

Patient: **YOSHIMOTO, AYAE**

MRN: MPP-000007764936

FIN: MPP-60007580073

DOB/Age/Sex: 10/26/1994 31 years

Female

Date of Service: 6/7/2024

Attending Provider: Russo,MD,Mark E.

Patient Viewable Documents

DOCUMENT NAME:	Otolaryngology Office/Clinic Note
PERFORM INFORMATION:	Russo,MD,Mark E.(6/10/2024 15:08 EDT)
RESULT STATUS:	Auth (Verified)
SERVICE DATE/TIME:	6/7/2024 12:00 EDT
SIGN INFORMATION:	Russo,MD,Mark E.(6/10/2024 15:08 EDT)

Chief Complaint

29 year old female present for the insides of her nostril swelling accompanied by pain

History of Present Illness

The patient is a 29-year-old female who presents with left-sided nasal pain, which started around two days ago. The pain was severe enough to extend beyond her nose and cause discomfort while smiling or moving her face. However, she reports improvement this morning. She has been taking oral antibiotics prescribed by another doctor for the past two days.

The patient also mentions experiencing left-sided nasal congestion and difficulty breathing through her left nostril.

Physical ExamVitals & Measurements

06/07/2024 11:24 P: 70 BP: 105/76 SpO2: 100%

HT: 155 cm (5 ft 1 in) WT: 48.25 kg (106 lbs 6 oz) BMI: 20.08 kg/m2

Pain Assessment

Pain Present: No actual or suspected pain (06/07/24 11:24:00)

General: In no acute distress.**Head:** Normocephalic and atraumatic.**Eyes:** EOM intact, clear sclera.**Nose:**

External: No deformity or lesions noted. Pain with manipulation of the left nasal vestibule with mild erythema

Septum: Intact

Mucosa: Mild congestion

Turbinates: Normal morphology.

Pharynx:

Oral Cavity: mucosa moist, tongue mobile.

Oropharynx: Pharynx with visualized postnasal drip, tonsils unremarkable, palate with bilateral rise.

Voice: Clear.

Procedure/Surgical History

No qualifying data available.

Medications

mupirocin topical(mupirocin 2% topical ointment), 1 appl, TOP, 2x/day
acetaminophen(Tylenol), PO

Allergies

aspirin

ibuprofen

Social HistorySmoking Status

Never smoker

Alcohol

Alcohol Use:Denies

Substance Use

Use:Denies

Tobacco/Nicotine

Use:Past

Report Request ID:

825632231

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MedStar Medical Group Ear Nose and Throat at Lafayette MACC

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Neck:

Salivary Glands: Soft and symmetric bilaterally.

Lymph Nodes: no palpable lymphadenopathy.

Thyroid: normal to palpation.

Trachea: No masses or tenderness.

TMJ: Non-tender, no crepitus.

Neurologic: No focal deficits; CN II-XII grossly intact

Skin: Intact without lesions or rashes of neck and face.

Assessment/Plan

1. Nasal vestibulitis (J34.89)

The patient's symptoms, along with the tenderness in the front of her left nostril, suggest a possible localized infection in the hairs at the front of the nose. The oral antibiotics she has been taking seem to be helping with the pain and inflammation. However, a topical antibiotic applied directly inside the nostril may provide faster relief and target the infection more effectively. The patient will be prescribed a topical antibiotic ointment to be applied with a Q-tip twice daily for the next 10 days. If the sinus issue does not improve by Monday, the patient should reach out for further evaluation and a possible extension of the oral antibiotics.

Electronically signed by:

Russo, MD, Mark E. on: 06.10.2024 15:08 EDT

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