

## Reflection Week 10

Name: Aaron Tumbokon

Total Points: 100

20 pts Questions Cognitive: (Wow, I learn?... Ok that is deep!)

- Why is this week's topic important for teamwork?

This week's topic is about communication. I think that communication is one of the most important soft skill especially if we want the team to work together. There are many forms of communication, but I think that professional type of communication will work best for teams.

- How do plan on contributing to the team, besides completing your tasks?

I think that the best way for me to contribute to the team according to today's lesson is by having an open communication with my teammates in a professional way. If I have any questions and problems I will say/ask it in a professional manner.

- How does your experience relate to other experiences you have had?

Although I knew that communication is important for everything, it is what I struggled with most. Because of the lessons, I am able to learn more on how I can improve my communication skills and what I should and should not do when communicating with others.

- Tell me about what you taught someone? And what did they learn that they didn't know before?

I taught my fiancé about the importance for communication. We are getting married in a month so this topic is also a topic of interest for the both of us. We learned together about the simple ways to improve team communication where we both agreed to improve ourselves in the area of deciding what forms of communication work best. We selected that because I am used in people giving me feedback and me improving on that area whereas my fiancé is more about body signals and facial expressions.

- If this was a religion class, how would you relate this week's topic to the gospel?

I relate this week's topic to the gospel on how we communicate with God. We communicate with God through praying to our Heavenly Father. We are also advised to use honorifics and to talk to our Heavenly Father in a professional way. I think that the best way to communicate with God is to talk to Him as if He is there and as if we are talking to someone really important because He really is there listening to our prayers, and He really is a very important person. He is our Heavenly Father and He wants us to talk to Him.

Justification of Grades: Because I have answered five 20 point questions in total of 100 points.