# The psychology of risk and power: Power desires and sexual choices

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#### Introduction

Every day individuals make decisions be they mundane such as which cereal to eat in the morning to the more complex of which job should they accept. The consequences for making those decisions can be equally complex. Some decisions are more difficult to quantify and understand while others can be relatively easy like choosing what cereal to eat in the morning. However, some are increasingly more difficult to model. For example, two adult males (or a man and a woman) who are intending to have sex must decide whether 37 to have sex with or without a condom. The consequences can have lasting effects depending on what the couple chooses. 38

# **Spitefulness**

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These lasting effects can be twofold. For example, deciding not to wear a condom could result in an unplanned pregnancy or exposing one or another person to a sexually transmitted infection. Behaviors/decisions that have negative consequences for both individuals is the original understanding of spite to where psychologically spite is understood as intentionally harming oneself to punish another (Critchfield tet al., 2008; Marcus et al., 2014). Spiteful behavior that has often been overlooked in psychological research. Spite has been seen in behavioral economic experiments, preschoolers with ultimatum games, and daily life (Bauer et al., 2014; 52 Bügelmayer & Katharina Spiess, 2014; Marcus et al., 2014). Spreschool boys tended to be more spiteful than their fermale counterparts. Younger men followed suit and tended

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to be more spiteful than their counterparts (Marcus et al., 2014). Age plays a role whereas people age they tend to be less spiteful and more egalitarian (Bügelmayer & Katharina Spiess, 2014). ## DoPL Research in power desire motives have focused on three sub-domains: dominance, leadership, and prestige (Suessenbach et al., 2019). Each of these three different power motives are explanations as to different ways or methods that individuals in power sought power or were bestowed upon them.

## **Dominance**

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The dominance motive is one of the more researched methods and well depicted power motives. Individuals with a dominance orientation display the more primal of human behavior. These individuals will seek power through direct methods such as asserting dominance, control over resources, or physically assaulting someone (Johnson et al., 2012; Winter, 1993). Early research in dominance motives has shown that acts of dominance ranging from asserting physical dominance over another to physical displays of violence has been shown in many mammalian species, including humans (Petersen et al., 2018; Witkower et al., 2020).

Individuals high in dominance are often high in machiavellianism, narcissism, and often are prone to risky behavior (discussion further in the next section). Continued research has hinted at a possible tendency for males to display these dominant seeking traits more than females (citation needed). When high dominance individuals assert themselves they are doing so to increase their own individual sense of power (citation needed). Asserting ones own sense of dominance over another can be a dangerous task. In the animal kingdom it can often leader to injury. While, in humans asserting dominance can take a multitude of actions such as leering behaviors, physical distance, or other non-verbal methods to display dominance (citation needed). Power from a dominance perspective is often never bestowed upon someone. Often, high dominance individuals will take control and hold onto it.

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# Prestige

Contrary to the dominance motivation of using intimi-116 dation and aggression to gain more power, a prestige moti-117 vation or prestige in general is bestowed upon an individual118 from others in the community (citation needed). Differently<sub>119</sub> from the dominance motivation, a prestige motivation is gen-120 erally unique to the human species (citation needed). Do in<sub>121</sub> part to ancestral human groups being smaller hunter-gatherer<sub>122</sub> societies, individuals that displayed and used important be-123 haviors beneficial to the larger group were often valued and 124 admired by the group. Therein, the social group bestows<sub>125</sub> the authority onto the individual. Generally, this type of be-126 havior can be passively achieved by the prestigious individ-127 ual. However, this does not remove the intent of the actor in<sub>128</sub> that they too can see prestige from the group, but method of 129 achieving that social status greatly differs from that of domi-130 nance seeking individuals.

Apart from dominance motivated individuals that con-132 tinually have to fight for their right to have power over others, 133 individuals that seek or were given power through a prestige 134 motivation are not generally challenged in the same sense 135 as dominant individuals. Displaying behaviors that the com-136 munity would see as beneficial would indere them into the 137 community making the survival of the community as a whole 138 better (citation needed). Evolutionarily this would increase 139 viability of the prestigious individual and their genes. Sim-140 ilar to the dominance perspective, the prestige perspective 141 overall increases the power and future survivability of the 142 individual. However, due to the natural difference between prestige and dominance, dominance seeking individuals are 143 challenged more often resulting in more danger to their position (citation).

# Leadership

Apart from dominance and prestige, leadership raises<sup>147</sup> some interesting questions on deference and why individuals<sup>148</sup> would defer to others in power. Psychologically, leadership<sup>149</sup> is the deference to authority and working together towards a<sup>150</sup> shared common goal (Van Vugt, 2006). Research in animal<sup>151</sup> behavior contends that leadership is a uniquely human trait<sup>152</sup> due to the complexity of the human brain along with the ever growing size of social groups (King et al., 2009).

Early human societies began to use cooperation strate-154 gies such as leadership and individuals taking leadership155 roles in order to accomplish a common task. Similar non-156 human primates developed similar tactics however as aforementioned, traits unique to humans allowed for more com-157 plex interactions in leadership furthering the differences. Unique to leadership apart from dominance and prestige ori-159 entation is the method of power control in a leadership dy-160 namic system.

# The Present Experiment

The present experiments sought to investigate a possible relationship between spitefulness and risky sexual behaviors. As with past experiments in moral judgment and decision-making vignettes were used to create situations of interest. The present study comprises two experiments and a pilot study (pilot study data and results included in supplemental materials).

The pilot study sought to test out our materials and understanding of the literature. Statistical analyses followed the hypotheses laid out on our preregistration (https://osf.io/jz6qb). Experiment one sought to build on from the pilot study and refine the materials used. Specifically the vignettes of the experiment. Experiment two then furthered our understanding and investigates spitefulness possible connection to dominance, prestige, and leadership orientation with risky sexual decision-making (https://osf.io/5q84z).

Based on the literature we predicted that individuals high in spitefulness would endorse spiteful actions and behaviors by rating such actions as justified. Furthermore, we predicted based on the literature that individuals high in dominance orientation would be more likely to justify spiteful behaviors with sexually spiteful behaviors being more dominant. These experiments seek to further our understanding of human behavior in the face of risky sexual/nonsexual decisions. These experiments were approved by the University of Edinburgh Psychology Research Ethics Committee (Approval Numbers 330-1920/1, 330-1920/2, 330-1920/3).

#### Methods

# **Participants**

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Participants were a convenience sample of 92 (Mage = 26.14, SD = 8.69) individuals from Prolific Academic crowd-sourcing platform ("www.prolific.co"). Requirements for participation were: (1) be 18 years of age or older and (2) and as part of Prolific Academics policy, have a prolific rating of 90 or above. Participants received £4 or £8 an hour as compensation for completing the survey. Table 1 shows the demographic information for experiment one.

## Demographic Questionnaire

Prior to the psychometric scales, participants are asked to share their demographic characteristics (e.g., age, gender, ethnicity, ethnic origin, and educational attainment).

# Dominance, Prestige, and Leadership Orientation

The 18-item Dominance, Prestige, and Leadership scale [DoPL; Suessenbach et al. (2019)], is used to measure dominance, prestige, and leadership orientation. Each question corresponds to one of the three domains. Each domain is scored across six unique items related to those domains

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(e.g., "I relish opportunities in which I can lead others" for<sub>212</sub> leadership) rated on a scale from 0 (Strongly disagree) to 5<sub>213</sub> (Strongly agree). Internal consistency reliability for the cur-<sub>214</sub> rent sample is \$

# Spitefulness Scale

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The Spitefulness scale (Marcus et al., 2014) is a mea-218 sure with seventeen one sentence vignettes to assess the219 spitefulness of participants. The original spitefulness scale<sup>220</sup> has 31-items. In the original Marcus and colleagues' paper,<sup>221</sup> fifteen were removed. For the present study however, 4-items<sup>222</sup> were removed because they did not meet the parameters for<sup>223</sup> the study i.e., needed to be dyadic, more personal. Three<sup>224</sup> reverse scored items from the original thirty-one were added225 after meeting the requirements. Example questions included,226 "It might be worth risking my reputation in order to spread227 gossip about someone I did not like.", and "Part of me enjoys228 seeing the people I do not like fail even if their failure hurts<sup>229</sup> me in some way." Items are scored on a 5-point scale ranging<sup>230</sup> from 1 ("Strongly disagree") to 5 ("Strongly agree"). Higher231 spitefulness scores represent higher acceptance of spiteful attitudes.

#### Sexuality Self-Esteem Subscale

The Sexuality Self-Esteem subscale (SSES; Snell and<sup>235</sup> Papini (1989)) is a subset of the Sexuality scale that measures<sup>236</sup> the overall self-esteem of participants. Due to the nature of<sup>237</sup> the study, the sexuality subscale was chosen from the overall<sup>238</sup> 30-item scale. The 10-items chosen reflected questions on<sup>239</sup> the sexual esteem of participants on a 5-point scale of +2<sup>240</sup> (Agree) and -2 (Disagree). For ease of online use the scale<sup>241</sup> was changed to 1 ("Disagree") and 5 ("Agree"), data analysis will follow the sexuality scale scoring procedure. Example<sup>242</sup> questions are, "I am a good sexual partner," and "I sometimes<sup>243</sup> have doubts about my sexual competence." Higher scores<sup>244</sup> indicate a higher acceptance of high self-esteem statements. <sup>245</sup>

# Sexual Jealousy Subscale

The Sexual Jealousy subscale by Worley and Samp<sup>248</sup> (2014) are 3-items from the 12-item Jealousy scale. The overall jealousy scale measures jealousy in friendships rang-<sup>249</sup> ing from sexual to companionship. The 3-items are "I would<sup>250</sup> worry about my partner being sexually unfaithful to me." "I<sup>251</sup> would suspect there is something going on sexually between my partner and their friend." and "I would suspect sexual<sup>253</sup> attraction between my partner and their friend." The items are scored on a 5-point scale ranging from 1 ("Strongly disagree") to 5 ("Strongly agree"). Higher scores indicate a ten-<sup>256</sup> dency to be more sexually jealous.

# Sexual Relationship Power Scale

The Sexual Relationship Power Scale (SRPS; Pulerwitz<sub>260</sub> et al. (2000)) is a 23-item scale that measures the over-<sub>261</sub>

all power distribution in a sexually active relationship. The SRPS is split into the Relationship Control Factor/Subscale (RCF) and the Decision-Making Dominance Factor/Subscale (DMDF). The RCF measures the relationship between the partners on their agreement with statements such as, "If I asked my partner to use a condom, he [they] would get violent." and "I feel trapped or stuck in our relationship." Items from the RCF are scored on a 4-point scale ranging from 1 ("Strongly agree") to 4 ("Strongly disagree"). Lower scores indicate an imbalance in the relationship where the participant indicates they believe they have less control in the relationship.

The DMDF measures the dominance level of sexual and social decisions in the relationship. Example questions include, "Who usually has more say about whether you have sex?" and "Who usually has more say about when you talk about serious things?" Items on the DMDF are scored on a 3-item scale of 1 ("Your Partner"), 2 ("Both of You Equally"), and 3 ("You"). Higher scores indicate more dominance by the participant in the relationship.

# Scenario Realism Question

Following Worley and Samp in their 2014 paper on using vignettes/scenarios in psychological studies, a question asking the participant how realistic or how much they can visualize the scenario is. The 1-item question is "This type of situation is realistic." The item is scored on a 5-point scale of the participants agreement with the above statement, 1 ("Strongly agree") to 5 ("Strongly disagree"). Higher scores indicate disagreement with the statement and reflects the belief that the scenario is not realistic.

## Spiteful Vignettes

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After participants complete the above scales, they are presented with 10-hypothetical vignettes. Each vignette was written to reflect a dyadic or triadic relationship with androgynous names to control for gender. Five vignettes have a sexual component while five are sexually neutral. An example vignette is,

"Casey and Cole have been dating for 6 years. A year ago, they both moved into a new flat together just outside of the city. Casey had an affair with Cole's best-friend. Casey had recently found out that they had an STI that they had gotten from Cole's best-friend. Casey and Cole had sex and later Cole found out they had an STI."

For each vignette, the participant is asked to rate each vignette on how justified they believe the primary individual, Casey in the above, is with their spiteful reaction. Scoring ranges from 1 ("Not justified at all") to 5 ("Being very justified"). Higher scores overall indicate higher agreement with spiteful behaviors.

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Procedure

Participants were recruited on Prolific Academic. Par-302 ticipants must be 18-years of age or older, restriction by study303 design and Prolific Academic's user policy. The published304 study is titled, "Moral Choice and Behavior." The study de-305 scription follows the participant information sheet including306 participant compensation. Participants were asked to accept307 their participation in the study. Participants were then auto-308 matically sent to the main survey (Qualtrics, Inc.).

Once participants accessed the main survey, they were310 presented with the consent form for which to accept they re-311 sponded with selecting "Yes." Participants were then asked312 to provide demographic characteristics such as gender, eth-313 nicity, and educational attainment. Participants would then314 complete in order, the spitefulness scale, the sexual relation-315 ship power scale, the sexual jealousy subscale, and sexuality316 self-esteem subscale. Next, participants were presented ten317 vignettes where they were instructed to rate on the level of318 justification for the action carried out in the vignette. After319 each vignette, participants would rate the realism of the sce-320 nario. Upon completion of the survey (median completion321 time 20 minutes SD = 10 Minutes 30 seconds), participants<sub>322</sub> were shown a debriefing message and shown the contact in-323 formation of the Primary Investigator (Andrew Ithurburn).324 Participants were then compensated at £8/hr. via Prolific325 Academic.

#### Data Analysis

Demographic characteristics were analyzed using a<sup>329</sup> one-way analysis for continuous variables (age) and Chi-<sup>330</sup> squares tests for categorical variables (sex, ethnicity, ethnic<sup>331</sup> origin, and educational attainment). Means and standard de-<sup>332</sup> viations were calculated for the surveys along with correla-<sup>333</sup> tional analyses (e.g., spitefulness, SESS, SRPS, SJS).

Bayesian multilevel models were used to test differ-<sup>335</sup> ences between levels of justifications of vignettes that are <sup>336</sup> either sexually or non-sexually vindictive in behavior. Model <sup>337</sup> 1 # Results

#### Discussion

# **Limitations and Future Directions**

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Table 1

Participant Demographic Information (Experiment 1)

Demographic Characteristic				
Mean (SD)	26.14 (8.69)			
Age				
Median [Min, Max]	23 [18,60]			
Female	30 (32.6%)			
Gender				
Male	62 (67.4%)			
A-Levels or Equivalent	32 (34.8%)			
GCSes or Equivalent	8 (8.7%)			
Ethnicity				
Prefer not to answer	1 (1.1%)			
Primary School	3 (3.3%)			
University Post-Graduate Program	17 (18.5%)			
University Undergraduate Program	31 (33.7%)			
Arab	1 (1.1%)			
Asian	5 (5.4%)			
English	10 (10.9%)			
European	69 (75.0%)			
Latin American	2 (2.2%)			
Education				
Other	2 (2.2%)			
Prefer not to answer	1 (1.1%)			
Scottish	2 (2.2%)			
Asian or Asian Scottish or Asian British	5 (5.4%)			
Mixed or Multiple ethnic origins	4 (4.3%)			
Other ethnic group	1 (1.1%)			
White	82 (89.1%)			

Table 2

	Estimate	Est.Error	1-95% CI	u-95% CI
rescor(SSES,SRPS)	-0.41	0.03	-0.47	-0.36
rescor(SSES,Spite)	0.19	0.04	0.12	0.26
rescor(SRPS,Spite)	-0.20	0.04	-0.27	-0.13
rescor(SSES,SJS)	0.26	0.03	0.20	0.33
rescor(SRPS,SJS)	-0.28	0.03	-0.34	-0.22
rescor(Spite,SJS)	0.24	0.04	0.17	0.31
rescor(SSES,Dominance)	-0.11	0.04	-0.18	-0.04
rescor(SRPS,Dominance)	0.03	0.03	-0.04	0.10
rescor(Spite,Dominance)	0.55	0.03	0.50	0.60
rescor(SJS,Dominance)	0.29	0.03	0.22	0.35
rescor(SSES,Prestige)	-0.01	0.04	-0.08	0.06
rescor(SRPS,Prestige)	0.24	0.03	0.18	0.31
rescor(Spite,Prestige)	0.13	0.04	0.06	0.20
rescor(SJS,Prestige)	0.02	0.03	-0.05	0.09
rescor(Dominance,Prestige)	0.22	0.03	0.16	0.29
rescor(SSES,Leadership)	-0.25	0.03	-0.32	-0.19
rescor(SRPS,Leadership)	0.29	0.03	0.22	0.35
rescor(Spite,Leadership)	0.01	0.04	-0.06	0.08
rescor(SJS,Leadership)	-0.07	0.03	-0.13	0.00
rescor(Dominance,Leadership)	0.31	0.03	0.25	0.37
rescor(Prestige,Leadership)	0.38	0.03	0.32	0.43

Table 3

	Parameter	CI	CI_low	CI_high
8	b_Intercept	0.95	0.74	3.27
18	b_Spite_z	0.95	0.06	0.24
5	b_Dominance_z.ContentSexual	0.95	0.01	0.28