

# **Primary School Food & Nutrition Policy**

## **Allergy Policy**

The school is nut-free. No peanuts, almonds, or products containing nuts.

## **Healthy Food Guidelines**

Snacks should be fruits, vegetables, yogurt, or other healthy options.

## **Lunch Expectations**

Students must bring a balanced lunch every day. No carbonated drinks allowed.

## **Special Events**

On birthdays, only non-food treats are allowed.