

Continuity of Care Document

Summarization of Episode Note | 08/27/2025 to 08/27/2025

Source: MedStar NRN Psychiatry at Lafayette Centre

Created: 11/26/2025

Demographics

Contact Information:

2520 MASSACHUSETTS AVE NW, WASHINGTON, DC 20008, USA

Tel: (415)605-9076 (Primary Home)

Email: AYEYSMT@GMAIL.COM

Previous Address(es):

--

Marital Status: Single

Religion: None

Race: --

Previous Name(s): --

Date of Death: //

Ethnic Group: Not Hispanic or Latino

Language: dn

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:C2A9AAAD-29F4-4D5D-87B0-388C13A9B433-CH:PRINCIPAL:E5115E52-1B16-4E62-A837-A0B64197AE24, 50804262

Care Team

No Data to Display

Relationships

No Data to Display

Document Details

Source Contact Info

1120 20th Street NW Building 1, Washington, DC 20036- , USA

Tel: (202)416-2000

Author Contact Info

11/26/2025 5:57 AM

MedStar NRN Psychiatry at Lafayette Centre

Recipient Contact Info

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Healthcare Professionals

No Data to Display

IDs & Code Type Data

Document Type ID: 2.16.840.1.113883.1.3 : POCD_HD000040

Document Template ID: 2.16.840.1.113883.10.20.22.1.1 : --, 2.16.840.1.113883.10.20.22.1.1 : 2015-08-01, 2.16.840.1.113883.10.20.22.1.2 : 2015-08-01

Document ID: 2.16.840.1.113883.3.1662.10.299.999362 : 697415080

Document Type Code: 2.16.840.1.113883.6.1, 34133-9

Document Language Code: en-US

Document Set ID: --

Document Version Number: --

Primary Encounter

Encounter Information

Registration Date: 08/27/2025

Discharge Date: 08/27/2025

Visit ID: --

Location Information

MedStar NRN Psychiatry at Lafayette Centre

(Work): 1120 20th Street NW Building 1, Washington, DC 20036- , USA

Providers

Type	Name	Address	Phone
Admitting	Schreiber, Lisa Marlene	(Work): 6317 York Rd, Baltimore, MD 21212- , USA	Tel: (443)777-6890 (Work)
Attending	Schreiber, Lisa Marlene	(Work): 6317 York Rd, Baltimore, MD 21212- , USA	Tel: (443)777-6890 (Work)
Referring	Horan, Merlene V.	(Work): 5454 Wisconsin Avenue Suite 1265, Chevy Chase, MD 20815- , USA	Tel: (202)416-2000 (Work)

Encounter

NRH FIN 60073154902 Date(s): 8/27/25 - 8/27/25

MedStar NRN Physiatry at Lafayette Centre 1120 20th Street NW Building 1 Washington, DC 20036- USA (202) 416-2000

Encounter Diagnosis

Migraine with aura (Discharge Diagnosis) - 8/27/25

Annual physical exam (Discharge Diagnosis) - 8/27/25

Insomnia (Discharge Diagnosis) - 8/27/25

Attending Physician: Schreiber, PA-C, Lisa Marlene

Admitting Physician: Schreiber, PA-C, Lisa Marlene

Referring Physician: Horan, MD, Merlene V.

Encounter Type: Clinic

Reason for Visit

JAPANESE EMBASSY

Allergies, Adverse Reactions, Alerts

No Known Medication Allergies

Author: Hernandez, Jocelyn Samantha, MedStar GUH Neurology at Beverly Rd

Last Modified: 07/7/2025 2:20 PM

Substance	Criticality	Severity	Reaction	Reaction Severity	Status
Pollen <i>Author: Eith, Jeremy M, MedStar Medical Group Primary Care at Lafayette Centre</i> <i>Last Modified: 08/27/2025 1:56 PM</i>			eye irritation sneezing throat irritation		Active

Treatment Plan

Future Scheduled Tests

Radiology:

US Breast Complete Bilateral 8/19/25

Author: Eith, Jeremy M, MedStar Health

Last Modified: 08/19/2025 8:04 PM

US Transvaginal 8/19/25

Author: Eith, Jeremy M, MedStar Health

Last Modified: 08/19/2025 8:04 PM

Immunizations

No data available for this section

Medications

<p>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</p> <p>Status: Ordered</p> <p>Start Date: 11/8/24</p> <p>1 Tablet(s) By Mouth every day. start first tablet today. Refills: 4.</p> <p>Ordering provider: Buek, MD, John David</p> <p><i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i></p> <p><i>Last Modified: 11/8/2024 2:18 PM</i></p>	<p>CVS/pharmacy #5674</p> <p>3700 Newark St NW Washington, DC 200163036</p>
<p>ethinyl estradiol-norethindrone (Junel Fe 1 mg-20 mcg oral tablet)</p> <p>Status: Ordered</p> <p>Start Date: 10/9/25</p> <p>1 Tablet(s) By Mouth every day. Refills: 3.</p> <p>Ordering provider: Quiett, MD, Valencia M.</p> <p><i>Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre</i></p> <p><i>Last Modified: 10/9/2025 7:19 PM</i></p>	<p>CVS/pharmacy #1347</p> <p>6 Dupont Cir NW Washington, DC 200361108</p>
<p>naproxen (naproxen sodium 550 mg oral tablet)</p> <p>Status: Ordered</p> <p>Start Date: 8/27/25</p> <p>1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage.</p> <p>Refills: 1.</p> <p>Ordering provider: Schreiber, PA-C, Lisa Marlene</p> <p><i>Author: Schreiber, Lisa Marlene, MedStar NRN Psychiatry at Lafayette Centre</i></p> <p><i>Last Modified: 08/27/2025 2:27 PM</i></p>	<p>CVS/pharmacy #1347</p> <p>6 Dupont Cir NW Washington, DC 200361108</p>
<p>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</p> <p>Status: Completed</p> <p>Start Date: 8/22/24</p> <p>Stop Date: 11/8/24</p> <p>1 Tablet(s) By Mouth every day. Refills: 4.</p> <p>Ordering provider: Buek, MD, John David</p> <p><i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i></p> <p><i>Last Modified: 11/8/2024 2:18 PM</i></p>	<p>CVS/pharmacy #5674</p> <p>3700 Newark St NW Washington, DC 200163036</p>
<p>mupirocin topical (mupirocin 2% topical ointment)</p> <p>Status: Completed</p> <p>Start Date: 6/7/24</p> <p>Stop Date: 6/17/24</p> <p>1 Application Topical 2 times a day for 10 Day(s). Refills: 0.</p> <p>Ordering provider: Russo, MD, Mark E.</p> <p><i>Author: MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i></p> <p><i>Last Modified: 06/17/2024 3:46 PM</i></p>	<p>CVS/pharmacy #5674</p> <p>3700 Newark St NW Washington, DC 200163036</p>
<p>naproxen (naproxen sodium 550 mg oral tablet)</p> <p>Status: Discontinued</p> <p>Start Date: 7/7/25</p> <p>Stop Date: 8/27/25</p> <p>1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage.</p> <p>Refills: 1.</p> <p>Ordering provider: Schreiber, PA-C, Lisa Marlene</p> <p><i>Author: Schreiber, Lisa Marlene, MedStar GUH Neurology at Beverly Rd</i></p> <p><i>Last Modified: 08/27/2025 2:27 PM</i></p>	<p>CVS/pharmacy #1347</p> <p>6 Dupont Cir NW Washington, DC 200361108</p>

acetaminophen (Tylenol)

Status: Voided

Start Date: 6/7/24

Stop Date: 7/7/25

By Mouth.

*Author: Hernandez, Jocelyn Samantha, MedStar Medical Group Ear Nose and Throat at Lafayette MACC**Last Modified: 07/7/2025 1:22 PM***Problem List**

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Migraine with aura <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 1:56 PM</i>	Confirmed			Active <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 1:56 PM</i>		
Prolonged aura migraine <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:03 PM</i>	Confirmed			Active <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:03 PM</i>		
Numbness <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:02 PM</i>	Confirmed			Active <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:02 PM</i>		

Procedures

No data available for this section

Results

No data available for this section

Vital Signs

No data available for this section

Social History

Social History Type	Response
Tobacco/Nicotine	Use: Past. <i>Author: Brown, Marquita Chauntice</i> <i>Last Modified: 05/27/2024 12:36 PM</i>
Birth Sex <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female

Social History Type	Response
Sex Representation	Female (finding)
<i>Author: MedStar Health</i>	
<i>Last Modified: 11/5/2025 3:53 PM</i>	

Goals

No data available for this section

Hospital Discharge Instructions

No data available for this section

Reason for Referral

No data available for this section

Health Concerns

No data available for this section

Implantable Device List

No data available for this section

History and physical note

Schreiber, PA-C, Lisa Marlene: PERFORM

Event Display: History and Physical

Authored Date: 20250827113344-0400

History of Present Illness

30 year old female here today for annual physical exam through the Japanese Embassy. Last Physical exam and pap done one year ago. Current health concerns include:

headaches that occur approximately once a week. Patient did see Dr. Tinsley and was prescribed Naprosyn for headaches. Brain MRI from 07/2025 was normal. She did not pick up the medication. She has not started tracking her headaches.

Patient is also having difficulty falling asleep. this has been a lifelong problem for her. She does take Melatonin at bedtime, which helps her sleep. she does admit to high stress level.

Patient is scheduled for the following studies today: Pap, breast US, transvaginal US

PMHx: headache disorder

SurgHx: negative

GynHx: G0P0, menses regular

Medications: none, stopped OCPs one month ago as advised by Neurology

nonsmoker

alcohol: none

Exercise: none

FamHx: negative

Eye exam - UTD

dental exam - UTD

Review of Systems

General- Fever No, Chills No, Fatigue No

Eyes- Eye discharge No, Vision change No

ENT- Congestion No, Sore throat No, Earache No

CV- Chest pain No, Palpitations No, Fainting No, Dyspnea On Exertion No

Resp- Denies cough No, Difficulty breathing No, Wheezing No

GI- Abdominal pain No, Diarrhea No, Nausea No, Vomiting No

GU- Urinary complaints No

MS- Back pain No, Neck pain No, Joint pain No, Muscle pain No

Derm- Rash No, Itching No

Neuro- Headache Yes, Dizziness No, Numbness No, Weakness No

Psych - + trouble with falling asleep. + high stress level. no anxiety, no depression

Past medical, family, and social histories reviewed and no pertinent or significant findings observed related to current problem other than those noted in HPI. Current medication and allergy lists also reviewed.

All available Intake and Emergency Screening documentation reviewed.

Assessment/Plan

Annual physical exam| (Z00.00)

discussed healthy guidelines. advise regular exercise, SBE, annual physical exam, annual dental exam.

Insomnia| (G47.00)

limit caffeine, discussed sleep trackers, sleep apps. Patient will continue Melatonin. Follow up for any worsening symptoms

Migraine with aura| (G43.109)

Patient encouraged to keep a sleep diary. she is advised to follow up with Dr. Tinsley as scheduled.

Advise seek medical attention sooner for any worsening symptoms.

Ordered:

naproxen(naproxen sodium 550 mg oral tablet)

Problem List/Past Medical History

Ongoing

Migraine with aura

Numbness

Prolonged aura migraine

Medications

Home

naproxen(naproxen sodium 550 mg oral tablet), 550 mg= 1 tab, PO, 2x/day, PRN, 1 refills, can take with caffeinated beverage

drospirenone-ethynodiol(Yaz 3 mg-0.02 mg oral tablet), 1 tab, PO, Daily, 4 refills, start first tablet today

Allergies

No Known Medication Allergies

Pollen eye irritation, sneezing, throat irritation
Social History
Smoking Status
Never Used
Alcohol
Alcohol Use:Denies
Exercise
Frequency:None
Substance Use
Use:Denies
Tobacco/Nicotine
Use:Past
Family History
No Data Found

Electronically signed by:

Schreiber, PA-C, Lisa Marlene on: 08.27.2025 11:37 EDT

Electronically signed by:

Delasobera, MD, Bronson E. on: 08.27.2025 11:55 EDT

Author: Schreiber, Lisa Marlene, MedStar NRN Psychiatry at Lafayette Centre

Last Modified: 08/27/2025 3:37 PM

Patient Care team information

Care Team Personnel

Name: Garcia, Gladys

Position: Ambulatory: Clinic Staff Co-sign Preg

Member Role: Diabetic Educator (Lifetime)

Author: Garcia, Gladys, MedStar Health

Last Modified: 11/5/2025 4:01 PM

Care Team Related Persons

Name: LEE, JONG HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN HYUN

Author: MedStar Health

Last Modified: 05/2/2025 10:48 AM

Name: LEE, JONG HYUN HYUN HYUN HYUN

Author: MedStar Health

Family History

No data available for this section

Insurance Providers

Guarantor name: NA

Health Plan Information #: 1

Payer: AETNA OPEN

Payer Identifier: NA

Member Number: 904150909

Group Number: NA

Subscriber Identifier: NA

Relationship to Subscriber: self

Coverage Type: HMO

Coverage Verification Date: NA

Telecom: NA

Address: NA