

**Georgetown University Hospital**

3800 Reservoir Road
Washington, DC 20007-

(202) 444-2000

Patient: **YOSHIMOTO, AYAE**

MRN: GUH-000002380268

FIN: GUH-07732455709

DOB/Age/Sex: 10/26/1994 31 years

Female

Date of Service: 5/1/2025

Attending Provider: Layman,MD,Kerri L.

Patient Viewable Documents

DOCUMENT NAME:

ED Patient Summary

PERFORM INFORMATION:

Holmes,LPN,Adrienne (5/2/2025 06:49 EDT)

RESULT STATUS:

Modified

SERVICE DATE/TIME:

5/2/2025 06:49 EDT

SIGN INFORMATION:

Holmes,LPN,Adrienne (5/2/2025 06:49 EDT); Burrows,MD,
Eliese Friedel (5/2/2025 06:11 EDT)

ED Patient Summary

MedStar Georgetown University Hospital
3800 Reservoir Road
Washington, DC 20007
Phone: (202) 444-2000
www.georgetownuniversityhospital.org

Emergency Department**Pending Medications for YOSHIMOTO, AYAE**

No pending Medications



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Emergency Department**New Prescription Summary For YOSHIMOTO, AYAE**

No prescriptions sent Electronically or Printed this visit.

Report Request ID:

825625331

Print Date/Time:

11/26/2025 06:21

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EST

Georgetown University Hospital

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Emergency Department

Work/School Note

To whom it may concern:

This certifies that YOSHIMOTO, AYAE was a patient in the MedStar Georgetown University Hospital Emergency Department from 05/01/25 22:13:00 until 05/02/25 06:49:03

NOTE: This note is **only** to show your employer/school that you were seen by a physician and/or physician's assistant in evaluation of an acute illness or injury.

Complete days off are provided only for a severe medical illness. The Emergency Department staff cannot decide whether or not you can work due to an injury. If you were assigned "light duty (partial disability)", the note above describes what type of physical activity is limited. Your work supervisor needs to determine if there is light duty available or make other arrangements for you. If you feel a need for additional days in light duty status, you will need to contact and follow up with another clinician as noted in your discharge instructions.

If you feel that you need additional days off due to illness, you will need to contact and follow up with another clinician as noted in your discharge instructions.

The Emergency Department staff does NOT determine total disability due to injury.

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Emergency Department

Patient Discharge Instructions For YOSHIMOTO, AYAE

Thank you for choosing MedStar Georgetown University Hospital for your health care needs. Our entire staff strives to make your experience in the Emergency Department positive and reassuring. We are committed to providing the very best in safety, quality and service. Within the next few weeks, you may receive a mail, email, or text survey from Press Ganey asking about your experience while you were here. Your feedback helps us identify ways we can better address your needs and continually improve your overall experience. We appreciate you taking the time to participate in the survey and share your feedback about your experience.

Please return to the emergency department if worsening symptoms or pain, trouble breathing, or any other concerns. The following includes patient education materials and information regarding your injury or illness.

Want to say thank you to your nurse? Share your story of compassionate and skillful nursing care. Scan the QR code from your smart phone or email your Daisy nomination to Jasmine.A.Barnes@medstar.net

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Female

Patient Viewable Documents



Need immediate emotional support or have thoughts of harming yourself? Call or text the National Suicide Crisis lifeline at **988** to connect to a trained professional who can help. Confidential care is available 24/7. Because we all need help sometimes.

Please note, the previous Lifeline phone number (1-800-273-8255) will remain available.

Access your information online by registering for **MYMEDSTAR**, our patient portal, at www.mymedstar.org.

Patient Information

| | |
|----------------------------------|--|
| Name: YOSHIMOTO, AYAE | Arrival Date and Time: 05/01/2025 22:13 |
| Date of Birth: 10/26/1994 | Discharge Date and Time: 05/02/2025 06:49 |
| Patient ID: 50804262 | |

Healthcare Provider Information

Clinician(s):

Kane, MD, Cary Anne
Burrows, MD, Eliese Friedel

Information About Hospital Visit

Diagnoses: **Left facial pain**

Follow Up Instructions

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Female

Patient Viewable Documents

Your healthcare provider may have made referrals or appointment instructions for you, which you could be contacted about. If an appointment is not already scheduled or you are not called to schedule, please call to make an appointment as soon as possible.

For help finding providers, office locations and appointment phone numbers, go to <https://www.medstarhealth.org/> and click "Find a Doctor".

You must call each Provider to make/verify your appointment.

| Provider/Specialty | Details |
|--------------------------------------|--|
| Follow up with primary care provider | WHEN: Within 1 week |
| MGUH ENT Clinic | WHEN: Within 1 week only if needed Address: 3800 Reservoir Rd, NW 1st Floor- Gorman Washington DC 20007 (202)444-8186(Ph) |

A follow-up time may be suggested, but the exact date will depend on what appointments are available when you call to schedule.

Laboratory or Other Results This Visit (last charted value for your 05/01/2025 visit)

No Laboratory or Other Results This Visit

Upcoming Appointments

Future Appointments

No Future Appointments Scheduled

Allergies and Immunizations

Allergies

aspirin
ibuprofen

Current Medication List as of 05/02/25 06:49:03

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Female

Patient Viewable Documents

MedStar Georgetown University Hospital ED Physicians are providing you with a complete list of medications post discharge. If you have been instructed to stop taking a medication please ensure you also follow up with this information to your Primary Care Provider.

Unless otherwise noted, you will continue to take medications as prescribed prior to the Emergency Room visit. Any specific questions regarding your chronic medications and dosages should be discussed with your Primary Care Provider and Pharmacy.

acetaminophen (Tylenol)

Directions: Use as previously directed by your prescribing physician

Comments: _____

drospirenone-ethynodiol (Yaz 3 mg-0.02 mg oral tablet)

Directions: 1 tablet by mouth every day

Special Instructions: start first tablet today

Comments: _____

Physician(s) who completed Medication

Reconciliation

Burrows, MD, Eliese Friedel (05/02/2025 06:05)

Patient and Medication Education

You were seen for facial burning. Your exam was reassuring. May be related to inflammation of a nerve in the setting of a viral illness. Can take tylenol or motrin as needed for pain. Followup with your primary care doctor or ENT as needed.

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Female

Patient Viewable Documents

Return to ED for persistent/worsening pain, hearing loss, facial rash or for any other concerning symptoms.

Paresthesia

Paresthesia is a burning or prickling feeling. This feeling can happen in any part of the body. It often happens in the hands, arms, legs, or feet. Usually, it is not painful. In most cases, the feeling goes away in a short time and is not a sign of a serious problem. If you have paresthesia that lasts a long time, you need to see your doctor.

Follow these instructions at home:

Nutrition



Eat a healthy diet. This includes:

- Eating foods that are high in fiber. These include beans, whole grains, and fresh fruits and vegetables.

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Patient Viewable Documents

- Limiting foods that are high in fat and sugar. These include fried or sweet foods.

Alcohol use



- **Do not** drink alcohol if:
 - ~~4~~Your doctor tells you not to drink.
 - ~~4~~You are pregnant, may be pregnant, or are planning to become pregnant.
- If you drink alcohol:
 - ~~4~~Limit how much you have to:
 - ~~5~~2–1 drink a day for women.
 - ~~5~~2–2 drinks a day for men.
 - ~~4~~Know how much alcohol is in your drink. In the U.S., one drink equals one 12 oz bottle of beer (355 mL), one 5 oz glass of wine (148 mL), or one 1½ oz glass of hard liquor (44 mL).

General instructions

- Take over-the-counter and prescription medicines only as told by your doctor.
- **Do not** smoke or use any products that contain nicotine or tobacco. If you need help quitting, ask your doctor.
- If you have diabetes, work with your doctor to make sure your blood sugar stays in a healthy range.
- If your feet feel numb:
 - ~~4~~Check for redness, warmth, and swelling every day.
 - ~~4~~Wear padded socks and comfortable shoes. These help protect your feet.
- Keep all follow-up visits.

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Patient Viewable Documents

Contact a doctor if:

- You have paresthesia that gets worse or does not go away.
- You lose feeling (have numbness) after an injury.
- Your burning or prickling feeling gets worse when you walk.
- You have pain or cramps.
- You feel dizzy or you faint.
- You have a rash.

Get help right away if:

- You feel weak or have new weakness in an arm or leg.
- You have trouble walking or moving.
- You have problems speaking, understanding, or seeing.
- You feel confused.
- You cannot control when you pee (urinate) or poop (have a bowel movement).

These symptoms may be an emergency. Get help right away. Call 911.

- **Do not wait to see if the symptoms will go away.**
- **Do not drive yourself to the hospital.**

Summary

- Paresthesia is a burning or prickling feeling. It often happens in the hands, arms, legs, or feet.
- In most cases, the feeling goes away in a short time and is not a sign of a serious problem.
- If you have paresthesia that lasts a long time, you need to be seen by your doctor.

This information is not intended to replace advice given to you by your health care provider. Make sure you discuss any questions you have with your health care provider.

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End of Discharge Education and Instructions

SOCIAL NEEDS TOOL

The MedStar Health Social Needs Tool is a social services and community resource. The tool provides access for local listings to find programs and assistance for food, shelter, healthcare, work, financial assistance and more.

**Scan the QR code to take you to the site. You may also access the Social Needs Tool from the myMedStar Patient Portal
(<https://www.medstarhealth.org/mymedstar-patient-portal>).**



Patient Visit Summary

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Patient Viewable Documents

Diagnoses: **Left facial pain**

I, YOSHIMOTO, AYAE, have received the attached patient education materials/instructions and have verbalized understanding.
I have received instructions about my medications and know when and how to take them after discharge.

Patient/Patient Representative Signature

Date/Time

Relationship to Patient

Nurse Signature

Date/Time

PLACE ON PAPER CHART

Patient Visit Summary

Diagnoses: **Left facial pain**

I, YOSHIMOTO, AYAE, have received the attached patient education materials/instructions and have verbalized understanding.
I have received instructions about my medications and know when and how to take them after discharge.

Patient/Patient Representative Signature

Date/Time

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Relationship to Patient

Nurse Signature

Date/Time

PLACE ON PAPER CHART



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