

Precession of Symmetric Top due to Weak Torque

Having all the tools in our arsenal, let's apply them for a "simple" physics problem.

Consider a symmetric top with mass M and inertia tensor $\mathbb{I} = \text{diag}(\lambda_1, \lambda_2, \lambda_3)$ in the basis of its principal axes, $(\hat{\mathbf{e}}_1, \hat{\mathbf{e}}_2, \hat{\mathbf{e}}_3)$.

It rotates freely with its tip pivoted at a fixed point O in a lab frame (inertial)

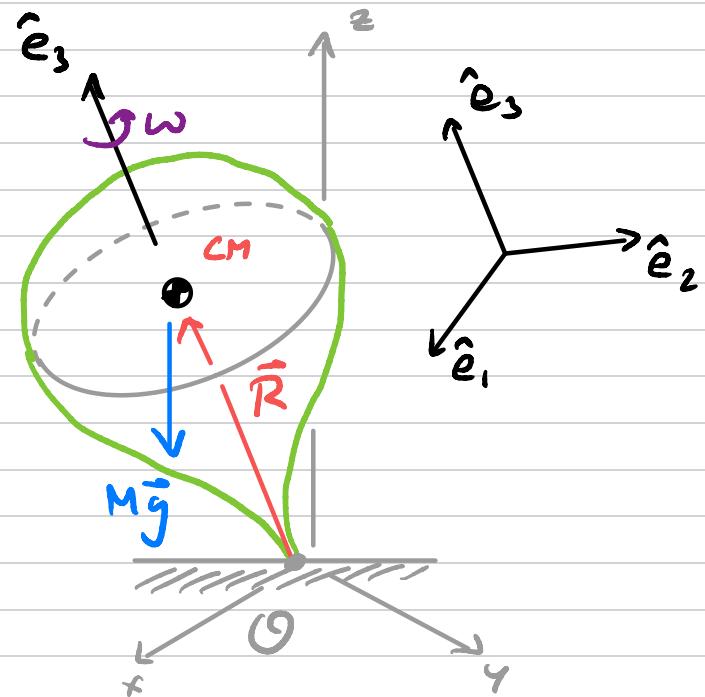
Its CM is at \bar{R} .

We assume its angular velocity is initially along its symmetry axis,

$$\vec{\omega} = \omega \hat{\mathbf{e}}_3$$

The angular momentum is initially

$$\vec{L} = \mathbb{I} \vec{\omega} = \lambda_3 \omega \hat{\mathbf{e}}_3$$



(initial config)

If we release the top, gravity will exert a torque, and cause a change of angular momentum.

The torque due to gravity is $\vec{\tau} = \vec{R} \times M\vec{g}$, at the CM w/r fixed point O.

- If $\vec{\tau} = \vec{0}$ (c.g., $\vec{R} \times \vec{g} = \vec{0}$)
 $\Rightarrow \vec{L} = \text{const.}$

To see, take

$$\begin{aligned} \left(\frac{d\vec{L}}{dt} \right)_{\text{lab}} &= \lambda_3 \frac{d}{dt} \left(\omega \hat{e}_3 \right)_{\text{lab}} \\ &= \lambda_3 \left(\dot{\omega} \hat{e}_3 + \omega \left(\frac{d\hat{e}_3}{dt} \right)_{\text{lab}} \right) = 0 \end{aligned}$$

Since $\vec{\omega} \parallel \hat{e}_3 \Rightarrow \left(\frac{d\hat{e}_3}{dt} \right)_{\text{lab}} = \vec{\omega} \times \hat{e}_3 = \vec{0}$

That is, \hat{e}_3 is fixed in the lab frame too!

$$\Rightarrow \dot{\omega} = 0$$

• If $\vec{\Gamma} \neq \vec{0}$, but ω_1, ω_2 are small, so $\vec{\omega} \approx \omega_3 \hat{e}_3$

$\Rightarrow \vec{\Gamma} \perp \vec{\omega}$ and $\dot{\omega}$ remains small

so, EOM gives $\left(\frac{d\vec{L}}{dt} \right)_{\text{lab}} = \vec{\Gamma}$

$$\Rightarrow \lambda \left(i\dot{\omega} \hat{e}_3 + \omega \left(\frac{d\hat{e}_3}{dt} \right)_{\text{lab}} \right) = \vec{R} \times M\vec{g}$$

Since $i\dot{\omega} \approx 0$, $\left(\frac{d\hat{e}_3}{dt} \right)_{\text{lab}} = \pm \frac{1}{\lambda\omega} \vec{R} \times M\vec{g}$

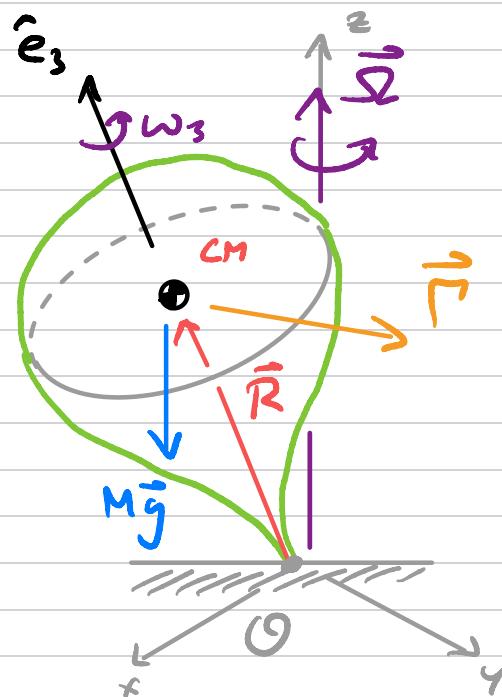
Now, $\vec{R} = R\hat{e}_3$, $\vec{g} = -g\hat{z}$ $\Rightarrow \vec{R} \times \vec{g} = Rg\hat{z} \times \hat{e}_3$

$$\Rightarrow \left(\frac{d\hat{e}_3}{dt} \right)_{\text{lab}} = \left(\frac{MRg}{\lambda\omega} \right) \hat{z} \times \hat{e}_3$$

Define $\vec{\Omega} = \frac{MRg}{\lambda\omega} \hat{z}$

\Rightarrow the symmetry axis of the to rotates w/ $\omega = \frac{MRg}{\lambda\omega}$ about \hat{z} axis

\Rightarrow precession



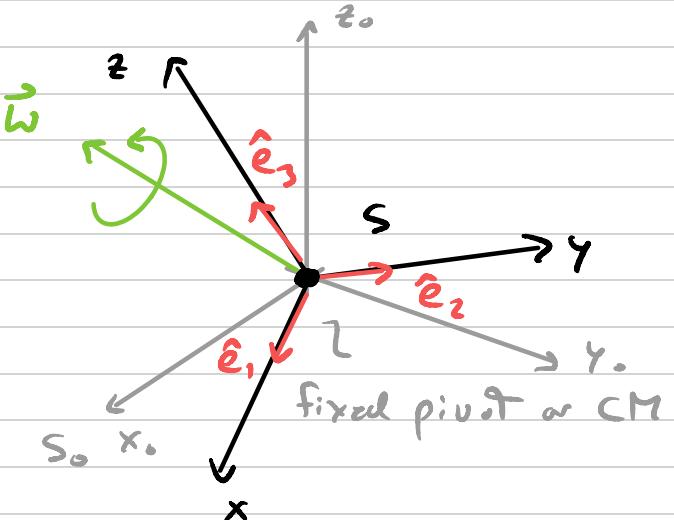
Euler's Equations

Newton's Law's of motion for a body rotating in some inertial (space-fixed) frame S_0 .

$$\left(\frac{d\vec{L}}{dt} \right)_{S_0} = \vec{\Gamma}$$

Recall that

$$\left(\frac{d\vec{L}}{dt} \right)_{S_0} = \left(\frac{d\vec{L}}{dt} \right)_S + \vec{\omega} \times \vec{L}$$



Where S is a frame fixed to the body.

Therefore, we find

$$\dot{\vec{L}} + \vec{\omega} \times \vec{L} = \vec{\Gamma}$$

in body-fixed frame S

Notice: If $\vec{\Gamma} = \vec{0} \Rightarrow \vec{L}$ is conserved in S_0

BUT NOT in S !

The use of the body-fixed frame makes it possible to choose the principle axes of the moment of inertia, $(\hat{e}_1, \hat{e}_2, \hat{e}_3)$, as the coordinate axes.

Therefore,

$$\vec{L} = \mathbb{I} \vec{\omega} = \lambda_1 \omega_1 \hat{e}_1 + \lambda_2 \omega_2 \hat{e}_2 + \lambda_3 \omega_3 \hat{e}_3$$

$$\text{so, } \dot{\vec{L}} + \vec{\omega} \times \vec{L} = \vec{\Gamma}$$

$$\lambda_1 \dot{\omega}_1 - (\lambda_2 - \lambda_3) \omega_2 \omega_3 = \Gamma_1$$

$$\lambda_2 \dot{\omega}_2 - (\lambda_3 - \lambda_1) \omega_3 \omega_1 = \Gamma_2$$

$$\lambda_3 \dot{\omega}_3 - (\lambda_1 - \lambda_2) \omega_1 \omega_2 = \Gamma_3$$

These are called the Euler Equations of rotational motion

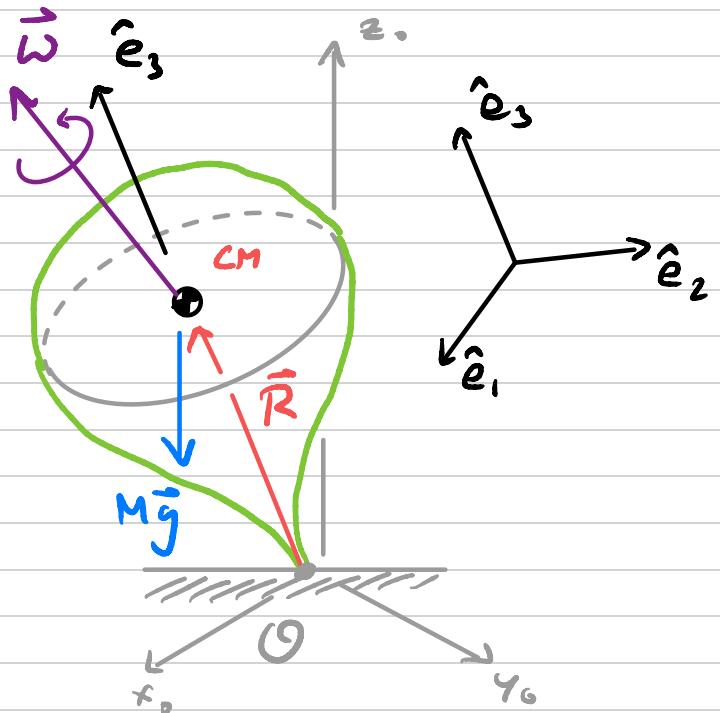
An example is the symmetric spinning top we considered before

$$\lambda_1 = \lambda_2$$

$$\& \Gamma_3 = 0 \Rightarrow \underline{\lambda_3 \dot{\omega}_3 = 0}$$

The other two Euler eqns. are

$$\left\{ \begin{array}{l} \dot{\omega}_1 = \frac{1}{\lambda_1} \Gamma_1 - \left(\frac{\lambda_3}{\lambda_1} - 1 \right) \omega_2 \omega_3 \\ \dot{\omega}_2 = \frac{1}{\lambda_2} \Gamma_2 + \left(\frac{\lambda_3}{\lambda_1} - 1 \right) \omega_1 \omega_3 \end{array} \right.$$



Take the axis (\hat{e}_3) to be & spherical angles (θ, φ)
in the space frame, we find $\vec{\Gamma} \parallel \hat{\varphi}$.

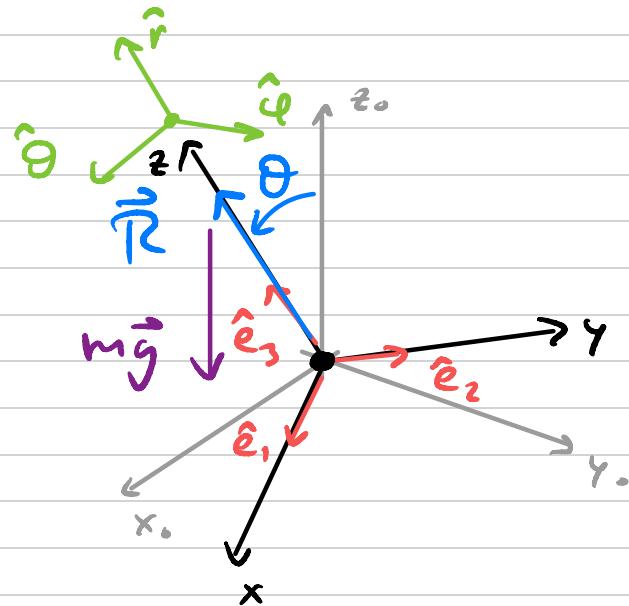
Let's choose the axes at time $t=0$ such that

$\hat{e}_1 \parallel \vec{\Gamma} \parallel \hat{y}_0$ and \hat{e}_3
is in the xz plane.

The CM is $\vec{R} = R\hat{r}$

where $m\vec{g}$ is given by

$$m\vec{g} = mg(-\cos\theta \hat{r} + \sin\theta \hat{\theta})$$



At time t , \hat{e}_1 will have rotated

by an angle $\omega_3 t$ around \hat{e}_3 (since $\dot{\omega}_3 = 0 \Rightarrow \omega_3 = \text{const.}$)

Therefore, $\vec{\Gamma}_1 = \Gamma \sin \omega_3 t$, $\vec{\Gamma}_2 = \Gamma \cos \omega_3 t$

where

$$\Gamma = |\vec{\Gamma}| = MgR \sin\theta$$

To solve the remaining Euler eqns., we introduce a
Complex variable

$$\gamma = \omega_1 + i\omega_2$$

Therefore,

$$\dot{\eta} = \bar{\omega}_1 + i\bar{\omega}_2$$

$$= \frac{1}{\lambda_1} (\Gamma_1 + i\Gamma_2) + \left(\frac{\lambda_3 - 1}{\lambda_1} \right) \omega_3 (-\omega_2 + i\omega_1)$$

$$\Rightarrow \dot{\eta} = i \frac{\Gamma}{\lambda_1} e^{-i\omega_3 t} + i \left(\frac{\lambda_3 - 1}{\lambda_1} \right) \omega_3 \eta .$$

We can write the solution as $\eta = \eta_h + \eta_p$

The homogeneous eqn is

$$\ddot{\eta} = i \left(\frac{\lambda_3 - 1}{\lambda_1} \right) \omega_3 \eta ,$$

↑
homogeneous
general solution

which by direct integration gives homogeneous solution

$$\eta_h = A \exp \left[i \left(\frac{\lambda_3 - 1}{\lambda_1} \right) \omega_3 t \right]$$

↑
TBD from ICs

$$\text{The particular solution is } \eta_p = \eta_0 e^{-i\omega_3 t}$$

Fix η_0 by substituting into EOM,

$$-i\omega_3 \eta_0 = i \frac{\Gamma}{\lambda_1} + i \left(\frac{\lambda_3 - 1}{\lambda_1} \right) \omega_3 \eta_0$$

$$\Rightarrow \eta_0 = -\frac{\Gamma}{\lambda_3 \omega_3}$$

To fix A , the ICs are $\omega_1 = \omega_2 = 0$ at $t = 0$

$$\Rightarrow \gamma(0) = 0 = A + M_0 \Rightarrow A = -M_0$$

So, altogether

$$\gamma(t) = \sum_{\lambda_3 \omega_3} \left[e^{i(\frac{\lambda_3}{\lambda_1} - 1)\omega_3 t} - e^{-i\omega_3 t} \right]$$

Writing $\vec{\omega} = \vec{\omega}_1 + \omega_3 \hat{e}_3$, the small torque condition

is

$$|\gamma| = |\vec{\omega}_1| \ll \omega_3 \quad \& \quad \theta \ll 1$$

$$\Rightarrow \frac{\Gamma}{\lambda_3 \omega_3} \ll \omega_3 \Rightarrow \underbrace{\frac{MgR}{\lambda_3 \omega_3}}_{\equiv \Omega} \ll \omega_3$$

$\equiv \Omega$ = the precession frequency

Zero Torque

The zero-torque Euler eqns. are

$$\lambda_1 \dot{\omega}_1 = (\lambda_2 - \lambda_3) \omega_2 \omega_3$$

$$\lambda_2 \dot{\omega}_2 = (\lambda_3 - \lambda_1) \omega_3 \omega_1$$

$$\lambda_3 \dot{\omega}_3 = (\lambda_1 - \lambda_2) \omega_1 \omega_2$$

Let's consider again the "free" motion of a symmetric top, $\lambda_1 = \lambda_2$ w/ \hat{e}_3 being the symmetry axis.

$$\text{Then } \lambda_3 \dot{\omega}_3 = 0$$

$$\text{& } \dot{\omega}_1 = -\left(\frac{\lambda_3}{\lambda_1} - 1\right) \omega_2 \omega_3, \quad \dot{\omega}_2 = +\left(\frac{\lambda_3}{\lambda_1} - 1\right) \omega_1 \omega_3$$

$$\text{As before, introduce } \eta = \omega_1 + i\omega_2$$

$$\Rightarrow \dot{\eta} = i\Omega_b \eta \quad \text{where } \Omega_b = \left(\frac{\lambda_3}{\lambda_1} - 1\right) \omega_3$$

The general solution is $\eta = A e^{i\Omega_b t}$

So,

\downarrow free precession

$$\vec{\omega} = A \cos \Omega_b t \hat{e}_1 + A \sin \Omega_b t \hat{e}_2 + \omega_3 \hat{e}_3$$

$$\text{Notice that since } \vec{\omega} = \lambda_1 \omega_1 \hat{e}_1 + \lambda_2 \omega_2 \hat{e}_2 + \lambda_3 \omega_3 \hat{e}_3$$

$$= \lambda_1 A \cos \Omega_b t \hat{e}_1 + \lambda_2 A \sin \Omega_b t \hat{e}_2 + \lambda_3 \omega_3 \hat{e}_3$$

$$\text{BUT, } \lambda_1 = \lambda_2 \Rightarrow \vec{\omega} = \lambda_1 A (\cos \Omega_b t \hat{e}_1 + \sin \Omega_b t \hat{e}_2) + \lambda_3 \omega_3 \hat{e}_3$$

$$\text{Define } \vec{\omega}_\perp \text{ via } \vec{\omega} = \vec{\omega}_\perp + \omega_3 \hat{e}_3$$

$$\text{where } \vec{\omega}_\perp \cdot \hat{e}_3 = 0$$

$$\text{Then, } \vec{\omega} = \vec{\omega}_\perp + \lambda_3 \omega_3 \hat{e}_3$$

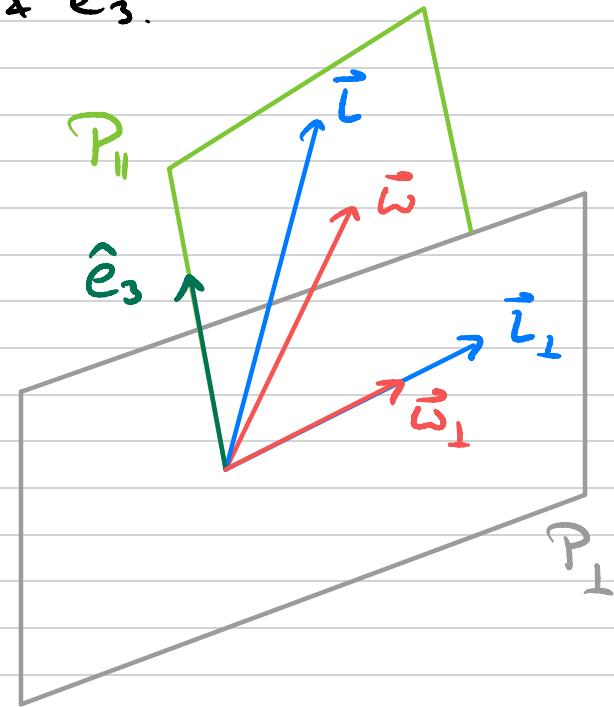
Geometrically, since the perpendicular component of $\vec{\omega}$, $\vec{\omega}_\perp = \lambda_1 \vec{\omega}_\perp$, is parallel to $\vec{\omega}_\perp$, $\vec{\omega}$ should be in the same plane as $\vec{\omega}$ & \hat{e}_3 .

Analytically, we can show three vectors, $\vec{A}, \vec{B}, \vec{C}$ are in the same plane iff $\vec{A} \cdot (\vec{B} \times \vec{C}) = 0$

$$\vec{\omega} \cdot (\hat{e}_3 \times \vec{\omega})$$

$$= \lambda_1 \vec{\omega}_\perp \cdot (\hat{e}_3 \times \vec{\omega}_\perp) + \lambda_3 \omega_3 \hat{e}_3 \cdot (\hat{e}_3 \times \vec{\omega}_\perp)$$

$$= 0$$



Thus, we see that $\vec{\omega}, \vec{\omega}_\perp$, & \hat{e}_3 all lie in the same plane.

What if $\lambda_1 \neq \lambda_2$?

For a body whose principal moments of inertia are all different, we may assume $\lambda_1 < \lambda_3 < \lambda_2$

to find

$$\left\{ \begin{array}{l} \dot{\omega}_1 = \left(\frac{\lambda_2 - \lambda_3}{\lambda_1} \omega_3 \right) \omega_2 \\ \dot{\omega}_2 = \left(\frac{\lambda_3 - \lambda_1}{\lambda_2} \omega_3 \right) \omega_1 \end{array} \right.$$

As long as ω_1 & ω_2 are small, ω_3 remains small & we can take ω_3 to be constant. Then, the two coupled equations for ω_1 & ω_2 can be solved easily.

$$\ddot{\omega}_1 = \left(\frac{\lambda_2 - \lambda_3}{\lambda_1} \omega_3 \right) \dot{\omega}_2 = \left[\frac{(\lambda_2 - \lambda_3)(\lambda_3 - \lambda_1)}{\lambda_1 \lambda_2} \omega_3^2 \right] \omega_1$$

Since $(\lambda_2 - \lambda_3)(\lambda_3 - \lambda_1) > 0$, this solution will have a real exponential solution — which is unstable & grows rapidly.

In fact, a very strong argument about this instability can be shown to be true :

There is no purely decaying solution $\sim e^{-\alpha t}$, $\alpha > 0$ for any initial conditions.

To see this, note that $\text{sgn}(\dot{\omega}_1) = \text{sgn}(\omega_3) \cdot \text{sgn}(\omega_2)$

For an initial value $\omega_1(t=0) = \omega_{1,0}$, we have

$$\text{sgn}(\dot{\omega}_1(t=0)) = \text{sgn}(\omega_3) \cdot \text{sgn}(\omega_{1,0}) .$$

Shortly after $t=0$, $\text{sgn}(\omega_2) = \text{sgn}(\dot{\omega}_2(t=0)) = \text{sgn}(\omega_3) \cdot \text{sgn}(\omega_{1,0})$

So, $\text{sgn}(\dot{\omega}_1(t=0)) = \text{sgn}(\omega_3) \cdot \text{sgn}(\omega_2) = \text{sgn}(\omega_{1,0})$.

This is a constraint that must be satisfied by all initial conditions & solutions.

⇒ It is NOT satisfied by a purely decaying solution:

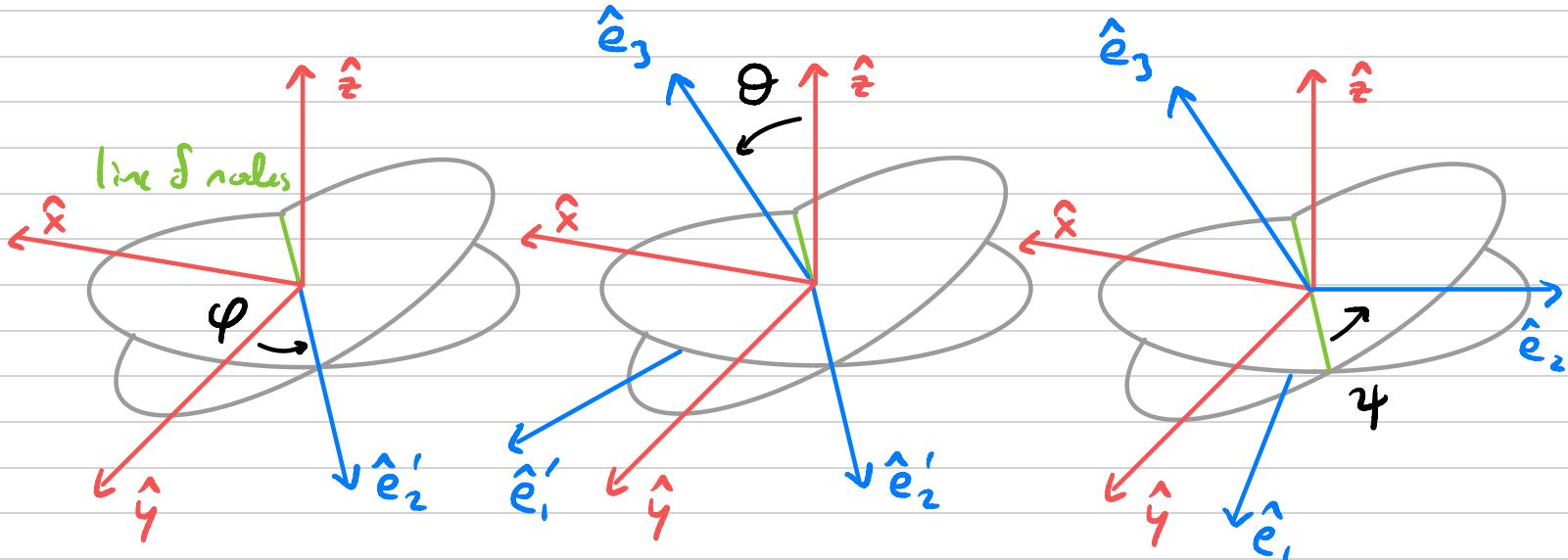
$$\omega_1 \sim e^{-\alpha t} \Rightarrow \dot{\omega}_{1,0} = -\alpha \omega_{1,0}$$

$$\Rightarrow \text{sgn}(\dot{\omega}_{1,0}) = -\text{sgn}(\omega_{1,0})$$

which is a contradiction.

Euler Angles

The Euler angles are a special set of angles which are frequently used to describe rotational motion.



From some fixed coordinate system \$(x, y, z)\$ [zyz convention]

1. Rotate about \$\hat{z}\$ by \$\varphi\$
2. Rotate about \$\hat{e}_2'\$ by \$\theta\$
3. Rotate about \$\hat{e}_3\$ by \$\psi\$

By definition, $\vec{\omega} = \dot{\varphi} \hat{z} + \dot{\theta} \hat{e}_1' + \dot{\psi} \hat{e}_3$

Can decompose \hat{z} , \hat{e}_1' , & \hat{e}_2' into \hat{e}_1 , \hat{e}_2 , \hat{e}_3

$$\left\{ \begin{array}{l} \hat{z} = \cos \theta \hat{e}_3 - \sin \theta \hat{e}_1' \\ \hat{e}_1' = \cos \psi \hat{e}_1 - \sin \psi \hat{e}_2 \\ \hat{e}_2' = \sin \psi \hat{e}_1 + \cos \psi \hat{e}_2 \end{array} \right.$$

Therefore

$$\vec{\omega} = (-\dot{\varphi} \sin \theta \cos \psi + \dot{\theta} \sin \psi) \hat{e}_1 + (\dot{\varphi} \sin \theta \sin \psi + \dot{\theta} \cos \psi) \hat{e}_2 + (\dot{\varphi} \cos \theta + \dot{\psi}) \hat{e}_3$$

We can also express $\vec{\omega}$ in terms of $\hat{x}, \hat{y}, \hat{z}$

$$\left\{ \begin{array}{l} \hat{e}'_1 = -\sin \varphi \hat{x} + \cos \varphi \hat{y} \\ \hat{e}'_3 = \sin \theta \cos \varphi \hat{x} + \sin \theta \sin \varphi \hat{y} + \cos \theta \hat{z} \end{array} \right.$$

Therefore,

$$\vec{\omega} = (-\dot{\theta} \sin \varphi + \dot{\psi} \sin \theta \cos \varphi) \hat{x} + (\dot{\theta} \cos \varphi + \dot{\psi} \sin \theta \sin \varphi) \hat{y} + (\dot{\varphi} + \dot{\psi} \cos \theta) \hat{z}$$

Note that for a body w/ 2 axis of symmetry parallel to \hat{e}_3 ,
then $\lambda_1 = \lambda_2$ for any chosen axes \perp to \hat{e}_3 .

For example, \hat{e}'_1 & \hat{e}'_2 work just as well as \hat{e}_1 & \hat{e}_2

$$\Rightarrow \vec{\omega} = -\dot{\varphi} \sin \theta \hat{e}'_1 + \dot{\theta} \hat{e}'_2 + (\dot{\varphi} \cos \theta + \dot{\psi}) \hat{e}_3$$

We find then ($\lambda_1 = \lambda_2$)

$$\vec{L} = I\vec{\omega}$$

$$= (-\lambda_1 \dot{\varphi} \sin \theta) \hat{e}_1' + \lambda_1 \dot{\theta} \hat{e}_2' + \lambda_3 (\dot{\varphi} \cos \theta + \dot{\psi}) \hat{e}_3$$

Note that

$$\hat{e}_1' \cdot \hat{z} = -\sin \theta, \quad \hat{e}_2' \cdot \hat{z} = 0, \quad \hat{e}_3 \cdot \hat{z} = \cos \theta$$

$$\Rightarrow \begin{cases} L_z = \vec{L} \cdot \hat{z} = \lambda_1 \dot{\varphi} \sin^2 \theta + L_3 \cos \theta \\ L_3 = \lambda_3 (\dot{\varphi} \cos \theta + \dot{\psi}) \end{cases}$$

Finally, the kinetic energy can be written

$$T = \frac{1}{2} \vec{\omega} \cdot \vec{L} = \frac{1}{2} \lambda_1 (\dot{\varphi}^2 \sin^2 \theta + \dot{\theta}^2) + \frac{1}{2} \lambda_3 (\dot{\varphi} \cos \theta + \dot{\psi})^2$$

Spinning Top

We are now in position to solve for the full motion of a symmetric spinning top.

The Lagrangian is

$$L = T - U$$

$$= \frac{1}{2} \lambda_1 (\dot{\varphi}^2 \sin^2 \theta + \dot{\theta}^2) + \frac{1}{2} \lambda_3 (\dot{\varphi} \cos \theta + \dot{\psi})^2 - M g R \cos \theta$$

Notice that φ is cyclic

$$\rho_{\varphi} = \frac{\partial L}{\partial \dot{\varphi}} = \lambda_1 \dot{\varphi} \sin^2 \theta + \lambda_3 \cos \theta (\dot{\varphi} \cos \theta + \dot{\psi}) \\ = \text{const.} \equiv L_2$$

Notice that also φ is cyclic

$$\rho_{\varphi} = \frac{\partial L}{\partial \dot{\varphi}} = \lambda_3 (\dot{\varphi} \cos \theta + \dot{\psi}) = \text{const.} \equiv L_3$$

Finally, for θ

$$\frac{\partial L}{\partial \theta} = \frac{d}{dt} \frac{\partial L}{\partial \dot{\theta}} \Rightarrow \lambda_1 \ddot{\theta} = \lambda_1 \dot{\varphi}^2 \sin \theta \cos \theta - \lambda_3 \dot{\varphi} \sin \theta (\dot{\varphi} \cos \theta + \dot{\psi})$$

$$+ MgR \sin \theta$$

The total energy is conserved

$$E = T + U$$

$$= \frac{1}{2} \lambda_1 (\dot{\varphi}^2 \sin^2 \theta + \dot{\theta}^2) + \frac{1}{2} \lambda_3 (\dot{\varphi} \cos \theta + \dot{\psi})^2 + MgR \cos \theta$$

Writing in terms of L_2 & L_3

$$E = \frac{1}{2} \lambda_1 \dot{\theta}^2 + \frac{1}{2} \lambda_1 \left(\frac{L_2 - L_3 \cos \theta}{\lambda_1 \sin^2 \theta} \right)^2 \sin^2 \theta$$

$$+ \frac{1}{2} \lambda_3 \left(\frac{L_3}{\lambda_3} \right)^2 + MgR \cos \theta$$

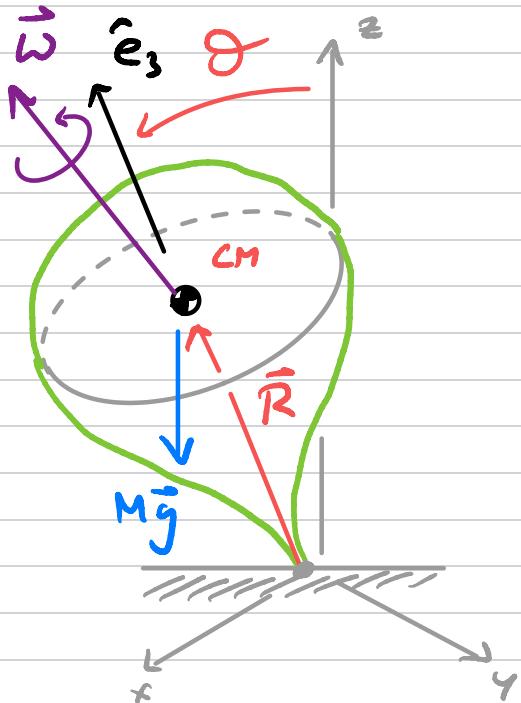
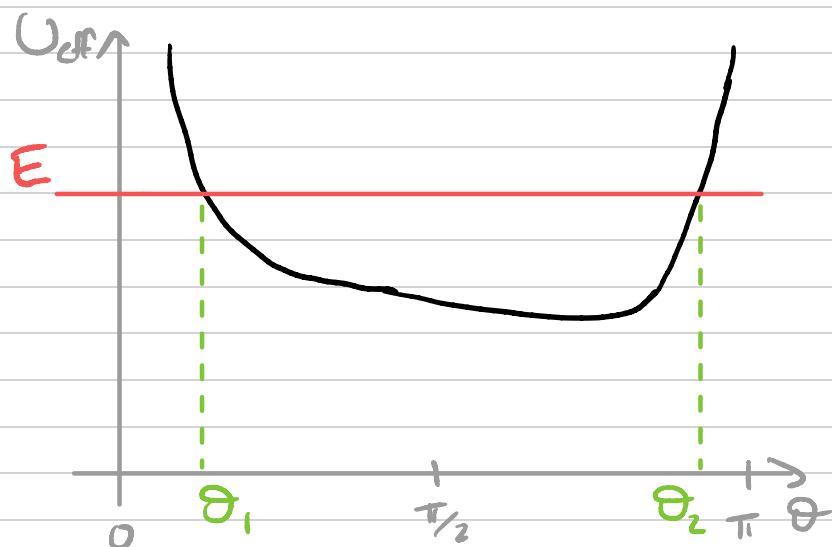
We can write this as

$$E = \frac{1}{2} \lambda_1 \dot{\theta}^2 + U_{\text{eff}}(\theta)$$

where the effective potential is

$$U_{\text{eff}}(\theta) = \frac{(L_z - L_3 \cos \theta)^2}{2 \lambda_1 \sin^2 \theta} + \frac{L_3^2}{2 \lambda_3} + MgR \cos \theta$$

Depending on the energy of the top, the angle θ = angle between the symmetry axis & the z-direction will vary between two limiting values



If the energy is exactly matched to be at the minimum of U_{eff} , θ will be fixed. An especially simple example arises, since

$$\dot{\varphi} = \frac{L_z - L_3 \cos \theta}{\lambda_1 \sin^2 \theta} = \text{const.}$$

Since $\dot{\phi} \equiv \Omega$ is constant, the top will precess at a fixed angle θ & constant angular velocity.

From the expression for ω_{xy} ,

$$\frac{d\Omega_{xy}}{d\theta} = 0 \Rightarrow \frac{d\Omega_{xy}}{d\cos\theta} = 0$$

$$\Rightarrow \frac{(L_2 - L_3 \cos\theta)^2}{\lambda_1 \sin^4\theta} \cos\theta - L_3 \cdot \frac{L_2 - L_3 \cos\theta}{\lambda_1 \sin^2\theta} + MgR = 0$$

Since $\Omega = \frac{L_2 - L_3 \cos\theta}{\lambda_1 \sin^2\theta}$, we find

$$\underbrace{\lambda_1 \cos\theta \Omega^2}_a - \underbrace{L_3 \Omega}_b + \underbrace{MgR}_c = 0$$

$$\Rightarrow a\Omega^2 + b\Omega + c = 0$$

$$\text{There are two solutions : } \Omega \pm = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

When $b^2 \gg ac$, we expand $\sqrt{b^2 - 4ac} \approx b \left(1 - \frac{2ac}{b^2}\right)$

$$\text{So, } \begin{cases} \Omega_+ \approx -\frac{c}{b} = \frac{MgR}{L_3} = \frac{MgR}{\lambda_3 \omega_3} \leftarrow \text{precession} \\ \Omega_- \approx -\frac{b}{a} = \frac{L_3}{\lambda_1 \cos\theta} \leftarrow \text{free precession} \end{cases}$$

For the angular momentum, we have

$$\vec{L} = -\lambda_1 \dot{\varphi} \sin \theta \hat{e}_1 + L_3 \hat{e}_3$$

Since \hat{z} , \hat{e}_1 , & \hat{e}_3 are all in the same plane,
the horizontal component of \vec{L} is

$$L_h = -\lambda_1 \dot{\varphi} \sin \theta \cos \theta + L_3 \sin \theta$$

For the large solution $S2_- \approx -\frac{b}{a} = +\frac{L_3}{\lambda_1 \cos \theta}$,

we find

$$L_h \approx -\lambda_1 \cdot \frac{L_3}{\lambda_1 \cos \theta} \sin \theta \cos \theta + L_3 \sin \theta = 0$$

that is, \vec{L} is nearly vertical.