

**Georgetown University Hospital**

3800 Reservoir Road
Washington, DC 20007-

(202) 444-2000

Patient: **YOSHIMOTO, AYAE**

MRN: GUH-000002380268

FIN: GUH-07731765769

DOB/Age/Sex: 10/26/1994 31 years

Female

Date of Service: 5/27/2024

Attending Provider: Glasser,MD,Eric G.

Patient Viewable Documents

DOCUMENT NAME:

ED Patient Summary

PERFORM INFORMATION:

Mirasol-rangel,RN,Melissa S.(5/27/2024 14:53 EDT)

RESULT STATUS:

Modified

SERVICE DATE/TIME:

5/27/2024 14:53 EDT

SIGN INFORMATION:

Mirasol-rangel,RN,Melissa S.(5/27/2024 14:53 EDT); Brown,
LPN,Marquita Chauntice (5/27/2024 14:34 EDT); Chan,MD,
Virginia I.(5/27/2024 14:31 EDT)

ED Patient Summary

MedStar Georgetown University Hospital

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Phone: (202) 444-2000

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Emergency Department

Pending Medications for YOSHIMOTO, AYAE

No pending Medications



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Emergency Department

New Prescription Summary For YOSHIMOTO, AYAE

No prescriptions sent Electronically or Printed this visit.

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Emergency Department

Work/School Note

To whom it may concern:

This certifies that YOSHIMOTO, AYAE was a patient in the MedStar Georgetown University Hospital Emergency Department from 05/27/24 11:28:00 until 05/27/24 14:53:23

NOTE: This note is **only** to show your employer/school that you were seen by a physician and/or physician's assistant in evaluation of an acute illness or injury.

Complete days off are provided only for a severe medical illness. The Emergency Department staff cannot decide whether or not you can work due to an injury. If you were assigned "light duty (partial disability)", the note above describes what type of physical activity is limited. Your work supervisor needs to determine if there is light duty available or make other arrangements for you. If you feel a need for additional days in light duty status, you will need to contact and follow up with another clinician as noted in your discharge instructions.

If you feel that you need additional days off due to illness, you will need to contact and follow up with another clinician as noted in your discharge instructions.

The Emergency Department staff does NOT determine total disability due to injury.

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Emergency Department

Patient Discharge Instructions For YOSHIMOTO, AYAE

Thank you for choosing MedStar Georgetown University Hospital for your health care needs. Our entire staff strives to make your experience in the Emergency Department positive and reassuring. We are committed to providing the very best in safety, quality and service. Within the next few weeks, you may receive a mail, email, or text survey from Press Ganey asking about your experience while you were here. Your feedback helps us identify ways we can better address your needs and continually improve your overall experience. We appreciate you taking the time to participate in the survey and share your feedback about your experience.

If you need assistance finding a physician or scheduling an appointment, please go to georgetownuniversityhospital.org. You may either click the blue "Find a Doctor" box, or click the blue "Request an Appointment" box to fill out a form to request an appointment. Please return to the emergency department if worsening symptoms or pain, trouble breathing, or any other concerns. The following includes patient education materials and information regarding your injury or illness.

Want to say thank you to your nurse? Share your story of compassionate and skillful nursing care. Scan the QR code from your smart phone or email your Daisy nomination to Jasmine.A.Barnes@medstar.net

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Need immediate emotional support or have thoughts of harming yourself? Call or text the National Suicide Crisis lifeline at **988** to connect to a trained professional who can help. Confidential care is available 24/7. Because we all need help sometimes.

Please note, the previous Lifeline phone number (1-800-273-8255) will remain available.

Access your information on line by registering for **MYMEDSTAR**, our patient portal, at www.mymedstar.org.

Patient Information

Name: YOSHIMOTO, AYAE	Arrival Date and Time: 05/27/2024 11:28
Date of Birth: 10/26/1994	Discharge Date and Time: 05/27/2024 14:53
Patient ID: 50804262	

Healthcare Provider Information

Clinician(s):

Chan, MD, Virginia I.

Glasser, MD, Eric G.

Information About Hospital Visit

Diagnoses: **Adverse drug interaction; Redness of right eye**

Follow Up Instructions

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MedStar providers are not participating with Trusted Health Plan (THP) or Amerigroup DC. As of Sunday, October 1, our D.C.-based hospitals and specialist physicians, and MedStar PromptCares Capitol Hill and Adams Morgan Urgent Care, will be participating providers with AmeriHealth. **Please contact DC Healthy Families Customer Service Center, at 202-639-4030, for information on providers participating with your MCO.**
You must call each Provider to make/verify your appointment.

PHYSICIAN/PROVIDER	DETAILS
Return to Emergency Department	Comments: for worsening symptoms
Follow up with primary care provider	

Laboratory or Other Results This Visit (last charted value for your 05/27/2024 visit)

No Laboratory or Other Results This Visit

Allergies and Immunizations

Allergies

aspirin
ibuprofen

Current Medication List as of 05/27/24 14:53:23

MedStar Georgetown University Hospital ED Physicians are providing you with a complete list of medications post discharge. If you have been instructed to stop taking a medication please ensure you also follow up with this information to your Primary Care Provider.

Unless otherwise noted, you will continue to take medications as prescribed prior to the Emergency Room visit. Any specific questions regarding your chronic medications and dosages should be discussed with your Primary Care Provider and Pharmacy.

No changes to medication instructions documented.

Patient and Medication Education

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Patient Viewable Documents

Manage your health care anytime, anywhere with the myMedStar Patient Portal

myMedStar is a free, secure and convenient way to manage your health care and communicate with your physician.

With myMedStar you can:

- | Request and view upcoming appointments
- | View most lab, radiology and pathology results as soon as they are available
- | Renew prescriptions
- | Exchange secure email messages with any of your MedStar Health care providers
- | View summaries of your hospital or office visits
- | And more

How to Enroll:

Self-enrollment

1. Go to myMedstar.org
2. Click **Enroll Now**
3. Follow the instructions to enroll. You will need:

- | First and last name
- | Date of birth
- | Email address or this **PatientID - 50804262**

Email Invitation:

If you provided an email address during registration you should have received an invitation to enroll in the myMedStar patient portal.

- | From within the invitation, click the link to accept the invitation.
- | After successful verification, you will be prompted to create your account. Follow the onscreen instructions to complete the enrollment process.

MedStar Health is dedicated to helping improve your overall health care experience by providing

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Patient Viewable Documents

convenient, streamlined resources to help you better manage your health. We now offer the ability for you to securely connect some of the health management apps you may use(i.e. fitness trackers, dietary trackers, etc.) to your health record. Email us at mymedstar@medstar.net if you are interested. Once we receive your request, MedStar Health will work with the appropriate vendors to determine if they meet the technical requirements in order to establish a secure connection.

If you have questions or need assistance creating your account, please contact myMedStar support toll free at 1-877-745-5656, 24 hours a day, 7 days a week.

You have some rednes to the lower eyelid which resembles a stye. If you notice significant redness, increased swelling, drainage, or vision changes, please return to the ED

Stye

A stye, also known as a hordeolum, is a bump that forms on an eyelid. It may look like a pimple next to the eyelash. A stye can form inside the eyelid (internal stye) or outside the eyelid (external stye). A stye can cause redness, swelling, and pain on the eyelid.

Styes are very common. Anyone can get them at any age. They usually occur in just one eye at a time, but you may have more than one in either eye.

What are the causes?

A stye is caused by an infection. The infection is almost always caused by bacteria called *Staphylococcus aureus*. This is a common type of bacteria that lives on the skin.

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Patient Viewable Documents

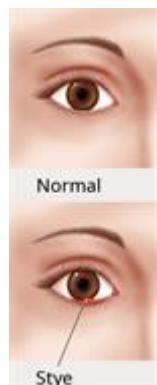
An internal stye may result from an infected oil-producing gland inside the eyelid. An external stye may be caused by an infection at the base of the eyelash (hair follicle).

What increases the risk?

You are more likely to develop a stye if:

- You have had a stye before.
- You have any of these conditions:
 - Red, itchy, inflamed eyelids (blepharitis).
 - A skin condition such as seborrheic dermatitis or rosacea.
 - High fat levels in your blood (lipids).
 - Dry eyes.

What are the signs or symptoms?



The most common symptom of a stye is eyelid pain. Internal styes are more painful than external styes. Other symptoms may include:

- Painful swelling of your eyelid.
- A scratchy feeling in your eye.
- Tearing and redness of your eye.
- A pimple-like bump on the edge of the eyelid.

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Patient Viewable Documents

- Pus draining from the stye.

How is this diagnosed?

Your health care provider may be able to diagnose a stye just by examining your eye. The health care provider may also check to make sure:

- You do not have a fever or other signs of a more serious infection.
- The infection has not spread to other parts of your eye or areas around your eye.

How is this treated?

Most styes will clear up in a few days without treatment or with warm compresses applied to the area. You may need to use antibiotic drops or ointment to treat an infection. Sometimes, steroid drops or ointment are used in addition to antibiotics.

In some cases, your health care provider may give you a small steroid injection in the eyelid.

If your stye does not heal with routine treatment, your health care provider may drain pus from the stye using a thin blade or needle. This may be done if the stye is large, causing a lot of pain, or affecting your vision.

Follow these instructions at home:

- If you were prescribed an antibiotic medicine, steroid medicine, or both, apply or use them as told by your health care provider. **Do not** stop using the medicine even if your condition improves.
- Apply a warm, wet cloth (warm compress) to your eye for 5–10 minutes, 4 to 6 times a day.
- Clean the affected eyelid as directed by your health care provider.
- **Do not** wear contact lenses or eye makeup until your stye has healed and your health care provider says that it is safe.
- **Do not** try to pop or drain the stye.
- **Do not** rub your eye.

Contact a health care provider if:

- You have chills or a fever.

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Female

Patient Viewable Documents

- Your stye does not go away after several days.
- Your stye affects your vision.
- Your eyeball becomes swollen, red, or painful.

Get help right away if:

- You have pain when moving your eye around.

Summary

- A stye is a bump that forms on an eyelid. It may look like a pimple next to the eyelash.
- A stye can form inside the eyelid (internal stye) or outside the eyelid (external stye). A stye can cause redness, swelling, and pain on the eyelid.
- Your health care provider may be able to diagnose a stye just by examining your eye.
- Apply a warm, wet cloth (warm compress) to your eye for 5–10 minutes, 4 to 6 times a day.

This information is not intended to replace advice given to you by your health care provider. Make sure you discuss any questions you have with your health care provider.

Document Revised: 02/23/2022 Document Reviewed: 02/23/2022
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Please do not take ibuprofen as you may have an allergy to the medication.

Drug Allergy

A drug allergy is when your body reacts in a bad way to a medicine. The reaction may be mild or very bad. In some cases, it can be life-threatening.

If you have an allergic reaction, get help right away. You should get help even if the reaction seems mild.

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What are the causes?

This condition is caused by a reaction in your body's defense system. The system sees a medicine as being harmful when it is not.

What are the signs or symptoms?

Symptoms of a mild reaction

- A stuffy nose.
- Tingling in your mouth.
- An itchy, red rash.

Symptoms of a very bad reaction

- Swelling of your eyes, lips, face, tongue, mouth or back of your throat.
- Itchy, red, swollen areas of skin.
- Feeling dizzy or light-headed.
- Feeling mixed up.
- Pain in your belly.
- Trouble with breathing, talking, or swallowing.
- A tight feeling in your chest.
- Fast heartbeat.
- Vomiting or watery poop (diarrhea).

How is this treated?

There is no cure for allergies. An allergic reaction can be treated with:

- Medicines to help your symptoms.
- Medicines that you breathe into your lungs (respiratory inhalers).
- A shot for a very bad allergic reaction (epinephrine).

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For a very bad reaction, you may need to stay in the hospital. Your doctor may teach you how to use an allergy kit and how to give yourself an allergy shot. You can give yourself an allergy shot with what is called an auto-injector "pen."

Follow these instructions at home:

If you have a very bad allergy:



- Always keep an allergy pen or your kit with you. This could save your life. Use it as told by your doctor.
- Make sure that you, the people who live with you, and your employer know how to use your allergy pen or kit.
- If you used your allergy pen or kit:
 - Get more medicine for it right away. This is important in case you have another reaction.
 - Get help right away.
- Wear a medical alert bracelet or necklace that says you have an allergy, if your doctor tells you to do this.

General instructions

- Avoid medicines that you are allergic to.
- Take over-the-counter and prescription medicines only as told by your doctor.
- If you were given allergy medicines, **do not** drive until your health care provider tells you it is safe.
- If you have hives or a rash:
 - Use over-the-counter medicines as told by your doctor.
 - Put cold, wet cloths on your skin.
 - Take baths or showers in cool water. Avoid hot water.

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- It is up to you to get your test results. Ask how to get your results when they are ready.
- Tell all your doctors that you have a medicine allergy.
- Keep all follow-up visits.

Contact a doctor if:

- You think that you are having a mild allergic reaction.
- You have symptoms that last more than 2 days after your reaction.
- You get new symptoms.

Get help right away if:

- You had to use your allergy pen or kit. You must go to the emergency room, even if the medicine seems to be working.
- Your symptoms get worse.
- You have symptoms of a very bad allergic reaction.

These symptoms may be an emergency. Use your allergy pen or kit as you have been told. Get medical help right away. Call your local emergency services (911 in the U.S.).

- **Do not wait to see if the symptoms will go away.**
- **Do not drive yourself to the hospital.**

Summary

- A drug allergy is when your body reacts in a bad way to a medicine.
- Take medicines only as told by your doctor.
- Tell all your doctors that you have a medicine allergy.
- Always keep an allergy pen or kit with you if you have a very bad allergy.

This information is not intended to replace advice given to you by your health care provider. Make sure you discuss any questions you have with your health care provider.

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Document Revised: 05/30/2022 Document Reviewed: 05/30/2022
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End of Discharge Education and Instructions

SOCIAL NEEDS TOOL

The MedStar Health Social Needs Tool is a social services and community resource. The tool provides access for local listings to find programs and assistance for food, shelter, healthcare, work, financial assistance and more.

**Scan the QR code to take you to the site. You may also access the Social Needs Tool from the myMedStar Patient Portal
(<https://www.medstarhealth.org/mymedstar-patient-portal>).**



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Patient Viewable Documents

Patient Visit Summary

Diagnoses: **Adverse drug interaction; Redness of right eye**

I, YOSHIMOTO, AYAE, have received the attached patient education materials/instructions and have verbalized understanding.

Patient/Patient Representative Signature

Date/Time

Relationship to Patient

Nurse Signature

Date/Time

*Hospital has retained last page for medical records

Patient Visit Summary

Diagnoses: **Adverse drug interaction; Redness of right eye**

I, YOSHIMOTO, AYAE, have received the attached patient education materials/instructions and have verbalized understanding.

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Date/Time

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Nurse Signature

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