**Passing a model to a view**

In your action, create a model object, and do return View(model). Then in your view, put this at the top:

@model <Application>.Models.<ModelName>

And then access the properties of this model in your view via @Model

**Unit Testing**

Specify to create a unit testing project at the ‘Type of Application’ tab when you’re creating a new asp.net mvc application

See the tests in <Application>.Tests projects, and Run tests by Ctrl+R, A

[TestClass], [TestMethod] attributes

In each test method, you need to make an instance of the controller, an instance of the action that you’re testing as a ViewResult, and then do some assertions with that ViewResult