



MedStar Health

MedStar Health Urgent Care at Chevy Chase

5454 Wisconsin Ave
STE 401
Chevy Chase, MD 20815-
(855) 910-3278

Patient: **LEE, JONG HYUN HYUN HYUN**

MRN: MPP-000007754126

FIN: MPP-60005560184

DOB/Age/Sex: 6/1/1993 32 years

Male

Date of Service: 5/24/2024

Attending Provider: Agudos,CRNP,Ginikachukwu M.

Patient Viewable Documents

DOCUMENT NAME:

Ambulatory Clinical Summary

PERFORM INFORMATION:

Agudos,CRNP,Ginikachukwu M.(5/24/2024 15:25 EDT)

RESULT STATUS:

Auth (Verified)

SERVICE DATE/TIME:

5/24/2024 15:24 EDT

SIGN INFORMATION:

Agudos,CRNP,Ginikachukwu M.(5/24/2024 15:25 EDT)

LEE, JONG HYUN

DOB: 06/01/1993

FIN: MPP-60005560184

Visit Date: 05/24/2024

Ambulatory Visit Summary

Thank you for allowing us to assist with your healthcare needs. The following includes patient education materials and information regarding your visit. You may receive requests to complete a brief survey and separately an online review about your experience with us today. Please take a moment and share your feedback.

Your Next Steps

Instructions From Your Provider

Thanks for choosing us. It was a pleasure seeing you today!

We are sending you to the emergency room to rule out and manage potentially more serious problems. Due to your history and symptoms, and our findings on exam this makes the most sense. The ER can do far more for you than we can. Please follow-up with your primary care provider once you are released as recommended.

Urgent Care appointments never replace routine physicals and check-ups with your doctors (Primary Care, Gynecology, etc). Please schedule these and any follow-up recommended from your visit. If you have had blood work or a specimen collected during this **MedStar Health Urgent Care** visit and it

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is to be sent out for off site testing, you will only receive a call regarding your results if your results are abnormal or if additional testing or treatment is needed.

If you had x-ray studies today, please discuss these x-ray results with your primary care medical provider. There may be incidental findings requiring review and potential follow-up tests.

Your Summary

Your Visit Was For

Peritonsillar abscess

Test Results

Bill For AMB POC Rapid Streptococcus A PCR 87651 (05/24/2024)

- POC Rapid Strep A Screen PCR - Negative

Vital Signs

05/24/2024 13:13

Temperature: Oral - 37 °C (98.6 °F);

Pulse: 98

Respiratory Rate: 16

Blood Pressure: 120/75

Oxygen Level: 100%

Height: 167 cm (5 ft 6 in)

Weight: 65 kg (143 lbs 5 oz)

Body Mass Index (BMI): 23.31 kg/m²

Allergies

No Known Medication Allergies

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Education Materials and Medication Leaflets

Peritonsillar Abscess



A peritonsillar abscess is a collection of pus in the back of the throat, behind the tonsils. It usually occurs when an infection of the throat or tonsils (tonsillitis) spreads into the tissues around the tonsils.

What are the causes?

The infection that leads to a peritonsillar abscess is usually caused by streptococcal bacteria.

What increases the risk?

You are more likely to develop this condition if:

- You have recently been diagnosed with an infection in your mouth or throat.
- You smoke.
- You have gum disease or gingivitis (periodontal disease).

What are the signs or symptoms?

Early symptoms of this condition include:

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- Fever and chills.
- A sore throat, often with pain on just one side.
- Swollen, tender glands (lymph nodes) in the neck.
- Headache.

As the infection gets worse, symptoms may include:

- Difficulty swallowing.
- Drooling because of difficulty swallowing saliva.
- Difficulty opening your mouth.
- Bad breath.
- Changes in how the voice sounds.

How is this diagnosed?

This condition may be diagnosed based on:

- Your symptoms and medical history.
- A physical exam.
- Imaging tests, such as ultrasound or CT scan.
- Testing a pus sample from the abscess. Your health care provider may collect a pus sample by swabbing the back of your throat or by removing some pus with a syringe and needle (needle aspiration).

How is this treated?

Treatment usually involves draining the pus from the abscess. This may be done through needle aspiration or by making an incision in the abscess and draining the fluid. You will also likely need to take antibiotic medicine.

Follow these instructions at home:

Medicines

- Take over-the-counter and prescription medicines only as told by your health care provider.
- If you were prescribed an antibiotic, take it as told by your health care provider. **Do not** stop taking the antibiotic even if you start to feel better.

Eating and drinking

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- Drink enough fluid to keep your urine pale yellow.
- While your throat is sore, try only drinking liquids or eating only soft-textured foods such as yogurt and ice cream.

Activity

- Rest as told by your health care provider.
- Return to your normal activities as told by your health care provider. Ask your health care provider what activities are safe for you.

General Instructions

- If your abscess was drained, gargle with a mixture of salt and water 3–4 times a day or as needed.
 - 46 To make salt water, completely dissolve ½–1 tsp (3–6 g) of salt in 1 cup (237 mL) of warm water.
 - 46 **Do not** swallow this mixture.
- **Do not** use any products that contain nicotine or tobacco. These products include cigarettes, chewing tobacco, and vaping devices, such as e-cigarettes. If you need help quitting, ask your health care provider.
- Keep all follow-up visits. This is important.

Contact a health care provider if:

- You have more pain, swelling, redness, or pus in your throat.
- You have a headache.
- You have a lack of energy (lethargy) or feel generally sick.
- You have a fever or chills.
- You have trouble swallowing or eating.
- You have signs of dehydration, such as:
 - 46 Light-headedness or dizziness when standing.
 - 46 Urinating less than usual.
 - 46 A fast heart rate.

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—46 Dry mouth.

Get help right away if:

- You are unable to swallow.
- You have trouble breathing, or it is easier for you to breathe when you lean forward.
- You cough up blood or vomit blood after treatment.
- You have severe throat pain that does not get better with medicine.

These symptoms may represent a serious problem that is an emergency. Do not wait to see if the symptoms will go away. Get medical help right away. Call your local emergency services (911 in the U.S.). Do not drive yourself to the hospital.

Summary

- A peritonsillar abscess is a collection of pus in the back of the throat. It usually occurs when an infection of the throat or tonsils spreads to surrounding tissues.
- Symptoms include a sore throat, difficulty swallowing, fever, chills, and occasional drooling.
- This condition is treated by draining the abscess and taking antibiotic medicine.
- Call your health care provider if you have trouble swallowing or eating after treatment.
- Get help right away if you vomit blood or cough up blood after treatment.

This information is not intended to replace advice given to you by your health care provider. Make sure you discuss any questions you have with your health care provider.

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myMedStar Patient Portal

**Manage your health care anytime, anywhere with the
myMedStar Patient Portal**

myMedStar is a free, secure and convenient way to manage your health care and communicate with your physician.

With myMedStar you can:

- | Request and view upcoming appointments
- | View most lab, radiology and pathology results as soon as they are available
- | Renew prescriptions

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- | Exchange secure email messages with any of your MedStar Health care providers
- | View summaries of your hospital or office visits
- | And more

How to Enroll:

Self-enrollment

1. Go to myMedstar.org
2. Click **Enroll Now**
3. Follow the instructions to enroll. You will need:

- | First and last name
- | Date of birth
- | Email address or this **PatientID - 51804557**

Email Invitation:

If you provided an email address during registration you should have received an invitation to enroll in the myMedStar patient portal.

- | From within the invitation, click the link to accept the invitation.
- | After successful verification, you will be prompted to create your account. Follow the onscreen instructions to complete the enrollment process.

MedStar Health is dedicated to helping improve your overall health care experience by providing convenient, streamlined resources to help you better manage your health. We now offer the ability for you to securely connect some of the health management apps you may use(i.e. fitness trackers, dietary trackers, etc.) to your health record. Email us at mymedstar@medstar.net if you are interested. Once we receive your request, MedStar Health will work with the appropriate vendors to determine if they meet the technical requirements in order to establish a secure connection.

If you have questions or need assistance creating your account, please contact myMedStar support toll free at 1-877-745-5656, 24 hours a day, 7 days a week.

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Work/School Materials

Work School Materials

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To Whom It May Concern,

JONG LEE was seen at MedStar Health Urgent Care at Chevy Chase on 05/24/2024. Please excuse from work and/or school on 05/24/2024.

If you feel that you need additional days off due to illness, you will need to contact and follow-up with another clinician as noted in your discharge instructions. The Urgent Care staff does NOT determine total disability due to injury.

Electronically signed by:

Agudosi, CRNP, Ginikachukwu M. on: 05.24.2024 15:25 EDT

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