type: HMO

Coverage Verification Date: NA

Telecom: NA

Address: NA