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import java.io.FileInputStream;
import java.io.IOException;
import org.apache.poi.xssf.usermodel.*;

public class ReadSpecificCell {
    public static void main(String[] args) throws IOException {

        // Step 1: Load Excel file
        FileInputStream fis = new FileInputStream("path/to/excel.xlsx");

        // Step 2: Create workbook instance
        XSSFWorkbook workbook = new XSSFWorkbook(fis);

        // Step 3: Get the desired sheet
        XSSFSheet sheet = workbook.getSheet("Sheet1");

        // Step 4: Get row index 2 (3rd row in Excel)
        XSSFRow row = sheet.getRow(2);

        // Step 5: Get cell index 2 (Column C)
        XSSFCell cell = row.getCell(2);

        // Step 6: Get the cell value
        String cellValue = cell.getStringCellValue();

        // Step 7: Print the value
        System.out.println("Value in C3: " + cellValue);

        // Step 8: Close resources
        workbook.close();
        fis.close();
    }
}
```