

Continuity of Care Document

Summarization of Episode Note | 06/7/2024 to 06/7/2024  
Source: MedStar Medical Group Ear Nose and Throat at Lafayette MACC  
Created: 11/26/2025

Demographics

Contact Information:  
2520 MASSACHUSETTS AVE NW, WASHINGTON, DC 20008, USA  
Tel: (415)605-9076 (Primary Home)  
Email: AYEYSMT@GMAIL.COM  
Previous Address(es):  
--  
Marital Status: Single  
Religion: None  
Race: --  
Previous Name(s): --  
Date of Death: //  
Ethnic Group: Not Hispanic or Latino  
Language: dn  
ID: URN:CERNER:IDENTITY-FEDERATION:REALM:C2A9AAAD-29F4-4D5D-87B0-388C13A9B433-CH:PRINCIPAL:E5115E52-1B16-4E62-A837-A0B64197AE24, 50804262

Care Team

No Data to Display

Relationships

No Data to Display

Document Details

Source Contact Info

1133 21st Street NWSuite 501, Washington, DC 20036- , USA  
Tel: (202)416-2000

Author Contact Info

11/26/2025 6:00 AM  
MedStar Medical Group Ear Nose and Throat at Lafayette MACC

Recipient Contact Info

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Healthcare Professionals

No Data to Display

IDs & Code Type Data

Document Type ID: 2.16.840.1.113883.1.3 : POCD\_HD000040  
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Document Language Code: en-US  
Document Set ID: --  
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Primary Encounter

Encounter Information

Registration Date: 06/7/2024

Discharge Date: 06/7/2024

Visit ID: --

Location Information

MedStar Medical Group Ear Nose and Throat at Lafayette MACC

(Work): 1133 21st Street NWSuite 501, Washington, DC 20036- , USA

Providers

Type	Name	Address	Phone
Admitting	Russo, Mark E.	(Work): 1133 21st NW Bldg 25th Floor, Washington, DC 20036- , USA	Tel: (202)416-2000 (Work)
Attending	Russo, Mark E.	(Work): 1133 21st NW Bldg 25th Floor, Washington, DC 20036- , USA	Tel: (202)416-2000 (Work)
Referring	SELF-REFERRED,	--	--

## Encounter

**MPP FIN 60007580073 Date(s): 6/7/24 - 6/7/24**

MedStar Medical Group Ear Nose and Throat at Lafayette MACC 1133 21st Street NW Suite 501 Washington, DC 20036- USA (202)416-2000

### Encounter Diagnosis

Nasal vestibulitis (Discharge Diagnosis) - 6/10/24

Attending Physician: Russo, MD, Mark E.

Admitting Physician: Russo, MD, Mark E.

Referring Physician: 0000888883 -SELF-REFERRED,

**Encounter Type: Clinic**

### Reason for Visit

VIP - EMBASSY OF JAPAN

### Allergies, Adverse Reactions, Alerts

No Known Medication Allergies

*Author: Hernandez, Jocelyn Samantha, MedStar GUH Neurology at Beverly Rd*

*Last Modified: 07/7/2025 2:20 PM*

Substance	Criticality	Severity	Reaction	Reaction Severity	Status
Pollen <i>Author: Eith, Jeremy M, MedStar Medical Group Primary Care at Lafayette Centre</i> <i>Last Modified: 08/27/2025 1:56 PM</i>			eye irritation sneezing throat irritation		Active

### Treatment Plan

#### Future Scheduled Tests

Radiology:

US Breast Complete Bilateral 8/19/25

*Author: Eith, Jeremy M, MedStar Health*

*Last Modified: 08/19/2025 8:04 PM*

US Transvaginal 8/19/25

*Author: Eith, Jeremy M, MedStar Health*

*Last Modified: 08/19/2025 8:04 PM*

### Immunizations

No data available for this section

### Medications

<b>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</b> Status: Ordered Start Date: 11/8/24 1 Tablet(s) By Mouth every day. start first tablet today. Refills: 4. Ordering provider: Buek, MD, John David <i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i> Last Modified: 11/8/2024 2:18 PM	<b>CVS/pharmacy #5674</b> 3700 Newark St NW Washington, DC 200163036
<b>ethinyl estradiol-norethindrone (Junel Fe 1 mg-20 mcg oral tablet)</b> Status: Ordered Start Date: 10/9/25 1 Tablet(s) By Mouth every day. Refills: 3. Ordering provider: Quiett, MD, Valencia M. <i>Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre</i> Last Modified: 10/9/2025 7:19 PM	<b>CVS/pharmacy #1347</b> 6 Dupont Cir NW Washington, DC 200361108
<b>naproxen (naproxen sodium 550 mg oral tablet)</b> Status: Ordered Start Date: 8/27/25 1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage. Refills: 1. Ordering provider: Schreiber, PA-C, Lisa Marlene <i>Author: Schreiber, Lisa Marlene, MedStar NRN Physiatry at Lafayette Centre</i> Last Modified: 08/27/2025 2:27 PM	<b>CVS/pharmacy #1347</b> 6 Dupont Cir NW Washington, DC 200361108
<b>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</b> Status: Completed Start Date: 8/22/24 Stop Date: 11/8/24 1 Tablet(s) By Mouth every day. Refills: 4. Ordering provider: Buek, MD, John David <i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i> Last Modified: 11/8/2024 2:18 PM	<b>CVS/pharmacy #5674</b> 3700 Newark St NW Washington, DC 200163036
<b>mupirocin topical (mupirocin 2% topical ointment)</b> Status: Completed Start Date: 6/7/24 Stop Date: 6/17/24 1 Application Topical 2 times a day for 10 Day(s). Refills: 0. Ordering provider: Russo, MD, Mark E. <i>Author: MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> Last Modified: 06/17/2024 3:46 PM	<b>CVS/pharmacy #5674</b> 3700 Newark St NW Washington, DC 200163036
<b>naproxen (naproxen sodium 550 mg oral tablet)</b> Status: Discontinued Start Date: 7/7/25 Stop Date: 8/27/25 1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage. Refills: 1. Ordering provider: Schreiber, PA-C, Lisa Marlene <i>Author: Schreiber, Lisa Marlene, MedStar GUH Neurology at Beverly Rd</i> Last Modified: 08/27/2025 2:27 PM	<b>CVS/pharmacy #1347</b> 6 Dupont Cir NW Washington, DC 200361108

<b>acetaminophen (Tylenol)</b> Status: Voided Start Date: 6/7/24 Stop Date: 7/7/25 By Mouth. Author: Hernandez, Jocelyn Samantha, MedStar Medical Group Ear Nose and Throat at Lafayette MACC Last Modified: 07/7/2025 1:22 PM	
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Problem List

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Migraine with aura Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 1:56 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 1:56 PM		
Prolonged aura migraine Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:03 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:03 PM		
Numbness Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:02 PM	Confirmed			Active Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd Last Modified: 07/7/2025 2:02 PM		

Procedures

No data available for this section

Results

6/7/24:

Test	Result	Reference Range	Specimen Source	Laboratory
Body Mass Index Dosing Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC Last Modified: 06/7/2024 3:25 PM	20.08 kg/m2	(Normal is 40 kg/m2)		
BP Extremity, Automated Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC Last Modified: 06/7/2024 3:25 PM	Left upper extremity			
BSA Dosing Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC Last Modified: 06/7/2024 3:25 PM	1.44 m2			

Cuff Size <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	Adult			
Cuff Type <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	Automated			
Diastolic BP, Automated <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	76 mmHg	(Normal is 60-89 mmHg)		
Height/Length Dosing <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	155 cm	(Normal is 129-213 cm)		
Measured with Shoes <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	No			
Patient Position BP <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	Sitting			
Peripheral Pulse Rate <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	70 bpm	(Normal is 60-100 bpm)		
Systolic BP, Automated <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	105 mmHg	(Normal is 90-139 mmHg)		
Visit Type AMB <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	In Person			
Weight Dosing <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	48.25 kg			

## Vital Signs

6/7/24

Peripheral Pulse Rate <i>Author: Banks, Nakyia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	70 bpm	(Normal is 60-100 bpm)
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Blood Pressure	105/76 mmHg <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i> <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	(Normal is 90-139/60-89 mmHg)
BP Extremity, Automated <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	Left upper extremity	
Patient Position BP <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	Sitting	
Visit Type AMB <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	In Person	
Cuff Type <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	Automated	
Height/Length Dosing <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	155 cm	(Normal is 129-213 cm)
Body Mass Index Dosing <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	20.08 kg/m2	(Normal is 40 kg/m2)
Weight Dosing <i>Author: Banks, Nakylia, MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i> <i>Last Modified: 06/7/2024 3:25 PM</i>	48.25 kg	

Social History

Social History Type	Response
Tobacco/Nicotine	Use: Past. <i>Author: Brown, Marquita Chauntice</i> <i>Last Modified: 05/27/2024 12:36 PM</i>
Birth Sex <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female
Sex Representation <i>Author: MedStar Health</i> <i>Last Modified: 11/5/2025 3:53 PM</i>	Female (finding)

Goals

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No data available for this section

## Hospital Discharge Instructions

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No data available for this section

## Reason for Referral

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No data available for this section

## Health Concerns

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No data available for this section

## Implantable Device List

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No data available for this section

## Otolaryngology Outpatient Note

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Russo, MD, Mark E.: PERFORM  
Event Display: Otolaryngology Office/Clinic Note  
Authored Date: 20240610150830-0400

### Chief Complaint

29 year old female present for the insides of her nostril swelling accompanied by pain

### History of Present Illness

The patient is a 29-year-old female who presents with left-sided nasal pain, which started around two days ago. The pain was severe enough to extend beyond her nose and cause discomfort while smiling or moving her face. However, she reports improvement this morning. She has been taking oral antibiotics prescribed by another doctor for the past two days.

The patient also mentions experiencing left-sided nasal congestion and difficulty breathing through her left nostril.

### Physical Exam

#### Vitals & Measurements

06/07/2024 11:24 P: 70 BP: 105/76 SpO2: 100%

HT: 155 cm (5 ft 1 in) WT: 48.25 kg (106 lbs 6 oz) BMI: 20.08 kg/m2

#### Pain Assessment

Pain Present: No actual or suspected pain (06/07/24 11:24:00)

General: In no acute distress.

Head: Normocephalic and atraumatic.

Eyes: EOM intact, clear sclera.

#### Nose:

External: No deformity or lesions noted. Pain with manipulation of the left nasal vestibule with mild erythema

Septum: Intact

Mucosa: Mild congestion

Turbinates: Normal morphology.

#### Pharynx:



Oral Cavity: mucosa moist, tongue mobile.

Oropharynx: Pharynx with visualized postnasal drip, tonsils unremarkable, palate with bilateral rise.

Voice: Clear.

Neck:

Salivary Glands: Soft and symmetric bilaterally.

Lymph Nodes: no palpable lymphadenopathy.

Thyroid: normal to palpation.

Trachea: No masses or tenderness.

TMJ: Non-tender, no crepitus.

Neurologic: No focal deficits; CN II-XII grossly intact

Skin: Intact without lesions or rashes of neck and face.

Assessment/Plan

1. Nasal vestibulitis| (J34.89)

The patient's symptoms, along with the tenderness in the front of her left nostril, suggest a possible localized infection in the hairs at the front of the nose. The oral antibiotics she has been taking seem to be helping with the pain and inflammation. However, a topical antibiotic applied directly inside the nostril may provide faster relief and target the infection more effectively. The patient will be prescribed a topical antibiotic ointment to be applied with a Q-tip twice daily for the next 10 days. If the sinus issue does not improve by Monday, the patient should reach out for further evaluation and a possible extension of the oral antibiotics.

Procedure/Surgical History

No qualifying data available.

Medications

mupirocin topical(mupirocin 2% topical ointment), 1 appl, TOP, 2x/day

acetaminophen(Tylenol), PO

Allergies

aspirin

ibuprofen

Social History

Smoking Status

Never smoker

Alcohol

Alcohol Use:Denies

Substance Use

Use:Denies

Tobacco/Nicotine

Use:Past

Electronically signed by:

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Russo, MD, Mark E. on: 06.10.2024 15:08 EDT

Author: Russo, Mark E., MedStar Medical Group Ear Nose and Throat at Lafayette MACC

Last Modified: 06/10/2024 7:08 PM

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Patient Care team information

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Care Team Personnel

Name: Garcia, Gladys

Position: Ambulatory: Clinic Staff Co-sign Preg

Member Role: Diabetic Educator (Lifetime)

*Author: Garcia, Gladys, MedStar Health*

*Last Modified: 11/5/2025 4:01 PM*

#### Care Team Related Persons

Name: LEE, JONG HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN HYUN HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

#### Family History

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No data available for this section

#### Insurance Providers

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Guarantor name: NA

Health Plan Information #: 1

Payer: AETNA OPEN

Payer Identifier: NA

Member Number: 904150909

Group Number: NA

Subscriber Identifier: 904150909

Relationship to Subscriber: self

Coverage Type: HMO

Coverage Verification Date: NA

Telecom: NA

Address: NA