

Dr.Subin Suresh

Sruthi (H)

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Academic Profile

QUALIFICATION	NAME OF INSTITUTION	UNIVERSITY/BOARD	Time Period
Post Graduation (MD) In Kayachikista	ALNRMAMC Karnataka, Rajivgandhi university	Rajiv Gandhi University of Health & Science	2009- 2012
B.A.M.S.	A.L.N.R.M.A.M.C, Koppa, Karnataka.	Rajiv Gandhi University of Health & Science	2003- 2008
Pre University	Medical college campus higher secondary school, Kozhikode	Board Of Secondary Education, Karnataka	2000- 2002
S.S.L.C.	St. Savio higher secondary School, Medical college	Board Of Higher Secondary Education, Karnataka	2000

Areas of Proficiency

Management of Ano-Rectal Diseases

: Studied and practiced various modalities of
Shalya chikitsa treatments in **Ayurveda**

Panchakarma

: Studied & practiced various modalities of
Panchakarma for healthy individuals for
maintenance of health.

Yoga & Naturopathy

: Studied and practiced various modalities of
therapeutic Yoga & naturopathic techniques.

PG Dissertation Title : “A CLINICAL EVALUATION OF PIPPALYADI CHURNA IN THE MANAGEMENT OF TAMAKA SWASA W.S.R. TO BRONCHIAL ASTHMA”

Guide: Dr.Suresh.RD Reader, Department of PG Studies in KC. ALNR MAMC KOPPA

Clinical Training

- Successfully conducted 5 Obesity Camps in the year 2010-2011 in **ALNR MAMC Koppa**
- Participated in 9 Health Education programs in the year 2010-2011 for Rural Population conducted by **RGUHS**
- Participated in 5 village survey programs in the year 2010-2011 undertaken by **ALNR MAMC Koppa**
- Participated in 13 Medical camps in the year 2010-2011 conducted by **ALNR MAMC Koppa**
- One Year Internship training in A.L.N.R.M.A.M.C Hospital Koppa
- Worked as a Consultant doctor for 6 months at Srikumara Ayurvedic Pharmacy and Nursing home, Kollam, Kerala.
- Worked as a Duty doctor in S.K. Hospital Sringeri Chikmagalur

Work experience

Teaching:

- Two years teaching experience as a part of post graduate study
- Nine years Working experience as a Teacher at KMCT AMC
- Designation : **Associate Professor**, Dept Of Kaumarabhritya at KMCT Ayurveda Medical college ,Manassery, Kozhikode

Clinical:

- Worked as chief co-ordinator of community Programme on **Reccurent respiratory Tract infection** –“Thenum Vayambum” in Children during 2012-2013
- Worked as a chief co-ordinator of community Programme on **parental training on Autistic Children** in association with SEEMAT and Educational department 2014-2015
- Currently working as a **Counseling head** in association with Special Sub jail Kozhikode for Drug abused inmates – 2018 to till now
- Founder and Chief Consultant physician at **Ayus Ayurveda Specilaty center** ,Poovattuparambu , Kozhikode, Kerala

Leadership Achievements

- Worked as **District secretary** of Ayurveda medical association of India during 2015
- Currently positioned as **District President** of Ayurveda medical association of India Kozhikode chapter.
- Worked as Convener registration committee **Global Ayurveda festival-3** held on at Kozhikode jan-Feb - 2016

Addition Skills

- Certificate course in **Health educational technique (CHSET)** at Kerala University of health science
- Completed Training programme on **online teaching method in MOODLE** platform
- Completed Training Programme on **Research methodology and medical statistics** conducted by Kerala University of health science.
- Undergone **6months training in Panchakarma- Karma 2008** Conducted by Ayurveda Medical association of India from Aug 2008 to Feb 2009 at Kollam

SEMINAR/CONFERENCE/WORKSHOP/CME ATTENDED

- **Samvahani**, National workshop and Seminar on Physio Anatomical & applied Aspects of “Shukravaha Srotas”
- Seminar on **Rasayana and Vajikarana** in SDM Ayurvedic College Udupy.
- **KERALEEYA-2006**: National level workshop on Panchakarma held from 16th to 18th 2006: Government Ayurveda College Kottakal. Kerala.
- **WORLD AYURVEDA CONGRESS-2** held on 10th to 12th November 2010 at Bengaluru November 2010.
- **International conference on Lifestyle diseases** held at Nimhans Hospital Bangalore july 2011
- **CME on Pakshaghata/Stroke syndrome in current Clinical Practice** held on 8th January 2010 at SDM College of Ayurveda, Udupy.
- **CME on Diabetic Retinopathy** held on 12rd August 2009 at SDM College of Ayurveda, Udupy.
- **Training and workshop on Panchakarma** conducted by AMAI from August 2008 to February 2009 at Kollam.
- **Global Ayurveda fest -3** held on at Kozhikode Feb - 2015

Inter departmental General Seminars: Details given below

- 1. An overview into the application of Classical Medhya ghrithas in Major Depressive Disorder.**
- 2. “Apasmara and Seizure Disorders: Diagnosis and Management” on 20th January 2011.**

Paper presented: 1 (Details given below)

- 1. “Achara Rasayana” in Day today Practice at ALNR MAMC on 2011.**
- 2. “Need for developing a Disease Specific Quality of Life Questionnaire in Vatarakta wsr to Peripheral Vascular Disease held at SDM Hospital Udupy july 2011.**
- 3. Ayurveda and the battle against chronic disease: An opportunity for Ayurveda to go main stream at ALNR MAMC on 2011.**

Public awareness Classes:

- 5 Talk shows (“Arogyam amoolyam”) at All India radio on Nov 2015
- Conducted training programmes for Parents of Autism children at 3 Districts (Wayanad, Malappuram, and Kozhikode) under SEEMAT and state Educational dept.
- Talk show on ‘Mansoon Health care and Ayurveda’ on Club FM June 2105

Personal Details

Date of Birth	:	31-05-1986
Father	:	V.T.Suresh
Sex	:	Male.
Marital Status	:	married
Spouse	:	Dr Anagha U , MD(Ay)
Languages Known	:	English, Hindi, Malayalam, Kannada.
Nationality	:	Indian.
Hobbies	:	Reading, Singing, Cultural Activities

Extra Curricular Achievements

- Was vice captain of ALNRMAMC Cricket team and won the RGUHS inter zonal Championship for 2 successive years
- Won Prizes for various cultural competitions at zonal & state levels.

Further I certify that the information furnished above is true and correct to the best of my knowledge and belief.

Dr.Subins.S

