

**1. What is your style?**

According to the X or Y management test, I fit in more in Y type of management. I am self-motivated, but I like being recognized for the things that I have accomplished. I will especially work harder when I get along well with my boss and how the work environment is.

**2. When do you like people to approach you and how?**

I am an introvert, but I like being approached by people. I think the only way for me to socialize with other people is when they talk to me first. I like people to approach me when I am not reading. I am usually reading something in my phone, and I can be inattentive when I am reading. They can start with any conversation, and I will gladly have a chat with them.

**3. What do you value?**

I value a lot of things such as God because I know that God created me and He loves me, my fiancé, family, and money because although money is not important in the grand scheme of things, I still need it to provide for myself and my family.

**4. How do you like people to communicate with you?**

I prefer in-person communication than any other type of communication because although social media is convenient, I like how I can see and have a conversation without waiting for hours from the other person and because I forget about the chat in messenger.

**5. How do you make decisions?**

I learned that if I am going to decide, I should not regret it in the end, so I always think if I will not regret my decision and then I do it. However, If I am deciding with a team, I always listen to other's idea and share my ideas and then we can compromise on things or combine our ideas. I find this type of making a decision as a team more productive and much more efficient because it helps me and my teammate grow and learn.

**6. How can people help you?**

I used to think that I can do everything on my own but, I later learned that it is more efficient when people work together to achieve a goal. Since then, I liked working in a team where everyone can learn something new and grow. I also learned that working with people helped me to rely on them that they will do their responsibility as a teammate. I also think that people can help me improve when they give feedback.

**7. What will you not tolerate in others?**

I tolerate a lot of things and I am okay when it is done to me but, I will not tolerate a rude behavior when it involves everyone close to me. I especially dislike gossiping about other people. I think that it is better to talk about ideas than talking about other people.

## Chapter 2

### Health, Work, Play, and Love Dashboard

HEALTH – Health means being physically fit or having the ability to do everyday things without difficulty and also being free from sickness. Working-out is a huge thing for me when it comes to health. Sleeping early and waking up early is also a big thing for me.

WORK – work for me is the things I do to be able to provide for my family. I guess the work for me is work on myself and work on my knowledge and practical skills especially programming and logic skills. For though, If I enjoy my work, it feels more like I am just doing what I enjoy doing.

PLAY – Play for me is when I play video games. I am recently getting into local multiplayer games to play with my fiancé, and I am enjoying playing with her. I also like to do sports such as basketball, or just running.

LOVE – for me Love is the willingness to do things for my loved one. Love for me is both a choice and feeling. I am willing to sacrifice things for my loved ones such as sacrificing my time and efforts. Although It's not really a choice for me whether I am going to sacrifice my time because for me it is a given/ a high priority.

Dashboard:



Is there a design problem you'd like to tackle in any of these areas.

I think that balance is a great thing, so I think that I need to improve myself on work and health especially. I think that for me learning about programming is both WORK and PLAY. AS for HEALTH I am recently starting to work out again and I try to sleep early.

Summary: Before I started dating my fiancé, I used to play a lot of video games where my dashboard's PLAY will be in 4 and LOVE will be in 1 or 2. It got flipped and I think that my motivation has grown because I wanted to improve myself each day. I put WORK and HEALTH as 2 because they are balanced, and they don't require as much time as the LOVE.

## **Work view and Life view Compass**

### **Work view reflection:**

Work for me means to work on something paid or unpaid but it helps me progress in my career. This work will eventually help me get my dream job and my dream salary in the future to give my family a better life. I know that I myself can get both motivated and unmotivated. I like to work with no distractions as it helps me think over things and it helps me to be motivated to work all day. I think for me, building a habit is important for work as it helps keep my motivation up as I work on things such as work, homework, or programming skills.

### **Life view reflection:**

First of all, we are here on Earth to learn and grow both in physical and spiritual aspects of our lives. For me our purpose in life is to get as much education as possible and making a family that will accompany me in my life here on earth. Since childhood, I have been taught about the Plan of Salvation and it is important for me because it helps remind me that I am here for a reason and my main mission here on earth is to grow in faith with God. I think that earning money to provide for my needs, although important, is just a side quest to help aid in my growth here on earth.

### **Work view and Life view Conclusion:**

My view on work and life complements each other in a way that the more I work on my knowledge, the more I get a better job, the more I get paid, and the more I am able to provide for my family's needs and provide for more resources that I need to increase my knowledge. I don't really see them clashing together for now and I hope that my work and life view will not clash in a way that I will have to sacrifice one to make up for the other.

## Good Time Journal

|                         | Engagement                  | Energy          |
|-------------------------|-----------------------------|-----------------|
| Studying Web Design     | High Engagement and in Flow | Negative Energy |
| Hanging out with fiancé | High Engagement             | Positive Energy |
| Playing Video Games     | Mid Engagement              | Negative Energy |
| Sleeping                | Low Engagement              | Positive Energy |
| Eating                  | Low Engagement              | Positive Energy |
| Cooking                 | Low Engagement              | Negative Energy |
| Washing Dishes          | Low Engagement and in Flow  | Negative Energy |
| Doing Homework          | High Engagement and in Flow | Negative Energy |
| Work                    | High Engagement             | Negative Energy |
| Work out                | High Engagement and in Flow | Positive Energy |

### Summary:

I noticed that in all of my activities, I have 6 activities that drain my energy while 4 activities add up to my energy. I will explain more about my good time journal according to AEIOU Method

Activities – All of my activities are activities from day to day although it may vary where I don't play video game for one day or I don't do homework for another.

Environments – I think that my environment sometimes affects me and sometimes not. I can focus to do my homework in my apartment while watching a movie, but I think I can focus better and do more when I am in the library or anywhere peaceful. I like quiet and peaceful places because that is where I get more energy from.

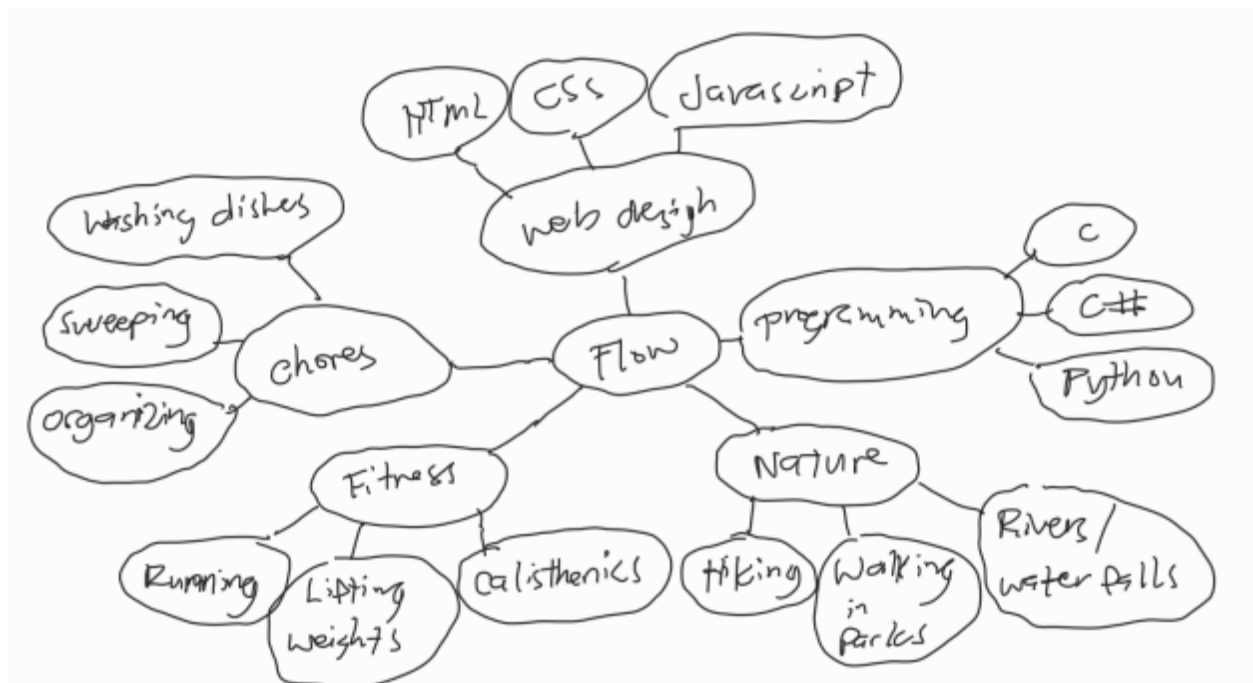
Interactions – I sometimes like to talk to people, but I think that it drains my energy the fastest. If I am going to interact with people, I would prefer it to be brief.

Objects – The tool I use the most every day is my laptop and my work laptop. I use my laptop to do my homework and study while I use my work Laptop to do my work. I also use gym equipment for my workout.

Users Contributed? – I think the most that contributes to my daily life is my brother and my fiancé. I think they both give me Positive energy and sometimes Negative energy.

## Mind Map





## Journey Odyssey Plan

### Odyssey Plan 1:

Title: My Web Design Plan to Success

|   |   |                                      |   |                       |
|---|---|--------------------------------------|---|-----------------------|
| Familiarize with web development                  | Graduate with a certificate in full-stack web development | Gain more skills in web development  | Get a house   | Save a lot more money |
| Improvements in programming (C, Python, C#, etc.) | Get a job for web development                             | Get a high salary job                | Get a car   | Serve other people    |
| Get a web dev internship                          | Pay school debts  | Go to Grad School for more knowledge | Save more money                                     | Increase connections  |
| Improve portfolio and add tons of side projects   |   | Save money                           | Get more education to increase my web design skills |                       |

Questions that arise:

1. Do I have what it takes?
2. Is this plan good enough?
3. When should I start with my plan?

RESOURCES : 50

I LIKE IT : HOT

CONFIDENCE : MID

COHERENCE : 50

## Odyssey Plan 2:

Title: Cyber Security Alternative Plan to Success

|   |   |   |                                  |                          |
|---|---|---|----------------------------------|--------------------------|
| Learn from TryHackMe website                                      | Graduate with a certificate in cyber security | Pay Debts                                     | Get a better high paying job     | Save a lot more of money |
| Learn from my friends who have the experience with cyber security | Increase my connections                       | Study more.<br>Probably go to Graduate school | Save more money                  | Serve other people       |
| Side projects   | Get a job in cyber security                   | Save more money                               | Get more education for my career | Share my knowledge       |
| Cyber security association  | Save money                                    | House   |                                  |                          |
|   |   | Car   |                                  |                          |

Questions that arise:

1. Do I have what it takes?
2. Is this plan good enough?
3. When should I start with my plan?

RESOURCES : 50  
I LIKE IT : HOT  
CONFIDENCE : MID  
COHERENCE : 50

## Odyssey Plan 3:

Title: I have unlimited money to spend

|                               |                               |                           |                                    |                             |
|-------------------------------|-------------------------------|---------------------------|------------------------------------|-----------------------------|
| Continue my education         | Graduate from school          | Get a nice house          | Graduate school                    | Serve people                |
| Invest money in businesses    | Increase connections          | Get a nice car            | Invest in more people & businesses | Share my blessings          |
| Probably make my own business | Travel the world with my wife | Trustfund baby            | Help building schools worldwide    | Get more education          |
| Help other people             | Help people                   | Get more education        |                                    | Save and spend money wisely |
|                               |                               | Help people get education |                                    |                             |

Questions that arise:

1. What else should I do with money?
2. Will this plan help a lot of people?
3. Will more education help me be wise?

RESOURCES : 100  
I LIKE IT : MID  
CONFIDENCE : FULL  
COHERENCE : 50

