

## Professional development task: reflection and evidence

### 1. Activity, alignment and lessons:

[~3 paragraphs: what you did, alignment with proposal, lessons learned from SMART goals]

Activity: My goal is to write 2 blogs about my favourite statistical theorem. I will write a blog entry every 4 weeks about my favourite statistical theorem or method I want to share with others and publish it on my website for the blog. Thus, I created my own blog website using wix.com and wrote 2 blog posts recently. I wrote posts about Jensen's Inequality and Central Limit Theorem. The process of writing posts helped me better understand the theorem itself, while I could generate my own ideas about the theorem and share them with others. This task also helped me learn how to use LaTeX, which is extremely useful to type formulas. Through this task, I improved my writing skills as well as my professional knowledge in the statistics world.

Alignment: My plan changed as I postponed the date to write the posts. Originally, I planned to write the first post on Feb 16th and the second post on Mar. 18th. Since I have 6 courses enrolled this semester, I could not accomplish them on time because of my heavy workload. I had to postpone the date for writing the post and wrote them later when I have spare time. I accomplished them on Mar. 15th and Mar 20th. Next time, I should set the date for accomplishing the goal in a time boundary that does not require me to accomplish on a certain day. This will be extremely useful because you will never anticipate what to happen in the future, the way of setting time like this will make me more flexible for managing tasks. Most of my attainable steps and potential problems were correctly identified because except the timing problem, all other steps are correctly followed by my proposal. The timing problem is also mentioned in my proposal under potential problems.

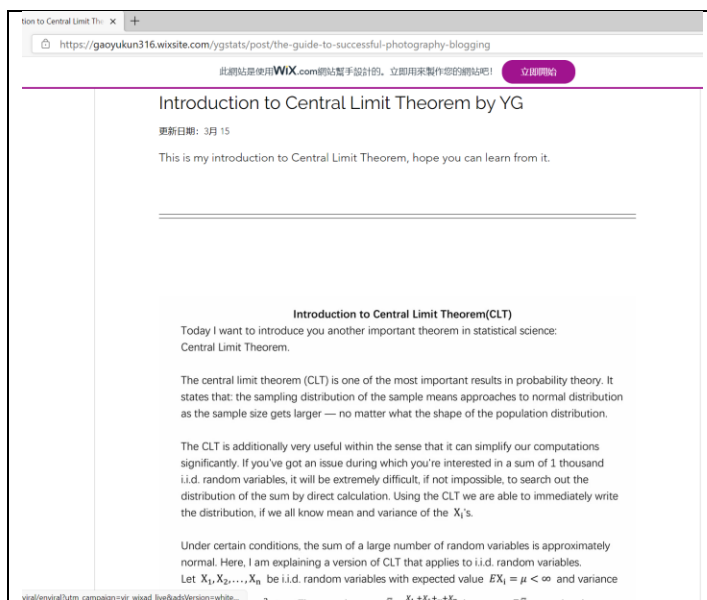
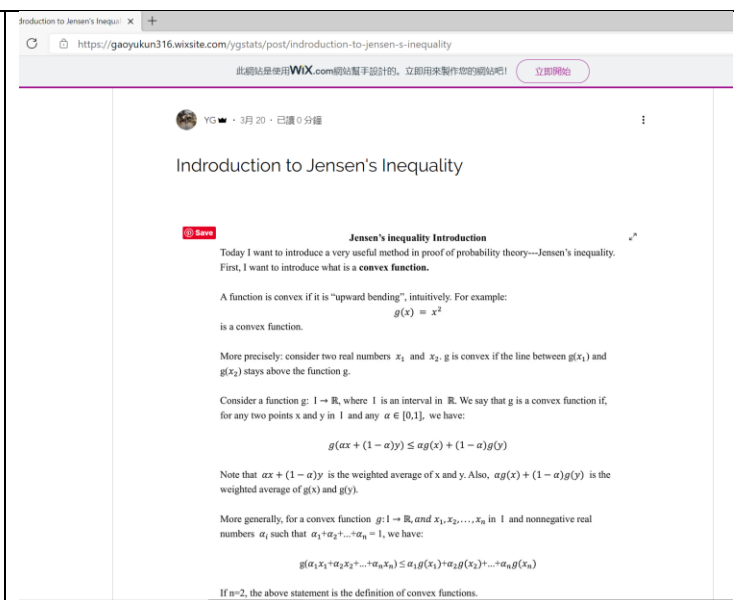
Lessons: The SMART goal-setting helped me improve my efficiency to accomplish the goal. It is a kind of incentive for me to accomplish my goal whenever I am lazy. After I wrote down the SMART goal-setting and print it out, it acts as a stimulus and reminds me to do my work. It also provides me more specific steps and acts as a guide for me to accomplish the goal. I just need to follow the steps I wrote down and accomplish them one-by-one. When I wrote my blog posts, I just follow my goal-setting. First, choose my favourite theorem, then search for relevant materials, arrange all the materials, and write the post. The goal of writing posts might seem to be very hard if consider it as a whole, but if I follow the goal-setting and accomplish the steps one-by-one, my goal will be achieved easily. All in all, the SMART goal-setting is a useful tool for me to better manage my time and accomplish my goal effectively.

### 2. Evidence: [Explain what is shown and how the evidence relates to your goals]

[Place links in the separate question on Crowdmark, not here!]

[1-2 screenshots of work done, or other evidence]

[Different options for including screenshots]

	
<p>Screen shot of blog entry 1</p> <p>This is the first post that I wrote about statistical theorem.</p>	<p>Screen shot of blog entry 2</p> <p>This is the second post that I wrote about statistical theorem.</p>

The screenshot shows that I have accomplished my goal of writing 2 blog posts about statistical theorem which is evidence of fully completing my goal. For more details, please click on the link provided on Crowdmart. It will redirect to my blog website. Notice that there are 2 buttons on the website for each of my posts. There are a total of 20+ likes or comments under these two posts and thus, it should be considered as successful.

### 3. **Timesheet:** [1-3 sentences of what you learned from time tracking for this activity]

[Time sheet can be on page 3 if you need more room, there is no strict page or word limit]

About 40% of my time was spent preparing, maybe because the task was new. I found that the time I need for preparing would be rather too long. In the future, I will split my preparing work into different days rather than in one day.

Wk	Week starts on (Monday)	Time spent (Hrs)	Activity
4	Feb 1	0	No activity
5	Feb 8	0	No activity
	Feb 15	0	<i>Reading week</i>
6	Feb 22	0	No activity
7	Mar 1	0	No activity
8	Mar 8	6	Determine what topic to write and search for materials.
9	Mar 15	8	Arrange the materials and wrote 2 posts in this week
10	Mar 22	0	No activity
11	Mar 29	0	No activity