

**YOSHIMOTO, AYAE** Admin Sex: **Female** DOB: **10/26/1994**

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### Continuity of Care Document

Summarization of Episode Note | 08/27/2025 to 08/27/2025

Source: MedStar NRN Physiatry at Lafayette Centre

Created: 11/26/2025

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### Demographics

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Contact Information:

2520 MASSACHUSETTS AVE NW, WASHINGTON, DC 20008, USA

Tel: (415)605-9076 (Primary Home)

Email: AYEYSMT@GMAIL.COM

Previous Address(es):

--

Marital Status: Single

Religion: None

Race: --

**Previous Name(s):** --

Date of Death: //

Ethnic Group: Not Hispanic or Latino

Language: dn

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:C2A9AAAD-29F4-4D5D-87B0-388C13A9B433-CH:PRINCIPAL:E5115E52-1B16-4E62-A837-A0B64197AE24, 50804262

### Care Team

No Data to Display

### Relationships

No Data to Display

### Document Details

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#### Source Contact Info

1120 20th Street NWBuilding 1, Washington, DC 20036- , USA

Tel: (202)416-2000

#### Author Contact Info

11/26/2025 5:57 AM

MedStar NRN Physiatry at Lafayette Centre

#### Recipient Contact Info

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### Healthcare Professionals

No Data to Display

### IDs & Code Type Data

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Document Language Code: en-US

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## Primary Encounter

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### Encounter Information

Registration Date: 08/27/2025

Discharge Date: 08/27/2025

Visit ID: --

### Location Information

MedStar NRN Psychiatry at Lafayette Centre

(Work): 1120 20th Street NWBuilding 1, Washington, DC 20036- , USA

### Providers

| Type      | Name                       | Address   | Phone                     |
|-----------|----------------------------|---|---------------------------|
| Admitting | Schreiber,<br>Lisa Marlene | (Work): 6317 York Rd, Baltimore, MD 21212- , USA                      | Tel: (443)777-6890 (Work) |
| Attending | Schreiber,<br>Lisa Marlene | (Work): 6317 York Rd, Baltimore, MD 21212- , USA                      | Tel: (443)777-6890 (Work) |
| Referring | Horan, Merlene V.          | (Work): 5454 Wisconsin AvenueSuite 1265, Chevy Chase, MD 20815- , USA | Tel: (202)416-2000 (Work) |

## Encounter

**NRH FIN 60073154902 Date(s): 8/27/25 - 8/27/25**

MedStar NRN Physiatry at Lafayette Centre 1120 20th Street NW Building 1 Washington, DC 20036- USA (202) 416-2000

### Encounter Diagnosis

Migraine with aura (Discharge Diagnosis) - 8/27/25

Annual physical exam (Discharge Diagnosis) - 8/27/25

Insomnia (Discharge Diagnosis) - 8/27/25

Attending Physician: Schreiber, PA-C, Lisa Marlene

Admitting Physician: Schreiber, PA-C, Lisa Marlene

Referring Physician: Horan, MD, Merlene V.

**Encounter Type: Clinic**

## Reason for Visit

JAPANESE EMBASSY

## Allergies, Adverse Reactions, Alerts

No Known Medication Allergies

*Author: Hernandez, Jocelyn Samantha, MedStar GUH Neurology at Beverly Rd*

*Last Modified: 07/7/2025 2:20 PM*

| Substance   | Criticality | Severity | Reaction  | Reaction Severity | Status |
|---|-------------|----------|---|-------------------|--------|
| Pollen<br><i>Author: Eith, Jeremy M, MedStar Medical Group Primary Care at Lafayette Centre</i><br><i>Last Modified: 08/27/2025 1:56 PM</i> |             |          | eye irritation<br>sneezing<br>throat irritation |                   | Active |

## Treatment Plan

### Future Scheduled Tests

Radiology:

US Breast Complete Bilateral 8/19/25

*Author: Eith, Jeremy M, MedStar Health*

*Last Modified: 08/19/2025 8:04 PM*

US Transvaginal 8/19/25

*Author: Eith, Jeremy M, MedStar Health*

*Last Modified: 08/19/2025 8:04 PM*

## Immunizations

No data available for this section

## Medications

|   |  |
|---|--|
| <b>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</b><br>Status: Ordered<br>Start Date: 11/8/24<br>1 Tablet(s) By Mouth every day. start first tablet today. Refills: 4.<br>Ordering provider: Buek, MD, John David<br><i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i><br>Last Modified: 11/8/2024 2:18 PM   | <b>CVS/pharmacy #5674</b><br>3700 Newark St NW Washington, DC<br>200163036 |
| <b>ethinyl estradiol-norethindrone (Junel Fe 1 mg-20 mcg oral tablet)</b><br>Status: Ordered<br>Start Date: 10/9/25<br>1 Tablet(s) By Mouth every day. Refills: 3.<br>Ordering provider: Quiett, MD, Valencia M.<br><i>Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre</i><br>Last Modified: 10/9/2025 7:19 PM  | <b>CVS/pharmacy #1347</b><br>6 Dupont Cir NW Washington, DC<br>200361108   |
| <b>naproxen (naproxen sodium 550 mg oral tablet)</b><br>Status: Ordered<br>Start Date: 8/27/25<br>1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage.<br>Refills: 1.<br>Ordering provider: Schreiber, PA-C, Lisa Marlene<br><i>Author: Schreiber, Lisa Marlene, MedStar NRN Physiatry at Lafayette Centre</i><br>Last Modified: 08/27/2025 2:27 PM                     | <b>CVS/pharmacy #1347</b><br>6 Dupont Cir NW Washington, DC<br>200361108   |
| <b>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</b><br>Status: Completed<br>Start Date: 8/22/24<br>Stop Date: 11/8/24<br>1 Tablet(s) By Mouth every day. Refills: 4.<br>Ordering provider: Buek, MD, John David<br><i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i><br>Last Modified: 11/8/2024 2:18 PM   | <b>CVS/pharmacy #5674</b><br>3700 Newark St NW Washington, DC<br>200163036 |
| <b>mupirocin topical (mupirocin 2% topical ointment)</b><br>Status: Completed<br>Start Date: 6/7/24<br>Stop Date: 6/17/24<br>1 Application Topical 2 times a day for 10 Day(s). Refills: 0.<br>Ordering provider: Russo, MD, Mark E.<br><i>Author: MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i><br>Last Modified: 06/17/2024 3:46 PM   | <b>CVS/pharmacy #5674</b><br>3700 Newark St NW Washington, DC<br>200163036 |
| <b>naproxen (naproxen sodium 550 mg oral tablet)</b><br>Status: Discontinued<br>Start Date: 7/7/25<br>Stop Date: 8/27/25<br>1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage.<br>Refills: 1.<br>Ordering provider: Schreiber, PA-C, Lisa Marlene<br><i>Author: Schreiber, Lisa Marlene, MedStar GUH Neurology at Beverly Rd</i><br>Last Modified: 08/27/2025 2:27 PM | <b>CVS/pharmacy #1347</b><br>6 Dupont Cir NW Washington, DC<br>200361108   |

|  |  |
|--|--|
| <b>acetaminophen (Tylenol)</b><br>Status: Voided<br>Start Date: 6/7/24<br>Stop Date: 7/7/25<br>By Mouth.<br>Author: Hernandez, Jocelyn Samantha, MedStar Medical Group Ear Nose and Throat at Lafayette MACC<br>Last Modified: 07/7/2025 1:22 PM |  |
|--|--|

Problem List

| Condition   | Confirmation | Course | Effective Dates | Status   | Health Status | Informant |
|---|--------------|--------|-----------------|--|---------------|-----------|
| Migraine with aura<br>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd<br>Last Modified: 07/7/2025 1:56 PM      | Confirmed    |        |                 | Active<br>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd<br>Last Modified: 07/7/2025 1:56 PM |               |           |
| Prolonged aura migraine<br>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd<br>Last Modified: 07/7/2025 2:03 PM | Confirmed    |        |                 | Active<br>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd<br>Last Modified: 07/7/2025 2:03 PM |               |           |
| Numbness<br>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd<br>Last Modified: 07/7/2025 2:02 PM                | Confirmed    |        |                 | Active<br>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd<br>Last Modified: 07/7/2025 2:02 PM |               |           |

Procedures

No data available for this section

Results

No data available for this section

Vital Signs

No data available for this section

Social History

| Social History Type   | Response  |
|---|---|
| Tobacco/Nicotine  | Use: Past.<br>Author: Brown, Marquita Chauntice<br>Last Modified: 05/27/2024 12:36 PM |
| Birth Sex<br>Author: MedStar Health<br>Last Modified: 11/5/2025 3:53 PM | Female  |

| Social History Type  | Response         |
|--|------------------|
| Sex Representation<br><i>Author: MedStar Health</i><br><i>Last Modified: 11/5/2025 3:53 PM</i> | Female (finding) |

Goals

No data available for this section

Hospital Discharge Instructions

No data available for this section

Reason for Referral

No data available for this section

Health Concerns

No data available for this section

Implantable Device List

No data available for this section

History and physical note

Schreiber, PA-C, Lisa Marlene: PERFORM  
Event Display: History and Physical  
Authored Date: 20250827113344-0400

History of Present Illness

30 year old female here today for annual physical exam through the Japanese Embassy. Last Physical exam and pap done one year ago. Current health concerns include:

headaches that occur approximately once a week. Patient did see Dr. Tinsley and was prescribed Naprosyn for headaches. Brain MRI from 07/2025 was normal. She did not pick up the medication. She has not started tracking her headaches.

Patient is also having difficulty falling asleep. this has been a lifelong problem for her. She does take Melatonin at bedtime, which helps her sleep. she does admit to high stress level.

Patient is scheduled for the following studies today: Pap, breast US, transvaginal US

PMHx: headache disorder  
SurgHx: negative  
GynHx: GOP0, menses regular  
Medications: none, stopped OCPs one month ago as advised by Neurology  
nonsmoker  
alcohol: none  
Exercise: none  
FamHx: negative  
Eye exam - UTD

dental exam - UTD

#### Review of Systems

General- Fever No, Chills No, Fatigue No

Eyes- Eye discharge No, Vision change No

ENT- Congestion No, Sore throat No, Earache No

CV- Chest pain No, Palpitations No, Fainting No, Dyspnea On Exertion No

Resp- Denies cough No, Difficulty breathing No, Wheezing No

GI- Abdominal pain No, Diarrhea No, Nausea No, Vomiting No

GU- Urinary complaints No

MS- Back pain No, Neck pain No, Joint pain No, Muscle pain No

Derm- Rash No, Itching No

Neuro- Headache Yes, Dizziness No, Numbness No, Weakness No

Psych - + trouble with falling asleep. + high stress level. no anxiety, no depression

Past medical, family, and social histories reviewed and no pertinent or significant findings observed related to current problem other than those noted in HPI. Current medication and allergy lists also reviewed.

All available Intake and Emergency Screening documentation reviewed.

#### Assessment/Plan

Annual physical exam| (Z00.00)

discussed healthy guidelines. advise regular exercise, SBE, annual physical exam, annual dental exam.

Insomnia| (G47.00)

limit caffeine, discussed sleep trackers, sleep apps. Patient will continue Melatonin. Follow up for any worsening symptoms

Migraine with aura| (G43.109)

Patient encouraged to keep a sleep diary. she is advised to follow up with Dr. Tinsley as scheduled.

Advise seek medical attention sooner for any worsening symptoms.

Ordered:

naproxen(naproxen sodium 550 mg oral tablet)

#### Problem List/Past Medical History

Ongoing

Migraine with aura

Numbness

Prolonged aura migraine

Medications

Home

naproxen(naproxen sodium 550 mg oral tablet), 550 mg= 1 tab, PO, 2x/day, PRN, 1 refills, can take with caffeinated beverage

drospirenone-ethinyl estradiol(Yaz 3 mg-0.02 mg oral tablet), 1 tab, PO, Daily, 4 refills, start first tablet today

Allergies

No Known Medication Allergies

Pollen eye irritation, sneezing, throat irritation  
Social History  
Smoking Status  
Never Used  
Alcohol  
Alcohol Use:Denies  
Exercise  
Frequency:None  
Substance Use  
Use:Denies  
Tobacco/Nicotine  
Use:Past  
Family History  
No Data Found

Electronically signed by:

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Schreiber, PA-C, Lisa Marlene on: 08.27.2025 11:37 EDT

Electronically signed by:

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Delasobera, MD, Bronson E. on: 08.27.2025 11:55 EDT

*Author: Schreiber, Lisa Marlene, MedStar NRN Psychiatry at Lafayette Centre*  
*Last Modified: 08/27/2025 3:37 PM*

#### **Patient Care team information**

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##### **Care Team Personnel**

Name: Garcia, Gladys  
Position: Ambulatory: Clinic Staff Co-sign Preg  
Member Role: Diabetic Educator (Lifetime)

*Author: Garcia, Gladys, MedStar Health*  
*Last Modified: 11/5/2025 4:01 PM*

##### **Care Team Related Persons**

Name: LEE, JONG HYUN  
*Author: MedStar Health*  
*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN  
*Author: MedStar Health*  
*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN HYUN  
*Author: MedStar Health*  
*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN HYUN HYUN  
*Author: MedStar Health*



## Family History

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No data available for this section

## Insurance Providers

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Guarantor name: NA

Health Plan Information #: 1

Payer: AETNA OPEN

Payer Identifier: NA

Member Number: 904150909

Group Number: NA

Subscriber Identifier: NA

Relationship to Subscriber: self

Coverage Type: HMO

Coverage Verification Date: NA

Telecom: NA

Address: NA