

**YOSHIMOTO, AYAE Admin Sex: Female DOB: 10/26/1994**

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#### **Continuity of Care Document**

Summarization of Episode Note | 07/10/2025 to 07/10/2025

Source: MedStar WHC OB/GYN at Lafayette Centre

Created: 11/26/2025

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#### **Demographics**

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Contact Information:

2520 MASSACHUSETTS AVE NW, WASHINGTON, DC 20008, USA

Tel: (415)605-9076 (Primary Home)

Email: AYEYSMT@GMAIL.COM

Previous Address(es):

--

Marital Status: Single

Religion: None

Race: --

**Previous Name(s):** --

Date of Death: //

Ethnic Group: Not Hispanic or Latino

Language: dn

ID: URN:CERNER:IDENTITY-FEDERATION:REALM:C2A9AAAD-29F4-4D5D-87B0-388C13A9B433-CH:PRINCIPAL:E5115E52-1B16-4E62-A837-A0B64197AE24, 50804262

#### **Care Team**

No Data to Display

#### **Relationships**

No Data to Display

#### **Document Details**

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##### **Source Contact Info**

1133 21st Street NW Building 2, Washington, DC 20036- , USA

Tel: (202)416-2000

##### **Author Contact Info**

11/26/2025 5:58 AM

MedStar WHC OB/GYN at Lafayette Centre

##### **Recipient Contact Info**

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#### **Healthcare Professionals**

No Data to Display

#### **IDs & Code Type Data**

Document Type ID: 2.16.840.1.113883.1.3 : POCD\_HD000040

Document Template ID: 2.16.840.1.113883.10.20.22.1.1 : --, 2.16.840.1.113883.10.20.22.1.1 : 2015-08-01, 2.16.840.1.113883.10.20.22.1.2 : 2015-08-01

Document ID: 2.16.840.1.113883.3.1662.10.482.999362 : 697408348

Document Type Code: 2.16.840.1.113883.6.1, 34133-9

Document Language Code: en-US

Document Set ID: --

Document Version Number: --

## Primary Encounter

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### Encounter Information

Registration Date: 07/10/2025

Discharge Date: 07/10/2025

Visit ID: --

### Location Information

MedStar WHC OB/GYN at Lafayette Centre

(Work): 1133 21st Street NW Building 2, Washington, DC 20036- , USA

### Providers

Type	Name	Address	Phone
Admitting	Quiett, Valencia M.	(Work): 110 Irving St NW, Washington, DC 20010- , USA	Tel: (202)481-1060 (Work)
Attending	Quiett, Valencia M.	(Work): 110 Irving St NW, Washington, DC 20010- , USA	Tel: (202)481-1060 (Work)
Referring	SELF-REFERRED,	--	--

## Encounter

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WHC FIN 60066922729 Date(s): 7/10/25 - 7/10/25

MedStar WHC OB/GYN at Lafayette Centre 1133 21st Street NW Building 2 Washington, DC 20036- USA (202)416-2000

### Encounter Diagnosis

Amenorrhea (Discharge Diagnosis) - 7/11/25

Contraception management (Discharge Diagnosis) - 7/11/25

Attending Physician: Quiett, MD, Valencia M.

Admitting Physician: Quiett, MD, Valencia M.

Referring Physician: 0000888883 -SELF-REFERRED,

**Encounter Type:** Clinic

### Reason for Visit

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MISSED PERIODS

### Allergies, Adverse Reactions, Alerts

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No Known Medication Allergies

*Author: Hernandez, Jocelyn Samantha, MedStar GUH Neurology at Beverly Rd*

*Last Modified: 07/7/2025 2:20 PM*

Substance	Criticality	Severity	Reaction	Reaction Severity	Status
Pollen			eye irritation sneezing throat irritation		Active

### Treatment Plan

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#### Future Scheduled Tests

Radiology:

US Breast Complete Bilateral 8/19/25

*Author: Eith, Jeremy M, MedStar Health*

*Last Modified: 08/19/2025 8:04 PM*

US Transvaginal 8/19/25

*Author: Eith, Jeremy M, MedStar Health*

*Last Modified: 08/19/2025 8:04 PM*

### Immunizations

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No data available for this section

### Medications

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<p><b>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</b></p> <p>Status: Ordered</p> <p>Start Date: 11/8/24</p> <p>1 Tablet(s) By Mouth every day. start first tablet today. Refills: 4.</p> <p>Ordering provider: Buek, MD, John David</p> <p><i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i></p> <p><i>Last Modified: 11/8/2024 2:18 PM</i></p>	<p><b>CVS/pharmacy #5674</b></p> <p>3700 Newark St NW Washington, DC 200163036</p>
<p><b>ethinyl estradiol-norethindrone (Junel Fe 1 mg-20 mcg oral tablet)</b></p> <p>Status: Ordered</p> <p>Start Date: 10/9/25</p> <p>1 Tablet(s) By Mouth every day. Refills: 3.</p> <p>Ordering provider: Quiett, MD, Valencia M.</p> <p><i>Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre</i></p> <p><i>Last Modified: 10/9/2025 7:19 PM</i></p>	<p><b>CVS/pharmacy #1347</b></p> <p>6 Dupont Cir NW Washington, DC 200361108</p>
<p><b>naproxen (naproxen sodium 550 mg oral tablet)</b></p> <p>Status: Ordered</p> <p>Start Date: 8/27/25</p> <p>1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage.</p> <p>Refills: 1.</p> <p>Ordering provider: Schreiber, PA-C, Lisa Marlene</p> <p><i>Author: Schreiber, Lisa Marlene, MedStar NRN Psychiatry at Lafayette Centre</i></p> <p><i>Last Modified: 08/27/2025 2:27 PM</i></p>	<p><b>CVS/pharmacy #1347</b></p> <p>6 Dupont Cir NW Washington, DC 200361108</p>
<p><b>drospirenone-ethinyl estradiol (Yaz 3 mg-0.02 mg oral tablet)</b></p> <p>Status: Completed</p> <p>Start Date: 8/22/24</p> <p>Stop Date: 11/8/24</p> <p>1 Tablet(s) By Mouth every day. Refills: 4.</p> <p>Ordering provider: Buek, MD, John David</p> <p><i>Author: Buek, John David, MedStar WHC OB/GYN at Lafayette Centre</i></p> <p><i>Last Modified: 11/8/2024 2:18 PM</i></p>	<p><b>CVS/pharmacy #5674</b></p> <p>3700 Newark St NW Washington, DC 200163036</p>
<p><b>mupirocin topical (mupirocin 2% topical ointment)</b></p> <p>Status: Completed</p> <p>Start Date: 6/7/24</p> <p>Stop Date: 6/17/24</p> <p>1 Application Topical 2 times a day for 10 Day(s). Refills: 0.</p> <p>Ordering provider: Russo, MD, Mark E.</p> <p><i>Author: MedStar Medical Group Ear Nose and Throat at Lafayette MACC</i></p> <p><i>Last Modified: 06/17/2024 3:46 PM</i></p>	<p><b>CVS/pharmacy #5674</b></p> <p>3700 Newark St NW Washington, DC 200163036</p>
<p><b>naproxen (naproxen sodium 550 mg oral tablet)</b></p> <p>Status: Discontinued</p> <p>Start Date: 7/7/25</p> <p>Stop Date: 8/27/25</p> <p>1 Tablet(s) By Mouth 2 times a day as needed migraine. can take with caffeinated beverage.</p> <p>Refills: 1.</p> <p>Ordering provider: Schreiber, PA-C, Lisa Marlene</p> <p><i>Author: Schreiber, Lisa Marlene, MedStar GUH Neurology at Beverly Rd</i></p> <p><i>Last Modified: 08/27/2025 2:27 PM</i></p>	<p><b>CVS/pharmacy #1347</b></p> <p>6 Dupont Cir NW Washington, DC 200361108</p>

**acetaminophen (Tylenol)**

Status: Voided

Start Date: 6/7/24

Stop Date: 7/7/25

By Mouth.

*Author: Hernandez, Jocelyn Samantha, MedStar Medical Group Ear Nose and Throat at Lafayette MACC**Last Modified: 07/7/2025 1:22 PM***Problem List**

Condition	Confirmation	Course	Effective Dates	Status	Health Status	Informant
Migraine with aura  <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 1:56 PM</i>	Confirmed			Active  <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 1:56 PM</i>		
Prolonged aura migraine  <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:03 PM</i>	Confirmed			Active  <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:03 PM</i>		
Numbness  <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:02 PM</i>	Confirmed			Active  <i>Author: Tinsley, Amanda Grace, MedStar GUH Neurology at Beverly Rd</i> <i>Last Modified: 07/7/2025 2:02 PM</i>		

**Procedures**

No data available for this section

**Results****Laboratory List**

Name	Date
Complete Blood Count w/ Differential (CBC with Differential)	8/19/25
Creatinine	8/19/25
Glucose Fasting	8/19/25
Hemoglobin A1C Glycosylated (HgbA1C Glycosylated)	8/19/25
Lipid Pnl	8/19/25
Uric Acid	8/19/25

8/27/25:

Test	Result	Reference Range	Specimen Source	Laboratory

Basophil %  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	1 % 1	(Normal is Not Estab. %)		
Basophil Abs  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	0.0 x10(3)/mcL 2	(Normal is 0.0-0.2 x10(3)/mcL)		
Cholesterol  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	156 mg/dL 3	(Normal is 100-199 mg/dL)		
Creatinine  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	0.58 mg/dL 4	(Normal is 0.57-1.00 mg/dL)		
eGFR  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	125 mL/min/1.73 m <sup>2</sup> 5	(Normal is >59 mL/min/1.73 m <sup>2</sup> )		
Eos %  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	2 % 6	(Normal is Not Estab. %)		
Eosinophil Abs  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	0.1 x10(3)/mcL 7	(Normal is 0.0-0.4 x10(3)/mcL)		
Glucose Lvl Random  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	82 mg/dL 8	(Normal is 70-99 mg/dL)		
Hct  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	37.9 % 9	(Normal is 34.0-46.6 %)		
HDL  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	53 mg/dL 10	(Normal is >39 mg/dL)		
Hgb  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	12.2 gm/dL 11	(Normal is 11.1-15.9 gm/dL)		
Hgb A1C Glycosylated  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	5.5 % 12	(Normal is 4.8-5.6 %)		

Imm Gran %  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	0 % 13	(Normal is Not Estab. %)		
Imm Gran Absolute  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	0.0 x10(3)/mcL 14	(Normal is 0.0-0.1 x10(3)/mcL)		
LDL Calculated  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	85 mg/dL 15	(Normal is 0-99 mg/dL)		
Lymph %  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	40 % 16	(Normal is Not Estab. %)		
Lymph Absolute  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	2.4 x10(3)/mcL 17	(Normal is 0.7-3.1 x10(3)/mcL)		
MCH  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	30.5 pg 18	(Normal is 26.6-33.0 pg)		
MCHC  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	32.2 gm/dL 19	(Normal is 31.5-35.7 gm/dL)		
MCV  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	95 FL 20	(Normal is 79-97 FL)		
Mono %  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	4 % 21	(Normal is Not Estab. %)		
Monocyte Abs  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	0.3 x10(3)/mcL 22	(Normal is 0.1-0.9 x10(3)/mcL)		
Neutro %  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	53 % 23	(Normal is Not Estab. %)		
Neutro Absolute  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	3.2 x10(3)/mcL 24	(Normal is 1.4-7.0 x10(3)/mcL)		

Platelet  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	422 x10(3)/mCL 25	(Normal is 150-450 x10(3)/mCL)		
RBC  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	4.00 x10(6)/mCL 26	(Normal is 3.77-5.28 x10(6)/mCL)		
RDW  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	11.8 % 27	(Normal is 11.7-15.4 %)		
Triglyceride  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	100 mg/dL 28	(Normal is 0-149 mg/dL)		
Uric Acid  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	3.8 mg/dL 29	(Normal is 2.6-6.2 mg/dL)		
VLDL Calculation  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	18 mg/dL 30	(Normal is 5-40 mg/dL)		
WBC  Author: MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 08/28/2025 12:06 PM	6.0 x10(3)/mCL 31	(Normal is 3.4-10.8 x10(3)/mCL)		

7/10/25:

Test	Result	Reference Range	Specimen Source	Laboratory
POC hCG QI  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	Negative			
BP Extremity, Automated  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	Left upper extremity			
Cuff Size  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	Adult			
Cuff Type  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	Automated			

Diastolic BP, Automated  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	72 mmHg  (Normal is 60-89 mmHg)		
Measured with Shoes  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	No		
Patient Position BP  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	Sitting		
Peripheral Pulse Rate  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	78 bpm	(Normal is 60-100 bpm)	
Systolic BP, Automated  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	105 mmHg	(Normal is 90-139 mmHg)	
Visit Type AMB  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	In Person		
Weight Dosing  Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre  Last Modified: 07/10/2025 5:59 PM	43.8 kg		

<sup>1</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>2</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>3</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>4</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>5</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>6</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>7</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>8</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>9</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>10</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>11</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>12</sup> Result Comment: Prediabetes: 5.7 - 6.4

Diabetes: >6.4

Glycemic control for adults with diabetes: <7.0

Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>13</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>14</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>15</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>16</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>17</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>18</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>19</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>20</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>21</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>22</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>23</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

PATIENT WAS FASTING

<sup>24</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

**PATIENT WAS FASTING**

<sup>25</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

**PATIENT WAS FASTING**

<sup>26</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

**PATIENT WAS FASTING**

<sup>27</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

**PATIENT WAS FASTING**

<sup>28</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>29</sup> Result Comment: Therapeutic target for gout patients: <6.0

Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>30</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

<sup>31</sup> Result Comment: Performing location: Performed At: 01, Labcorp Burlington 1447 York Court, Burlington NC 272153361 Sanjai Nagendra MD Phone: 8007624344

**PATIENT WAS FASTING****Vital Signs**

7/10/25

Peripheral Pulse Rate <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	78 bpm	(Normal is 60-100 bpm)
Blood Pressure <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i> <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	105/72 mmHg <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i> <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	(Normal is 90-139/60-89 mmHg)
BP Extremity, Automated <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Left upper extremity	
Patient Position BP <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	Sitting	
Visit Type AMB <i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i> <i>Last Modified: 07/10/2025 5:59 PM</i>	In Person	

Cuff Type	Automated	
<i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i>		
<i>Last Modified: 07/10/2025 5:59 PM</i>		
Weight Dosing	43.8 kg	
<i>Author: Jackson, Chrishay, MedStar WHC OB/GYN at Lafayette Centre</i>		
<i>Last Modified: 07/10/2025 5:59 PM</i>		

## Social History

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Social History Type	Response
Tobacco/Nicotine	Use: Past.  <i>Author: Brown, Marquita Chauntice</i> <i>Last Modified: 05/27/2024 12:36 PM</i>
Birth Sex	Female
<i>Author: MedStar Health</i>	
<i>Last Modified: 11/5/2025 3:53 PM</i>	
Sex Representation	Female (finding)
<i>Author: MedStar Health</i>	
<i>Last Modified: 11/5/2025 3:53 PM</i>	

## Goals

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No data available for this section

## Hospital Discharge Instructions

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No data available for this section

## Reason for Referral

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No data available for this section

## Health Concerns

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No data available for this section

## Implantable Device List

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No data available for this section

## Gynecology Outpatient Note

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Quiett, MD, Valencia M.: PERFORM

Event Display: Gynecology Office/Clinic Note

Authored Date: 20250711104844-0400

Chief Complaint

Menstrual Concerns

History of Present Illness

Patient 30-year-old presenting for no cycles since October 2024. She was started on yet as OCPs August 2024.

hs of irregular menses prior to ocp start. She was using POP with irregular bleeding.

recent thyroid testing is negative.

Updated to patient hx: follows with neurology for complex migraines with w/ aura.

### Physical Exam

#### Vitals & Measurements

07/10/2025 13:55 P: 78 BP: 105/72 SpO2: 100%

WT: 43.8 kg (96 lbs 9 oz)

#### Pain Assessment

Pain Present: No actual or suspected pain (07/10/25 13:55:00)

General: no acute distress, appears own age

Head: atraumatic, normocephalic

CV: wwp

pulm: No increased WOB

Mental Status: awake, alert

#### Assessment/Plan

##### 1. Amenorrheal (N91.2)

discussed ddx with mostly likely SE of OCP medication.

TSH reviewed and wnl.

Reviewed management options.

Planning to d/c ocp at this time especially in the setting of migraine with aura and risk of stroke.

plan to f/u in clinic if cycle does not return off of contraception.

##### 2. Contraception management| (Z30.9)

Comprehensive contraceptive counseling was offered. She is not a candidate for estrogen based medication - CDC MEC 4. Pt opted for condom use at this time.

Pt expressed understanding to plan of care. All questions answered to patient's satisfaction.

Total Clinician Time Spent Day of Service including chart review 5 min, face-to-face 15 min, and post-visit documentation 5 min: 25 min

Valencia Quiett, MD

#### Problem List/Past Medical History

Ongoing

Migraine with aura

Numbness

Prolonged aura migraine

#### Medications

naproxen(naproxen sodium 550 mg oral tablet), 550 mg= 1 tab, PO, 2x/day, PRN, 1 refills, can take with caffeinated beverage

drospirenone-ethynodiol(Yaz 3 mg-0.02 mg oral tablet), 1 tab, PO, Daily, 4 refills, start first tablet today

#### Allergies

No Known Medication Allergies

#### Social History

##### Smoking Status

Never Used

##### Alcohol

Alcohol Use:Denies

##### Substance Use

Use:Denies

##### Tobacco/Nicotine

Use:Past

## Lab Results

Pregnancy Point of Care Testing Results

POC hCG QI: Negative (07/10/25)

Electronically signed by:

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Quiett, MD, Valencia M. on: 07.11.2025 10:48 EDT

*Author: Quiett, Valencia M., MedStar WHC OB/GYN at Lafayette Centre*

*Last Modified: 07/11/2025 2:48 PM*

## Patient Care team information

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### Care Team Personnel

Name: Garcia, Gladys

Position: Ambulatory: Clinic Staff Co-sign Preg

Member Role: Diabetic Educator (Lifetime)

*Author: Garcia, Gladys, MedStar Health*

*Last Modified: 11/5/2025 4:01 PM*

### Care Team Related Persons

Name: LEE, JONG HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

Name: LEE, JONG HYUN HYUN HYUN HYUN

*Author: MedStar Health*

*Last Modified: 05/2/2025 10:48 AM*

## Family History

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No data available for this section

## Insurance Providers

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Guarantor name: NA

Health Plan Information #: 1

Payer: AETNA OPEN

Payer Identifier: NA

Member Number: 904150909

Group Number: NA

Subscriber Identifier: 904150909

Relationship to Subscriber: self

Coverage Type: HMO

Coverage Verification Date: NA

Telecom: NA

Address: NA