

CHESS

Basic Sessions:

1. Setup of Chess Board
2. Understanding the board (ranks, files and diagonal)
3. Understanding each pieces
4. Movement of each pieces (Rook, Knight, Bishop, Queen, King, and pawn)
5. Pawns Special Moves, Special Rules and Promotion
6. Castling Types and Rules
7. Checks and Checkmates
8. Attacking and Capturing
9. Ways to defend a check (TBM)
10. Stalemate
11. Checkmate vs Stalemate
12. Other draws
13. Checkmate in 1 move, 2 moves
14. Checkmate with Bishop
15. Checkmate with Rook
16. Checkmate with Queen
17. Checkmate with Knight
18. Simple Etiquette
19. Touch Move
20. Basic Strategy
 - a. The Opening
 - b. The Middle Game
 - c. Points System
 - d. The Profitable Exchange
 - e. Counting Attackers and Defenders
 - f. Trades

Intermediate Sessions:

21. Annotations
22. Tactics
 - a. Forks
 - b. Pin
 - c. Skewers
 - d. Discovered Checks

The End Game:

23. Overview
24. Endgame Concepts

Top reasons why your kid should play Chess

Chess Pumps up Brain Power

Just as a soccer player has to train the leg muscles to become faster and to be in good shape, a chess player needs to train their most important “tool” which enables them to achieve great results – the brain. We can think of our brain as a muscle. If we don’t use our biceps that often, it won’t be too strong. Consequently, if you don’t regularly use your brain to solve challenging tasks, you won’t be mentally fit. Top chess grandmasters recognize the need to keep their brain in peak condition. We see the first reason why your child should play chess is that it’s a mental workout.

Chess Improves Strategic Thinking

In order to fulfil larger tasks in life, it is always a good idea to have a plan outlining how to achieve your goal step by step. It’s important to take a deep breath and look for a sensible strategy. Chess helps a lot in that respect. Playing chess makes it easier to calm down in challenging situations. During a chess game, you have to figure out many different plans, give up on some of your ideas and look for new ones, being flexible.

Chess Helps you Concentrate

Many children have very short attention spans. They watch plenty of short videos on YouTube or use apps on their parents mobile devices or tablets. This, however, leads to the problem that they soon get bored and switch their activities at a rapid pace. When you see chess masters playing, a chess game can take more than six hours! It requires enormous skills to stay focused for such a long period of time, although it’s clear that the games your children play won’t last that long! Even if they have to concentrate for an hour, it’ll improve their attention span