

## Things to know for the average internet user

(Clickable Links to more info)

- [There is no such thing as free](#)
- [Free Wi-Fi sometimes isn't so free](#)
- [The dirty secret about passwords](#)
- [Who is collecting your data and your activity and why](#)
- [Who and why are organizations tracking you](#)
- [Why is your ISP \(Internet Provider\) tracking you](#)
- [What is a browser incognito mode](#)
- [What are cookies and super cookies](#)
- [What are ad blockers](#)
- [What is Javascript and what is no script](#)
- [What is TOR and what is it used for](#)
- [What is a VPN, what does it do](#)
- [Private Searching, why should I care](#)
- [What is Password Hygiene](#)
- [Why do I want a password manager](#)
- [Passwords, how do they work](#)
- [What is Phishing and how does it work](#)
- [Vishing and Smshing what they are](#)
- [Disposable or Burner Email, yes it's for you](#)
- [What is Ransomware](#)
- [Take the bite out of Ransomware with Backups](#)
- [Backups are one of the most important things you can do](#)
- [What is the Electronic Frontier Foundation](#)

### Password Managers

- <https://www.lastpass.com>
- <https://www.dashlane.com/>
- <https://1password.com/>
- <https://keepersecurity.com/>
- <https://www.stickypassword.com/>

### VPNs to Consider

- <https://www.slickvpn.com/>
- <https://nordvpn.com/>
- <https://www.expressvpn.com/>
- <https://www.purevpn.com/>
- <https://www.ipvanish.com/>
- <https://www.vyprvpn.com/>

### Other Software to Consider

- [AD BLOCKERS](#)
- [Tor Project](#)
- [Java Script Blocking](#)
- [Some Backup Solutions](#)

### Author

The author of this documentation is ajay Menendez, he is a year 30 veteran of Information Technology and Cybersecurity. He is a privacy advocate and is personally committed to ensuring that everyone, especially kids and the elderly have a safe experience online without being exploited.



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